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# A mesostructured hybrid CTA–silica carrier for curcumin delivery

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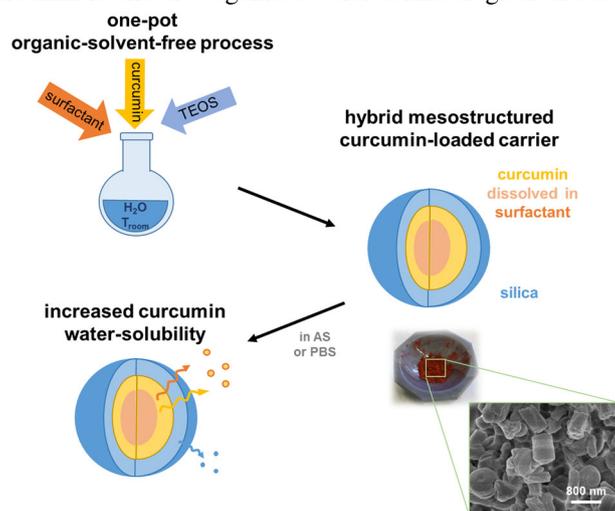
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## Abstract

Curcumin is a natural active principle with antioxidant, antibacterial and anti-inflammatory properties. Its use is limited by a low water solubility and fast degradation rate, which hinder its bioavailability. To overcome this problem, curcumin can be delivered through a carrier, which protects the drug molecule and enhances its pharmacological effects. The present work proposes a simple one-pot sol–gel synthesis to obtain a hybrid carrier for curcumin delivery. The hybrid consists of a mesostructured matrix of amorphous silica, which stabilizes the carrier, and hexadecyltrimethylammonium (CTA), a surfactant where curcumin is dissolved to increase its water solubility. The carrier was characterized in terms of morphology (FESEM), physicochemical properties (XRD, FTIR, UV spectroscopy) and release capability in pseudo-physiological solutions. Results show that curcumin molecules were entrapped, for the first time, in a silica-surfactant mesostructured hybrid carrier. The hybrid carrier successfully released curcumin in artificial sweat and in a phosphate buffer saline solution, so confirming its efficacy in increasing curcumin water solubility. The proposed drug release mechanism relies on the degradation of the carrier, which involves the concurrent release of silicon. This suggests strong potentialities for topical administration applications, since curcumin is effective against many dermal diseases while silicon is beneficial to the skin.

## Graphical Abstract

A simple one-pot sol–gel organic-solvent-free synthesis, at room temperature, leads to the formation of a hybrid mesostructured CTA–silica containing curcumin. When in pseudo-physiological solutions, the hybrid releases curcumin (enclosed in surfactant micelles), with enhanced solubility, and silicates. This material is a promising candidate for topical administration of drugs, since curcumin is effective against several dermatological diseases and silicon is beneficial to skin.



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**Keywords** Drug carrier · Hybrid · Curcumin · Silica · Mesoporous · Topical application

## Highlights

- A novel mesoporous curcumin-containing hybrid carrier was successfully synthesized.
- The hybrid enhances curcumin solubility in pseudo-physiological conditions (e.g., artificial sweat).
- Curcumin release is governed by a degradation process of the silica matrix.
- Degradation of the hybrid induces the simultaneous release of curcumin, silicates, and surfactant.

## 1 Introduction

Curcumin, a natural polyphenol derived from the turmeric rhizome, is also known as the “golden spice”, because of its beneficial properties, which are widely recognized by traditional Asian medicine. However, also modern science has confirmed the effectiveness of curcumin against numerous diseases. Thanks to its functional groups (two aromatic phenolic rings and an  $\alpha$ - $\beta$ -diketo moiety), curcumin can act as a scavenger of reactive oxygen species and bind (covalently or not) to biomolecules [1]. This confers curcumin its unique antibacterial, anti-inflammatory, antioxidant, and wound healing properties as well as significant anticancer activity [2]. In recent years, curcumin has also been proved to be effective for skin disorders, such as psoriasis and dermatoses [3–5], and to be particularly useful to treat chronic diseases since, being it a natural molecule, it does not induce side effects even at high doses and for long-term treatments.

However, the use of curcumin is still strongly limited by its poor bioavailability, poor water solubility, and fast degradation rate (particularly in alkaline solutions and in the presence of light) [1]. To overcome these limitations, researchers have proposed to deliver curcumin by means of appropriate carriers, which are able to protect the molecule from degradation and to enhance its water solubility and bioavailability. The suggested solutions include liposomes, solid-lipid nanoparticles, polymeric nanoparticles, micelles, and mesoporous silica [5–11]. In particular, previous studies showed that micelles, which are assemblies of surfactant molecules with an inner hydrophobic core and an external hydrophilic layer, can enclose the highly hydrophobic curcumin, so protecting it from alkali degradation and increasing its water solubility and bioavailability [6, 8, 12]. Furthermore, Dhivya et al. have recently exploited the hydrophobicity of a polymer shell to incorporate curcumin in ZnO particles with anti-gastric cancer activity [11].

