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# Progressive delamination of laminated composites via 1D models

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## ***Abstract***

*This paper presents a novel numerical framework to simulate the progressive delamination in laminated structures based on 1D component-wise models. The proposed numerical tool is a part of the virtual testing platform built within the Carrera Unified Formulation, a hierarchical, higher-order structural framework to generate theories of structures via a variable kinematic approach. Formulated within the Lagrange polynomial CUF models, the component-wise approach models the components of a complex structure through 1D CUF models at reduced computational costs and 3D-like accuracies. The effectiveness of CUF-CW models to capture accurate 3D transverse fields are of interest to solve delamination problems by integrating a class of higher-order cohesive elements to simulate the cohesive mechanics among the various components of the structure. The present framework adopts a bilinear constitutive law based on the mixed-mode delamination propagation and an efficient arc-length solver based on an energy-dissipation constraint. The numerical results aim to verify the accuracy and computational efficiency of CUF-CW models through benchmark composite delamination problems including multiple delamination fronts and comparisons with reference literature solutions and standard 3D FEM models. The outcomes show multi-fold improvements in the analysis times, good matches with experimental results, and promising enhancements of the meshing process due to the absence of aspect ratio constraints.*

**Keywords:** Delamination, FEM, Carrera Unified Formulation, Laminated composites, higher-order models

# 1 Introduction

The delamination is one of the most dominant forms of failure in laminated composites. It often arises due to events leading to barely visible damages, such as run-way debris impact or tool-drop during maintenance [1, 2]. Also, high inter-laminar stresses lead to through-the-thickness failures triggered by high localized effects due to geometric - e.g., stiffener terminations, free-edges - or material discontinuities - such as ply drop-off [1]. Since delamination can result in significant alterations of the load-bearing capacity of composite structures, especially under compression, understanding and predicting the onset and propagation of delamination events is crucial.

Within the finite element method (FEM), cohesive zone based models are common tools for the interface modeling in composites. Originally conceived by Dugdale [3] and Barenblatt [4], the cohesive fracture concept assumes the existence of a zone around a crack tip which separates the undamaged and delaminated zones of the interface. Hillerborg et al. first introduced the concept of cohesive zone modeling within FEM by developing a traction-separation law for estimating the strengths of unreinforced concrete beams [5]. Since then, several contributions addressing the cohesive zone modeling technique have followed including applications for ductile metals [6], bio-mechanics [7] and mixed-mode delamination in composites [8, 9, 10, 11]. The Virtual Crack Closure Technique (VCCT) is another approach based on the linear elastic fracture mechanics often introduced within FEM [12] requiring a predefined initial crack [13].

A precise delamination analysis involves the accurate resolution of the transverse stress field. Nowadays, the standard approach exploits computationally intensive three-dimensional (3D) or layer-wise two-dimensional (2D) FE models, thereby limiting their applicability at early design stages and simple geometries. Also, cohesive-based FE analyses have some shortcomings including the requirement of extremely refined meshes near the cohesive zone and convergence issues, specifically along the descending branch of the equilibrium path. Turon et al. proposed a set of engineering solutions to overcome some of the issues of the cohesive modeling within standard FEM, including a closed-form expression for the penalty stiffness estimation and cohesive strength based on the mesh density [14]. Such a formulation is scalable for large-scale progressive delamination

problems. Xie and Waas proposed a discrete cohesive zone model (DCZM) to model delamination effectively [11]. DCZM uses rod elements to enforce the cohesive law, unlike the traditional continuum cohesive elements. FE within the scheme of the isogeometric analysis using B-splines and NURBS can model delamination [15, 16, 17]. Nguyen and coworkers demonstrated the effectiveness and robustness of higher-order FEM built within the isogeometric framework for various 2D and 3D delamination problems [15, 16]. In recent years, several authors have contributed towards the development of 1D FE coupled with refined zig-zag theory (RZT) for problems accounting for the delamination onset and propagation [18, 19]. Eijo et al. presented a numerical tool based on RZT to simulate the mode II delamination in laminated beams. Groh and Tessler introduced a class of computationally efficient beam models using a mixed form of RZT to capture the displacement and stress fields for composite laminates around embedded delaminations [19]. A 2D FE formulation for multi-layered beams under mixed-mode delamination problem is in Škec et al. [20].

Some of the attempts related to convergence issues include the introduction of a viscous regularization technique [21] and development of new classes of arc-length based solvers catering to the needs of fracture problems [22, 23]. Alfano and Crisfield introduced a new class of local arc-length methods in combination with a line search technique to significantly improve the robustness and efficiency of FE delamination solutions [22]. A numerically efficient solver based on the LaTIn domain decomposition method is of Allix et al. for problems involving multiple simultaneous delaminations [24]. A dissipation-based arc-length scheme by Gutiérrez is a tool for the robust simulation of fracture, in which the arc-length constraint uses the total energy-release rate [23]. Since the dissipated energy is a global quantity, no a priori selection of the zone or degree of freedom (DOF) is necessary, and the scheme provides stable convergence behaviors [25]. Such a scheme proved its validity for delamination and multiscale analyses of heterogeneous structures [15, 26].

The aim of this is to use a new class of higher-order 1D structural models for the progressive delamination analysis of laminated composites. The interface modeling capabilities stem from the Carrera Unified Formulation (CUF), a hierarchical formulation that provides a structured basis

for generating different classes of structural theories by varying the kinematic definitions [27]. The component-wise (CW) approach [28] efficiently models the cohesive kinematics and simulate the interface behavior. The ability of CUF-CW models to accurately describe in-plane and transverse stress fields is the tool to model the onset and propagation of delaminations together with a bilinear mixed-mode cohesive constitutive model. The current work is an extension to the applications of CUF models for a class of nonlinear problems including buckling and post-buckling analyses [29], physically nonlinear models for metals and composites [30, 31], and micromechanical progressive failure analysis in composites [32].

The remainder of the paper is organized as follows: Section 2 elaborates on the 1D cohesive formulation within CUF. The section also discusses details of the mixed-mode cohesive constitutive law and dissipation-based arc length implementations. Numerical results are presented in Section 3 and conclusions are drawn in Section 4.

## 2 1D cohesive formulation

1D CUF models provide theories of structures via cross-sectional expansion functions  $F_\tau(x, z)$  [27],

$$\mathbf{u} = \mathbf{u}_\tau(y)F_\tau(x, z), \quad \tau = 1, \dots, M \quad (1)$$

where  $M$  is the number of terms in the expansion function. The choice of the expansion and its order does not affect the governing equations of the formulation. For instance, various classes of expansion functions are implementable, such as Taylor, Lagrange and Legendre polynomials, and trigonometric or exponential functions, but no formal modifications of the equations are necessary. This works adopted Lagrange polynomials, henceforth referred to as LE models, leading to a purely displacement-based higher-order model. Based on the original work by Carrera and Petrolo on LE models [28], the present paper exploits the modeling approach referred to as the CW to model various components of the problem.

