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Risk of myocardial infarction based on endothelial shear stress analysis using coronary angiography

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Risk of myocardial infarction based on endothelial shear stress analysis using coronary angiography / Candreva, Alessandro; Pagnoni, Mattia; Rizzini, Maurizio Lodi; Mizukami, Takuya; Gallinoro, Emanuele; Mazzi, Valentina; Gallo, Diego; Meier, David; Shinke, Toshiro; Aben, Jean-Paul; Nagumo, Sakura; Sonck, Jeroen; Munhoz, Daniel; Fournier, Stephane; Barbato, Emanuele; Heggermont, Ward; Cook, Stephane; Chiastra, Claudio; Morbiducci, Umberto; De Bruyne, Bernard; Muller, Oliver; Collet, Carlos. - In: ATHEROSCLEROSIS. - ISSN 0021-9150. - 342:(2022), pp. 28-35. [10.1016/j.atherosclerosis.2021.11.010]

This version is available at: 11583/2972252 since: 2022-10-12T11:06:53Z

Publisher: ELSEVIER IRELAND LTD

Published DOI:10.1016/j.atherosclerosis.2021.11.010

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### Risk of Myocardial Infarction based on Endothelial Shear Stress Analysis Using **Coronary Angiography**

- 1 2 3 4
  - Running title: Endothelial shear stress predicts myocardial infarction.
- Total word count (main text including legends to figures and tables): 3'796 words.
- 5 6 Number of figures and/or tables: 3 figures and 2 tables.
- 7 Number of references: 28.
- 8

9 Alessandro Candreva, MD<sup>a,b</sup>, Mattia Pagnoni, MD<sup>c</sup>, Maurizio Lodi Rizzini, MS<sup>d</sup>, Takuya Mizukami, MD, PhD<sup>a,e</sup>, Emanuele Gallinoro, MD<sup>a,f</sup>, Valentina Mazzi, MS<sup>d</sup>, Diego Gallo, 10 PhD<sup>d</sup>, David Meier, MD<sup>c</sup>, Toshiro Shinke, MD, PhD<sup>e</sup>, Jean-Paul Aben, MSc<sup>g</sup>, Sakura 11

- 12 Nagumo, MD<sup>a,e</sup>, Jeroen Sonck, MD<sup>a,h</sup>, Daniel Munhoz MD, PhD<sup>a,h,i</sup>, Stephane Fournier,
- MD<sup>c,h</sup>, Emanuele Barbato MD, PhD<sup>a,h</sup>, Ward Heggermont, MD, PhD<sup>a</sup>, Stephane Cook, MD<sup>j</sup>, 13
- Claudio Chiastra, PhD<sup>d</sup>, Umberto Morbiducci, PhD<sup>d</sup>, Bernard De Bruyne, MD, PhD<sup>a,c</sup>, Oliver 14
  - Muller, MD, PhD<sup>c</sup>, and Carlos Collet, MD, PhD<sup>a\*</sup>
- 15 16
- 17 <sup>a</sup> Cardiovascular Center Aalst, OLV-Clinic, Aalst, Belgium
- 18 <sup>b</sup> Dept. of Cardiology, Zurich University Hospital, Zurich, Switzerland
- 19 <sup>c</sup> Dept. of Cardiology, Lausanne University Hospital, Lausanne, Switzerland
- 20 <sup>d</sup>Dept. of Mechanics, Politecnico di Torino, Turin, Italy
- 21 <sup>e</sup> Dept. of Cardiology, Showa University School of Medicine, Tokyo, Japan
- 22 <sup>f</sup>Dept. of Translational Medical Sciences, University of Campania 'Luigi Vanvitelli', Naples, Italy
- 23 <sup>g</sup> Pie Medical Imaging BV, Maastricht, The Netherlands
- 24 <sup>h</sup> Dept. of Advanced Biomedical Sciences, University of Naples Federico II, Naples, Italy
- 25 <sup>i</sup> Department of internal medicine, University of Campinas (Unicamp), Campinas, Brazil.
- 26 <sup>j</sup> Department of Cardiology, HFR Fribourg, Fribourg, Switzerland
- 27 \*Corresponding author

#### 28 Address for correspondence:

- 29 Carlos Collet Bortone, MD, PhD
- 30 Cardiovascular Center Aalst, OLV-Clinic, Aalst, Belgium.
- 31 Moorselbaan, 1654, B-9300 Aalst; Phone: +32 53 72 44 39;
- 32 e-mail: carloscollet@gmail.com
- 33 34

predicts myocardial infarction.

