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(Article begins on next page)

1 *A Novel Approach for Damage Assessment in Adhesively Bonded Composite Joints using*
2 *Backface Strain Technique*

3
4 **M. Abbasi*^{1,2}, *R. Ciardiello*^{1,2}, *L. Goglio*^{1,2}

5 ¹ Department of Mechanical and Aerospace Engineering, Politecnico di Torino (IT)

6 ² J-TECH@POLITO. Advanced Joining Technologies, Politecnico di Torino (IT)

7 * Correspondence: mohammad.abbasi@polito.it

8
9 **Abstract**

10 In this study, the backface strain (BFS) is measured by both digital image correlation (DIC)
11 and fiber optic sensors (FOS) to detect the crack initiation and propagation in adhesively
12 bonded composite single-lap joints (SLJ). BFS measures the resultant strain deriving from the
13 positive strain, due to tensile load, and negative strain related to the bending moment. A
14 point, called zero-strain point (ZSP), can be detected on the substrate surface of SLJ due to
15 the concurrent effect of these positive and negative strains. The experimental activity shows
16 that the value of the ZSP changes when the crack starts to propagate. Thus, this point can be
17 used to monitor the service conditions of adhesive joints. The effect of joint dimensions on
18 the position of the ZSP is investigated when the joint is subjected to quasi-static loading. In
19 addition, the applicability of the method is investigated under a cyclic loading condition. The
20 work shows that the ZSP can be used as an index to monitor joint healthiness. Furthermore,
21 FOSs can be used for an in-situ monitoring of the joint.

22
23 **Keywords:** Composites Single-Lap Joint (SLJ), Digital Image Correlation (DIC), Fiber Optic
24 Sensor (FOS), Backface Strain (BFS), Structural Health Monitoring (SHM)

25 **1. Introduction**

26 In the past decades, it has been seen that composite materials have been increasingly used as
27 alternatives for metals, mainly due to their good mechanical properties, the possibility to fabricate
28 complex geometries, lightweight and high resistance against corrosion[1,2]. Consequently, this fast
29 growth of composite applications in different industries like automotive, aerospace, civil and marine
30 engineering has prompted to use reliable joining methods to connect small or large components [3,4].
31 Up to now, mechanical fastening like bolts and rivets, welding and adhesive bonding are widely used
32 techniques to join composite materials [5–7]. Adhesive bonded joints offer significant advantages
33 over traditional mechanical joints, such as reduced weight, lower fabrication costs, improved damage
34 tolerance, and the ability to join dissimilar materials without the corrosion concerns related to metal
35 fasteners. Due to these benefits, these joints have found extensive applications in various industries
36 including aerospace and automotive[1,3,8,9]. Therefore, it is important to fully understand the
37 mechanical behavior of adhesive joints to apply proper strategies for monitoring these joints. The
38 adhesives are expected to fail before composite substrates during the structure service life because
39 they present lower mechanical properties. As a result, although there are also methods to improve the
40 joints adhesive joints [10] they are designed with conservative safety margins [9,11]. Thus, it can be
41 crucial in critical applications which demand high safety to develop non-destructive techniques that
42 allow structural health monitoring (SHM) of the applications by warning at the initial stage of damage
43 or providing reliable information about joint healthiness throughout service life. This enhances safety
44 and reduces maintenance costs for those applications that need high reliability [12,13], and allows
45 joint repair or replacement, when necessary, as well.

46 Various technologies and methods have been used to monitor the damage in composite joints [14–22]
47 among which Digital Image Correlation (DIC) [23,24], and Fiber Optic Sensors (FOS) [25–28] were
48 used in the present work. Fiber Bragg Grating (FBG) sensors are the most popular FOS, which work
49 by etching micro-structure bragg gratings inside an optical fiber core, reflecting a specific light
50 wavelength [29]. This wavelength changes when an FBG is subjected to external mechanical or
51 thermal load, which allows accurate measuring of strain. Due to the small size, FBGs might be
52 embedded in the joint, but this may affect the mechanical properties of the specimens. DIC is a non-
53 contact method which can inspect large areas based on the images acquired by high-frequency and
54 resolution cameras [30]. DIC works based on comparing pixel by pixel of each acquired image with
55 the previous image or a chosen reference image to measure the surface displacement and
56 consequently the strain in the specimen. The drawbacks of the DIC are the difficulties while preparing
57 the samples, limited damage type detection, extensive data acquisition and the impossibility of using
58 it as an SHM methodology.

59 Backface strain (BFS) measurement technique that could be used as an NDT method was introduced
60 in 1986 by Abe and Satoh [31] to study crack formation in spot-welded joints. As it is obvious from
61 the method's name, the first step is to measure the strain on the back surface of the specimen using
62 one or more approaches. This technique has been applied to adhesively bonded joints, resulting in
63 numerous investigations [12,13,31–35] that aim to efficiently detect adhesive joint damage. The BFS
64 measurement method is particularly effective for evaluating the presence of hazardous cracks [12,13].
65 Usually, this method involves placing strain gauges on the external surface of the bonded joint, known
66 as the backface. Zhang et al. [13] used a measuring point by installing strain gauges at the overlap's
67 end, focusing on the increased bend caused by cracks. Solana et al. [33] used the BFS by measuring
68 the strain on the backface by using strain gauges and monitoring the ones with the largest strain
69 gradient. Considering the BFS method, many researchers tried to monitor the adhesively bonded SLJs
70 damage by placing strain gauges on the joints where stress concentration is high [12,13,33]. However,
71 establishing the optimal location for these gauges is challenging due to the mixed-mode nature of
72 SLJs as a result of their geometry, in particular with the inhomogeneous structure of composite
73 materials. In composite materials, the back faces could be influenced by the size of the adopted
74 measuring system in connection with the size of the microstructure of the constituents of the materials
75 (fiber or tow sizes). As shown by Boursier et al. [36], the size and location of the strain gauges highly
76 influence the measure of the deformation which can lead to values of the elastic properties that are
77 50% higher compared to the reference value. Different works[37,38] attempted to use the BFS
78 technique, employing arrays of strain sensors, to monitor crack propagation in SLJs and detect strains
79 in different positions within composite SLJs. Moreover, there is the possibility of embedding sensors
80 within composite laminates closer to the crack [39]. Therefore, FBG sensors were attached on the
81 specimen internal surface to estimate how they would behave when placed in the laminate. This
82 allowed the researchers to spot and track crack growth in a bonded joint during fatigue testing. In
83 SLJs, crack initiation and propagation can be monitored by detecting the position of the BFS profile
84 peak [13]. The position of this strain profile peak has been confirmed to closely correspond with the
85 crack tip location [12]. The correlation between the crack front and the BFS peak location in SLJs
86 depends on factors like adhesive fillet presence, materials used, and substrate mechanical properties.
87 Preisler et al. [32] employed the zero-strain point within the region exhibiting the most significant
88 change in longitudinal strain for monitoring structural damage. ZSP is a point where the strain is zero
89 due to the concurrent effect of tensile and bending strain. Under normal, undamaged conditions, there
90 is no longitudinal strain present, independently of the applied load.

91 Different parameters are proven to have a noticeable effect on the general mechanical behavior of
92 SLJs [40–42]. These parameters include substrate materials, adhesive type [1,41], overlap length [43],
93 adhesive thickness [44,45], joint width [41,42,46], fillets at the edges [47], and surface treatment [48].
94 Regarding the bonding area dimensions and adhesive types, previous works mainly investigated the
95 effect of these parameters on properties like peak force, elongation, shear stress, normal stress, peel

96 stress [41,42]. Two main adhesive types, polyurethane-based and epoxy-based, have been extensively
 97 studied in different sectors including the automobile and aerospace industries. Polyurethane adhesives
 98 are popular due to their capacity to withstand larger deformations, and their sealing ability [49,50].
 99 Epoxy adhesives are of interest because of their ability to join similar and dissimilar materials, as well
 100 as having good fatigue properties, and resistance against impact [51–53].

101 This research activity focuses on monitoring the crack initiation and following its propagation in
 102 composite single-lap joints with different bonding area dimensions subjected to quasi-static and cyclic
 103 loading. Therefore, a large campaign of tests was carried out using DIC to monitor the deformation of
 104 the backface of the SLJ. The results were also validated by fiber optic sensors due to their ability. As a
 105 result, zero-strain ZSP was identified on the backface of the joint. The monitoring of this point
 106 provides enough information to analyze the behavior of SLJs and the health condition of SLJs over
 107 the service life. Moreover, the effect of bonding area geometry including Overlap length (L), Joint
 108 width (W) and Substrate thickness (T) on the position on ZSP was investigated. This comprehensive
 109 research activity on the effects of different parameters on ZSP position using the DIC and fiber optic
 110 sensors allowed an elaboration of a strategy to monitor SLJ in both online and offline modes. Finally,
 111 having the methodology confirmed, it is proposed to use it with fiber optic sensors in real
 112 applications. The work addresses different open points in the literature. Realistic thicknesses and
 113 sizes of the composite substrates were used to assess any limitation of the ZSP technique. The
 114 activity is focused on composite materials which present two phases, matrix and resin, to evaluate
 115 any possible effect and limitation of the adopted technique. Cyclic loading was used to
 116 demonstrate that the ZSP can detect the damage and that the change of ZSP is not solely related
 117 to the effect of the overall damage. Further, a comparison of the strains between fiber optic
 118 sensors and DIC techniques shows that the optics sensors can be used for SHM applications. The
 119 optical sensors, compared to strain gauges offer the possibility to continuously measure the strain
 120 along a line while strain gauges can just provide local information that is more complex to be
 121 analyzed and installed.

122 2. Experimentation

123 2.1. Materials and design of experiments

124 A bi-component polyurethane adhesive called ADEKIT A236/H6236, made by the Sika (CH), was
 125 utilized in this investigation. This glue may be used in a variety of applications and sectors, including
 126 transportation, marine, automotive, and aerospace, according to the technical data sheet. The
 127 mechanical properties of this adhesive were studied and reported in [41,42] as given in Table 1. On
 128 the other hand, a carbon fiber/epoxy prepreg weave, XPREG XC130, was used for the substrates. This
 129 prepreg presents a real weight of 210 grams per square meter (gsm) and it is a 3k reinforcement which
 130 combines a high strength TR30S fiber with a 2x2 twill weave (the fibers orientation is 0/90). The
 131 main mechanical characteristics of this prepreg are given in Table 2.

Table 1 Mechanical properties of adhesive (Polyurethane ADEKIT A 236/H 6236) [41,42]

E (MPa)	278
SIG ultimate (MPa)	13
Elongation (%)	22
Density	1.35

132

Table 2 Mechanical properties of the carbon fiber composite material [54,55].

	Mean Value
Density (kg/m ³)	1450
Poisson's ratio	0.12
Longitudinal modulus (MPa)	58,000
Longitudinal tensile strength (MPa)	440

Longitudinal compressive strength (MPa)	453
Longitudinal compressive ultimate strain	0.096

133

134 To investigate the effects of bonding area dimensions on the mechanical behavior of the joints,
 135 including damage initiation and propagation, samples were manufactured with various adherend
 136 thicknesses ($T1 = 0.88$ mm, $T2 = 1.76$ mm, $T3 = 3.52$ mm), joint widths ($W1 = 10$ mm, $W2 = 20$ mm,
 137 $W3 = 30$ mm), and overlap lengths ($L1 = 10$ mm, $L2 = 20$ mm). Figure 1 shows the SLJs sketch with
 138 the considered dimensions. The area between the loaded edge and non-loaded edge on the outer face
 139 of the substrate is called backface. These three parameters were also used to name the specimens. For
 140 example, $L1W2T3$ represents a specimen with an overlap length of $L1$, a joint width of $W2$, and an
 141 adherend thickness of $T3$. A Design of Experiment based on these parameters is provided in Table 3,
 142 with three repetitions for each sample. The adhesive thickness was $t_{\text{adhesive}}=1.10$ mm, as recommended
 143 by the datasheet for adhesive. A fixture was used to align the joints, employing Teflon spacers to
 144 achieve the desired thickness.