## 2.1 Cohesive kinematics

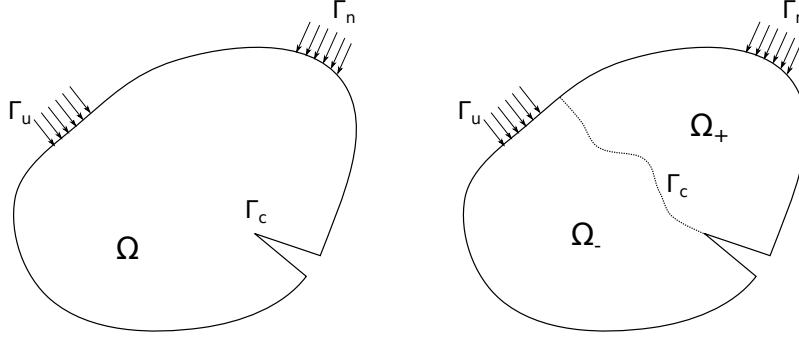


Figure 1: Description of the cohesive formulation

Let us consider a solid domain  $\Omega$  bounded by  $\Gamma$  and containing a cracked zone  $\Gamma_c$ , as shown in Fig. 1. The essential boundary conditions act along the boundary  $\Gamma_u$  and prescribed tractions  $t_i$  act along  $\Gamma_n$ . The domain  $\Omega$  has two domains,  $\Omega_+$  and  $\Omega_-$ , along the crack boundary  $\Gamma_c$ , as depicted in Fig. 1. The governing equilibrium equations for the quasi-static problem are

$$\begin{aligned}
 \sigma_{ij,j} + b_i &= 0 \quad \text{in } \Omega & (2) \\
 u_i &= \bar{u} \quad \text{in } \Gamma_u, \quad \sigma_{ij}n_j = t_i \quad \text{in } \Gamma_n \\
 \sigma_{ij}n_j^+ &= \tau_i^+ = -\tau_i^- = -\sigma_{ij}n_j^- \quad \text{in } \Gamma_c
 \end{aligned}$$

where  $\sigma_{ij}$  is the Cauchy stress field within the domain due to the external loading  $t_i$  with normals to the boundary  $\Omega_n$  denoted by  $n_i$ .  $b_i$  are the body forces,  $\bar{u}$  are the prescribed displacements along the Dirichlet boundary  $\Gamma_u$  and  $\tau_i^+$ ,  $\tau_i^-$  are the closing tractions acting along the crack domain  $\Gamma_c$ . Via the the Principle of Virtual Displacements (PVD) and accounting for the additional contributions due to the cohesive crack,

$$\begin{aligned}
 \delta L_{int} + \delta L_{coh} - \delta L_{ext} &= 0 & (3) \\
 \delta L_{int} &= \int_{\Omega} \delta \boldsymbol{\epsilon} : \boldsymbol{\sigma} dV \\
 \delta L_{coh} &= \int_{\Gamma_c} \delta[[\mathbf{u}]] \cdot \boldsymbol{\tau} d\Gamma_c \\
 \delta L_{ext} &= \int_{\Omega} \delta \mathbf{u} \cdot \mathbf{b} d\Omega + \int_{\Gamma_n} \delta \mathbf{u} \cdot \mathbf{t} d\Gamma_n
 \end{aligned}$$

where  $\delta$  indicates the virtual variation,  $L_{int}$ ,  $L_{coh}$  and  $L_{ext}$  refer to the bulk strain energy, work due to the cohesive crack and the external loading, respectively, and  $[[\mathbf{u}]]$  denotes the displacement jump across the cohesive surface. The kinematics of the interface stems from the displacement jump across the interface boundary [33],

$$[[u_i]] = u_i^+ - u_i^- \quad (4)$$

where  $u_i^+$  and  $u_i^-$  denote the displacements in direction  $i$  on the upper ( $\Omega_+$ ) and lower surface ( $\Omega_-$ ) of the interface. As depicted in Fig. 2, a six-node cohesive Lagrange cross-section elements

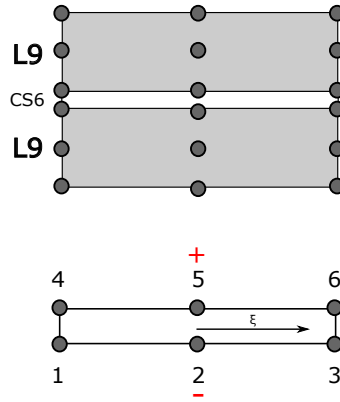


Figure 2: Six-node cohesive Lagrange cross-section elements (CS6)

is introduced with expansion function expressed as:

$$\left. \begin{aligned} \mathbf{u}^+ &= F_1 \mathbf{u}_4 + F_2 \mathbf{u}_5 + F_3 \mathbf{u}_6 \\ \mathbf{u}^- &= F_1 \mathbf{u}_1 + F_2 \mathbf{u}_2 + F_3 \mathbf{u}_3 \end{aligned} \right\} \begin{aligned} \xi_1 &= -1 \\ \xi_2 &= 0 \\ \xi_3 &= 1 \end{aligned} \quad (5)$$

## 2.2 Cohesive constitutive modeling

This work adopted the mixed-mode cohesive constitutive modeling of Camanho and his coworkers [10, 34]. Formulated within the scheme of damage mechanics, the cohesive constitutive law relates

the cohesive traction  $t_j$  to the displacement jump  $\Delta_j$  in the local coordinate system as follows:

$$t_j = (1 - d)D_{ij}^0\Delta_j - dD_{ij}^0\delta_{3j} \langle -\Delta_3 \rangle \quad (6)$$

where  $d$  is the damage variable,  $\langle \cdot \rangle$  the MacAuley bracket and  $D_{ij}^0$  the initial stiffness tensor defined as a function of the penalty parameter  $K$  and Kronecker delta  $\delta_{ij}$ ,

$$D_{ij}^0 = \delta_{ij}K \quad (7)$$

The second term in Eq. 6 prevents non-physical post-decohesion interfacial penetrations. The damage variable  $d$  makes use of a damage criterion built within the equivalent displacement jump space,

$$F(\lambda^t, r^t) = G(\lambda^t) - G(r^t) \leq 0 \quad \forall \quad t \geq 0 \quad (8)$$

where  $t$  denotes the quasi-static time and  $r^t$  is the damage threshold for the current time. Based on the mixed-mode bilinear constitutive formulation,  $G$  is

$$G(\lambda) = \frac{\Delta^f(\lambda - \Delta^0)}{\lambda(\Delta^f - \Delta^0)} \quad (9)$$

$$d^t = G(r^t) \quad \forall \quad r^t = \max_s \{r^0, \lambda\} \quad 0 \geq s \geq t \quad (10)$$

where  $\Delta^0$  and  $\Delta^f$  are the equivalent displacements at the damage onset and complete failure ( $d=1$ ) respectively, which are functions of mode I ( $G_{Ic}$ ) and mode II ( $G_{IIc}$ ) fracture toughness, mode mixity and an experimentally obtained parameter  $\eta$ .  $\lambda$  is the current equivalent non-negative displacement jump. As depicted in Fig. 3, the propagation criteria stems the formulation by Benzggagh and Kenane [35],

$$G_c = G_I^c + (G_{II}^c - G_I^c) \left( \frac{G_I^c}{G_T} \right)^\eta, \quad G_T = \frac{G_{II}}{G_I + G_{II}} \quad (11)$$