### 1 Abstract

Background and aims: Wall shear stress (WSS) has been associated with atherogenesis
 and plaque progression. The present study assessed the value of WSS analysis derived from
 conventional coronary angiography to detect lesions culprit for future myocardial infarction
 (MI).
 Methods and Results: Three-dimensional quantitative coronary angiography (3DQCA),

Methods and Results: Three-dimensional quantitative coronary angiography (3DQCA), 7 was used to calculate WSS and pressure drop in 80 patients. WSS descriptors were compared 8 between 80 lesions culprit of future MI and 108 non-culprit lesions (controls). Endothelium-9 blood flow interaction was assessed by computational fluid dynamics ( $10.8\pm1.41$  min per 10 vessel). Median time between the baseline angiography and MI was 25.9 (21.9-29.8) months. 11 Mean patient age was 70.3±12.7. Clinical presentation was STEMI in 35% and NSTEMI in 12 65%. Culprit lesions showed higher percent area stenosis (%AS), translesional vFFR difference 13  $(\Delta vFFR)$ , time-averaged WSS (TAWSS) and topological shear variation index (TSVI) 14 compared to non-culprit lesions (p < 0.05 for all). TSVI was superior to TAWSS in predicting 15 MI (AUC-TSVI=0.77, 95% CI 0.71-0.84 vs. AUC-TAWSS=0.61, 95% CI 0.53-0.69, p<0.001). 16 The addition of TSVI increased predictive and reclassification abilities compared to a model 17 based on %AS and ΔvFFR (NRI=1.04, p<0.001, IDI=0.22, p<0.001).

Conclusions: A 3DQCA-based WSS analysis was feasible and can identify lesions
 culprit for future MI. The combination of area stenoses, pressure gradients and WSS predicted
 the occurrence of MI. TSVI, a novel WSS descriptor, showed strong predictive capacity to
 detect lesions prone to cause MI.

# 23 Highlights:

- Lesions culprit of future MI had higher area stenoses, pressure gradients, TAWSS and TSVI.
- A 3DQCA-based software provided in few minutes reliable WSS simulations.
- The novel WSS-based descriptor TSVI showed strong predictive capacity for future MI.
- Keywords: Wall Shear Stress; Myocardial infarction; Computation Fluid Dynamics; Virtual
   Fractional Flow Reserve; Quantitative Coronary Angiography; Time-averaged Wall Shear
   Stress; Topological Shear Variation Index.

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# Abbreviations:

- %AS Percent area stenosis
- CABG Coronary artery bypass graft
- CAD Coronary artery disease
- CFD Computational fluid dynamics
- FCL Future culprit lesion
- FFR Fractional flow reserve
- MI Myocardial infarction

- MLD Minimal lumen diameter
- NCL Non-culprit lesion
- QCA Quantitative coronary angiography
- TSVI Topological shear variation index
- vFFR Virtual fractional flow reserve
- WSS Wall shear stress

#### 1 Graphical Abstract – Risk of myocardial infarction based on endothelial shear stress

### 2 analysis using coronary angiography.

#### 3



# 5

6 Shear forces acting on endothelial surface can be simulated with computational fluid dynamics-7 based software from conventional coronary angiograms. The variability of local 8 contraction/expansion action exerted by shear forces along the cardiac cycle is captured by the topological shear variation index (TSVI, in m<sup>-1</sup>), while the time-averaged wall shear stress 9 (TAWSS, in Pa) describes their averaged magnitude along the cardiac cycle. Both WSS-based 10 11 descriptors identified lesions culprit of myocardial infarction at 5 year, however TSVI could 12 significantly further improve predictivity, reclassification and discriminatory capacity when 13 added to percentage area stenosis (%AS) and translesional difference in the virtual fractional 14 flow reserve ( $\Delta vFFR$ ).

#### **1** Introduction

2 Coronary arteries – and atherosclerotic plaques – experience a variety of mechanical forces linked to plaque progression and destabilization.<sup>1, 2</sup> Among them, high pressure 3 4 gradients across epicardial lesions have been recognized as independent predictors of 5 myocardial infarction (MI).<sup>3</sup> The frictional force of the flowing blood acting on the 6 endothelium, i.e. wall shear stress (WSS), is also a key mechanism translating hemodynamic signals to vascular biological phenomena.<sup>4, 5</sup> In addition, WSS has been associated with 7 8 vulnerable transformation of atherosclerotic lesions: low WSS has been linked to 9 atherosclerosis progression, whereas high WSS has been associated with platelet activation and plaque rupture.<sup>6, 7</sup> More recently, WSS-based descriptors able to characterize the 10 11 contraction/expansion action of endothelial shear forces along the cardiac cycle were 12 associated with vascular pathophysiological processes in coronary and extra-coronary territories.<sup>8-10</sup> In particular, a recent longitudinal study on swine models showed that early 13 14 atherosclerotic changes in coronary arteries are associated with the endothelium shear stress 15 contraction/expansion variability along the cardiac cycle, captured by the WSS-based quantity 16 topological shear variation index (TSVI).<sup>10</sup>

The present study evaluates the efficacy of an anatomical and hemodynamic assessment
based on computational fluid dynamic (CFD) simulations, obtained from conventional
coronary angiography for the identification of lesions prone to cause MI within five years.

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#### 1 **Materials and Methods**

2 Study design

3 This is a case-control multicenter study including three European centers (OLV clinic, 4 Aalst, Belgium; University of Lausanne, Switzerland; Fribourg Cantonal Hospital, 5 Switzerland) designed to identify predictors of MI. Study protocol conforms to the ethical 6 guidelines of the 1975 Declaration of Helsinki and has been approved by the Institution's ethics 7 committee. Written informed consent was obtained from each patient included in the study.