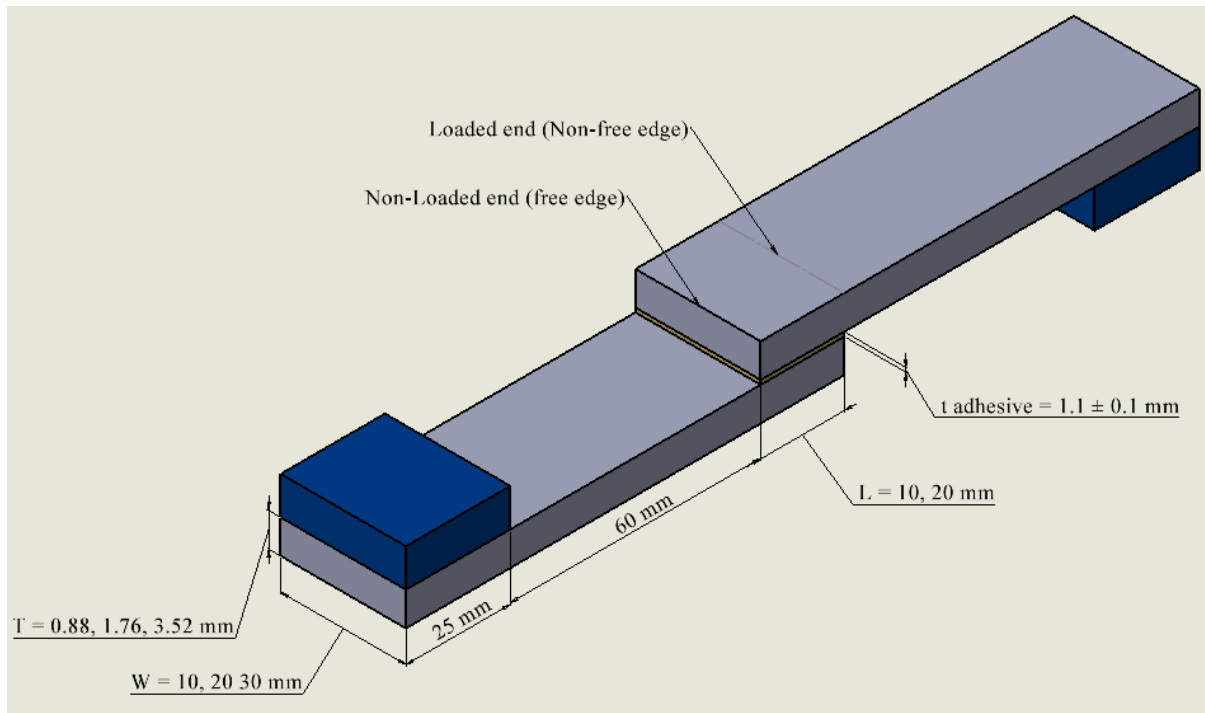


Figure 1. SLJ geometry (L: overlap length, W: joint width, T: substrate thickness, and t_{adhesive} : adhesive thickness)

145

Table 3. SLJ design of experiments [41,42]

Parameters		T1 (0.88mm)	T2 (1.76mm)	T3 (3.52mm)
L1 (10mm)	W1 (10mm)	L1W1T1	L1W1T2	L1W1T3
	W2 (20mm)	L1W2T1	L1W2T2	L1W2T3
	W3 (30mm)	L1W3T1	L1W3T2	L1W3T3
L2 (20mm)	W1 (10mm)	L2W1T1	L2W1T2	L2W1T3
	W2 (20mm)	L2W2T1	L2W2T2	L2W2T3
	W3 (30mm)	L2W3T1	L2W3T2	L2W3T3

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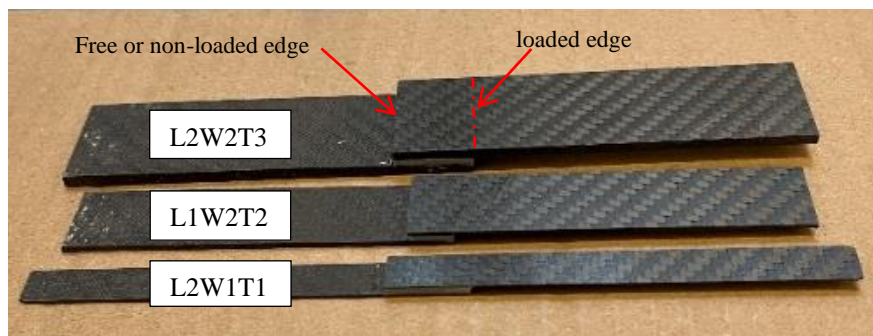
147 2.2. SLJ specimen manufacturing, FOS installation, and speckle pattern for DIC

148 The preparation of the SLJs followed the same procedure detailed in papers published by the same
 149 authors[41,42]. In brief, laminates with varying numbers of layers (2, 4, and 8 layers) were made

150 using hand layup method, vacuumed, cured in an oven, and then, cut into the desired dimensions. The
151 surface preparation of the substrates was conducted by abrading the joint area with sandpaper and
152 cleaning it with acetone. The joints were assembled using a handmade mold to align the joint, and the
153 adhesive was cured in two steps. First, it was cured at ambient temperature, followed by a post-curing
154 process in an oven at 70°C for 16 hours, as specified in the manufacturer's datasheet. Excess adhesive
155 was removed after curing to prevent increased and uncontrollable joint stiffness and strength. To
156 obtain the desired adhesive thickness Teflon spacers with the same thickness were used. Moreover, to
157 have good control of the adhesive thickness throughout the overlap length, a weight was applied on
158 the upper substrate in a way that covers all the bonding area. Moreover, a set distance of 85 mm from
159 both ends of the bonding area is also thought to separate the start of the bonding region from the end
160 of SLJ (Table 1).

161 When the SLJ samples were prepared (Figure 2a), optical fibers were installed on both outer surfaces
162 of the joint area, i.e., outer surfaces of substrates. Both outer faces on both sides of the SLJs were
163 considered to observe if this fiber could measure the same deformations on both outer sides (faces) of
164 the joints. This optical fiber is installed in a way that it has two lines of attachment on each side of the
165 joints with overlap length size. Therefore, a total of 4 lines (parts) from a single optical fiber were
166 attached to the SLJ outer faces in the overlap direction. This lets us to have the information about the
167 deformation on two lines on each side. Figure 2b shows the installed fiber only on one surface of the
168 joint. To ensure the fiber is straight and without any bends, they are maintained in a slightly tensile
169 position and attached to the joint area using an isocyanate fast glue.

170 Finally, the specimens were painted to be recognizable by the Digital Image Correlation (DIC) tool.
171 For this purpose, the bonding area is first painted with white color and then a speckle pattern is
172 produced by spraying the black color as random points. It is tried to make the pattern randomly
173 formed with black and white points considering an approximate ratio of 1 (Figure 2c). At the end, two
174 tabs of 25 mm were applied in the clamping area, as shown in Figure 1, to avoid misalignment while
175 applying the load.



a)

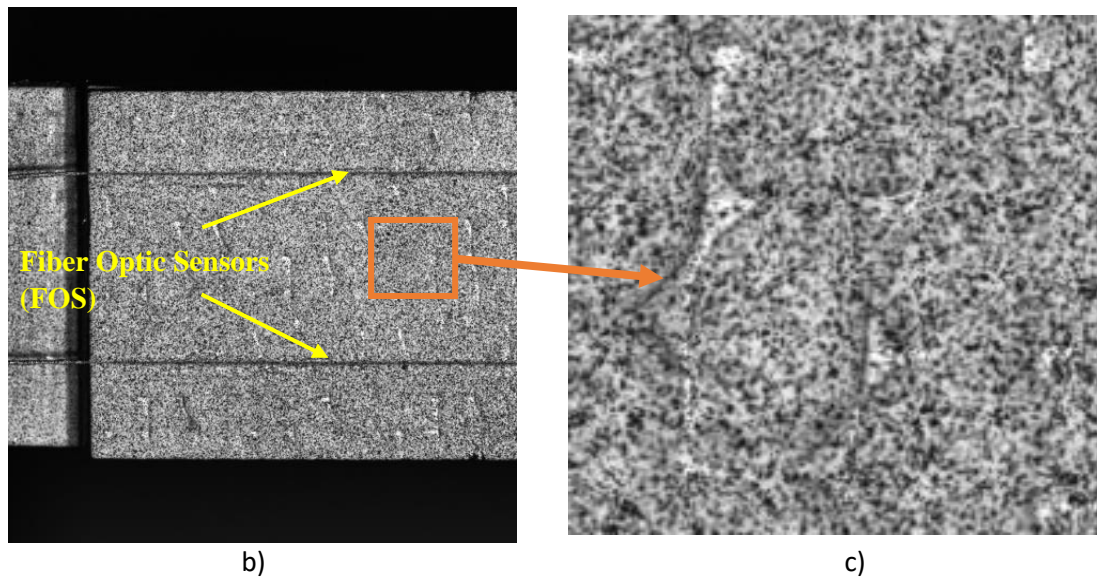


Figure 2. Specimen preparation; a) prepared SLJs; b) SLJ with optical fibers (the one installed on the surface in front of DIC); c) pattern for DIC.

176 2.3. Test apparatus:

177 Tests were performed using servo-hydraulic Instron (Norwood, MA, USA) machine 8801 at a
 178 crosshead velocity of 5 mm/min. The test apparatus is shown in Figure 3. In addition, to observe and
 179 measure the displacement contours on the surface of the SLJs a Digital Image Correlation (DIC) tool
 180 from Correlated Solution (Columbia, SC, USA) was used in 3D mode. The lenses were of type
 181 Rodagon Smart Focus 80mm. The image acquisition was done by VIC-Snap software at a rate of 20
 182 Hz which provides enough detailed data from each test. Further, DIC and Instron were synchronized
 183 to correlate the recorded load and crosshead displacement with each image. To minimize the
 184 processing time and the amount of data collected, making the correlation analysis feasible, it was
 185 required to restrict the frame that the software processes to a smaller area of interest surrounding the
 186 specimen. The software generates a rectangular array of subsets inside the area of interest during this
 187 operation. Subsets are square portions of the picture, spaced by the same distance (the step size) both
 188 in vertical and horizontal directions. Here, the subset size is 47 pixels and the subset spacing is 5
 189 pixels. Finally, a strain acquisition system, LUNA Odisi 6000 system (Virginia, USA), that uses Fiber
 190 Optic Sensors (FOS) was used to simultaneously acquire the strain. The LUNA system works on the
 191 Rayleigh backscattering effect. The presence of impurities reflects the light travelling along the fiber,
 192 thus allowing continuous measurement of the strain [36]. This system takes advantage of high-
 193 definition optical fiber sensors and can provide thousands of strain and temperature measurements per
 194 meter for each fiber. The optical fibers manufactured by ThorLabs (Newton, New Jersey, USA) have
 195 been used in these tests. Gauge pitch is the distance between two successive acquisition points in the
 196 optical fiber length. The smallest resolution possible with the employed optical fiber in this study is a
 197 gauge pitch of 0.65 mm, and this value was adopted. Thus, it is possible to have 30-31 strain sensors
 198 along an overlap of 20 mm considering the used gauge pitch. This is not possible by using strain
 199 gauges, because of the size, neither with Bragg's optical fibers that use grating lengths of 1 or 3.5
 200 mm. Another reason for using the optical fiber is that contrary to the DIC, the optical fibers can be
 201 installed on a real component, e.g., car parts, to provide the active and in-situ measurement of the
 202 strain.