The displacement jump criterion is

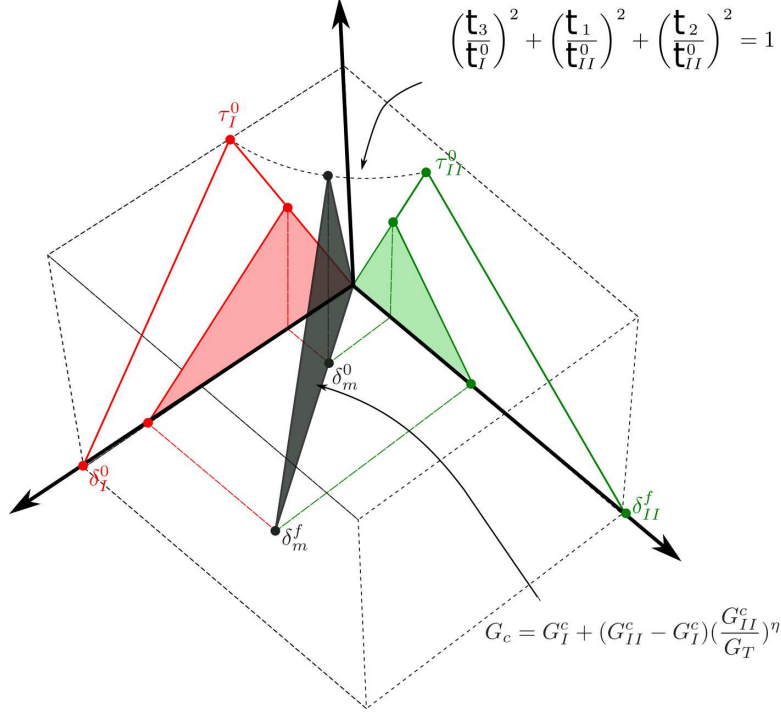


Figure 3: Bilinear mixed-mode cohesive criteria [35]

$$\Delta^0 = \sqrt{\Delta_3^2 + (\Delta_{shear}^2 - \Delta_3^2)B^\eta} \quad (12)$$

$$B = \frac{G_{shear}}{G_T}, \quad \Delta_{shear} = \sqrt{\Delta_I^2 + \Delta_{II}^2}, \quad G_{shear} = G_I + G_{II} \quad (13)$$

The tangent constitutive matrix derives by the differentiation of the traction-displacement relation in Eq. 6 [34],

$$\begin{aligned} \dot{t} &= D_{ij}^{tan} \dot{\Delta}_j \\ D_{ij}^{tan} &= \begin{cases} \left\{ D_{ij} - K \left[ 1 + \delta_{3j} \frac{\langle -\Delta_j \rangle}{\Delta_j} \right] \left[ 1 + \delta_{3j} \frac{\langle -\Delta_j \rangle}{\Delta_i} \right] H \Delta_i \Delta_j, & r < \lambda < \Delta^f \right\} \\ D_{ij}, & r > \lambda \text{ or } \Delta^f < \lambda \end{cases} \end{aligned} \quad (14)$$

where H is the scalar parameter defined as

$$H = \frac{\Delta^f \Delta^0}{(\Delta^f - \Delta^0)\lambda^3} \quad (15)$$

## 2.3 Finite Element Formulation

The 3D displacement vector reads

$$\mathbf{u}(x, y, z) = \{u_x \ u_y \ u_z\}^T \quad (16)$$

The stress and strain states are

$$\boldsymbol{\epsilon} = \{\epsilon_{xx} \ \epsilon_{yy} \ \epsilon_{zz} \ \epsilon_{yz} \ \epsilon_{xz} \ \epsilon_{xy}\}^T \quad \boldsymbol{\sigma} = \{\sigma_{xx} \ \sigma_{yy} \ \sigma_{zz} \ \sigma_{yz} \ \sigma_{xz} \ \sigma_{xy}\}^T \quad (17)$$

With small strain assumptions, the linear strain-displacement relations and stress-strain law are

$$\boldsymbol{\epsilon} = \mathbf{b}\mathbf{u}, \quad \mathbf{b}^T = \begin{bmatrix} \partial_x & 0 & 0 & 0 & \partial_z & \partial_z \\ 0 & \partial_y & 0 & \partial_z & 0 & \partial_x \\ 0 & 0 & \partial_z & \partial_y & \partial_x & 0 \end{bmatrix}; \quad \boldsymbol{\sigma} = \mathbf{C} \boldsymbol{\epsilon} \quad (18)$$

where  $\mathbf{b}$  is the differential operator and  $\mathbf{C}$  is the material matrix. By employing standard FE shape functions, the generalized displacement field is

$$\mathbf{u}(x, y, z) = N_i(y) F_\tau(x, z) \mathbf{u}_{\tau i}(y) \quad \forall \quad \tau = 1, 2, \dots, M \quad i = 1, 2, \dots, p + 1 \quad (19)$$

$$\mathbf{u}_{\tau i} = [u_{x\tau i} \ u_{y\tau i} \ u_{z\tau i}] \quad (20)$$

where  $N_i$  is the beam shape function of order  $p$  and  $\mathbf{u}_{\tau i}$  is the nodal displacement vector. The choice of the shape function order  $p$  and the order of the expansion function terms  $M$  remain independent and are input of the analysis. Similarly, the displacement field on the upper and lower face of the CS element is

$$\mathbf{u}^+ = F_\tau N_i \mathbf{u}_{\tau i}^+ \quad \mathbf{u}^- = F_\tau N_i \mathbf{u}_{\tau i}^- \quad [[\mathbf{u}]] = F_\tau N_i (\mathbf{u}_{\tau i}^+ - \mathbf{u}_{\tau i}^-) \quad (21)$$

where  $\mathbf{u}^+$  and  $\mathbf{u}^-$  are the displacements along the upper and lower edges of the CS element, respectively. Therefore, the equilibrium equations (Eq. 3) in terms of FE matrices become

$$\mathbf{k}_{ij\tau s}^{bulk} \mathbf{u}_{\tau i} + \mathbf{k}_{ij\tau s}^{coh} [[\mathbf{u}_{\tau i}]] - \mathbf{p}_{\tau i} = 0 \quad (22)$$

where  $\mathbf{k}_{ij\tau s}^{bulk}$  and  $\mathbf{k}_{ij\tau s}^{coh}$  refer to the Fundamental Nuclei (FN) of the bulk and cohesive stiffness matrix, respectively, and the FN for the external loading is  $\mathbf{p}_{\tau i}$ . For the sake of conciseness, readers may use the book by Carerra et al. for detailed information on the derivation and implementation of FNs for the bulk stiffness matrix and external loading [27]. Based on Eq. 3, FN of cohesive forces are

$$f_{coh\tau i}^+ = \int_{\Gamma_c} F_\tau N_i \mathbf{u}_{\tau i}^+ t^+ d\Gamma_c \quad f_{coh\tau i}^- = \int_{\Gamma_c} F_\tau N_i \mathbf{u}_{\tau i}^- t^- d\Gamma_c \quad (23)$$