#### 8 Study population

9 Patients presenting with acute MI admitted for invasive coronary angiography were 10 screened to identify those who (i) had a previous coronary angiography (here forth referred as 11 baseline angiography) performed between 1 month and 5 years before the index event, (ii) had 12 the visually identifiable mild lesion ( $\leq 50\%$  visual diameter stenosis) culprit for the future MI 13 at the baseline angiography, and (iii) had at the baseline angiography at least one additional 14 non-culprit lesion (NCL) in at least one of the other two major epicardial vessels. Therefore, 15 each patient served as its own control. Patient exclusion criteria were post-coronary artery 16 bypass graft (CABG) status, MI as result of in-stent restenosis or thrombosis, MI in absence of 17 angiographically identifiable coronary lesions, ostial lesions or lesions involving a coronary 18 bifurcation with a side branch diameter  $\geq 2$  mm. In case of multiple coronary angiographies 19 before the acute event, the latest angiography was selected for analysis.

20

Lesion selection (for both future culprit lesions, FCL, and NCL) was performed blinded 21 to the information of which lesion evolved towards an MI. Subsequently, three-dimensional

1 geometries derived from coronary angiography of both FCL and NCL were generated for blood

2 flow simulations.

3 Coronary angiography and blood flow simulations

4 The workflow of the study is presented in Figure 1. Three-dimensional quantitative 5 coronary angiography (3DQCA) reconstructions were performed using two angiographic end-6 diastolic frames at least 30 degrees apart using the CAAS Workstation WSS software (Pie 7 Medical Imaging, Maastricht, the Netherlands). Automated lumen contour detection was 8 enabled, and manually corrected when needed. Three-dimensional coronary reconstruction 9 included at least 20 mm proximally and 20 mm distally from the minimal lumen diameter 10 (MLD). Using the three-dimensional coronary reconstruction, CFD simulations were carried 11 out automatically using a finite element-based code (CAAS Workstation WSS software) to 12 quantify WSS distribution along the cardiac cycle under resting conditions. Details on 13 numerical settings are reported in the Supplemental Methods. Simulations were performed 14 on a standard computer with processor Intel Xeon W-2123, 3.6GHz, 4 cores, RAM 16Gb.

15 3DQCA and the angiography-derived virtual fractional flow reserve (vFFR) were 16 obtained using the CAAS Workstation vFFR software (Pie Medical Imaging) on the same 17 angiographic projections selected for three-dimensional vessels reconstruction. Anatomical 18 descriptors included percentage area stenosis (%AS), percentage diameter stenosis, minimal 19 lumen area (MLA) and diameter, reference vessel diameter, lesion length and distance of MLA 20 from the ostium. The distal vFFR, the translessional vFFR difference ( $\Delta$ vFFR), and the absolute 21 pressure drop in millimeters of mercury (mmHg) at the distal part of the vessel, i.e. distal 22 pressure gradient, were extracted as detailed elsewhere.<sup>11</sup>

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#### 1 Wall shear stress descriptors

The quantitative characterization of endothelial shear forces included the following WSS-based descriptors (**Supplemental Table 1**): time-averaged wall shear stress (TAWSS), obtained by averaging the local values of WSS magnitude along the cardiac cycle (**Supplemental Figure 1**);<sup>12</sup> oscillatory shear index (OSI);<sup>13</sup> transverse WSS (transWSS);<sup>14</sup> TAWSS axial component (TAWSS<sub>ax</sub>) and secondary component (TAWSS<sub>sc</sub>);<sup>15</sup> relative residence time (RRT);<sup>16</sup> and topological shear variation index (TSVI).<sup>8-10</sup> The next paragraph further expands on TSVI.

9 Endothelial contraction/expansion regions can be mathematically identified analyzing 10 the WSS topological skeleton, in particular through negative/positive local values of the 11 divergence of the WSS unit vector field (DIV<sub>wSS</sub>).<sup>17</sup> Technically, the variability of DIV<sub>wSS</sub> 12 along the cardiac cycle can be measured using the WSS-based quantity TSVI <sup>17</sup> (**Supplemental** 13 **Figure 2** and **Supplemental Movie**), defined as the root mean square deviation of the 14 instantaneous divergence of the unit WSS vector field with respect to its average over the 15 cardiac cycle:

$$TSVI = \left\{\frac{1}{T} \int_0^T [DIV_{WSS} - \overline{DIV_{WSS}}]^2 dt\right\}^{1/2}, \quad (Eq. 1)$$

where T is the duration of the cardiac cycle and the overbar denotes a cycle-average quantity.
Theoretical and technical details on the method of analysis of the WSS topological skeleton
here adopted have been exhaustively reported elsewhere.<sup>17</sup>

The WSS-based descriptors are presented as averaged or maximum and minimum values over three distinct vessel segments: (i) lesion, defined as the segment including the MLA and delimited proximally and distally by the intersection of the QCA diameter function line

with the interpolated reference line, (ii) an upstream segment with a length of three times the
diameter of the proximal boundary of the lesion, and (iii) a downstream segment with a length
of three times the diameter of the distal boundary of the lesion, to ensure a consistent spatial
extent across all cases (Supplemental Figure 3).