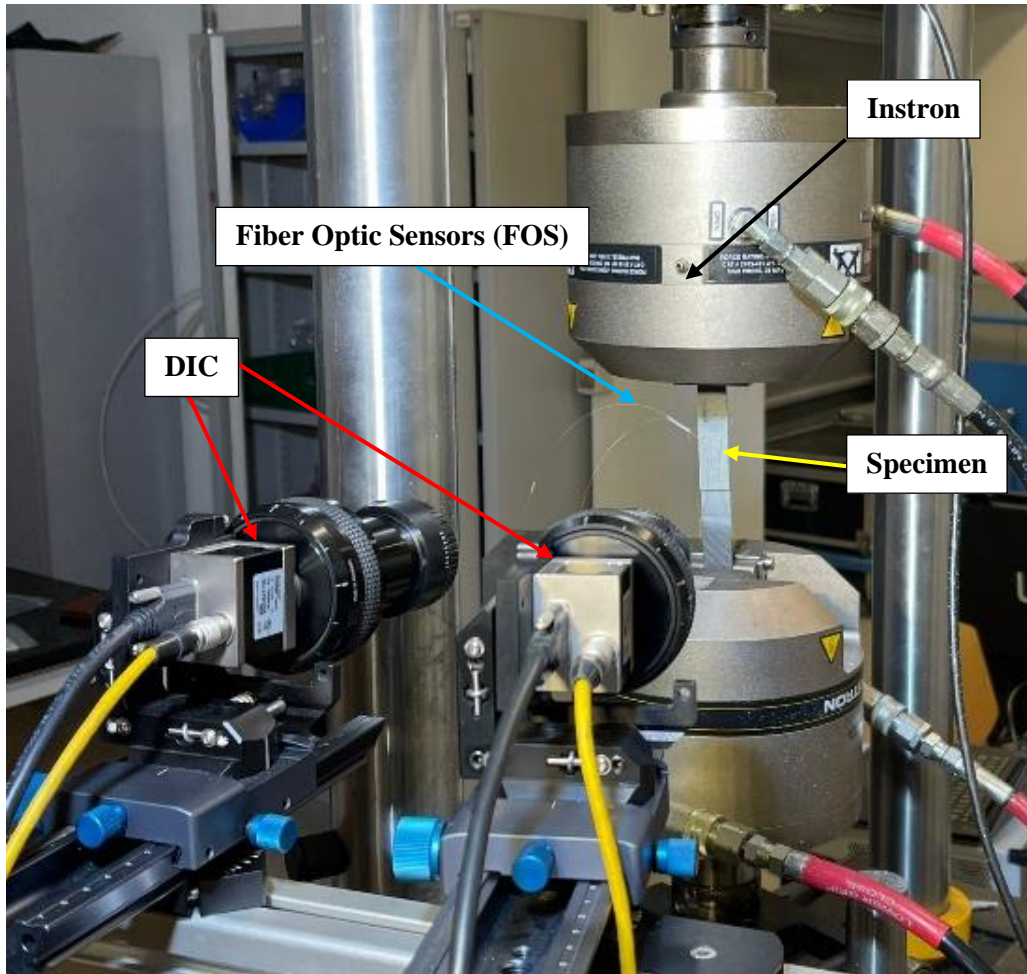


Figure 3 Test setup

203 **3. Results and discussion**

204 **3.1. General response of the joints under tensile loading**

205 Based on the test campaign that has been carried out in this study it is possible also to analyze how
 206 joint dimensions can affect the response of a single lap joint. The effects of each parameter on joint
 207 response including, peak load, displacement at peak load, adherend normal stress, adhesive shear and
 208 peeling stresses are already discussed in detail in previous publications [41,42]. The tests done for this
 209 study also confirm the results obtained in [41,42]. Three samples of each configuration mentioned in
 210 Table 3 were tested. Each configuration presented good repeatability. For the sake of brevity, one out
 211 of three curves are shown in Figure 4a. Moreover, Figure 4b, and c, shows the scatter for the peak
 212 force (F) in relation to the displacement at peak load (d). In Figure 4b, and c, the substrate thicknesses
 213 are represented by three different colors blue, red and yellow colors for T1, T2 and T3, respectively.
 214 The scatter is very limited for these types of tests, and the averaged values for W1, W2 and W3 are
 215 shown by the symbols solid circle, cross, and empty square, respectively. The values in the in Figure 4
 216 show that all three parameters (L, W, and T) significantly influence the peak force and joint stiffness
 217 (the slope of the initial linear part of the load-displacement curve). The larger the bonding area the
 218 higher the peak force and the joint stiffness. The analysis of data in Figure 4 and all the repetition of
 219 the tests show that W is more influential than L and L is more influential than T on the load capacity
 220 of the joints. However, the effect of W on joint stiffness is greater than the effects of L and T.
 221 Moreover, after the test, specimens were carefully inspected and different types of damages including
 222 adhesive, cohesive, thin layer cohesive and mixed mode were observed as shown in Figure 5.
 223 According to [41,42] increasing the thickness of the substrate leads to a more uniform distribution of

224 shear and peel stresses and a reduction of the peaks in the overlap ends. The adhesive in the center of the joint is compressed due to locally negative peel stress, and this compression is more pronounced
 225 the joint is compressed due to locally negative peel stress, and this compression is more pronounced
 226 in joints with thicker substrates. Therefore, the thicker the substrate the more cohesive the damage
 227 surface was.

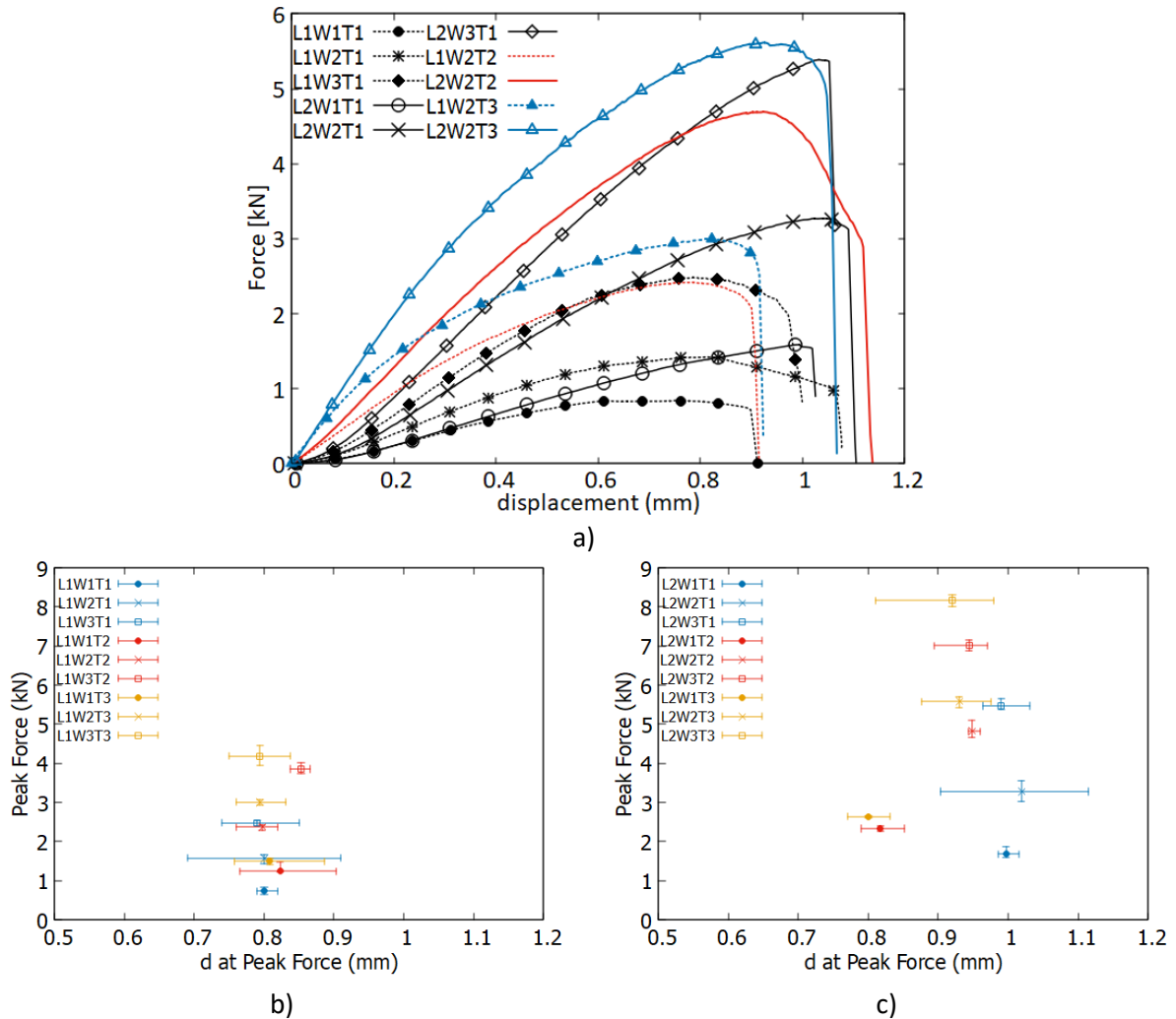


Figure 4. Tensile response of the joints. a) Load-displacement curves all the specimens, b) scatter for samples with overlap L1, c) scatter for samples with overlap L2

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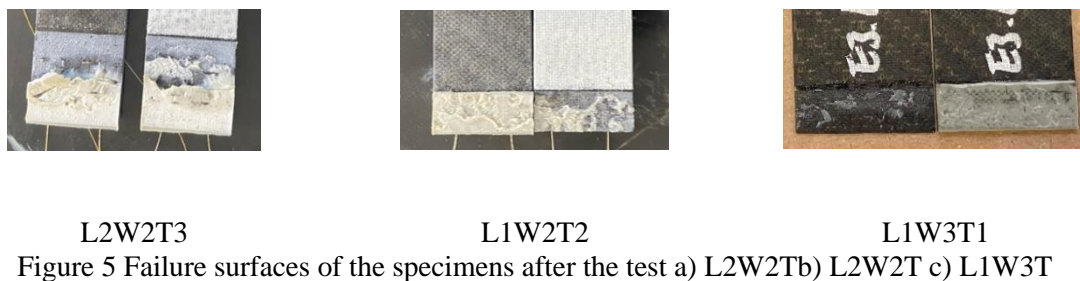


Figure 5 Failure surfaces of the specimens after the test a) L2W2Tb) L2W2T c) L1W3T

229 3.2. Definition of Zero-Strain Point (ZSP) using DIC

230 Generally, SLJs undergo a mixed-mode loading mainly due to the geometry and the eccentricity of
 231 the tensile load as shown in Figure 6. As a result, the specimens also experience bending moment,

232 shear and peel stresses. The tensile loading causes positive strain in the substrates whilst the bending
233 moment makes the substrates' outer face (backface) experience mainly a negative strain. The
234 concurrent effects of these two types of strains on the overlap length will result in a point on the
235 external surface (backface) of the substrate where the strain is zero. This point is called Zero-Strain
236 Point (ZSP). The behavior and importance of ZSP is described using Figure 7 as follows.