To formulate the fundamental nuclei of the cohesive tangent matrix, the rate form of the cohesive constitutive law is (Eq. 14)

$$\dot{\mathbf{t}}^c = \mathbf{Q} \mathbf{D}^{tan} \mathbf{Q}^T [[\dot{\mathbf{u}}]] = \mathbf{Q} \mathbf{D}^{tan} \mathbf{Q}^T F_\tau N_i (\mathbf{u}_{\tau i}^+ - \mathbf{u}_{\tau i}^-) \quad (24)$$

where  $\mathbf{Q}$  is the orthogonal transformation matrix used for the transformation between the local and global system for cohesive elements. FN for the cohesive tangent matrix stems from the linearization of the cohesive force vector (Eq. 23),

$$k_{ij\tau s}^{coh} = \int_{\Gamma_c} F_\tau N_i \mathbf{Q} \mathbf{D}^{tan} \mathbf{Q}^T F_s N_j d\Gamma_c \quad (25)$$

The integration of cohesive elements via the standard Gauss quadrature leads to responses with spurious oscillations, especially when large stress gradients are present across a cohesive element [36]. The present work made use of the Newton-Cotes integration scheme for integrating the FN tangent stiffness matrix and internal force vector. The discrete equation in weak form is

$$\mathbf{f}^{int} + \mathbf{f}^{coh} - \mathbf{f}^{ext} = 0 \quad (26)$$

where  $\mathbf{f}^{int}$ ,  $\mathbf{f}^{coh}$  and  $\mathbf{f}^{ext}$  denote the global vectors for internal, cohesive and external forces, respectively.

Based on the works of Gutiérrez, this paper adopted an arc-length solver with a path-following constraint based on the energy release rate [23, 25]. Therefore, the global system of equation reads

$$\begin{bmatrix} \mathbf{f}^{int}(\mathbf{u}) - \lambda \mathbf{f}^{ext} \\ g(\mathbf{u}, \lambda) \end{bmatrix} = 0 \quad (27)$$

where  $\mathbf{f}^{int}(\mathbf{u})$  includes contributions from bulk as well cohesive finite elements and  $g$  is the energy-release constraint equation expressed as

$$g = \frac{1}{2} \mathbf{f}_{ext}^T (\lambda_0 \Delta \mathbf{u} - \Delta \lambda \mathbf{u}_0) - \Delta \tau \quad (28)$$

where  $\mathbf{f}_{ext}^T$  is the global unit external force vector,  $\Delta \tau$  is the dissipation path parameter,  $\lambda_0$  and  $\mathbf{u}_0$  are the last converged load factor and displacement vector, respectively. The amount of energy dissipated during a given load increment is always a monotonically increasing quantity. To avoid numerical issues in non-dissipative regions - such as pure elastic loading - the implementation used a switching algorithm via threshold values. The algorithm switches to displacement/force controlled loading during non-dissipative regions and to dissipation-controlled according to the energy threshold. In addition, the path parameter,  $\Delta \tau$ , varies during the course of computation to limit the number of steps required to minimum without any cut-backs. Given the optimal value of iterations per increment  $k_{opt}$ , the path parameter for a given increment  $i$  is [23]

$$\Delta \tau^i = \Delta \tau^{i-1} \frac{k_{opt}}{k^{i-1}} \quad (29)$$

where  $k^{i-1}$  refers to the number of iterations required in the last converged load step.

### 3 Numerical results

This section presents three study cases, namely, the End Notch Flexure test (ENF) with a pure mode II delamination propagation, the mixed-mode bending test (MMB) with two mode-mix ratios, and a composite specimen with multiple delamination fronts. Unless otherwise specified, the results from 1D and 3D FE were obtained from in-house codes.

#### 3.1 ENF test

This section aims to verify the accuracy and performance of the implemented cohesive model. The material is isotropic as in the analytical solution from [9], see Table 1. Figure 4 illustrates the geometry and boundary conditions of the specimen. Contact elements along the initial crack surface avoid the inter-penetration. The solution scheme made use of the energy-based arc-length method with an initial lambda  $\lambda_0$  of 50 and a unit force applied as P. The final displacement,  $u_z$  is 3.5 mm. CUF models for this case have 4L9-2CS6 and 6L9-3CS6 cross-section discretizations,

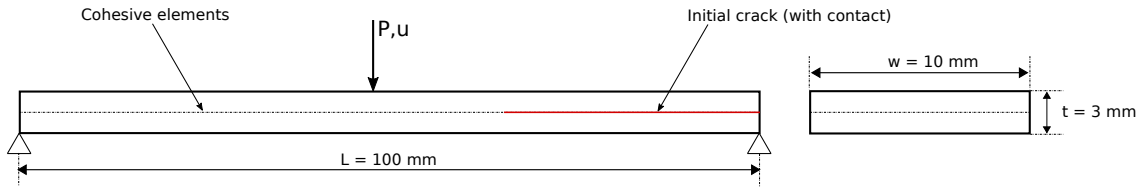


Figure 4: Geometry and loading for ENF

Table 1: Material properties for ENF

Bulk material		Cohesive material		
E (GPa)	$\nu$ (-)	$\tau_1$ (MPa)	K (Nmm <sup>-3</sup> )	$G_{IIC}$ Nmm <sup>-1</sup>
150.0	0.25	80.0	$10^6$	1.45

as shown in Fig. 5. 3D FEM models served as verification tools via standard linear brick elements, see Table 2 showing also DOF and the total analysis time for all models.

Figure 6a depicts the comparison of equilibrium curves from 3D FEM models, 4L9-2CS6, and the analytical solution developed by Mi et al. [9]. The paths from Different CUF cross-section models