5 To assess reliability, CFD simulations carried out by physicians (AC) in standard 6 clinical settings (hence denoted as 'clinical CFD') using the CAAS Workstation WSS software 7 were tested against state-of-the-art simulations carried out by experts in computational 8 hemodynamics (MLR, VM, DG, CCh, UM) with higher resolution and numerical robustness 9 ('expert CFD'), as further detailed in **Supplemental Methods**. The capability of WSS-based 10 quantities to discriminate FCL vs. NCL groups was tested for both clinical and expert CFD.

To assess the reproducibility of the WSS evaluation process, thirty coronary arteries
were randomly selected and WSS simulations were repeated with the same software.

**13** *Statistical Methods* 

14 All statistical analyses were performed on a per-lesion basis to compare FCL and NCL 15 characteristics. Continuous variables with normal distribution are presented as mean±standard 16 deviation (SD) and non-normally distributed variables as median (inter-quartile range [IQR]). 17 Categorical variables are presented as percentages. Chi-squared test was used for comparing 18 categorical variables, while Student's tests (or Mann-Whitney tests as appropriate) for 19 continuous ones. A p-value <0.05 was considered significant. The predictive capacity of QCA-20 , vFFR- and WSS-based descriptors was assessed using C-statistics. Receiving operator characteristic (ROC) curve were compared using the DeLong method.<sup>18</sup> To determine the net 21 22 reclassification index (NRI) and relative integrated discrimination improvement (IDI) for each

1 model, continuous variables were dichotomized according to optimal cut-off values from the 2 ROC curves. Three models were defined: the anatomical model (based on %AS) (model 1), 3 the anatomical and pressure model (based on %AS and  $\Delta vFFR$ ) (model 2), and a third model 4 based on %AS,  $\Delta v$ FFR and a WSS descriptor (model 3). Time-to-event data are presented as 5 Kaplan-Meier estimates. Anatomical and functional variables presenting a univariate 6 relationship with future MI entered the multivariate Cox proportional-hazards regression 7 models. Associated risk for discrete increments was assessed with odds ratio (OR) derived 8 from binary logistic regression. WSS-based quantities reproducibility was assessed with 9 intraclass correlation coefficients (ICC). All analyses were performed using R statistical 10 software (R Foundation for Statistical Computing, Vienna, Austria).

#### 1 Results

#### 2 *Patient selection*

3 From January 2008 to December 2019, 6885 patients underwent coronary 4 catheterization for acute MI in the three participating centers, 775 (11.3%) patients had a 5 previous angiography, among which 80 (vessel n=190; 2.37±0.47 vessel/patient) were included 6 (the sequential screening steps for clinical and analytical exclusion criteria are summarized in 7 Supplemental Figure 4). Clinical characteristics of the selected patients are summarized in 8 **Table 1**. At the time of the MI, mean age of patients was 70.3±12.7 years, 28.7% were female 9 and 76.3% were on Aspirin and 90.0% on statins. Non-ST elevation myocardial infarction 10 (NSTEMI) and STEMI were reported in 65% and 35% of the studied patients, respectively. 11 Percutaneous coronary intervention was performed in 97.5% (78/80) of cases. The culprit 12 lesion was located in the LAD in 43.8% of cases, in the LCX in 28.7% of cases and in the RCA 13 in 27.5% of cases. Median time between baseline and index angiography was 25.9 (IQR 21.9-14 29.8) months. The angiography-based analysis of QCA, vFFR and WSS was equally feasible 15 in 98.9% of vessels (188 vessels, of which FCL n=80, NCL n=108).

16 Anatomical and functional parameters and risk for subsequent myocardial infarction

Percent AS was significantly higher in the FCL group  $(63.1\pm12.4 \text{ vs. } 55.8\pm12.5,$  p<0.001). Distal vFFR was lower in FCL compared to NCL (0.84 (IQR 0.75-0.90) vs. 0.86 (IQR 0.82-0.92), p=0.009); whereas  $\Delta$ vFFR was higher in FCL compared to NCL (0.08 (IQR 0.04-0.13) vs. 0.05 (IQR 0.03-0.08), p=0.002) with a pressure drop across the lesion of 14.5 (IQR 9.0-22.5) mmHg in FCL vs. 12.0 (IQR 8.0-16.0) mmHg in NCL (p=0.012; **Table 2**). %AS and  $\Delta$ vFFR emerged as moderate independent predictors for MI (%AS AUC 0.65, 95% CI

0.57-0.73, p<0.001 and ΔvFFR AUC 0.63, 95%CI 0.55-0.71, p<0.001), with best cut-off</li>
 values derived from ROC curves analysis equal to 55.5% for %AS and 0.05 for ΔvFFR
 (Supplemental Table 2).
 Wall shear stress descriptors and risk for future myocardial infarction
 On average, the computational time per clinical CFD-based WSS analysis was
 10.8±1.41 min.