On the other hand, in recent years, nanoparticles of different materials (e.g., silica [13], metal oxide [11]) have been investigated as potential drug carriers and their properties have been extensively studied. In particular, mesoporous silica particles, with pore size ranging between 2 and 50 nm in diameter appear to be a valid substitute for

traditional drug carriers, thanks to their versatility [13]. Indeed, mesoporous silica carriers can be loaded with curcumin, which can afterwards be released in a sustained way, so enhancing its pharmacological effects [10]. In particular, when constrained in mesopores, curcumin loses its crystallinity and turns into an amorphous form, so becoming more water soluble and, therefore, more bioavailable. The incorporation of curcumin in mesoporous silica, however, can be laborious. Indeed, curcumin can be incorporated by impregnation techniques [10, 14], which imply the use of harmful solvents, such as methanol or ethanol. The use of a safer alternative solvent, such as supercritical CO<sub>2</sub> (scCO<sub>2</sub>), which does not present any toxicity issues, is not suitable, because curcumin has such a low solubility ( $10^{-8}$  molar fraction) in scCO<sub>2</sub> [15], that this technique is inappropriate to achieve significant drug loading of the carrier.

Eventually, another possible approach reported in the literature consists in synthesizing silica nanoparticles directly in the presence of curcumin [16]. The obtained hybrid material, however, contains crystalline rather than amorphous curcumin and, therefore, does not exploit the potential benefits of curcumin amorphization induced by the incorporation in a silica matrix.

In order to overcome the above-cited problems, a mesoporous hybrid carrier is here proposed, which joins the advantages of micelles (drug protection and increase of water solubility) with those of amorphous silica (higher stability and possible release of silicon as orthosilicic acid). The same objective has also been attempted by other research groups [17, 18]. Kerkhofs et al. for example, synthesized silica capsules that contained micelles of P123, a surfactant able to enclose the anti-inflammatory drug flurbiprofen [17]. Also Chin and coworkers [18] synthesized a hybrid material containing hexadecyltrimethylammonium bromide (CTAB) as a surfactant, curcumin, and iron oxide nanoparticles for a targeted drug delivery. However, this last synthesis was carried out in an acidic environment, required a long time (i.e., days) and involved the use of formamide, a toxic reagent [19]. In the present work, a similar approach has been followed, using CTAB as a surfactant, but different synthesis conditions (namely alkaline) and no harmful organic solvents were employed to enclose curcumin as a model drug. To the

knowledge of the authors, this is the first time that curcumin is incorporated in such a hybrid carrier. Interestingly, such a carrier could be exploited also for the incorporation of other hydrophobic drugs, different from curcumin.

With the aim of following a bottom-up approach and avoiding curcumin degradation, a mild, fast, and simple sol-gel synthesis was selected, which operated at room temperature, and in an organic-solvent-free aqueous medium. The carrier was prepared by adapting previous literature synthesis processes [20, 21], which led to the production of a hybrid mesostructured silica, in which the mesopores still contained the surfactant and curcumin. Two materials were synthesized: a reference hybrid mesostructured silica without curcumin and another one containing curcumin. The so-obtained materials were fully characterized in terms of morphology (field emission scanning electron microscopy analyses, FESEM) and of physicochemical properties (X-ray diffraction, XRD, Fourier infrared, FTIR, and UV-Visible spectroscopy on the solid). In addition, preliminary release tests in fluids simulating different physiological conditions, such as skin surface, gastric, and plasma environment, were performed.

## 2 Materials and methods

### 2.1 Synthesis

Mesostructured silica was obtained through a synthesis process inspired by previous works reported in the literature [20, 21]. All reagents were purchased from Sigma-Aldrich (Milano, Italy) and used as received. Briefly, 0.40 g of hexadecyltrimethylammonium bromide (CTAB) were added under constant stirring (150 rpm) to a 0.05 M solution of NaOH (0.19 g of NaOH in 95 mL of distilled water). After 40–50 min, 31.7 mg of curcumin (Cur) were added and solubilized for 5 min. Afterwards, 2 mL of tetraethyl orthosilicate (TEOS) were added dropwise. The solution, which turned into a colored slurry, was left under stirring for 3 h. Then the precipitate was filtered from the solution, washed with distilled water, and let dry in air inside an oven at 40 °C overnight until constant weight. When the curcumin-free reference material was prepared, the procedure was the same except that no curcumin was added. The final molar ratios for the reference and the curcumin-loaded materials were, respectively: 1 TEOS:0.122 CTAB:0.536 NaOH:589 H<sub>2</sub>O and 1 TEOS:0.122 CTAB:0.536 NaOH:0.02 Cur:589 H<sub>2</sub>O.

### 2.2 Characterization

Once ground, the previously obtained powders underwent XRD analyses in a Panalytical X'Pert PRO (Cu K $\alpha$

radiation, Malvern Panalytical, Almelo, The Neatherlands). Data collection has been performed at 40 kV and 40 mA, with a solid-state detector (PIXcel1D) at small and high angles ( $2\theta = 0.7^\circ\text{--}10^\circ$  and  $2\theta = 5^\circ\text{--}60^\circ$  respectively). Morphology of Pt-metallized specimens was observed with a FESEM Zeiss Merlin (Oxford Instruments, Abingdon-on-Thames, UK). FTIR spectra were recorded at a resolution of 2 cm<sup>-1</sup> on pelletized powders (with the addition of KBr) with an Equinox 55 spectrometer (Bruker, Billerica, MA, USA) after outgassing the sample at room temperature (residual pressure of 0.1 Pa). UV-Vis spectroscopy analyses on powders were performed with a Varian Cary 5000 spectrophotometer (Agilent, Santa Clara, CA, USA) equipped with a diffuse reflectance accessory. Data are reported as Kubelka-Munk function.