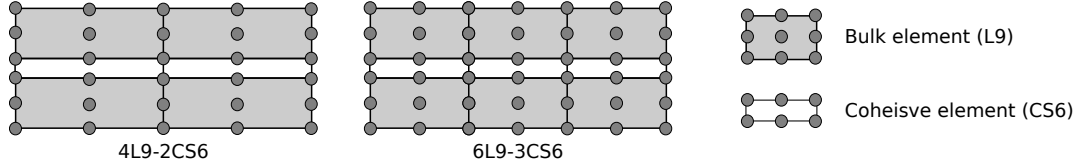


Figure 5: Cross-section meshes for ENF

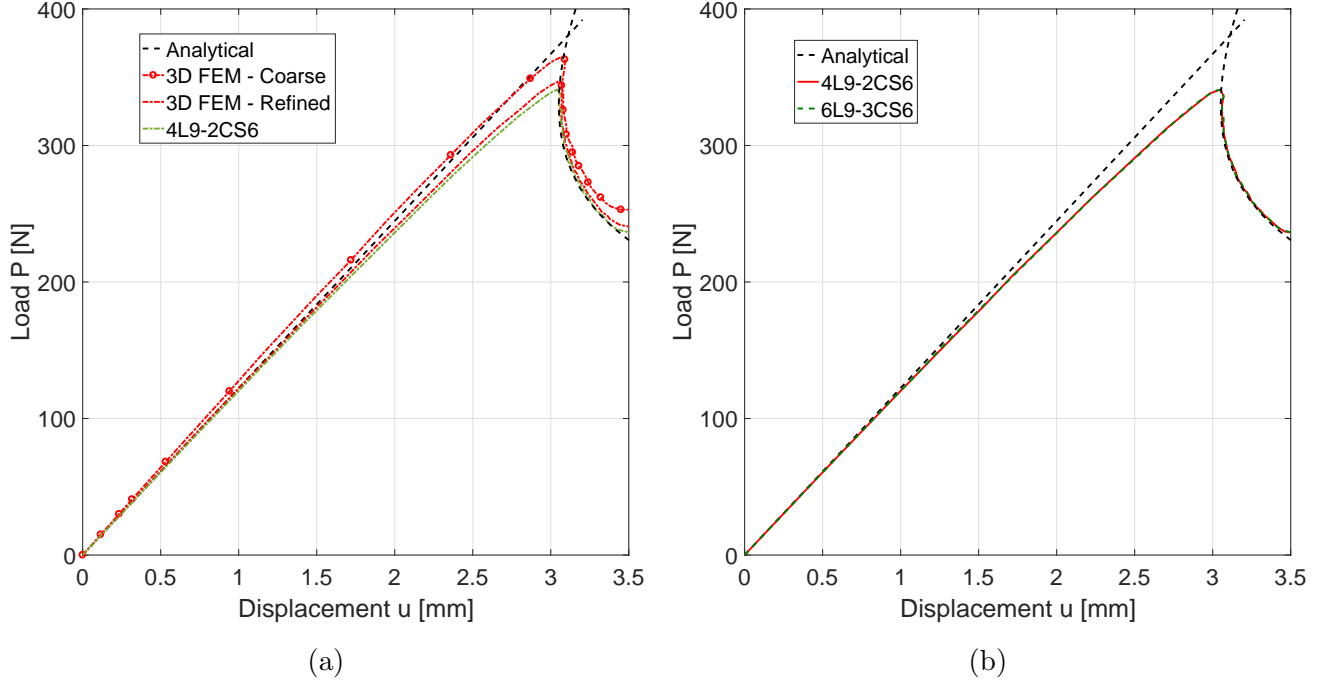


Figure 6: ENF, comparison of equilibrium curves for (a) 4L9-2CS6 and 3D FEM models and (b) 4L9-2CS6 and 6L9-3CS6

Table 2: Model information for ENF specimen test

Model	Description	DOF	Analysis time (s)
4L9-2CS6	Cross-section has 4L9 bulk elements with 2 CS6 cohesive elements, see Fig. 5. The beam has 80 B4 elements.	21690	383
6L9-3CS6	Cross-section has 6L9 bulk elements, i.e., three per layer, with 3 CS6 cohesive elements, see Fig. 5. The beam has 80 B4 elements.	30366	666
3DFEM - Coarse	Linear brick elements with a mesh density of $4 \times 240 \times 4$ and $4 \times 240$ cohesive elements.	21690	420
3DFEM - Refined	Linear brick elements with a mesh density of $4 \times 360 \times 4$ and $4 \times 360$ cohesive elements.	32490	893

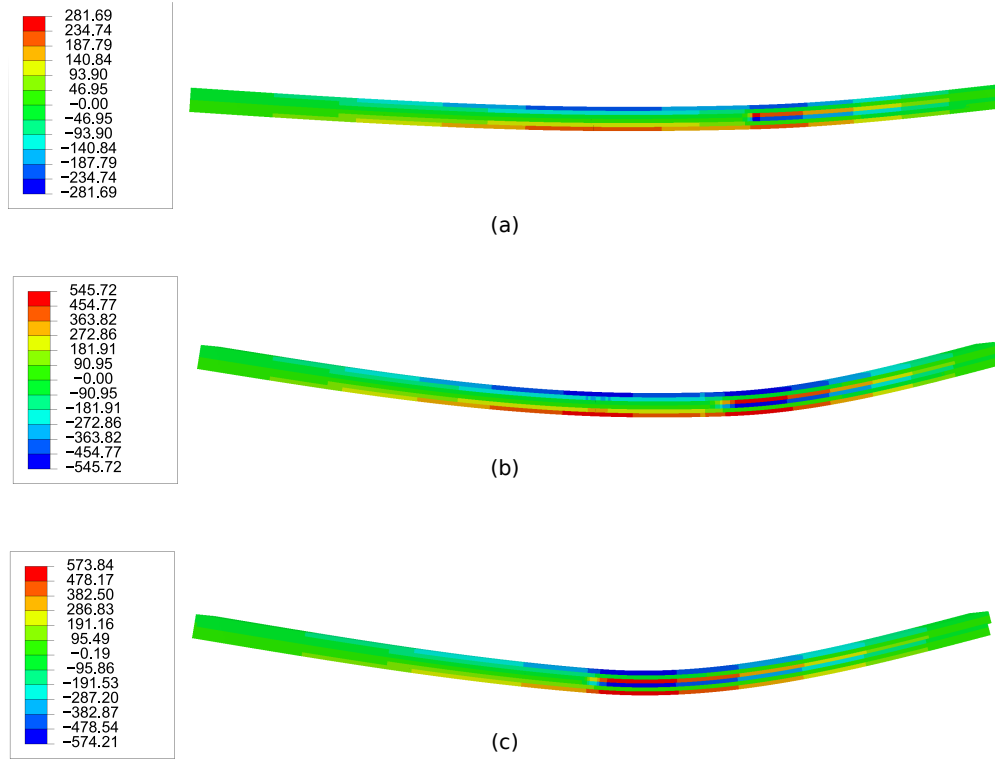


Figure 7: ENF,  $\sigma_{yy}$  (MPa) for 4L9-2CS6 model at various load values, (a)  $P = 30.08$  N, (b)  $P = 228.4$  N and (c)  $P = 280.3$  N

are in Fig. 6b. The deformed configuration along with  $\sigma_{yy}$  are Fig. 7 for the 4L9-2CS6. The results suggest that

1. The comparison with the analytical solution proved the accuracy of the present 1D formulation.
2. The coarse and refined 1D models provide almost identical results matching the refined 3D. The coarse 3D, on the other hand, tends to overestimate the equilibrium curve.
3. The coarse 1D model and the refined 3D provide the same accuracy, but the former requires half the computational time. The absence of aspect ratio constraints in the 1D formulation permits to use coarser meshes than 3D and with higher-order expansions. Therefore, locally, the displacement and stress fields have higher resolutions than the 3D models.

