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## Sustainability and the Sharing Economy: Modelling the Interconnections

Meisam Ranjbari, Gustavo Morales-Alonso, Zahra Shams Esfandabadi, Ruth Carrasco-Gallego

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### Abstract

Advances in technology have led to the rise of sharing economy, which has become a strong competitor for capitalist companies in various fields. In addition to the economic aspects of such phenomenon, the activities of the sharing economy can have social and environmental impacts, which brings sustainability pillars into mind. In this paper, based on the system thinking approach, a causal loop diagram that is a part of system dynamics modelling is applied for visualizing the relationships between sharing economy and sustainability pillars. The reinforcing and balancing loops modelled show the dynamics in the system, which help decision makers to gain a deeper and more accurate understanding of the current and potential future mutual interactions between the sharing economy and sustainability.

### Keywords

Triple Bottom Lines; Online Platforms; Causal Loop Diagram (CLD); System Dynamics (SD); Sustainability Paradox.

## 1. Introduction

The rise of Sharing Economy (SE) in the recent few years has created a platform for a strong competition among businesses in various fields, and has started changing the consumption pattern of the people. Airbnb in accommodation sector, Uber and Lyft in transportation sector and Funding Circle, LendingClub, TransferWise and Prosper in finance or banking sector are considered as a few examples, which have disrupted the businesses of traditional capitalist companies in hoteling, mobility and banking industry, respectively. Online platforms can be introduced as the main infrastructure of the SE (Mair & Reischauer, 2017; Michelini, et al., 2018), and smart phones and the new mobile apps have helped SE to expand rapidly in various fields. No transfer of ownership, temporary access, and redistribution of material goods or less tangible assets are the characteristics to be named for the SE (Kathan, et al., 2016). Although a generally accepted definition does not exist for the SE, yet (Michelini et al., 2018; Cho et al, 2017; Novikova, 2017; Rahim et al., 2017),

Ranjbari et al. provide a comprehensive definition of SE and defines SE as “an economic system, whose intermediary companies utilize online platforms to facilitate and lower the cost of the for-profit transactions of giving temporary access—without the transfer of ownership—to idle resources of consumers in the peer-to-peer networks that it has created, because of the trust built among its members, who may be individuals or businesses”.

This subject has attracted the attention of many scholars and various studies have been conducted in this regard. Many papers have been written regarding the activities of the companies that are claimed to be active in the SE, and a significant number of such papers, including Frenken & Schor (2017), Stanković et al. (2016), Heinrichs (2013), Muñoz & Cohen (2017), Goudin (2016) Murillo et al. (2017), Roh (2016) and Stephany (2016), have analyzed SE activities from the standpoint of the triple bottom lines. Frenken and Schor (2017) conducted a valuable assessment of the SE platforms in terms of the economic, social and environmental impacts considering both car and accommodation sharing. In addition, some papers notice the concept of sustainability by considering factors such as more efficient utilization of the resources, creating social capital, reducing economic activities, lowering environmental pollutions and empowering ordinary people (Kosintceva, 2016; Martin, 2015; Muñoz & Cohen, 2017). Heinrichs (2013) expects SE activities to build “a potential new pathway to sustainability” and Liu and Yang (2018) believe that one way towards the adoption of sustainable lifestyles is to develop SE activities. Besides, some papers have focused on a specific field of activity in the SE and have analysed it from sustainability viewpoint. For instance, Jin et al. (2018) provided a systematic review of the existing literature regarding the impact of ride-sourcing on the efficiency, equity, and sustainability of urban development and Bekawade and Ingale (2016) focused on Smart City-Scale Taxi Ridesharing.

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Having in mind the potential relationships between the SE variables and the sustainability elements, the present research aims at revealing the complexity behind the sustainability of SE activities, and tries to answer “how SE and sustainability are interconnected?”. Therefore, considering three main fields of transportation, accommodation and finance for SE activities, the effective variables in this system are identified and their relationships with the variables within the three main pillars of sustainability are illustrated using system dynamics causal loop diagram (CLD).

## 2. Methodology

Sharing economy affects not only the economy of the society, but also its other sections, such as its environment and the social lives of the people. Therefore, a complex system is formed when we think of the relationships between its underlying internal and external factors. If considering the SE as a subsystem and sustainability as another subsystem, there are mutual relationship between their underlying elements. In addition, the subsystems within sustainability, which include its main pillars, are affected by each other. However, considering all the relationships between the effective variables in such complex system at once is almost impossible.