Differences in the distribution of WSS-based quantities between the FCL and NCL
groups at the lesion level are reported in Supplemental Figure 5, while comparison of the heat
maps of WSS-based quantities as obtained from the two CFD approaches are presented in
Supplemental Figure 6. OSI average values were a scale factor of ten lower than the OSI
upper bound value (by construction, 0≤OSI≤0.50), and on average approximated zero. For this
reason, OSI was not considered in the further analyses.

13 Results of the univariate analysis are reported in **Supplemental Table 2**. Both TAWSS 14 and TSVI values were significantly higher in the FCL group at the level of the lesion segment (4.58 Pa in FCL vs. 3.38 Pa in NCL, p=0.01 and 89.00 m<sup>-1</sup> in FCL vs 49.10 m<sup>-1</sup> in NCL. 15 16 p < 0.001, respectively, **Supplemental Table 3**). The ROC curves analysis of TAWSS and 17 TSVI, evaluated at the lesion level, showed moderate and high predictive capacity for MI (TAWSS AUC 0.61, 95% CI 0.53-0.69, *p*=0.003; TSVI AUC 0.77, 95% CI 0.71-0.84, *p*<0.001), 18 19 respectively. The best cut-off values were to 5.01 Pa and 40.50 m<sup>-1</sup> for TAWSS and TSVI, 20 respectively. The capacity of TSVI to predict the clinical outcome MI was markedly higher 21 than TAWSS (Figure 2 and Supplemental Figure 7). This was also confirmed when 22 evaluating predictive capacity separately for NSTEMI (TAWSS AUC 0.63, 95% CI 0.53-0.73,

1	p=0.007; TSVI AUC 0.74, 95%CI 0.66-0.83, p<0.001) and STEMI (TAWSS AUC 0.58,
2	95%CI 0.44-0.72, <i>p</i> =0.131; TSVI AUC 0.83, 95%CI 0.73-0.93, <i>p</i> <0.001).
3	The reproducibility of the CFD-based WSS analyses quantities was excellent (TAWSS
4	ICC 0.98, 95%CI 0.95-0.99 and TSVI ICC 0.96, 95%CI 0.91-0.98), Supplemental Figure 8).
5	Multivariable predictive models for myocardial infarction
6	Compared with the anatomical model with %AS (model 1), the inclusion of $\Delta vFFR$
7	(model 2), while not adding predictive capacity (model 1: AUC 0.65, 95%CI 0.57-0.73; model
8	2: AUC 0.66, 95%CI 0.58-0.74; $p=0.460$ ), led to a significant improvement in the
9	reclassification and in the discrimination capacity (NRI 0.53, 95%CI 0.25-0.80, $p$ <0.001;
10	relative IDI 0.03, 95%CI 0.001-0.05, $p=0.020$ ) for the identification of lesions culprit of
11	subsequent MI. Similarly, the addition of TAWSS (model 3 based on TAWSS) led to a non-
12	significant increase in the predictive capacity of the model for detecting FCL (model 2: AUC
13	0.66, 95%CI 0.58-0.74; model 3 based on TAWSS: AUC 0.69, 95%CI 0.61-0.76; p=0.099)
14	with a significant improvement in the reclassification capacity and discriminatory gain (NRI
15	0.45, 95%CI 0.21-0.69, p<0.001; relative IDI 0.04, 95%CI 0.01-0.07, p=0.008). On the
16	contrary, the addition of TSVI to the anatomical and pressure model, led to a significant
17	increase in predictive capacity for MI (model 2: AUC 0.66, 95%CI 0.58-0.74; model 3 based
18	on TSVI: AUC 0.77, 95%CI 0.70-0.84; p<0.001; Supplemental Figure 9 and Supplemental
19	Table 4) with incremental reclassification and discriminatory capacity (NRI 1.04, 95% CI 0.81-
20	1.27, <i>p</i> <0.001; relative IDI 0.22, 95%CI 0.16-0.27, <i>p</i> <0.001; <b>Supplemental Tables 5</b> and <b>6</b> ).
21	Time-to-event analysis

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Event-free probabilities were investigated for %AS, ΔvFFR, TAWSS and TSVI
 (Figure 3, Supplemental Figures 10 and 11). The single strongest predictor of MI at the lesion
 level was TSVI (HR 5.11, 95%CI 2.70-9.68, *p*<0.001; Supplemental Table 7). An increment</li>
 of TSVI of 100 m<sup>-1</sup> was associated with six-fold increased odds for a future MI (OR 5.97,
 95%CI 2.94-13.5; Supplemental Figure 12).

#### 1 Discussion

2 The present study proved that a comprehensive approach based on a novel 3DQCA 3 software is able to identify lesions culprit of future MI. The main findings of the study can be 4 summarized as follows: (i) a 3DQCA-based software was able to provide in few minutes 5 reliable WSS-based quantities from CFD simulations from standard angiographic images; ii) 6 FCL had higher area stenoses, higher pressure gradients, and higher TAWSS and TSVI values 7 than the control lesions; (iii) a model integrating anatomical, pressure and WSS descriptors 8 showed improved discriminatory and reclassification capacity in identifying lesions culprit of 9 future MI compared with a model based on anatomy and pressure gradients alone; (iv) a 10 recently introduced WSS-based descriptor measuring the variability of the 11 contraction/expansion action exerted by the WSS on the endothelium along the cardiac cycle, TSVI, <sup>19</sup> exhibited strong predictive capacity for future MI. 12