### 2.3 Release tests

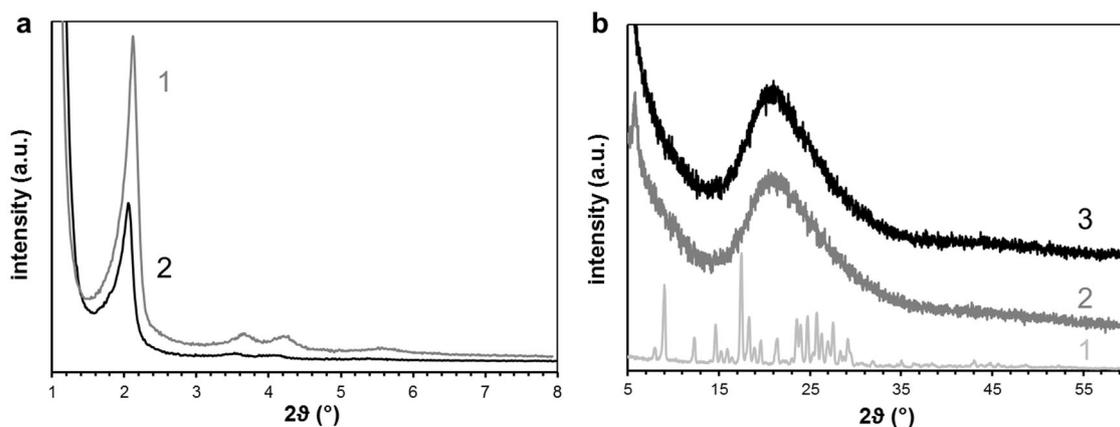
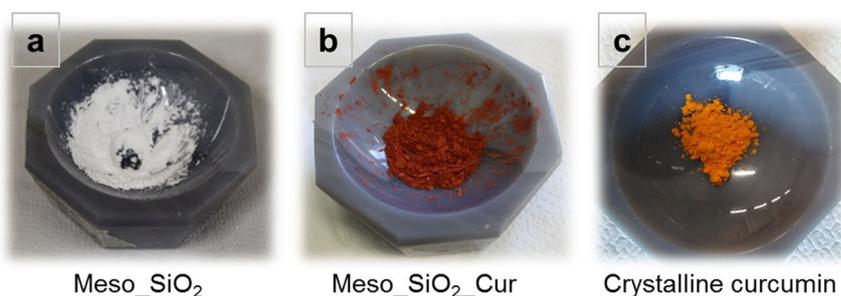
Release tests were performed in three different solutions. A Phosphate Buffer Saline solution (PBS) 0.01 M, pH = 7.4, was obtained by dissolving commercial tablets (Sigma-Aldrich, Milano, Italy) in distilled water to mimic plasma. A 0.1 M HCl solution (pH = 0.8), which reproduced the gastric conditions, was prepared with HCl 37 wt.% (Sigma-Aldrich, Milano, Italy) and distilled water. Artificial sweat (AS), which reproduced the topical environment, was prepared according to Shimamura et al. [22] by dissolving 2.34 g NaCl, 0.13 g CaCl<sub>2</sub>, 0.10 g MgSO<sub>4</sub>, and 0.82 g KH<sub>2</sub>PO<sub>4</sub> in 800 g of distilled water and finally adjusting the pH to the value of 5.4 by adding a 0.05 M NaOH solution (all reagents were purchased by Sigma-Aldrich, Milano, Italy, except for CaCl<sub>2</sub> that was provided by Merck, Milano, Italy). Release tests were carried out in an Erweka DT tester (Erweka, Langen, Germany) at 37 °C under stirring (100 rpm). Absorption of the release medium was constantly monitored at 425 nm for PBS, 429 nm for the HCl solution, and 427 nm for AS for 20 h in a Lambda 25 spectrophotometer (Perkin Elmer, Waltham, MA, USA).

## 3 Results

### 3.1 Synthesis

The synthesis process led to the production of ~650 mg of the reference material; a similar amount was obtained as far as the curcumin-loaded material is concerned. As shown in Fig. 1, the reference material (hereafter named “Meso\_SiO<sub>2</sub>”) appeared as a white powder, while the one containing curcumin (named “Meso\_SiO<sub>2</sub>\_Cur”) displayed a red color, which visually confirms the presence of curcumin inside the material. It is worth noting that crystalline curcumin is not

**Fig. 1** Photos of Meso\_SiO<sub>2</sub> (a), Meso\_SiO<sub>2</sub>\_Cur (b), and crystalline curcumin (c) powders



**Fig. 2** a XRD patterns of Meso\_SiO<sub>2</sub> (1) and Meso\_SiO<sub>2</sub>\_Cur (2) at small angles. b XRD patterns of crystalline curcumin (1), Meso\_SiO<sub>2</sub> (2), and Meso\_SiO<sub>2</sub>\_Cur (3) at high angles

red, but rather bright yellow-orange (Fig. 1c). The darker color of Meso\_SiO<sub>2</sub>\_Cur was ascribed to the deprotonation of curcumin, which typically causes this bathochromic effect [1]. In fact, since the synthesis takes place in a basic solution, curcumin in the final material is in its deprotonated form.

Moreover, it must be underlined that the filtered synthesis solution was reddish (Appendix Fig. 10a), which suggests that part of the curcumin was not incorporated in the material, but remained in the synthesis solution.