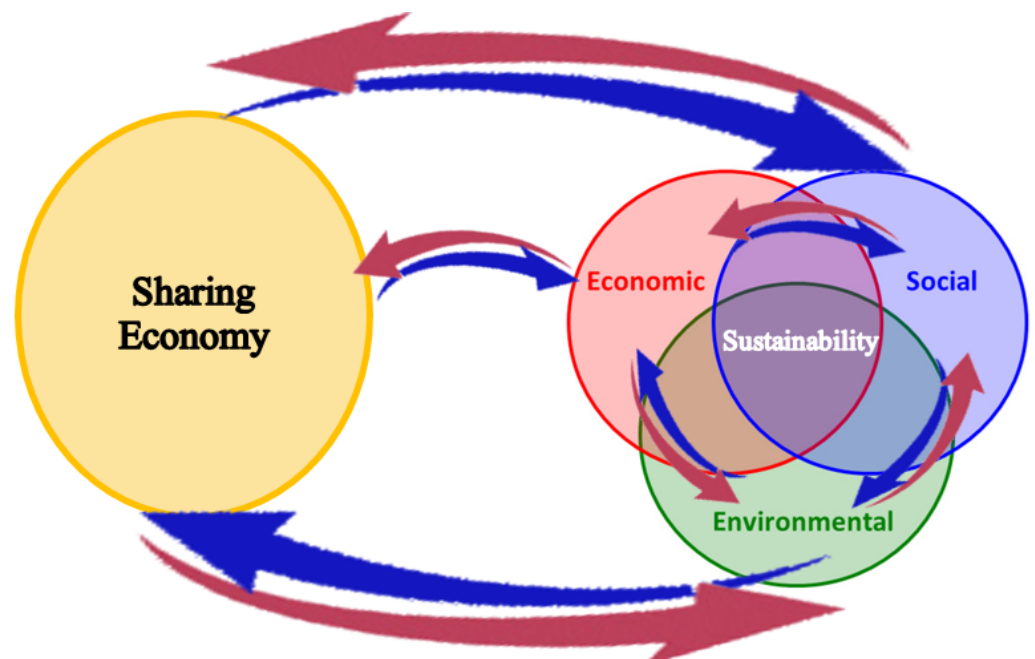
This research aims at revealing the complexity behind the sustainability of SE activities. Therefore, we apply system thinking theory to help explain the structure and dynamics underlying the SE activities regarding the triple bottom lines. To do this, the first two steps of five System Dynamics (SD) modelling steps- including (1) boundary selection; (2) dynamics hypothesis; (3) formulation; (4) testing; and (5) policy formulation and evaluation (Sterman, 2000)- are taken, which can be further extended and modelled for simulation.

This methodology explains that the counterintuitive or non-intuitive behaviour of the system lies not only on the system variables, but also on the structure of the system and the way the variables interact. So, its objective is to provide an understanding of the causal relationships and the feedback loops in a complex system.

In order to portray the feedback structure between variables, CLD is used, which is a comprehensive thinking tool (Jittrapirom et al., 2017). CLD illustrates the cause and effect relationships between the variables and shapes the system behaviour over time. It develops an endogenous description of the system behaviour that helps to identify the system archetypes and leverage points to be applied in policy making (Maani and Cavana, 2007). Besides, CLD challenges the established mental models and test assumptions, which can result in achieving important and sometimes counter-intuitive insights about the structure and behaviour of the system (Hovmand, 2014) and when it is applied in a systematic manner, it helps decision making and enables more effective problem solving (Jittrapirom et al., 2017). It is worthwhile mentioning that CLD always reflects the perspective of its constructor and the theories forming its basis. (Jittrapirom et al., 2017).

Fig. 1 illustrates the subsystems diagram, which shows the overall architecture of the system described. This diagram is useful for visualizing the main subsystems and their relationship with each other (Sterman, 2000). In fact, a model based on CLD is implemented in this research to get a deeper insight into the complex system comprising of SE and sustainability subsystems. This diagram is useful in illustrating how different variables in a system are interrelated and permits qualitative mapping of an identified system.

**Figure 1** The relationships between the main sub-systems of the model





Loop B1 (balancing loop) refers to the decrease in pollution caused by the increase in the number of renewable energy consuming cars, which then leads to public health improvement. However, when people are in a good state of health, they mostly become negligent about the importance of environment safety, and may be interested in buying fossil fuel consuming cars if two fossil and non-fossil fuel cars are similar in other aspects. Besides, referring to Loop B2 (balancing loop), the negligence resulting from a good health status in the society leads people to be indifferent regarding the cleanliness of the environment and they may pollute the environment by various activities, too. Such pollutions lead the public health to face danger. When health status in a society is not good, people become more conscious regarding the importance of environmental cleanliness. Therefore, if they try to keep their environment clean and safe, public health will improve.