### 3.2 MMB test

The MMB is a widely adopted standardized testing method (ASTM-D5528) for characterizing the mixed-mode fracture toughness in laminated composites for any mixed-mode ratio [37]. Different mode ratios stem by varying the loading arm length  $c$  with the Double Cantilever Beam test (DCB) and ENF as border cases. The present investigation exploited the experimental and numerical investigations of Camanho et al. [10] for verification purposes. Figure 8 depicts the geometry and boundary conditions. The material is a unidirectional AS4/PEEK carbon-reinforced composite with fibers oriented along the beam direction, see Table 3 for properties. The mode-mix ratios

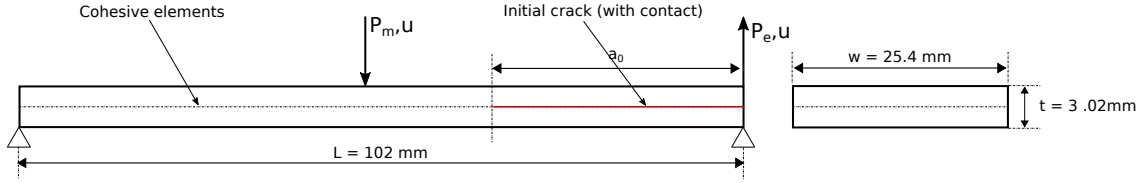


Figure 8: Geometry and loading for MMB

Table 3: Material properties for MMB

$E_{11}$ (GPa)	$E_{22}=E_{33}$ (GPa)	$G_{12}=G_{13}$ (GPa)	$G_{23}$ (GPa)	$\nu_{12} = \nu_{13}$ (-)	$G_{IC}$ (Nmm <sup>-1</sup> )	$G_{IIC}$ (Nmm <sup>-1</sup> )	$\tau_3$ (MPa)	$\tau_2$ (MPa)	$K_0$ (Nmm <sup>-3</sup> )
122.7	10.1	5.5	3.7	0.25	0.969	1.719	80	100	$10^6$

are 0.5 and 0.8. Table 4 enlists the geometric properties and applied loading conditions for each ratio. As in Table 5, the numerical results used two CUF models. Similar to the previous numerical case, contact elements avoided the inter-penetration of the initial crack surface. Based on the rigid body motion assumption for the loading arm, the load-point displacement  $u$  is [10, 38]:

$$u = \frac{2c + L}{L}u_m - \frac{2c}{L}u_e \quad (30)$$

where  $u_m$  and  $u_e$  are the displacements obtained at the middle and end of the specimen, see Fig. 8. The energy-based arc length method was the solution scheme with an initial lambda  $\lambda_0$  of 10 and 25 for mode-mix ratios of 0.5 and 0.8, respectively. The analysis ended at 6.5 mm and 6.1

mm. Balzani used 3D FE models mixed-mode delamination [38] whereas Camanho 2D ones

Table 4: Geometric properties and load values for different mode-mix ratio for MMB test [10, 38]

$G_{II}/G_T$	$G_c$ (Nmm <sup>-1</sup> )	$a_0$ (mm)	$c$ (mm)	$P_m$ (N)	$P_e$ (N)
0.5	1.131	34.1	44.4	1.87P	0.87P
0.8	1.376	31.4	28.4	1.56P	0.56P

Table 5: Model information for MMB test

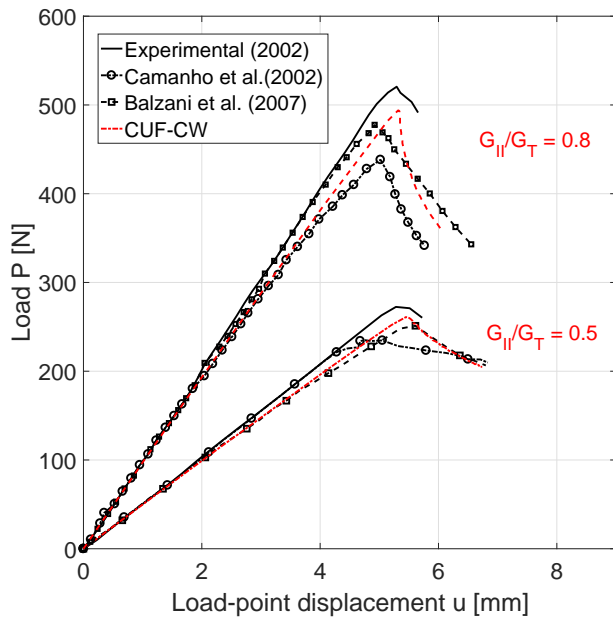
Model	Description	DOF
8L9-4CS6-40B4	Cross-section has 8L9, 4 per each layer, and 4CS6 cohesive elements. The beam has 40B4 elements.	19602
8L9-4CS6-60B4	Cross-section has 8L9, 4 per each layer, with 4CS6 cohesive elements. The beam has 60B4 elements.	29322

[10]. Figure 9(a) compares equilibrium curves obtained using the 8L9-4CS6-60B4 model against experimental and numerical results. Convergence of equilibrium curves for different 1D models are in Fig. 9(b). Table 6 compares the maximum load obtained by 1D CUF and experimental and numerical reference models. The analysis times required for all the numerical models are in Table 7. The results suggest that

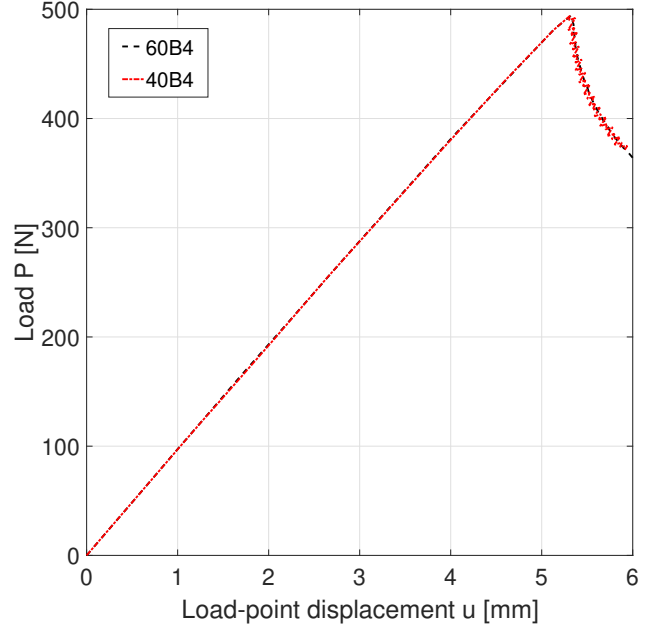
Table 6: Comparison of maximum loads obtained using 8L9-4CS6-60B4 model for MMB against experimental and numerical models

$G_{II}/G_T$	Experimental [10] (N)	Camanho et al. [10]		Balzani et al. [38]		CUF-CW	
		Value (N)	Error (%)	Value (N)	Error (%)	Value (N)	Error (%)
0.5	275.35	236.6	14.1	251.2	8.8	261.0	5.2
0.8	518.66	479.9	7.5	438.3	15.5	494.5	4.7

- 1D models detected the equilibrium curves with a good agreement if compared to experimental and numerical results from the literature.
- The refinement of the 1D mesh led to marginal improvements of the solution.