Finally, it is worth noting that the present synthesis procedure differs from similar works reported in the literature, such as the one by Chin et al. [18] since it was carried out in basic conditions (instead of the acidic ones), required a shorter time (few hours rather than days) and did not imply the use of toxic organic reagents, such as formamide.

### 3.2 Characterization

Figure 2a reports the XRD patterns obtained at small angles for the reference material Meso\_SiO<sub>2</sub> and for the one containing curcumin, Meso\_SiO<sub>2</sub>\_Cur. In both spectra, three peaks are visible, respectively at 2θ values of 2.13, 3.64,

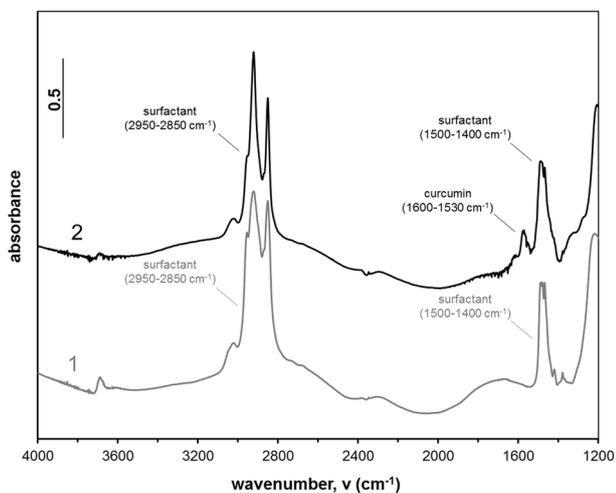
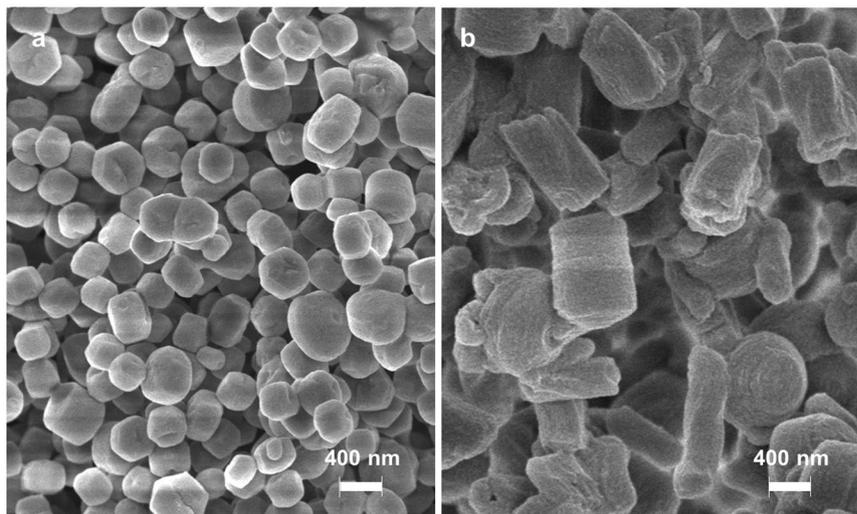
and 4.27 for Meso\_SiO<sub>2</sub> and of 2.07, 3.54, and 4.08 for Meso\_SiO<sub>2</sub>\_Cur. For both samples, the three peaks evidence the 2D hexagonal symmetry of a mesostructured material and they correspond to the reflections (100), (110), and (200), respectively. In addition, a fourth peak is visible in the pattern of Meso\_SiO<sub>2</sub> at 2θ equal to 5.61, which is due to the reflection (210).

It can be noticed that all peaks in the Meso\_SiO<sub>2</sub>\_Cur sample are shifted toward lower angles with respect to those of Meso\_SiO<sub>2</sub>. As a consequence, the cell parameter *a*, which can be calculated from the knowledge of *d*<sub>(100)</sub> and on the basis of the  $a = 2d_{(100)}/\sqrt{3}$  geometrical assumption [23], is equal to 4.80 nm for Meso\_SiO<sub>2</sub> and 4.95 nm for Meso\_SiO<sub>2</sub>\_Cur, respectively.

Figure 2b shows the diffraction pattern at high angles of the two synthesized materials and of the crystalline curcumin as received. While crystalline curcumin displays several peaks, where the major ones are at 2θ = 17.51 and 2θ = 9.03, no peaks are observed either in the reference material or in the curcumin-loaded one.

Figure 3 displays the FESEM images of the reference material (Fig. 3a) and of the curcumin-loaded one (Fig. 3b). The particles of Meso\_SiO<sub>2</sub> are characterized by a regular morphology, with hexagonal shape and a size of about

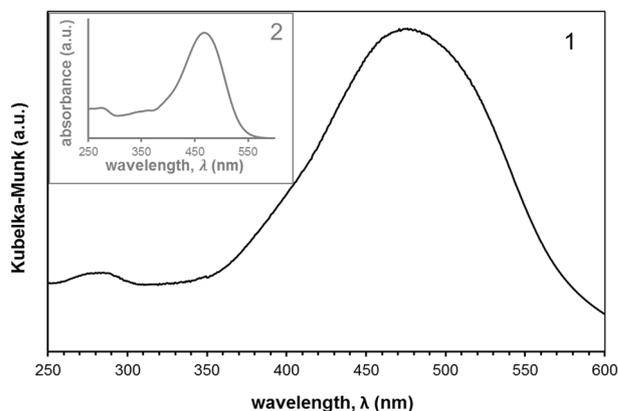
**Fig. 3** FESEM images of Meso\_SiO<sub>2</sub> (a) and Meso\_SiO<sub>2</sub>\_Cur (b)



**Fig. 4** FT-IR spectra of Meso\_SiO<sub>2</sub> (dark gray, 1) and Meso\_SiO<sub>2</sub>\_Cur (black, 2) outgassed at room temperature

500–600 nm. Meso\_SiO<sub>2</sub>\_Cur, instead, shows rod-like particles long up to 700–800 nm (some of them with a hexagonal-shaped section) as well as some discoid particles of 500–600 nm in diameter.