Hence, effective policy making by the government regarding keeping people aware of the importance of environmental safety and also providing attractive conditions for buying green energy consuming cars are highlighted by this figure. In addition, strategic decisions should be made to avoid the negative outcomes of rebound effect in the society.

### 3.2. Subsystem of the Social Pillar

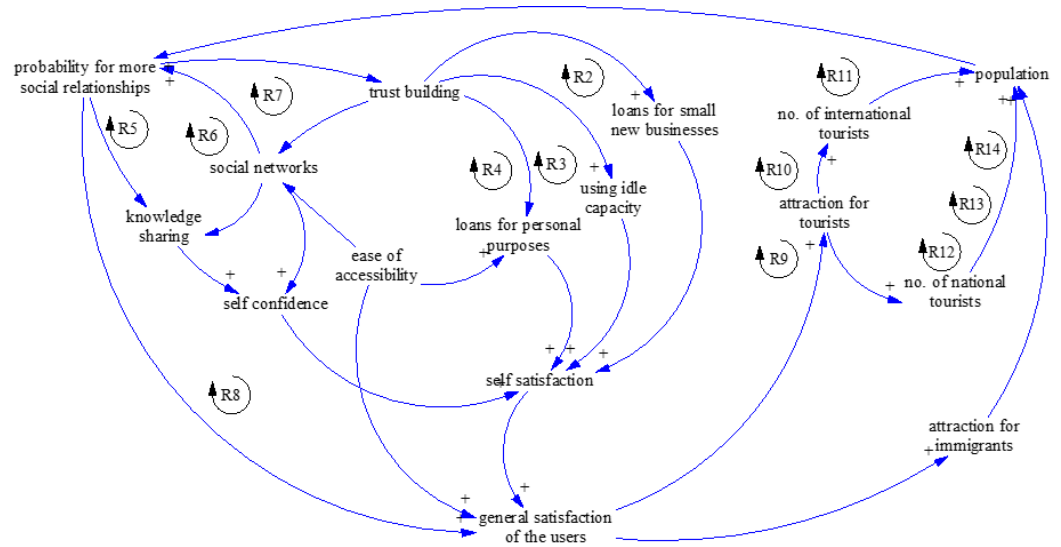
Economic activities in the society have impacts on human lives. Therefore, SE activities in various fields can directly or indirectly affect social variables, and considering the social pillar subsystem, various loops can be found which are related to the impacts of SE activities. Fig. 3 illustrates seven of these loops.

According to Loop R8, which constitutes the perimeter of the biggest circle in Fig. 3, when probability for more social relationships are increased, the general satisfaction of the users goes up and this leads into more attraction of the immigrants, which then increases the population and again, probability for more social relationships are increased.

Loops R2-R4 and R9-R14 point out trust building as a result of increased probability for more social relationships that are provided by online platforms in SE. In fact, social trust is more important than any other market force in the SE transactions (Ranjbari et al., 2018). Paundra, et al. (2017) believes that “information technology has enabled the widespread adoption of Sharing Economy principles by allowing individuals to communicate, coordinate and build trust with others in a large public arena”. Such trust motivates people to participate in sharing activities and therefore, to share their idle capacity or put their money to be used as loans for personal purposes or small new businesses. When people participate in such activities, they are satisfied with themselves and this feeling would increase the general satisfaction of the users in the society. Where general satisfaction of the users in the society or community improves, both national and international tourists and also immigrants are motivated to visit or live there. Therefore, the population grows, which results in higher probability of social relationships, leading to more social trust.

To follow the mentioned loops on the figure, starting from population that leads to changes in probability for more social relationships and then, trust building, loop R2 goes rough loans for small new businesses resulting in self-satisfaction, general satisfaction of the users and attraction for immigrants that affect population. Loops R9 and R12 follows the same direction up to the variable “attraction for tourists”, then, R9 goes through the number of international tourists, while R12 goes through number of national tourists, which both lead to a change in the population. Loops R3 and R4 follow the same direction as R2 but pass “using idle capacity” and “loans for personal purposes” instead of loans for small new businesses. Loops R10 and R13 are similar to R9 and R12, respectively, but they pass “using idle capacity” instead of “loans for small new businesses. Besides, loops R11 and R14 pass the same direction as R9 and R12, respectively, but they consider loans for personal purposes instead of that for small new businesses.