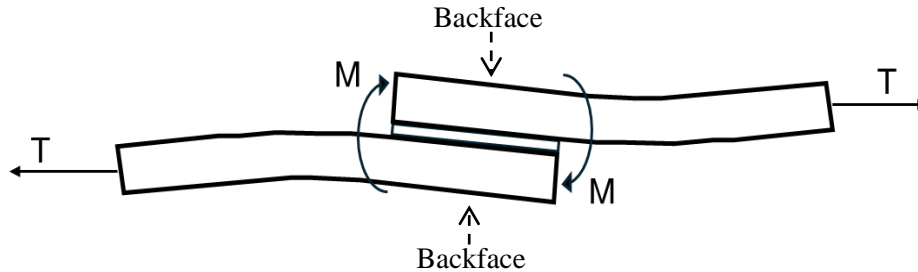


Figure 6 schematic of load eccentricity on SLJ.

237
238 Figure 7a,b,c, and d show, how the ZSP works for the specimen L2W1T1, taken as an example. In
239 this specimen, the overlap length is 20 mm, the substrate thickness is 0.88 mm, and the joint width is
240 10 mm. After processing the images using VIC-3D software the strain contour map is shown over the
241 overlap length in Figure 7a. Larger positive strain values have been found in the middle area of the
242 joint (reddish contour) whilst negative values are observed in the vicinity of the joint edges. As can be
243 seen in Figure 7a, different points along the overlap length have been chosen to monitor the strain
244 history. Each point is the average of all the strain values over the joint width, e.g., the black point is
245 the average of all strain values on the dashed yellow line. Therefore, each point is a representative of
246 all the points with different positions on the joint width while they have the same position on the
247 overlap length. Afterwards, the strain history for these points is shown in Figure 7b. Most of the
248 points experienced either positive or negative strain from the beginning of the test. There are only a
249 few points very close to each other in which the strain is zero and remains zero up to a certain time,
250 that is, to a certain load level. Those points are the candidates for ZSP.

251 Another way to visualize the ZSP is to look at the strain history of overlap length (the black line in
252 Figure 7a) as it is shown in Figure 7c. In this figure, each curve is the strain along the overlap (black line)
253 at a certain time or load. As indicated by a circle, many curves are passing a common point with
254 the zero value of strain located at 17.4 mm. These curves represent the strain distributions on the
255 overlap length when the joint is still undamaged. When the damage starts propagating in the joint, the
256 curves do not cross the ZSP (black circle point) anymore. It is observed that the DIC was not able to
257 record the displacement and strains very close to the edges of the joint, especially the unloaded edge
258 of the bonding area. This is because when the specimen moves or rotates, and the damage grows, the
259 light and the focus worsen, losing resolution. Subsequently, a rise in the strain history (red oval in
260 Figure 7c) might be observed at the joint edge, especially at the unloaded edge.

261 Figure 7d demonstrates the ZSP behavior with respect to the load-displacement curve of the SLJ,
262 illustrating how the strain changes in this point as the load increases. As can be seen, as long as the
263 load-displacement curve is in the elastic zone the strain in the ZSP is approximately zero. As the
264 damage starts growing and the load-displacement curve exits the elastic zone the ZSP records
265 negative strains up to the joint failure. In other words, ZSP is the point where strain is initially
266 approximately zero and remains unchanged until the damage starts propagating in the joint, after
267 which the strain in ZSP increases negatively up to the point of joint failure. The ZSP for a joint could
268 be found experimentally using DIC and Fiber Optic Sensors. DIC could serve as a preliminary
269 analysis to design an in-situ analysis that uses Fiber Optic Sensors or strain gauges to monitor the
270 health conditions of the joint.

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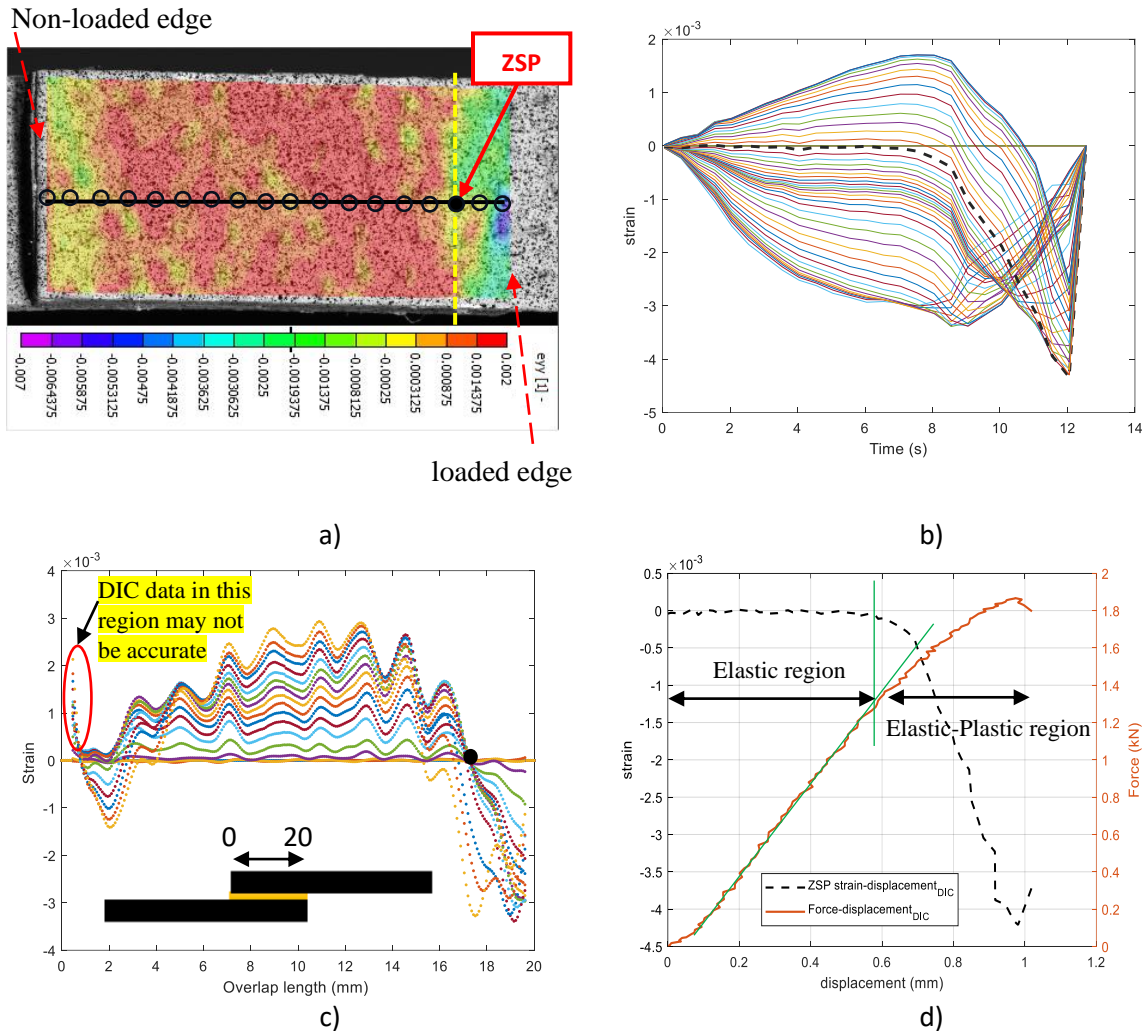
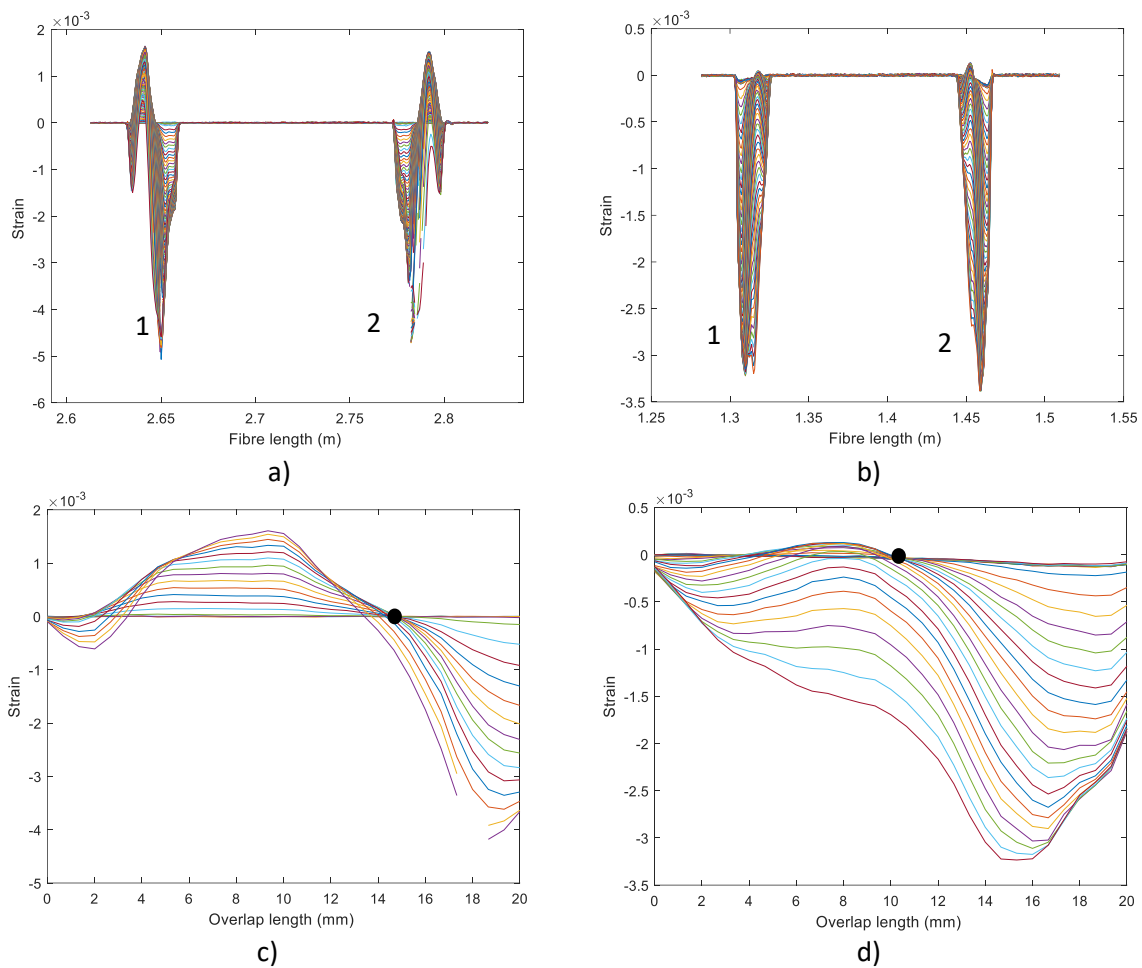