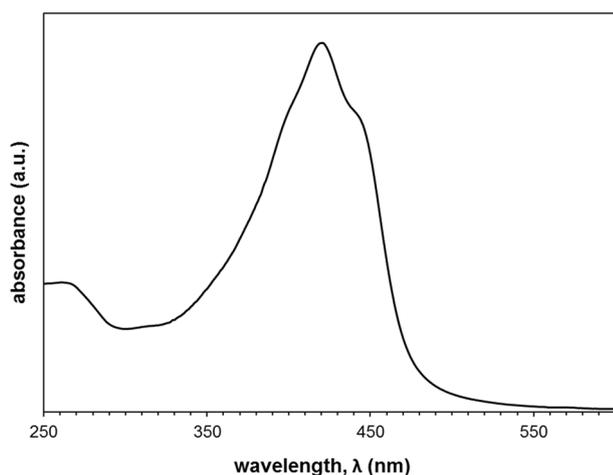
FTIR spectra of the synthesized materials, which were outgassed at room temperature, are reported in Fig. 4. In the spectrum of Meso\_SiO<sub>2</sub>, the weak peak at about 3700 cm<sup>-1</sup> is due to the stretching mode of silanols, while bands in the range 2950–2850 cm<sup>-1</sup> and 1500–1400 cm<sup>-1</sup> are attributed, respectively, to the stretching modes of the –CH<sub>2</sub>– and –CH<sub>3</sub> groups and to the bending modes of the N–CH<sub>2</sub>– groups of the surfactant molecules [24]. The spectrum of Meso\_SiO<sub>2</sub>\_Cur is characterized by the same bands as the reference material as well as other additional peaks, which are observed in the range between 1600 and 1530 cm<sup>-1</sup> and



**Fig. 5** UV-Vis spectra of Meso\_SiO<sub>2</sub>\_Cur powder (1). Inset (2) shows the UV-Vis spectrum of curcumin (7 ppm) in a 0.05 M solution of NaOH

are ascribed to the stretching vibrations of the aromatic rings of curcumin [25, 26].

Figure 5 reports the UV-Vis spectrum of the Meso\_SiO<sub>2</sub>\_Cur powder (curve 1); since Meso\_SiO<sub>2</sub> did not present any peak in the analysed range, its spectrum is not reported for sake of simplicity. The spectrum reported in Fig. 5 reveals a broad band centred at 476 nm (coherently with the red color of the powder). The inset in Fig. 5 displays the adsorption spectrum of curcumin dissolved in a 0.05 M NaOH alkaline solution (with the addition of around 10 wt.% ethanol in order to increase the solubility of curcumin at a detectable level), for comparison. The spectra of the solid powder and the curcumin alkaline solution are quite similar. The band of the curcumin basic solution (468 nm) is shifted only by a few nanometers with respect to that of the solid powder (476 nm).



**Fig. 6** UV-Vis absorption spectra of artificial sweat solution (AS) at the end of the release test from Meso\_SiO<sub>2</sub>\_Cur

### 3.3 Release tests

A first result is that no residual material was observed at the end of the tests in PBS and AS, while a yellow residual powder was retrieved after the test in HCl solution.

Figure 6 reports the absorption spectrum of the AS solution, which was measured at the end of the release test, i.e., after immersing Meso\_SiO<sub>2</sub>\_Cur at 37 °C for 20 h. A similar spectrum was obtained at the end of the release test in PSB. A structured absorption with a maximum at 422 nm is observed, due to the dissolved curcumin that was released from the material upon immersion.

As far as the kinetics of release is concerned, results are reported in Fig. 7: the amount of the curcumin released from the carrier in different media is represented as a function of time.

In the HCl solution, negligible release was observed. On the opposite, curcumin was released from the carrier both in PBS and in AS. In detail, in PBS the release started 1 h after the immersion of the sample, then the amount of released curcumin rapidly increased until a plateau was reached after 5 h. When the carrier was immersed in AS, the curcumin was released after a 2 h delay. Again, curcumin was then rapidly released, and the plateau was reached at around 12 h. The total amount of released curcumin can be used to evaluate the content of curcumin in the carrier, which corresponds to about 5 wt.%.

As a comparison, the dissolution of crystalline curcumin in PBS is also reported in Fig. 7: no release of the drug was detected for the whole duration of the test. Similar results (not reported) were obtained for the dissolution of crystalline curcumin in the other media (AS and HCl solution).