(a)



(b)

Figure 9: Equilibrium curves for mixed-mode bending test: (a) Results from 1D CUF using 8L9-4CS6-60B4 and experimental and numerical results from the literature and (b) convergence of 1D CUF models for the 0.8 mode-mix ratio

Table 7: Costs of the analyses for the MMB test

Model	Analysis time (hh:mm)
8L9-4CS6-40B4	0:27
8L9-4CS6-60B4	0:45

3. The present models improved the accuracy to experimental results concerning the peak load if compared to previous numerical models.

### 3.3 Multiple delaminations of composite specimens

Robinson et al. investigated multiple mixed-mode delaminations in a carbon-fiber laminate through numerical as well experimental studies [39]. As illustrated in Fig. 10, the problem consists of two initial cracks. The first crack is along the mid-plane on the left-end of the specimen and the second one is two plies below and right of the first initial crack. The problem is common in literature as it exhibits a complex equilibrium path and, therefore, serves as a benchmark [22, 15]. The material properties of the specimen are in Table 8. Figure 11 illustrates the modeling technique adopted using CUF approach. According to the position of the initial crack, the model has various cross-section configurations. The modeling approach preserves the node compatibility at the interfaces of different sets of beams indicated by the two-colored beam nodes in Fig. 11. Verifications used three additional models based on standard linear brick elements with linear 3D cohesive elements and varying mesh density as in Table 9. The energy-based arc-length method solved the numerical problem with an initial lambda  $\lambda_0$  of 1 and a force applied as P, and a termination condition of  $\Delta$  equal to 24 mm. Alfano and Crisfield performed the multiple delamination analysis us-

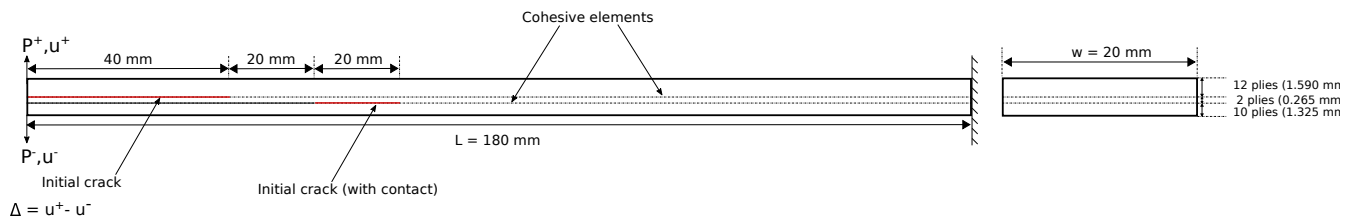


Figure 10: Geometry and boundary conditions for multiple delaminations

Table 8: Material properties for multiple delaminations [39, 15]

$E_1$ (GPa)	$E_2=E_3$ (GPa)	$G_{12}$ (GPa)	$\nu_{12}=\nu_{13}$ (-)	$G_{IC}$ (Nmm <sup>-1</sup> )	$G_{IIC}$ (Nmm <sup>-1</sup> )	$\tau_3$ (MPa)	$\tau_1$ (MPa)	K (Nmm <sup>-3</sup> )
115.0	8.5	4.5	0.29	0.33	0.8	8.0	3.3	$2.5 \times 10^5$

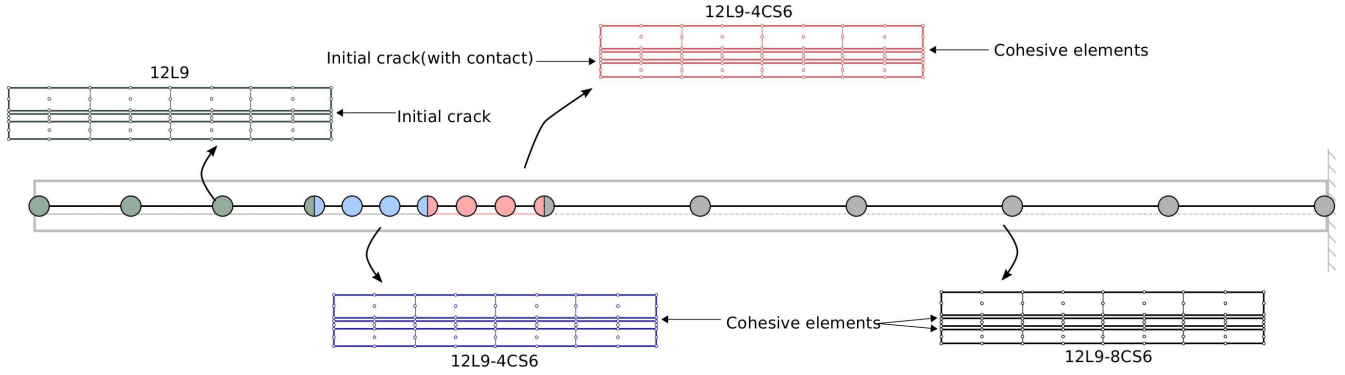


Figure 11: CUF models for multiple delaminations

Table 9: Model descriptions for multiple delaminations

Model	Description	DOF
12L9-4CS6	Cross-section has 12L9 elements with a combination of 4CS6/8CS6 cohesive elements inserted between the layers based on the position of cracks, see Fig. 11. The beam has 77B4 elements.	56376
3DFEM - Coarse	Linear brick elements with a mesh density of 8x230x6. The mesh density is equivalent to that of 12L9-4CS6 configuration, amounting to similar DOF	56133
3DFEM - Medium	Linear brick elements with a mesh density of 8x458x6 with twice the mesh density along the beam as compared to the 3DFEM - Coarse	111537
3DFEM - Refined	Linear brick elements with a mesh density of 8x619x6 with three times the mesh density along the beam as compared to the 3DFEM - Coarse	150660

ing 2D standard FEM elements equipped with local arc-length and a line-search based numerical solver [22]. Nguyen and Nguyen-Xuan developed a 2D higher-order Bèzier element along with an energy-based arc-length method and efficiently solved the multiple delamination analysis of composite specimens [15]. Figure 12a compares the equilibrium curves obtained using CUF with the experimental and numerical results available from the literature [15, 39, 22]. Equilibrium curves obtained from CUF and 3D FEM models with varying mesh density are in Fig. 12. Table 10 enlists the information pertaining the total analysis time of various models. Figure 13 depicts the equilibrium curve from CUF along with the deformation state at specific load instances. Contour plots for delaminated zones in the top and bottom surfaces of the specimen at various instances are in Fig. 14. The results suggest that