Figure 7 Zero strain point (ZSP) behavior in a joint, e.g., L2W1T1. a) Strain map on the joint area backface b) Strain history of different points on the joint backface (the black dashed line is the strain history of ZSP) c) Strain history of the overlap length on the averaged line (black line) d) Concordance between the ZSP strain curve and joint Force-displacement

277 3.3. Validation of the ZSP using optical fiber sensors

278 In Section 3.2, the DIC analysis illustrated that the ZSP is trustworthy enough to predict the behavior
 279 of a joint. However, this methodology using DIC cannot be used as an in-situ methodology. For this
 280 reason, optical fibers have been adopted and studied to assess whether they can lead to reliable results.
 281 Samples L2W2T2 and L2W2T3 were equipped with fibers, on both sides of the overlap area, as
 282 reported in Section 2.1. Figure 8a, and b show, respectively, the strain signals recorded by fibers
 283 installed on the backfaces (two on each face) of samples L2W2T2 and L2W2T3. For a better
 284 visualization only two fibers are shown in Figure 8a,b. The maximum positive and negative strains are
 285 different for each sample. L2W2T2 experienced a maximum positive and negative strain of $1.5e^{-3}$,
 286 and $-5e^{-3}$, respectively. In case of sample L2W2T3, these values are $8e^{-5}$, and $-3.3e^{-3}$,
 287 respectively. Therefore, by increasing the substrate thickness from T2 to T3 the absolute value of

288 positive and negative strain reduces by 95% and 34%, respectively. Since the results of each fiber
 289 were approximately the same (Figure 8a,b) as the others, only one of them (Figure 8c,d) is chosen and
 290 explained. For example, for specimen L2W2T2, Figure 7a, the first signal and for L2W2T3 (Figure
 291 7b) the second signal was chosen. Figure 8a,b show that the specimen with a thicker substrate
 292 experienced lower strain and this is due to the higher stiffness that the thicker substrate exhibits. Due
 293 to the relatively high acquisition frequency, in Figure 8c,d, one out of each 10 curves was selected for
 294 a better visualization and understanding of the data. The ZSP is clearly visible and shown with black
 295 circles. This analysis carried out with the optical fibers led to the same outcomes found with DIC
 296 analysis, reported in section 3.2, on the ZSP. Finally, Figure 8e,f show both the evolution of the strain
 297 in ZSP from optical fibers and DIC vs. crosshead displacement matching different stages of the
 298 specimen force-displacement curve. As can be seen, very similar results were obtained by comparing
 299 the strains measured by optical fibers and DIC methodology. Another point to be noticed is that the
 300 rise in the unloaded edge is not visible here in optical fiber sensors curves. This is as a result of the
 301 Fiber Optic Sensors that can measure the strain also at the joint ends proximity if they are well bonded
 302 on the surface.



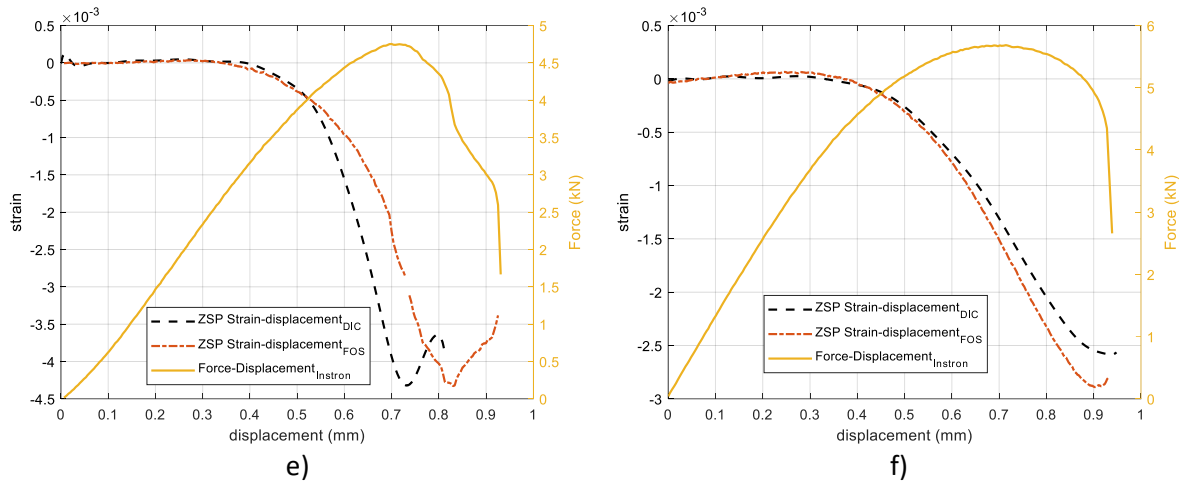


Figure 8 ZSP for specimen L2W2T2 and L2W2T3 using both FOS (LUNA) and DIC a) FOS (LUNA) signals for L2W2T2 b) FOS (LUNA) signals for L2W2T3 c) 1st signal is selected and filtered for L2W2T2 d) 2nd signal is selected and filtered for L2W2T3 e) ZSP strain and force-displacement of L2W2T2 f) ZSP strain and force-displacement of L2W2T3

303 3.4. Damage progression in the joint

304 Monitoring the backface strain with both DIC and optical fiber sensors provides also more
 305 information about how the damage propagates inside the joint. Figure 9a,b,c,d,e,f,g,h and i show the
 306 progressive damage of the specimen as well as the change of the strain in ZSP during the test. The
 307 strain contour is chosen and fixed based on the strain range in the ZSP so that it remains the same
 308 during the test. The dashed yellow line represents the ZSP on the overlap length. As can be seen at the
 309 primary stage of loading, Figures 8a, b, c, d and e, the ZSP starts appearing on the surface of the
 310 substrate near the non-free edge of the bonding area. The contour color remains the same up to
 311 damage initiation (Figure 9f). Then the damage starts propagating in the bonding area from both ends
 312 of the joint. The damage propagation from both ends is accompanied by recording the negative strain.
 313 However, the quantity of the negative strain is larger on the non-free end of the joint where the ZSP is
 314 formed. The results of the DIC on the free end of the joint might not be very precise due to some
 315 noise sources, (e.g., light and focus) and that is why in some strain history graphs at the end of the
 316 joint a sharp increase in the strain might be seen. However, the result that the damage propagates from
 317 both ends but mainly from the loaded end is also supported by the optical fiber sensor which does not
 318 present the DIC problems since it is properly bonded on the surface during the test. In Figure 8c,d it is
 319 observed that the negative strain is present on both ends of the joint because the quantity of the
 320 negative strain on the loaded end is much larger. Figure 9g, h, and i illustrate how the strains in the
 321 ZSP become negative due to the damage propagation.

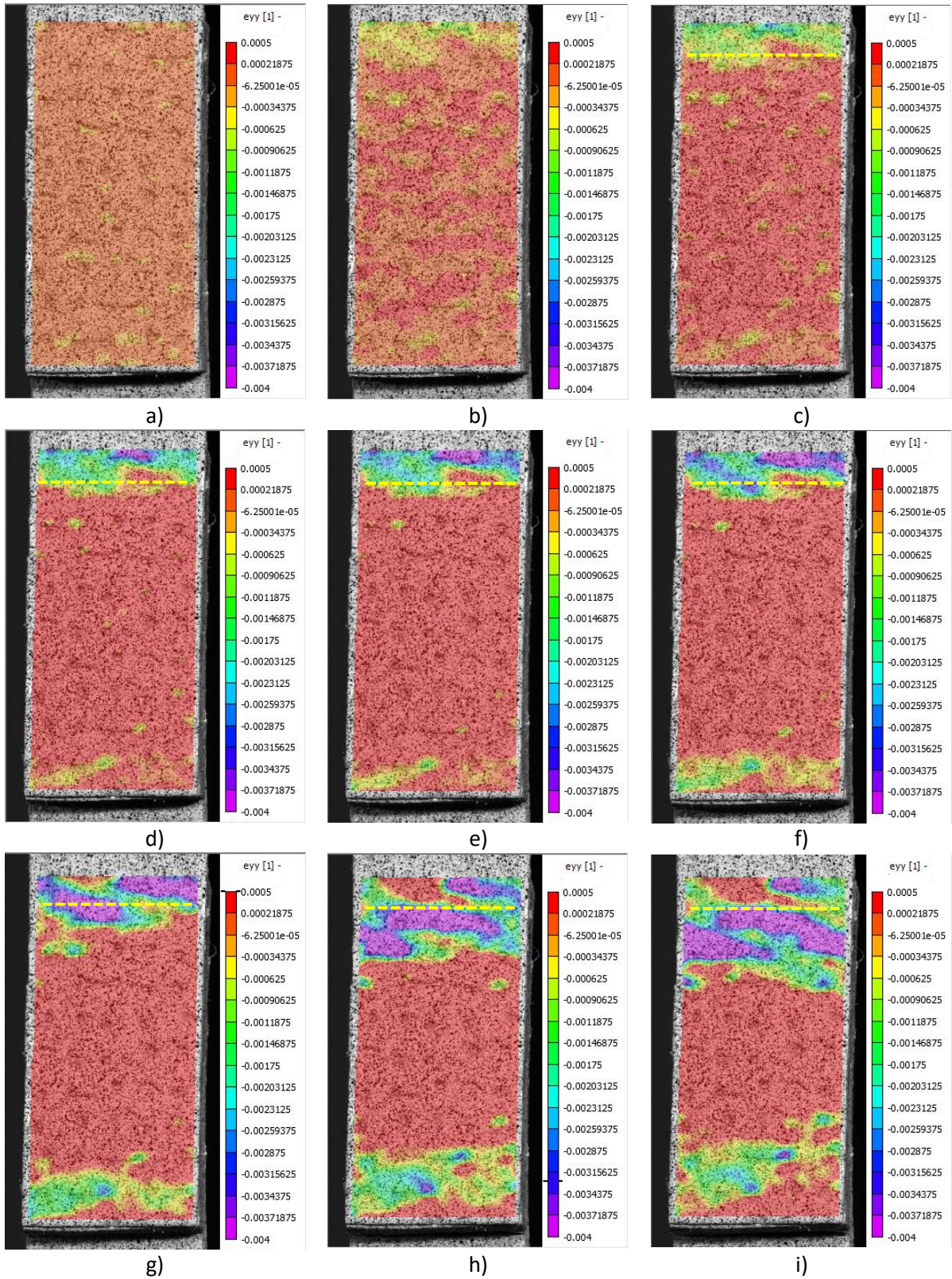


Figure 9 Damage progression in the joint L2W2T1 a) clamped specimen (Initial condition) b) primary stage of loading (70N) c) elastic zone: the ZSP appears (193 N) d) elastic zone (562.1N) e) elastic zone (1000N) close to damage initiation f) ZSP gains strain: Damage initiated (1380N) g) Damage progression (1653 N) h) Damage progression (1867 N) i) Damage progression up to the rupture (1796N)

322 3.5. Effect of bonding area geometry on the position of ZSP using DIC

323 Having the ZSP introduced and verified, the question of this section is: does the bonding area
324 geometry change the location of the ZSP? To answer this question, as already anticipated in section
325 2.1, a design of experiment has been conducted which considers the overlap length (L), joint width
326 (W) and substrate thickness (T). After the tests have been done and monitored with the DIC the
327 results are explained as follows.