13 Studies based on intravascular imaging led to the identification of several markers of 14 plaque vulnerability.<sup>20, 21</sup> Nevertheless, the vast majority of these 'high-risk plaques' become 15 quiescent over time, thus challenging the vulnerable plaque concept.<sup>20</sup> On the other hand, since 16 mild lesions outnumber severe stenoses, a sizable proportion of MI occurs at the site of mild 17 lesions.<sup>19</sup> Using coronary computed tomography angiography (CCTA) the EMERALD study demonstrated the added value of the integration of hemodynamic features with plaque 18 characteristic to identify lesions prone to rupture.<sup>22</sup> Pursuing a similar aim, the present study 19 20 combined angiographic information with translesional pressure and WSS-based quantities. 21 Lesions were classified as culprit and non-culprit according to an overt clinical event, and NCL 22 served as internal control, thus accounting for the intrinsic biological variability. In contrast to

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previous studies, the culprit criterion referred to a clinically relevant endpoint (i.e. MI), thus
 minimizing biases related to softer endpoints, such as anatomical plaque progression or target
 vessel revascularization.<sup>23, 24</sup>

4 Applicability and reliability of CFD simulations based on conventional angiography

5 Based on recent studies confirming the reliability of angiographically-derived WSS,<sup>25</sup> 6 the present work nurtured from the combination of conventional coronary angiography and 7 CFD algorithms, allowing for a multidimensional lesion evaluation. Despite this complexity, a 8 remarkable clinical implication of the present study is that all analyses were obtained by a 9 clinician in 10.8±1.41 minutes from conventional angiography using a standard computer. 10 Hence, the methodological approach offered in the present study brings WSS and derived 11 quantities closer to the clinical environment, where otherwise CFD simulations require 12 substantial computational efforts, and in most cases mandate the support of experts.

13 To further legitimate the clinical application of the investigated clinical CFD approach, 14 the reliability for WSS calculation was tested against simulations with higher resolution and 15 numerical robustness carried out by experts in computational hemodynamics. The reliability 16 of the clinical CFD approach was tested in terms of statistical significance rather than as 17 reproducibility at the single-node level of computational grids. The comparison of the heat 18 maps of WSS-based quantities as obtained from the two CFD approaches (Supplemental 19 Figure 6) highlighted that the clinical CFD is adequately robust to replicate the results obtained 20 using expert CFD, in terms of MI predictivity. The clinical CFD allowed for a WSS calculation 21 in shorter times without substantial loss in WSS predictive strength of MI.

1

### 2 Inclusion of computational hemodynamics for MI prediction

3 Anatomical lesion severity and translesional vFFR had a significant albeit modest 4 capacity of detecting lesions culprit of future MI (Supplemental table 5). For this reason, this 5 study also investigated the action of shear forces at the blood-endothelium interface. Previous 6 studies have shown that low TAWSS (<1.50 Pa) was associated with endothelial dysfunction and plaque progression,<sup>6</sup> while high TAWSS (>4.71 Pa) in the proximal segments of the 7 8 atherosclerotic plaque was predictive of plaque disruption and MI.<sup>7</sup> More recently, a maximal 9 TAWSS above 4.95 Pa over 3 mm vascular segment independently predicted adverse cardiovascular events requiring revascularization.<sup>25</sup> A significant association between TAWSS 10 11 and the occurrence of MI was confirmed also in the present study (p=0.011), and in line with 12 previous findings TAWSS significantly predicted MI, albeit weakly (TAWSS AUC 0.61, 13 95%CI 0.53-0.69, p=0.003). Moreover, the TAWSS cutoff (i.e. 5.01 Pa) supports previous 14 reports.<sup>7</sup> However, in contrast with the EMERALD study and the FAME 2 WSS sub-analysis,<sup>7</sup>, 15 <sup>22</sup> the present study cohort had a lower functional lesion severity as depicted by the proportion 16 of hemodynamically significant lesions (19.7% vs. 49.0% vs. 100.0% in the current study, 17 EMERALD and FAME 2, respectively). Finally, vessels with borderline FFR values (0.81-0.85) and lesions with % AS <58% and maximum TAWSS <7.69 Pa had a long-term prevalence 18 of lesion-oriented events below 6%.<sup>26</sup> Our study confirmed similar predictive cutoffs for both 19 20 %AS (55.5%) and maximum TAWSS (7.30 Pa).

These findings highlight the potential usefulness of the current approach in stratifying
 mild lesions, hence tailoring preventive therapeutic strategies in patients without
 hemodynamically significant lesions.