## 4 Discussion

### 4.1 Characterization

Both synthesized materials are amorphous with an ordered hexagonal mesostructure typical of MCM-41 silica [21], as revealed by the peaks at small angles in the X-ray diffraction patterns (Fig. 2a). The corresponding cell parameters, derived from the position of the peak  $d_{(100)}$ , show a slightly higher value for Meso\_SiO<sub>2</sub>\_Cur (4.95 nm) with respect to Meso\_SiO<sub>2</sub> (4.80 nm), so suggesting that the presence of curcumin causes a swelling of the micelles. It is worth noting that the curcumin present in the hybrid carrier is not crystalline (Fig. 2b), contrary to what observed for curcumin in silica nanoparticles [16], and, therefore, it is expected to be more bioavailable.

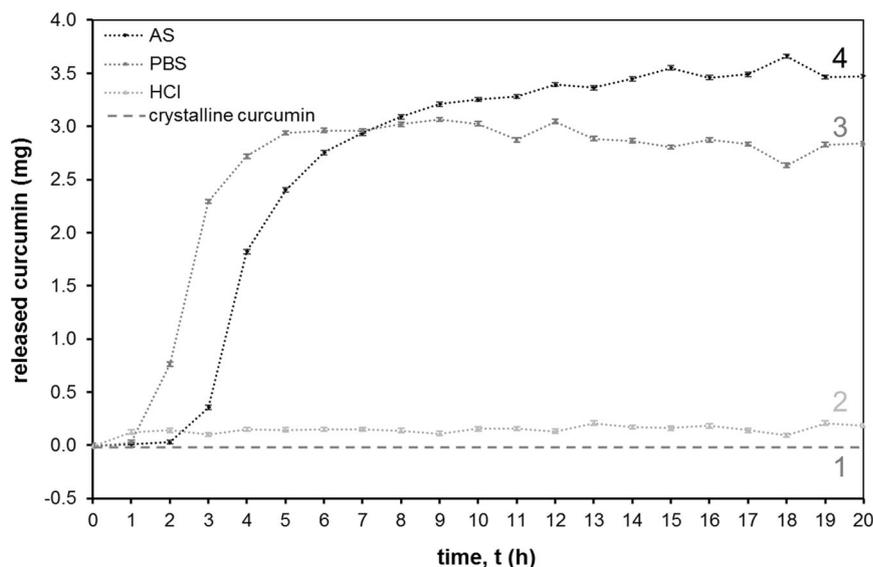
The presence of curcumin also causes the change of the particles morphology observed by FESEM (Fig. 3). Whereas the hexagonal shape typical of MCM-41 silica is partially maintained in the reference material, the particles become more elongated or assume a discoid-shape when curcumin is embedded. This is coherent with what observed by other authors when a dye was added during the synthesis of mesoporous silica [27]. The above-mentioned impact on the particle shape that results from drug incorporation is a proof that curcumin has an influence on the co-assembly process and may act as a co-templating agent.

FT-IR results confirm the presence of both surfactant and curcumin (Fig. 4). The weak intensity of the band due to silanols is in agreement with the expected interface between silica and micelles for materials synthesized in alkaline conditions, i.e., a strong interaction between the negatively charged silica network and the positively charged surfactant.

In a similar manner the keto-enol and the hydroxyl groups of curcumin are deprotonated (therefore they are negatively charged) and can interact with the positive-charged surfactant. This means that the interactions of curcumin inside the carrier could be not only hydrophobic, but also ionic. This implies that, probably, curcumin is not segregated in the core of the surfactant micelles, but it is rather located more closely to the interface between the surfactant and silica, similarly to what observed in a previous work for another dye [20]. Furthermore, this could explain why the embedding of curcumin does not cause only a simple swelling of the hybrid mesostructure (as observed by the XRD analyses in Fig. 2a), but also alters the morphology of the final particles (FESEM images in Fig. 3b), so acting as a co-templating agent.

Another evidence of the strong interactions involving curcumin inside the carrier is provided by washing the Meso\_SiO<sub>2</sub>\_Cur powder with different solvents (Appendix Figs 10, 11). When washed with water, the powder did not

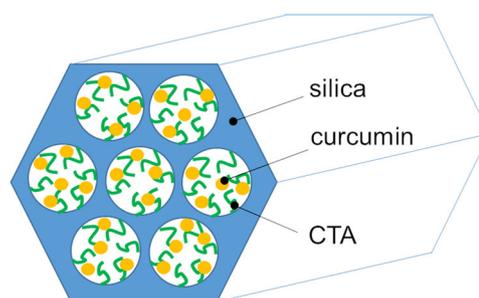
**Fig. 7** Curcumin release curves from Meso\_SiO<sub>2</sub>\_Cur in HCl solution (light gray, 2), PBS (dark gray, 3), and artificial sweat (AS, black, 4). Release curve of crystalline curcumin in PBS (dark gray bolt line, 1) is reported for comparison. Error bars refer to instrument uncertainty



release any curcumin (Appendix Fig. 10b-c-b'-c'), whereas, when washed with ethanol, the leaching of curcumin was observed (Appendix Fig. 11a). These results confirm that the powder can be washed with water to remove any possible excess of synthesis reactant without removing curcumin. Since curcumin is part of the internal micelles, water does not cause any leaching. To remove curcumin from the carrier the use of a solvent with higher affinity, such as ethanol, is necessary. Interestingly, when washed with ethanol, the powder not only became white (because of the curcumin loss, Appendix Fig. 11b) but also lost its mesostructure (Appendix Fig. 12). This could be explained by supposing that ethanol is able to remove both the curcumin and partially the surfactant so inducing a loss of order in the material.