328 Figure 10a, b, c, d, e and f show the strain distribution on the overlap length for all the specimens
329 (same as explained in section 3.2) with substrate thickness T1. In particular, Figure 10a, c and e (left
330 part of Figure 10) report the strains along the overlap at fixed L1 and T1 and for W1, W2 and W3
331 respectively. Figure 10b, d and f (right part of Figure 9) report the strains along the overlap area for
332 SLJ prepared with L2, T1 and the three different widths W1, W2 and W3. This analysis shows that
333 considering a fixed overlap length and substrate thickness, the position of ZSP remains approximately
334 unchanged by increasing the joint width. For specimens with T1, ZSP is located at 7.3 ± 0.4 mm and
335 16.8 ± 0.5 mm respectively for the overlap length of L1 and L2. This implies that the effect of the joint
336 width is negligible on the position of the ZSP. This is probably due to the lack of influence of the joint
337 width on the response of SLJs [41,42]. Considering the joint width and substrate thickness, it can be
338 concluded that the position of the ZSP moves toward the bonding area edge which is loaded as the
339 overlap length is increased.

340 As the effect of W has proven to be negligible, for the substrate thicknesses T2 and T3 only W2 has
341 been considered for further analyses. Figure 11a, c (left part of Figure 11) show the result for the
342 specimens with substrate thickness T2, and Figure 11b, d (right part of Figure 11) show the result for
343 the specimens with substrate thickness T3. For the specimen with a substrate thickness of T2, the ZSP
344 is located at 5.3 ± 0.2 mm and 14.2 ± 0.2 mm, respectively, when the overlap length is L1 and L2. For
345 the specimen with a substrate thickness of T3, the ZSP is located at 3.5 ± 1 mm and 10 ± 0.2 mm,
346 respectively, when the overlap length is L1 and L2. As illustrated in the analysis reported in Figure 10
347 and Figure 11, by increasing the substrate thickness, the strains on the overlap length tend to be closer
348 to zero or negative. This is because thicker and stiffer substrates experience less strain, which can be
349 observed by comparing L1W2T1 (Figure 10c), L1W2T2 (Figure 11a), and L1W2T3 (Figure 11b).
350 Additionally, increasing the substrate thickness causes the ZSP to shift toward the center of the joint
351 or to the other zone of the joint near the free end of the bonding area (Figure 12). This can be ascribed
352 to the prevailing negative strain caused by the bending moment with respect to the positive strain
353 caused by tension when the substrate is thicker. Finally, by comparing the results for specimens with
354 different substrate thicknesses (Figure 10 and Figure 11) it is illustrated that as the substrate thickness
355 increases the positive strain values on the overlap length becomes smaller. This is because the thinner
356 substrates undergo deformation more easily than they can be recorded by strain measuring tools. This
357 implies that the backface strain method is more reliable and evident in specimens with thinner
358 substrates.

359

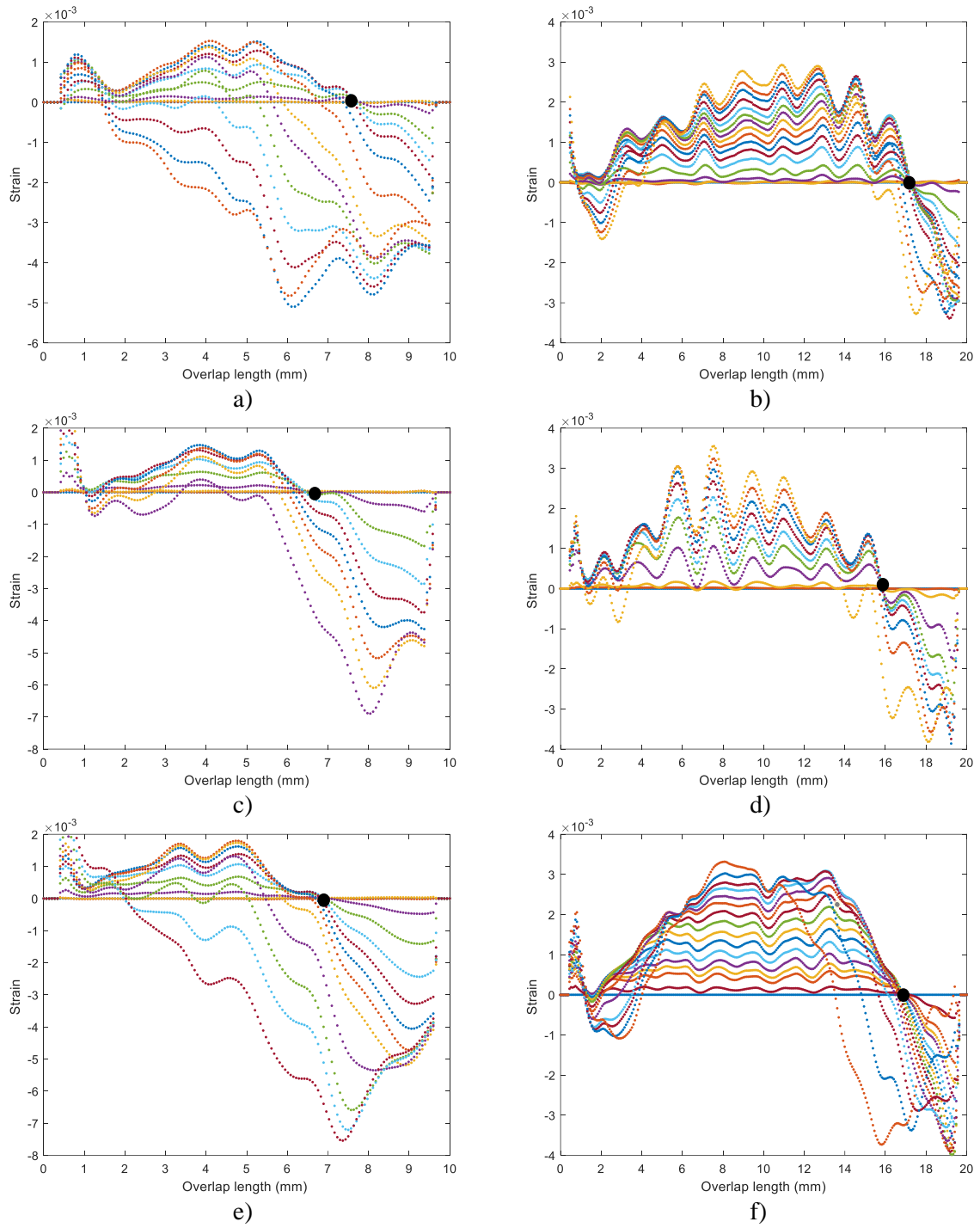


Figure 10 effect of bonding area dimension on the position of ZSP for substrate T1 a) L1W1T1 b) L2W1T1 c) L1W2T1 d) L2W2T1 e) L1W3T1 f) L2W3T1

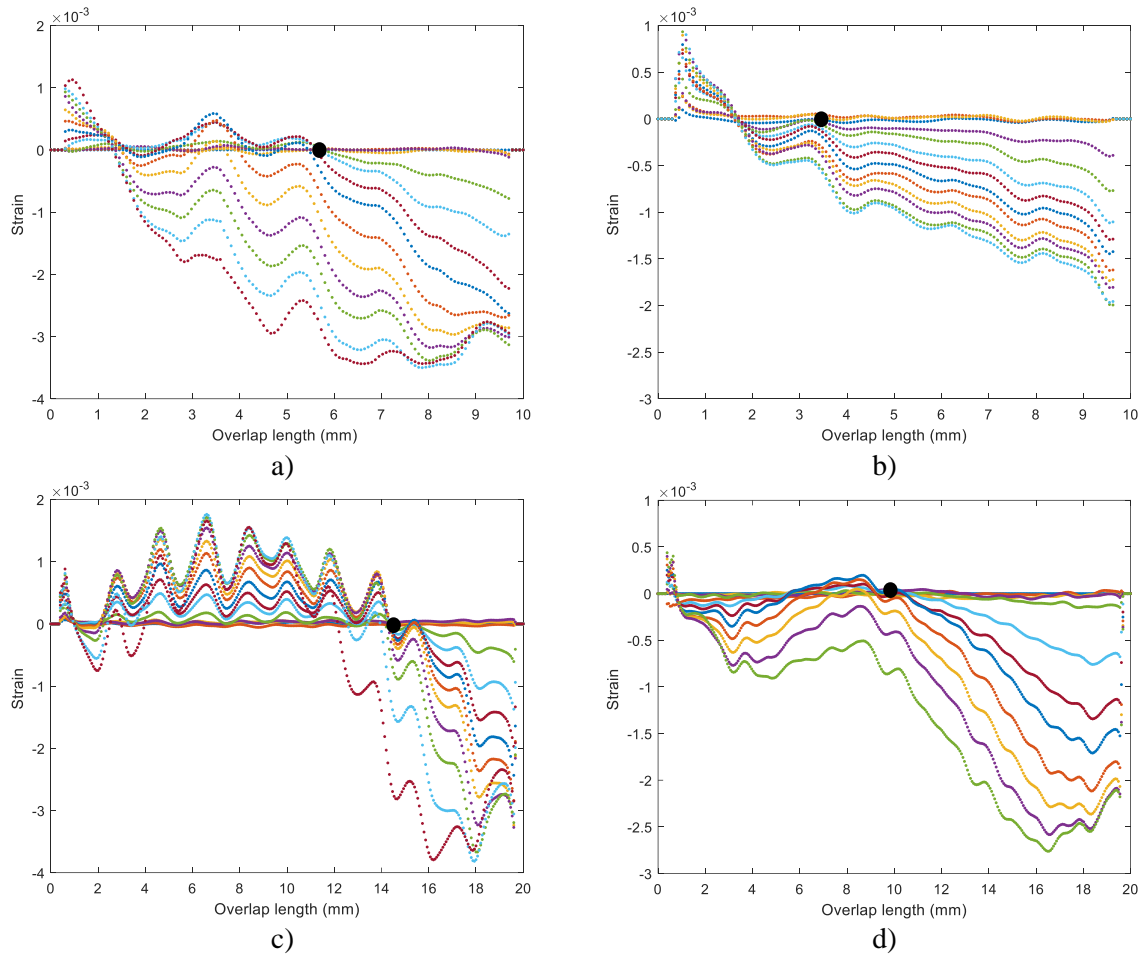


Figure 11 ZSP position for specimen with substrate thickness of T2 and T3 a) L1W2T2, b) L1W2T3, c) L2W2T2, d) L2W2T3

361 To summarize the effect of joint area dimension on the position of ZSP, Figure 12 provides an
 362 overview of the results for all the joints together. The joint overlap length is normalized in order to
 363 include also the effect of overlap length in one figure. In general, the substrate thickness played the
 364 most important role in the position of the ZSP. The second important parameter is the overlap length,
 365 and finally, the joint width showed the least importance. That is why a generic letter W is used in
 366 Figure 12.