4 Emerging role of TSVI

WSS topological skeleton features identify blood flow stagnation, recirculation and
separation regions,<sup>27</sup> previously identified as flow disturbances promoting atherosclerosis.<sup>12</sup>
Among WSS topological skeleton features, TSVI was initially associated with development of
long-term re-stenosis after carotid endarterectomy in humans<sup>8</sup>. Recently, TSVI has been linked
with early atherosclerotic changes in coronary arteries in preclinical swine models.<sup>10</sup> Of note,
high TSVI not only co-localized with higher wall thickness, but also predicted wall thickening
longitudinally.<sup>10</sup>

12 Based on these recent findings, this is the first study investigating the link between 13 TSVI and MI. More specifically, TSVI quantifies the variability in the contraction/expansion 14 action exerted by the WSS on the endothelium along the cardiac cycle.<sup>8,17</sup> Translating this into 15 mechanistic implications, high WSS contraction/expansion variability, inducing endothelial intra- and intercell tension variability, might promote shrinking/widening of cellular gaps,<sup>27</sup> 16 17 fibrous cap fragility, accelerated disease progression, up to plaque rupture with impact on 18 clinical outcomes.<sup>4</sup> This hypothesis, although warranting further investigation, is grounded on 19 the predictive capacity for MI of TSVI at the lesion level and downstream of the lesion in the 20 present study (Supplemental Table 2). Moreover, among 60 lesions with %AS,  $\Delta vFFR$  and 21 TSVI above the threshold values, 45 (75%) evolved into a MI (Supplemental Figure 11). This 22 enhanced discrimination for plaques vulnerable to rupture or, conversely, prone to senescence

1	may provide the foundations for future clinical studies addressing different therapeutics
2	strategies in this subgroup of patients. Of note, the best predictive performance was achieved
3	by TSVI in predicting STEMI at 5 years (AUC 0.83, 95%CI 0.73-0.93, p<0.001).
4	Taken together with the previous evidences current results support the role of the WSS
5	contraction/expansion action along the cardiac cycle in promoting biological events, including
6	plaque formation, progression <sup>8, 17</sup> and, ultimately, destabilization. However, TSVI-associated
7	changes in plaque characteristic remains to be elucidated.

#### 1 Limitations

2 This study has several limitations. First, the small number of patients included in the 3 final analysis. While explained by selection criteria of the retrospective screening, selection 4 biases cannot be excluded. Second, the retrospective study design limited our ability of 5 controlling for potential confounding factors, e.g. administration of intracoronary nitroglycerin 6 before image acquisition. Third, no information on plaque burden or composition are available. 7 Fourth, the uncertainty and the level of idealization inherent in the 3D reconstruction and the 8 CFD modelling might influence the considered WSS-based descriptors. In particular, the lack 9 of personalized flow measurements and the assumptions made to manage the inflow boundary 10 conditions could affect the WSS estimation. However, the use of generic Doppler velocity 11 curves scaled to fit patient-specific inlet cross-section diameter was previously validated in vessels presenting luminal cross sectional area reduction < 50%.<sup>28</sup> Moreover, in ongoing 12 13 analyses on diseased coronary arteries with available Doppler and frame count data, TSVI 14 resulted only modestly affected by the adoption of the boundary conditions applied in the 15 present study. Analytically, a possible explanation for this can be found in the use of the 16 normalized WSS vector in TSVI (see Eq.1).

#### 1 Conclusions

The present study demonstrated (i) the value of CFD derived from conventional coronary angiography and performed by clinicians and (ii) the capability of WSS-based quantities to detect lesions culprit for future MI.

5 Although angiography-derived anatomical lesion severity and pressure drop along the 6 vessel showed capacity in identifying coronary lesions leading to MI, the extension of the 7 functional evaluation to include angiographic derived endothelial shear stress features 8 - TAWSS and TSVI - improved the predictive capacity for MI. TAWSS, the most common 9 WSS-based descriptor, was able to identify culprit lesions of a future MI, but with a modest 10 predictive capacity. In contrast, high TSVI showed to portray a five-fold increase in the risk 11 prediction for MI. Further clinical trials are required to translate these concepts into clinical 12 practice.

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#### **1** Conflict of interest

Sources of Funding – Dr. Sonck and Dr. Munhoz reports receiving a research grant
from the CardioPath PhD program.

4

Disclosures – Dr. Collet reports receiving research grants from Biosensors, Heart Flow
Inc., ShockWave Medical, Pie Medical Imaging, SIEMENS, GE, Medis Medical Imaging and
Abbott Vascular; and consultancy fees from Opsens, Boston Scientific, Medyria, HeartFlow
Inc. and Philips Volcano; Dr. De Bruyne discloses institutional consulting fees from Abbott
Vascular and Boston Scientific and equities in Philips, Siemens, GE, Bayer, HeartFlow,
Edwards Lifesciences and Ceyliad. Aben JP is an employee of Pie Medical Imaging. The
remaining authors have nothing to disclose.

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### **13** Authors contribution

AC, MLR. DG, CCh, UM, BDB and CC wrote the main manuscript text and prepared
the figures. MP was involved in building the database and the figures. TM performed statistical
analyses. All authors reviewed the manuscript.

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### **1** Figures and legends to figures



Figure 1 – Workflow of the study. The geometrical information of the three-dimensional
vessel reconstruction is exploited to compute in parallel quantitative coronary angiography
(QCA) analysis as well as virtual fractional flow reserve (vFFR) and computational fluid
dynamic (CFD)-derived wall shear stress (WSS) simulations.