The UV-Vis spectra of the Meso\_SiO<sub>2</sub>\_Cur powder confirm the state of curcumin in the hybrid material. The absorption peak at around 476 nm (Fig. 5) is attributed to the curcumin in the deprotonated form [1]. This is coherent with the alkaline environment of the synthesis conditions and suggests that, being curcumin negatively charged, it can interact with the cationic surfactant through electrostatic interactions.

As a conclusion, it can be stated that a hybrid mesostructured material containing curcumin molecules has been successfully synthesized. According to the evidences provided by different characterization techniques, a schematic representation of the hybrid material can be sketched, as reported in Fig. 8. It can be hypothesized that curcumin does not segregate in the inner core of the hybrid material, but is rather dissolved in the surfactant and it may also be located at or close to the interface between the surfactant and silica. Due to possible strong electrostatic interactions between the deprotonated curcumin molecules and



**Fig. 8** Schematic representation of the hybrid Meso\_SiO<sub>2</sub>\_Cur material

surfactant cationic heads, curcumin may act as a co-templating agent in the co-assembly of the mesostructured, so affecting the growth and the morphology of the particles.

## 4.2 Release tests

Since the main aim of the present work is to increase water solubility of curcumin, release tests in different water-based solutions mimicking different physiological conditions were performed.

Even though curcumin is hydrophobic and the curcumin-surfactant interactions are quite strong, the drug could be released from the Meso\_SiO<sub>2</sub>\_Cur carrier both in PBS and AS (Fig. 7). Interestingly, although curcumin inside the hybrid material is deprotonated, as soon as it is released into an aqueous solution, it becomes protonated, as proved by the UV absorption wavelength of around 420–425 nm (Fig. 6). Therefore, the hybrid carrier is successful in increasing the solubility of curcumin in water without compromising its efficacy. Indeed, curcumin must be delivered in a protonated form to maintain its beneficial

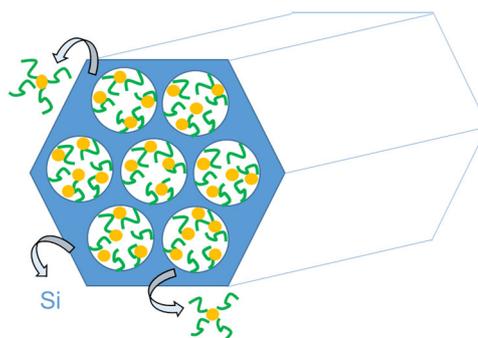
properties in the human body since deprotonation is expected to occur during the antioxidant mechanism played by the drug [1].

As far as the release kinetics of the drug, both in PBS and in AS, is concerned, no burst release was observed. The drug release started after a specific lag time (1 h in PBS and 2 h in AS): it, then, rapidly increased and, finally, reached a plateau. The presence of an initial lag time as well as the absence of residual powder at the end of the test, may induce to think that the release mechanism of curcumin in PBS and in AS involves the degradation of the amorphous silica matrix. On the opposite, almost no curcumin was released in the HCl solution and a significant amount of yellow powder was retrieved at the end of the test. At acidic pH the carrier does not undergo any significant degradation process and, therefore, the release amount of curcumin was negligible. Finally, no release at all was observed when crystalline curcumin was dispersed in the solutions; in fact, crystalline curcumin is hydrophobic with very low solubility in water.

As far as the tests in the PBS and AS solutions are concerned, if, as previously hypothesized, curcumin is released upon degradation of the carrier, the active principle is delivered together with silicates and the surfactant micelles. These in solution can confine curcumin and increase its solubility. It is, in fact, reported in the literature that when a critical micellar concentration is overcome, surfactants can solubilize hydrophobic molecules [28, 29]. The presence of curcumin-containing micelles can be proved by the observation of the UV absorption spectrum in AS (Fig. 6). The spectrum, in fact, is comparable to that reported in the literature [6] for curcumin dissolved in CTA-micelles solution.

On the basis of the whole set of results, it can be concluded that the synthesized  $\text{Meso\_SiO}_2\text{-Cur}$  carrier succeeds in protecting and conveying curcumin both in PBS and AS, which mimic plasma and a topical environment, respectively. On the other hand, the carrier results ineffective in releasing the drug in simulated gastric conditions (i.e., a HCl solution).

Interestingly, once released, curcumin becomes protonated again, recovering its active status. The initial lag time and the absence of powder at the end of the release tests suggest that the release may be also triggered by phenomena of silica degradation. Consequently, as schematically depicted in Fig. 9, not only curcumin, but also silicates and surfactant are released from the hybrid carrier. This can be particularly appealing in view of potential applications of this material in the topical field. Silicon, in fact, can positively affect normal skin formation, since this element displays plastic, trophic, and anti-inflammatory functions [30]. On the other hand, regarding the release of surfactant, it must be pointed out that, at high concentrations, CTA



**Fig. 9** Schematic representation of the release from hybrid material  $\text{Meso\_SiO}_2\text{-Cur}$

surfactant can be toxic [31, 32]; therefore, it is envisaged to substitute CTA with a nontoxic surfactant with biological properties. Further studies in this sense are currently under investigation. Nevertheless, the cytotoxicity of CTA could instead be exploited in the formulation of materials for the treatment of cancer or precancer pathologies [33].