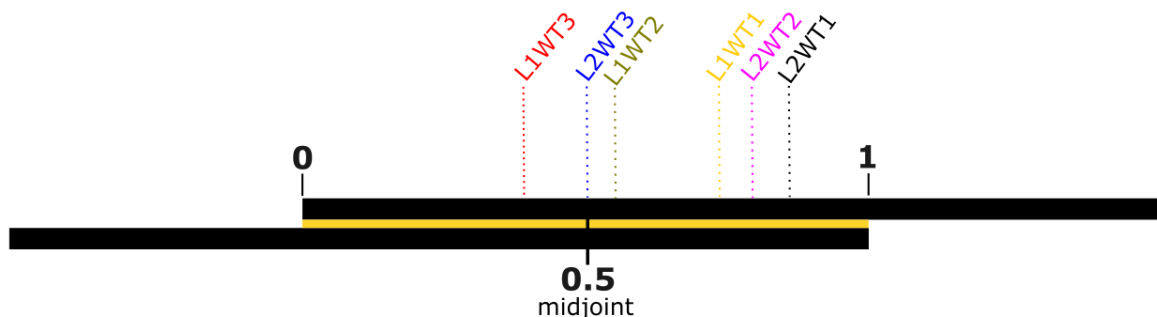


Figure 12 Summarizing the effect of joint dimensions on the position of ZSP (normalized overlap length)

367 Another point that is worth mentioning is that the strain map for composite substrates looks wavy (for
 368 example, Figure 7c) when the DIC is used to acquire the strain due to the intrinsic texture of
 369 composite materials. A microscopic image of the composite substrate is shown in Figure 13a. It is

370 mentioned in section 3.2 that each nominated point on the overlap length (Figure 7a) is the average of
 371 all the points on the joint width with the same position on the overlap length. For example, the orange
 372 point (Figure 13a) is the average of the strain on the orange line and the blue point is the average of
 373 the blue line. Each line includes both warp and weft but not with the same ratio. This concept is
 374 emphasized in Figure 13b. As can be seen, the blue line can contain more resin, more warp with E_{fl}
 375 (longitudinal modulus) and less weft with E_{ft} Young modulus. Whilst, the orange line contains less
 376 resin, less warp with E_{fl} (transversal modulus) and more weft with E_{ft} Young modulus. Usually, the
 377 modulus of the yarn in the longitudinal direction is higher compared to its modulus in the transversal
 378 direction ($E_{fl} < E_{ft}$). Therefore, the peaks can be related to the sections (the orange line which contains
 379 more of E_{ft}) with a smaller resultant Young modulus because based on the Hooke law those parts
 380 undergo larger strain. Based on the same approach, valleys can be due to the sections (the blue line
 381 which contains more of E_{fl}) with larger resultant Young modulus.

382 On the other hand, the strain history obtained from the optical fibers (Figure 8c,d) is smooth in
 383 comparison with the ones obtained by DIC. The reason is related to the high resolution of the DIC
 384 analysis. On the other hand, the optical fiber sensors use a gauge pitch as a measuring point (Section
 385 2) of 0.65 mm which does not allow to detect the peaks and valleys in the analyzed area. Furthermore,
 386 as the backface strain for specimens L2W2T2 and L2W2T3 were also measured by the optical fibers
 387 it is possible to compare the optical strain history of these two samples with the ones of DIC.
 388 Comparing Figure 8c with Figure 11c and Figure 8d with Figure 11d, it is evident that both strain
 389 measuring devices indicate the same point at the ZSP on the overlap length. The only difference is
 390 that the optical fibers record more precise data at the edges as explained in Sections 3.2 and 3.3.

391

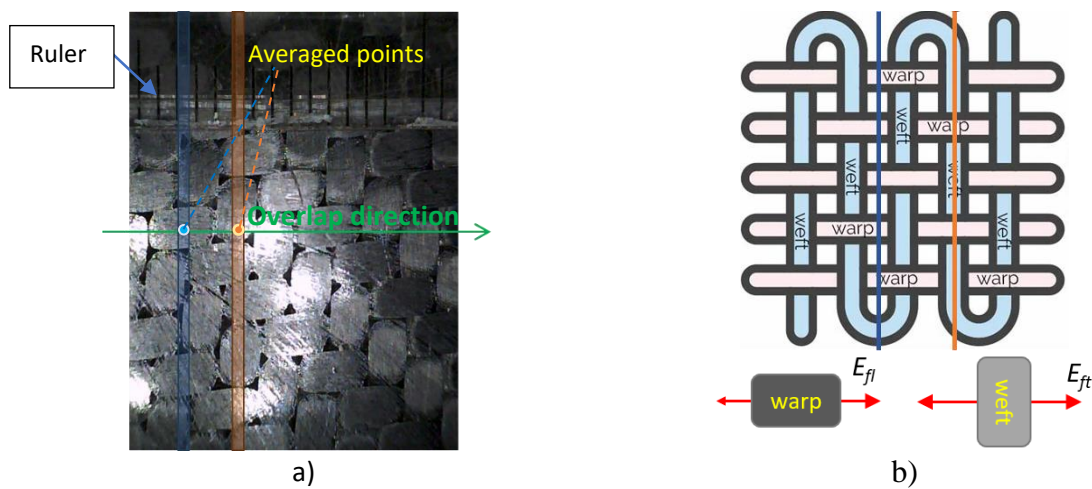


Figure 13 Composite substrate texture a) microscopic image of the laminate b) Ideal schematic of the laminate texture

392 4. Cyclic loading

393 The results presented in Section 3 demonstrated that the ZSP method can be detected with both DIC
 394 and optical fibers. Further, these methods can monitor the damage initiation and propagation in SLJs
 395 with different bonding area dimensions under normal tensile loading. However, structures and
 396 adhesive bonding joints could practically be subjected to cyclic or fatigue loads. In this section, the
 397 effect of cyclic loading on damage initiation and propagation of an SLJ using both DIC and optical
 398 fiber is studied. The ZSP method is employed as the criteria for the prediction of joint behavior.

399 Sample L2W1T2 (L=20 mm, W=10 mm, and T=20 mm) was used to study how the strain in the ZSP
 400 varies under cyclic loading and whether the strain in ZSP changes from zero when plastic deformation
 401 is accumulated in the joint. A six-cycle loading was considered in a way that in each cycle the load

402 increases at a constant velocity of 5 mm/min up to a certain amount, and then unloading starts with
 403 the same velocity up to 50 N. After that, the next cycle starts considering the same velocity for
 404 loading and unloading. The maximum load for the first, second, third, fourth, fifth and sixth cycles
 405 are, respectively, 1 kN, 1.5 kN, 2 kN, 2.2 kN, 2.4 kN, and up to the sample rupture (for this sample
 406 happened at approximately 2 kN). Figure 14 shows the load-displacement curve for sample L2W1T2
 407 subjected to the mentioned cyclic loading. As can be seen in Figure 14, after the first and second cycle
 408 the joint is still undamaged, and the unloading curve is following the loading curve. The quite small
 409 variation in the displacement is due to the initial clearances of the joint. In the third cycle, the peak
 410 load falls on a line which passes the first and second cycles' peaks. This could be interpreted as the
 411 healthiness of the joint up to the third cycle peak load. However, there is a difference (approximately
 412 28%) between the third unloading curve and the first loading curve, which signals the damage
 413 initiation. After the third cycle, the cycles' peaks are not in a line anymore which again indicates that
 414 the damage has already been initiated. Moreover, the difference between the fourth unloading curve
 415 and the first loading curve becomes even larger (approximately 70%). In the fifth cycle, this
 416 difference is 150% and the crack grows noticeably in the joint. Finally, the sixth cycle is where the
 417 crack grows up to the joint rupture.
 418

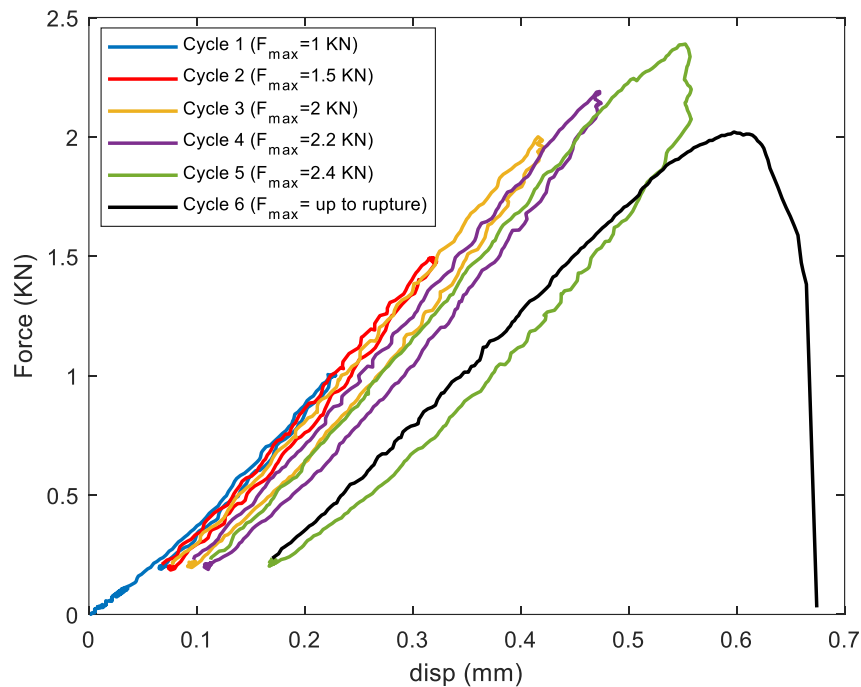


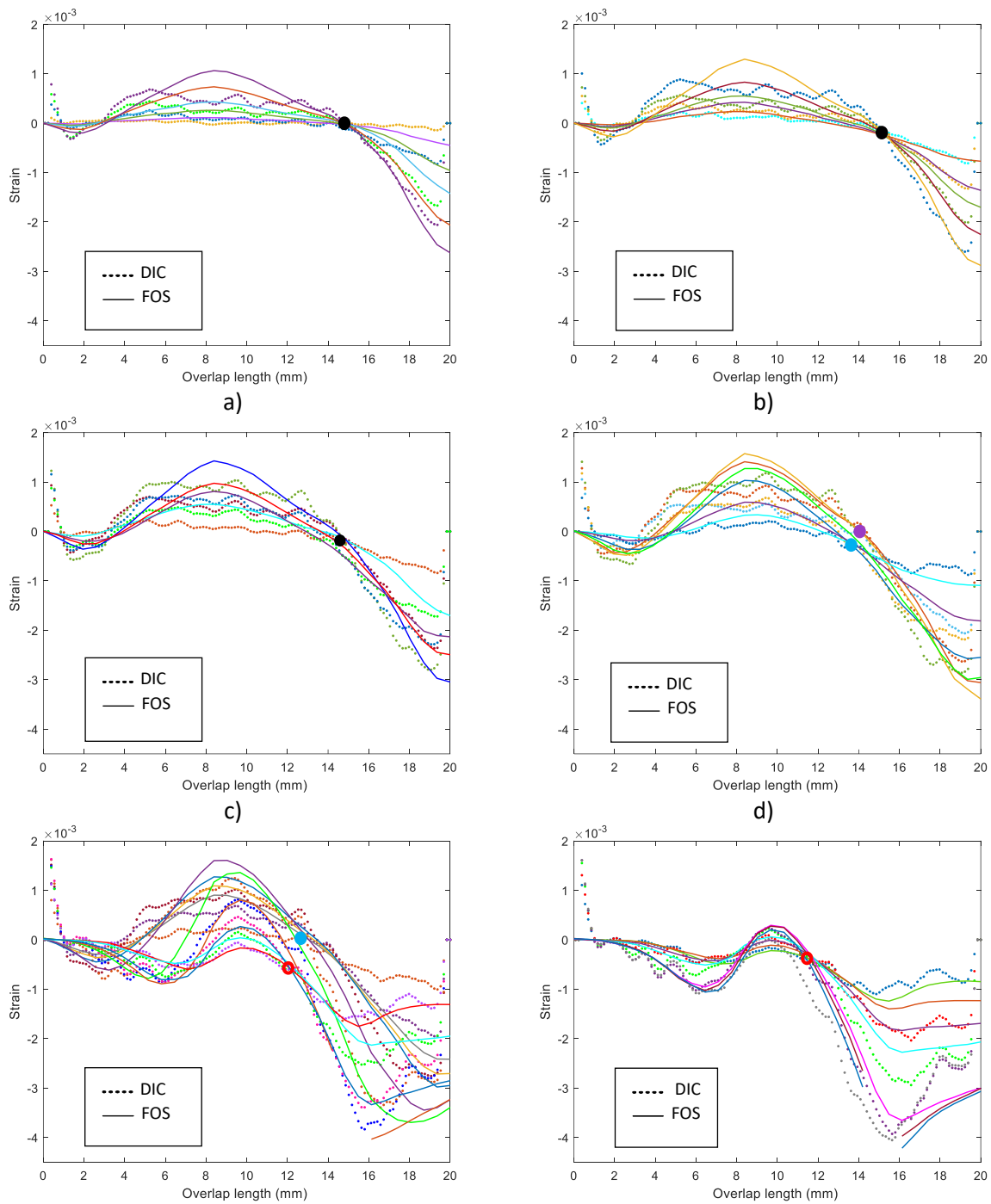
Figure 14 Load displacement curve for sample L2W1T2 under cyclic loading