Figure 3 Archetype of the subsystem of sustainability social pillar



Being a part of a social network and also sharing knowledge improves the self-confidence of the people. This is considered in loops R5, R6 and R7, where probability for more social relationships leads to direct knowledge sharing or indirect knowledge sharing through social networks that are created based on the built trust among various participants in SE. To clarify the loops, loop R7 is built of 3 variables: probability for more social relationships, trust building and social networks. This is while loop R6 follows probability for more social relationships, trust building, social networks, self-confidence, general satisfaction of the users, attraction for immigrants and population and then returns back to probability for more social relationships. It can also consider attraction for tourists followed by number of national or international tourists, which introduces 2 new loops. However, to avoid confusion on the figure, we avoid numbering new loops. Finally, loop R5 moves from probability for more social relationships to knowledge sharing and self-confidence, and follows the same path as R6. Similarly, new loops can be introduced on the figure, but we avoid numbering them.

In general, SE online platforms and the rating systems provided through them pave the ground for more trust and social relationships among the participants in the SE. This can be considered as a good outcome of the SE activities, which requires the attention of policy makers in various levels to keep the health and safety of such relationships.

### 3.3. Subsystem of the Economic Pillar and Sharing Economy

Since the nature of sharing economy is of economic activities, it is intertwined in the economic pillar of sustainability. Hence, the subsystem of SE and the subsystem of economic pillar of sustainability are explained together in this section.

As stated in section 1, when identifying the SE variables in this research, three fields of activity were considered: ride-sourcing consisting of car-sharing and ridesharing; accommodation consisting of personal accommodations and work spaces; and finance consisting of loans provided for individuals and loans for entrepreneurs and small businesses. All of these fields would affect each other, and also other businesses in the society; and in addition to the economic effects, social and environmental aspects of the society would be affected by them (as stated in subsections 3.1 and 3.2).

If considering the economic variables of the CLD presented in Fig. 4, various reinforcing and balancing loops exist between the subsystems of the model, both between variables within each subsystem and among the subsystems. However, it is not possible to go over all of them, as the number of these loops are very high (it exceeds 1500).

As illustrated in Fig. 4, most of the activities taking place in SE are related to economic aspect of sustainability. The more SE activities take place, the more competition regarding price and quality is formed between the related companies. This results in higher quality business activities in a competitive market. However, considering profit margins, there would be a minimum for the prices charged and of course, there would be a limitation regarding the demand for such services, because the population growth rate is not as high as the growth rate of such businesses. Therefore, this positive relationship would not lead to an everlasting positive effect, as there is a balancing force against it.

In general, SE companies are becoming great competitors for the capitalist companies in different fields, as stated in some articles (such as Guttentag (2015)). However, if this competition is well directed and the required law for the progress of overall economic activities are set, the overall result would be to the benefit of the whole society.



## 4. Conclusion

In the last years, attention has been paid to environmental, social and economic aspects of the sharing economy, as for instance by Frenken and Schor (2017). However, the precise interconnections between SE activities and sustainability have not been thoroughly studied. In this paper a CLD was developed to show a deeper insight into the complexity characterizing SE activities and its relationships with triple bottom lines, which can help us decide on the most suitable strategies to guarantee sustainability. Reinforcing and balancing loops in this diagram indicate the natural interactions between the subsystems and also the subsystem variables.

Our modelling suggests that the expansion and development of SE activities in the society increases the competition among SE entities and capitalist companies from economic point of view. The main driver in this regard is the online platform provided by SE companies that can also pave the ground for further changes, including significant social changes. Besides, the change in the consumption pattern of the consumers in SE affect the environment, through an impact on pollution. In this regard, the rebound effect should also be considered.

Therefore, the interconnection between SE and sustainability pillars, which are touched upon in this paper can shed light on the recent changes in today's economic activities to help decision makers grasp the opportunities and overcome challenges. Current and potential participants in the SE activities, legislative authorities, various NGOs, and businesses in different fields of activity can benefit from having such analysis in mind, which follows system thinking.

However, to more accurately analyse the situation and forecast the outcomes of any change in the system, in the future research, case studies can be considered and system dynamics modeling and simulation for future possible scenarios can be done. The numerical and graphical results of such simulation would provide more accurate insights for the decision makers.

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