## 5 Conclusions

In this study, a hybrid material containing amorphous curcumin, CTA, and silica has been successfully synthesized ( $\text{Meso\_SiO}_2\text{-Cur}$ ). In absence of curcumin, a reference hybrid material made of CTA and silica was obtained ( $\text{Meso\_SiO}_2$ ). The proposed synthesis process is an organic-solvent-free, rapid one-pot procedure that is conducted at mild conditions and can be easily adapted for the incorporation of other hydrophobic active principles. This novel approach allows the direct incorporation of the active principle during the synthesis process to be obtained, so eliminating the need of any loading procedure and the use of dangerous solvents.

Both the reference material and the curcumin-loaded one are mesostructured. The addition of curcumin results in the modification of the particles morphology. This probably occurs because curcumin acts not as a simple swelling agent, but rather as a co-templating agent, since it assumes a negative charge and can closely interact with the cationic surfactant species.

When  $\text{Meso\_SiO}_2\text{-Cur}$  undergoes the release tests, curcumin is gradually and completely released both in PBS and in AS, where it recovers its protonated active form. Differently from what is usually observed in the literature for silica carriers, the release mechanism of this hybrid material is reasonably governed by a degradation process of the silica matrix. Therefore, not only curcumin, but also surfactant and silicates are released. Thanks to the presence of the surfactant micelles, the water solubility of curcumin is significantly increased. While the release of the cytotoxic

CTA could be advantageous for the formulation of materials to treat cancer or precancer pathologies, the release of silicates can be beneficial to the skin due to its trophic functions, so confirming the interest of this carrier for topical applications.

Finally, since the carrier does not undergo any significant degradation in the HCl solution, no curcumin is released in acidic media. This characteristic opens the route for another possible application of the carrier as a gastro protector. Indeed, the proposed carrier could pass through the stomach without releasing the active principle, which could be subsequently released in the intestine where the pH is less acid.

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### Compliance with ethical standards

**Conflict of interest** The authors declare that they have no conflict of interest.

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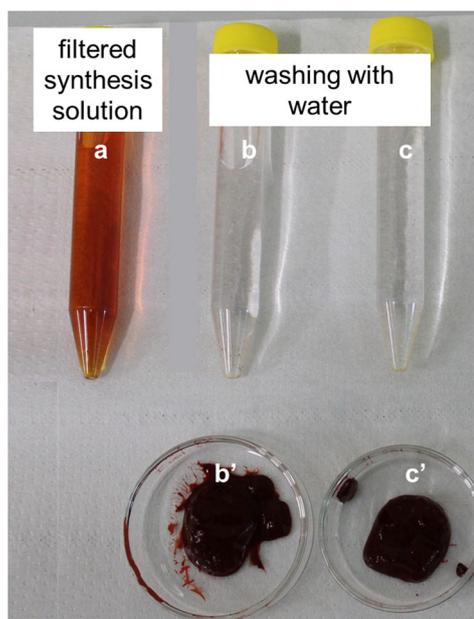
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## 6 Appendix

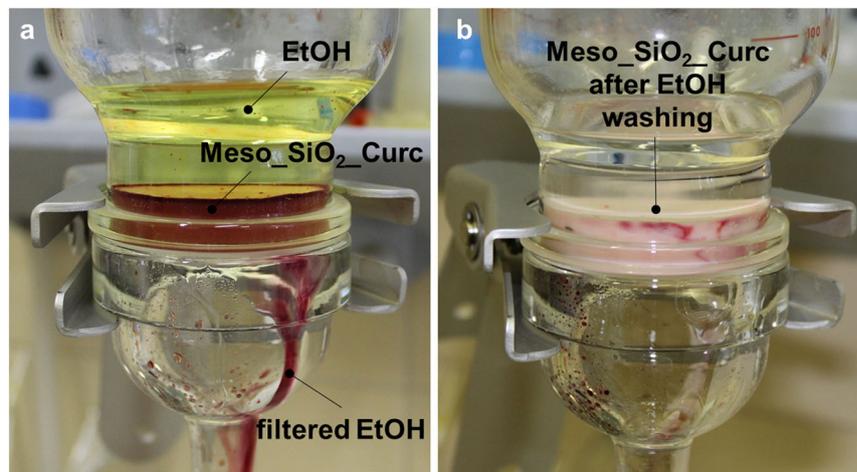
Additional figures concerning the synthesis process and washing procedure are here reported.

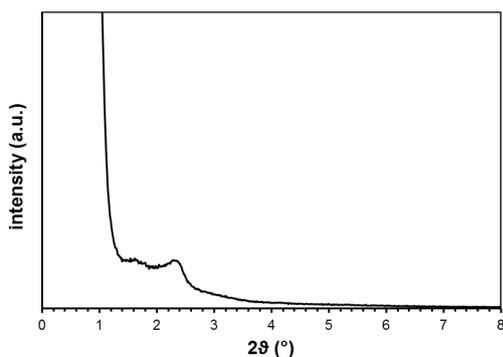
Figs 10–12



**Fig. 10** Filtered synthesis solution of Meso\_SiO<sub>2</sub>\_Curc (a) and water filtered after washing Meso\_SiO<sub>2</sub>\_Curc (once, b, or twice, c) with water. The wet Meso\_SiO<sub>2</sub>\_Curc material after one (b') or two (c') washing steps with water are reported in the lower part of the image

**Fig. 11** Meso\_SiO<sub>2</sub>\_Curc during (a) and after (b) the washing with ethanol





**Fig. 12** XRD-pattern of Meso\_SiO<sub>2</sub>\_Cur at small angles after washing with ethanol

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