419 Having the loading cycles explained, Figure 15a, b, c, d, e and f illustrate the strain on the backface of
 420 L2W1T2 overlap length at each complete cycle. The solid lines are representatives of the data from
 421 optical fibers, and the dashed lines represent the data from DIC. As can be seen in Figures 14, the
 422 maximum recorded strains by the optical fiber are larger than the maximum strain recorded by the
 423 DIC. This is because of the texture of the composite materials and the fact explained in detail in
 424 section 3.5 about the waviness of DIC strain histories on the overlap length. For the same reason,
 425 looking at the strain curves from the DIC data, a sort of plateau is visualized in the mid-area of the
 426 joint.

427 According to the results of Figure 14, after the first and second cycle the joint is still in a healthy
 428 condition, and this could be verified by results provided in Figure 15a,b. Figures a and b show that
 429 the ZSP has still a value of zero strain after the first and second cycles. In the third cycle (Figure 15c)
 430 the damage initiates as the ZSP starts recording a small negative value. However, before the crack
 431 starts propagating the unloading starts. The ZSP is located initially at 15 mm (shown with a black
 432 circle) and remains at the same position until the end of the 3rd cycle. In the 4th cycle, ZSP is shown
 433 with the purple circle. It can be seen that the ZSP is slightly shifted to the left close to 14 mm, i.e., the

434 crack propagated but to a small extent and again unloading starts. After the crack stopped propagating
 435 in the unloading part, a new point (blue circle) appears on the graph (Figure 15d) with a negative
 436 constant value (close to zero) over time. The position of this point is where the ZSP will appear in the
 437 next cycle. This is because the effective overlap length of the joint decreases after each cycle in such a
 438 way that after each cycle it can be assumed that the loading is being applied to a joint with a shorter
 439 overlap length. This new point appears in the unloading part of the cycle and exactly when the crack
 440 stops propagating. As the unloading part of each cycle is close to the loading part of the next cycle
 441 (Figure 14), this point represents the ZSP for the next cycle. In 5th cycle (Figure 15e), the blue circle
 442 defines the ZSP which is at the same position predicted in the 4th cycle. Here, the crack propagates to
 443 a large extent, but the joint has not yet reached the rupture. Therefore, the position of the new ZSP
 444 will be estimated in the unloading part as the empty red circle. Finally, in the 6th cycle (Figure 15f),
 445 the crack propagates completely, and the substrates are detached.

446



e)

f)

Figure 15 Backface strain distribution at each cycle up to the rupture for specimen L2W1T2 a) cycle 1 ($F_{\max} = 1$ kN): healthy condition b) cycle 2 ($F_{\max} = 1.5$ kN): healthy condition c) cycle 3 ($F_{\max} = 2$ kN): damage initiation d) cycle 4 ($F_{\max} = 2.2$ kN): small damage propagation e) cycle 5 ($F_{\max} = 2.4$ kN): noticeable damage propagation f) cycle 6 ($F_{\max} = 2$ kN): damage propagation up to rupture

447 In cyclic loading, there are two ways to analyze the joint. The first one is that at each cycle it can be
 448 assumed that the loading is being applied to a new SLJ with its own ZSP. It is enough to monitor the
 449 related ZSP strain at each cycle and understand the behavior of the joint as it is done for a normal SLJ
 450 subjected to tensile loading. As in real components, it might not be possible to install the DIC because
 451 of its dimensions, and as explained before the effective overlap length of the joint changes in each
 452 cycle it might not be precise to use strain gauges. Therefore, to use this approach optical fibers are the
 453 most useful tool to be employed by monitoring the initial ZSP continuously. Figure 16a shows the
 454 strain history versus time for points on the overlap length the same as already explained in section 3.2
 455 for Figure 7b. Solid lines show DIC data while dashed lines present optical fiber data. In Figure 16a,
 456 different cycles can be easily distinguished. In general, when the strain increases in absolute value it
 457 means the sample is in the loading phase of the cycle otherwise the sample is in the unloading phase.
 458 Therefore, after each absolute minimum value of strain, the next cycle is going to start. As expected,
 459 there are not too many points with a strain value of zero when the joint is still in healthy condition.
 460 Those points are representative of the ZSP which correspondence to the black circles in Figure 15a, b
 461 and c. By plotting the strain history of the original ZSP vs time as well as Force vs time in the same
 462 graph (Figure 16b) the performance of ZSP and the behavior of the joint can be explained better. As
 463 explained previously in this section based on Figure 14 and Figure 15, and according to Figure 16b,
 464 the joint is in a safe condition up to the peak of the third cycle because the ZSP strain remains
 465 approximately around zero. In the unloading phase of 3rd cycle, a small drop can be seen in the ZSP
 466 strain curve. This might signal the damage initiation, but it is not yet confirmed because ZSP might go
 467 back to zero value at the end of the unloading phase. Since the curves are being filtered there is a
 468 possibility to find a point very close to the real ZSP instead of the real ZSP itself. This will result in an
 469 oscillation close to zero in the found ZSP value. In the 4th cycle, the ZSP starts gaining value before
 470 reaching zero value. This confirms that the damage was initiated in the previous cycle. Up to the 4th
 471 cycle, the crack starts propagating by the force reaching its maximum value and in the unloading
 472 phase. In the 5th cycle, the propagation starts shortly before the peak load, and in the loading phase
 473 with a drastic drop in the ZSP value at peak load. Finally, in the 6th cycle, the crack starts propagating
 474 shortly after the loading started and the joint arrives at the rupture at peak force.
 475

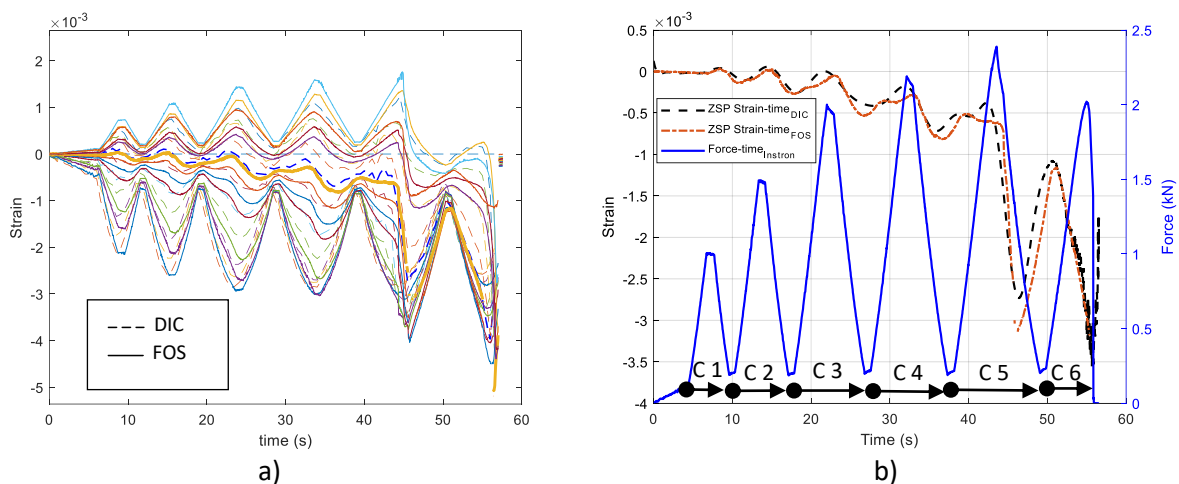


Figure 16 ZSP strain using DIC and FOS (LUNA) as well as L2W1T2 force diagram versus the time

477 **5. Conclusion**

478 The present work aims to propose the so-called zero strain point (ZSP) as a criterion to
479 monitor the health condition of composite single lap joints. Furthermore, the effectiveness
480 and reliability of this method were studied when the joint dimension (in particular, adherend
481 thickness, joint width, overlap length), and loading type (quasi-static and cyclic) change. To
482 validate the results tests were performed with DIC (digital image correlation) system and
483 Fiber Optic Sensors. The drawn conclusions are as follows:

- 484 • Considering both cyclic and static tensile loading conditions, the ZSP point
485 can be utilized as a criterion for adhesive SLJs to predict the damage
486 initiation and propagation up to the rupture. This fact was verified precisely
487 with both DIC and optical fiber results.
- 488 • According to the optical fiber results, both sides of SLJs (both loaded and
489 fixed adherends) experience approximately the same strain. Therefore, to the
490 ZSP method, it is enough to observe the strain on the backface of one
491 adherend.
- 492 • Based on the DIC backface strain map, the damage initiates and propagates
493 from both ends of the bonding area taking into account that the propagation
494 is slightly faster from the loading side of the joint.
- 495 • The joint width showed negligible effect on the position of ZSP in joints with
496 both adhesive types.
- 497 • In joints with larger overlap lengths, the passage from positive to negative
498 strain allows for better detection of the ZSP position. Therefore, the ZSP is
499 more reliable in joints with larger overlap lengths.
- 500 • Increasing the substrate thickness causes the ZSP to move toward the middle
501 or free edge of the joints. the same results were obtained by decreasing the
502 overlap length.
- 503 • When the substrate thickness is relatively large, and the overlap length is
504 relatively short, only negative strains are observed in joints. Therefore, the
505 ZSP might not be clearly visible, and this implies a limitation on the
506 application of the ZSP.
- 507 • The strain history on the SLJs' overlap length is wavy when analyzing the
508 DIC data due to the texture of composite materials. Conversely, it is smooth
509 when the FOS (LUNA) data is being considered because the strain will be
510 recorded based on the optical fiber deformations.
- 511 • In cyclic loading, although each cycle has its own ZSP which can be used as
512 the criterion to observe the joint condition after the damage initiation, it
513 would be easier and more effective to use the primary ZSP before the
514 damage initiation to monitor the joint behavior.
- 515 • Although DIC might not be installed on a component to monitor the healthy
516 condition of the joint, optical fibers could be mounted in order to do an
517 online and in-situ monitoring of the joints.

518 **Declaration of AI and AI-assisted technologies in the writing process:**

519 During the preparation of this work, the author(s) used ChatGPT 4 and Quillbot to improve
520 the text's grammar. After using this tool/service, the author(s) reviewed and edited the content
521 as needed and take(s) full responsibility for the publication's content.

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524

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