Figure 2 – Receiver operating characteristic (ROC) curves of the adopted wall shear
stress descriptors. Topological shear variation index (TSVI) resulted in a good predictive
capacity for any type of myocardial infarction (MI), which was significantly superior to the
time-averaged wall shear stress (TAWSS). The best performance of TSVI was found in ST
segment elevation myocardial infarction (STEMI).

### predicts myocardial infarction.



1

Figure 3 – Time-to-event curves. Significantly divergent Kaplan-Meier curves for future
myocardial infarction are represented at 4-year follow-up for percentage area stenosis (%AS,
panel A), translesional difference in virtual fractional flow reserve (ΔvFFR, panel B), lesion
time-averaged wall shear stress (TAWSS, panel C) and lesion topological shear variation index
(TSVI, panel D). Red and blue curves refer to values above or below the threshold values
obtained from the ROC analysis, respectively. Hazard ratio (HR) refers to the whole follow-up
time interval (i.e. 5 years).

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1	Text	tables	and	legends	to	tables
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Table 1. Clinical characteristics				
(N= 80)				
Age, yrs	70.3 ±12.7			
Female	23 (28.7%)			
Type of MI				
- NSTEMI	52 (65.0%)			
- STEMI	28 (35.0%)			
Treatment				
- PCI	78 (97.5)			
- CABG	1 (1.3%)			
- Medical	1 (1.3%)			
Time from baseline ICA,				
months	$25.9 \pm 17.7$			
- 1 ICA before MI, n	67 (83.7%)			
- $\geq 2$ ICA before MI, n	13 (16.3%)			
Hypertension	61 (76.3%)			
Hyperlipidaemia	63 (78.8%)			
Diabetes mellitus	20 (25.0%)			
- Insulin therapy	7 (8.8%)			

Endothelial shear stress

predicts myocardial infarction.

Smoking	21(26.3%)
LVEF < 55%	18 (22.5%)
Reduced kidney function*	18 (22.5%)
Prior PCI	37 (46.3%)
Prior stroke	13 (16.3%)
Prior PVD	18 (22.5%)
Aspirin	61 (76.3%)
Statin	72 (90.0%)
P2Y12 inhibitors	15 (18.8%)

1

Clinical characteristics of the studied population at the time of the acute myocardial infarction
(index event). Coronary artery bypass graft, CABG; Invasive coronary angiography, ICA; Left
ventricle ejection fraction, LVEF; Myocardial infarction, MI; non-ST segment elevation
myocardial infarction, NSTEMI; Percutaneous coronary intervention, PCI; Peripheral vascular
disease, PVD; ST segment elevation myocardial infarction, STEMI. \* eGFR < 60 ml/min/1.73</li>
m2.

predicts myocardial infarction.

Table 2. Results of the quantitative coronary angiography (QCA)						
and the virtual fractional flow reserve (vFFR) analysis						
(Vessel N = 188)						
	Future culprit lesion	Non-culprit lesion	1			
	(Vessel N = 80)	(Vessel N = 108)	<i>p</i> -value			
Vessel category						
RCA	22 (27.5%)	30 (27.8%)	0.928			
LAD	35 (43.8%)	35 (32.4%)	0.184			
LCX	23 (28.7%)	43 (39.8%)	0.207			
Area stenosis, %	63.1±12.4	55.8±12.5	< 0.001			
Diameter stenosis, %	40.2±10.6	34.3±9.66	< 0.001			
Diameter stenosis						
<30%	15 (18.8%)	31 (28.7%)	0.118			
$\geq$ 30% and $\leq$ 50%	48 (60.0%)	72 (66.7%)	0.350			
>50%	17 (21.2%)	5 (4.6%)	< 0.001			
Minimal lumen area (MLA), mm <sup>2</sup>	2.31±1.24	2.64±1.23	0.064			
Minimal lumen diameter (MLD), mm	1.65±0.46	1.78±0.43	0.045			
Reference vessel diameter, mm	2.78±0.63	2.74±0.62	0.668			
Lesion length, mm	17.1 (IQR 11.8-26.0)	15.6 (IQR 10.3-28.3)	0.526			
Distance MLA from ostium, mm	38.1 (IQR 25.2-54.3)	36.8 (IQR 23.7-55.7)	0.643			
Distal pressure drop, mmHg	14.5 (IQR 9.0-22.5)	12.0 (IQR 8.0-16.0)	0.012			
Distal vFFR	0.84 (IQR 0.75-0.90)	0.86 (IQR 0.82-0.92)	0.009			
Distal vFFR ≤ 0.80	27 (33.8%)	10 (9.3%)	<0.001			

Endothelial shear stress

predicts myocardial infarction.

ΔvFFR	0.08 (IQR 0.04-0.13)	0.05 (IQR 0.03-0.08)	0.002
Contour correction, %	9.5 (IQR 5.5-14.75)	10.2 (IQR 6.0-14.75)	0.486

1

2 Output of the quantitative coronary angiography (QCA) and virtual fractional flow reserve

3 (vFFR) according to the a priori known clinical classifier (culprit or nonculprit). Interquartile

4 range (IQR).  $\Delta v$ FFR, translessional vFFR difference.