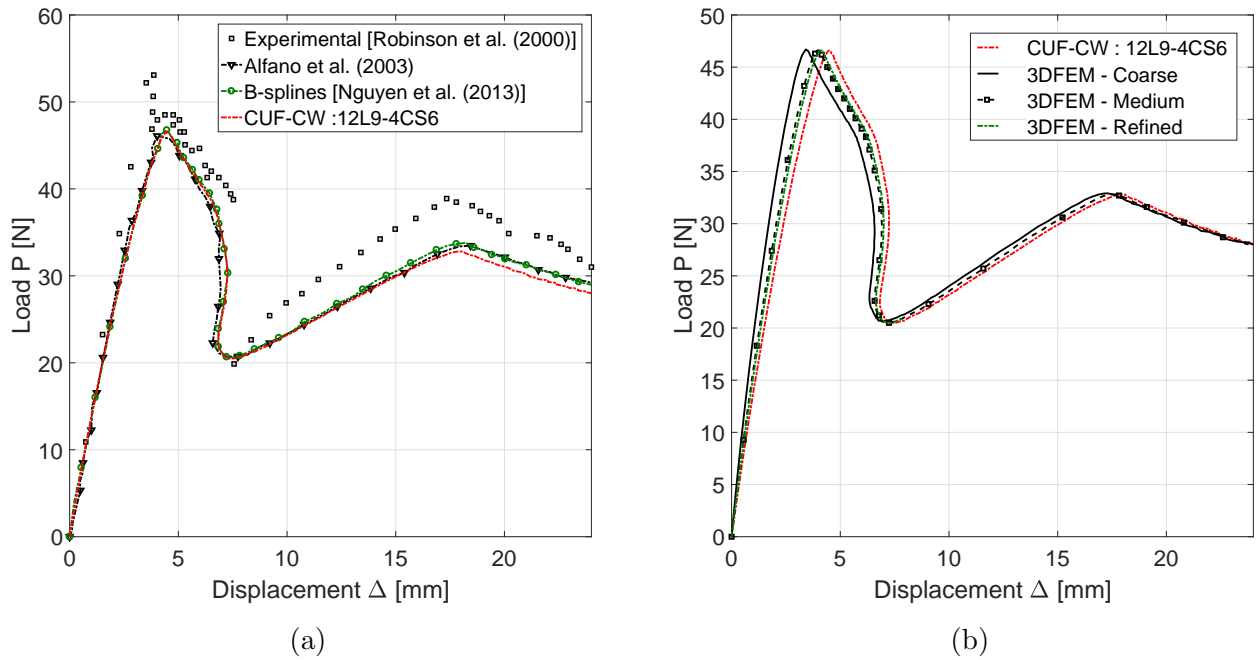


Figure 12: Equilibrium curves for multiple delaminations: (a) Comparison of CUF with experimental and literature results [39, 22, 15] and (b) comparison between CUF and 3D FEM with varying mesh density

1. As verified via reference solutions, CUF accurately captures the complex equilibrium curve for multiple delaminations.
2. The refining process of 3D models converges to CUF. In particular, although the size of the

Table 10: Analysis times for multiple delaminations

Model	Analysis Time (hh:mm)
12L9-4CS6	1:47
3DFEM- Coarse	1:25
3DFEM - Medium	4:44
3DFEM - Refined	7:15

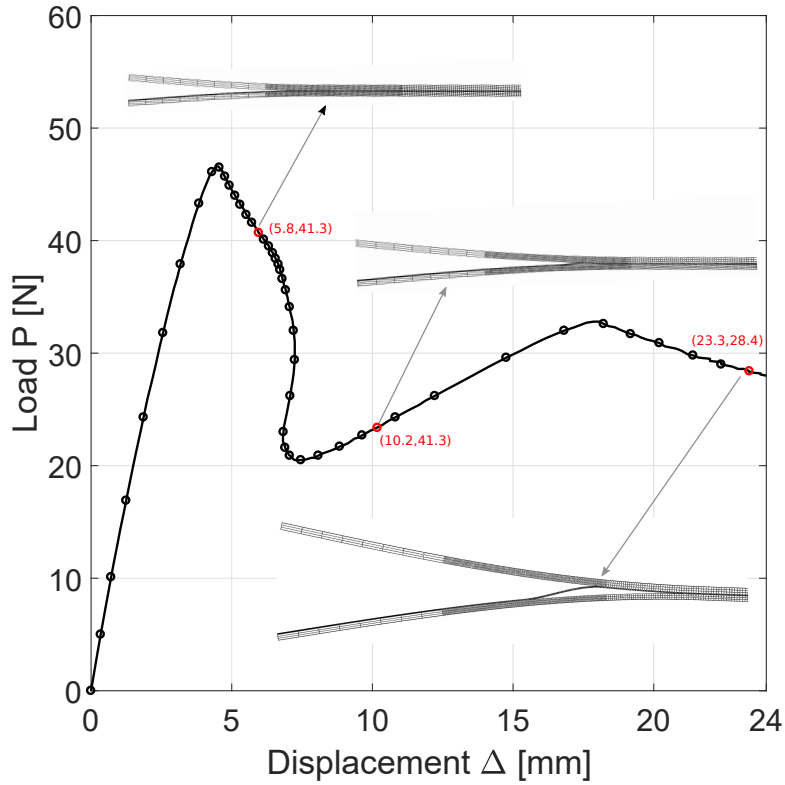


Figure 13: Equilibrium curves and deformed states via CUF for multiple delaminations

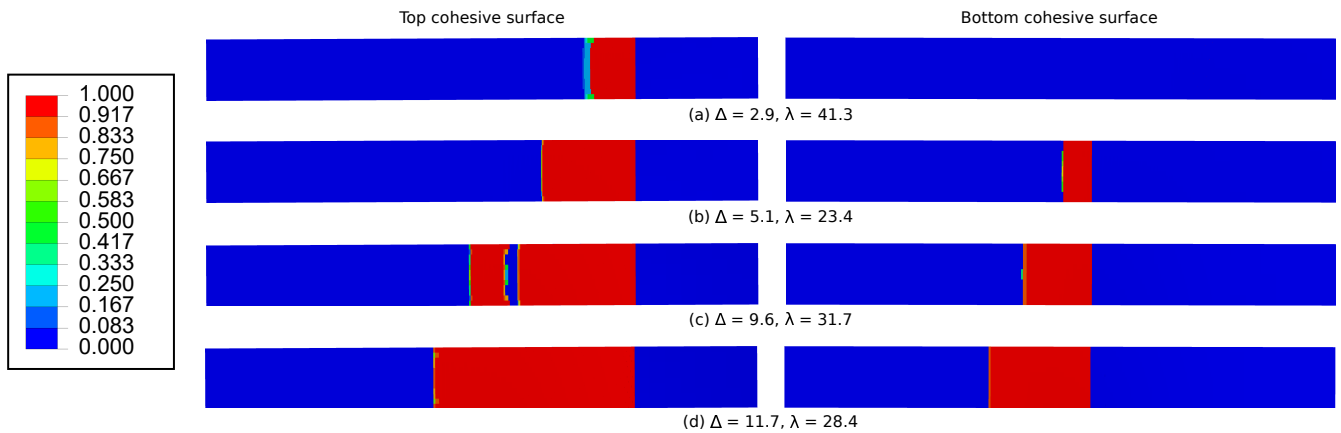


Figure 14: Contour plots of the delamination index - 0: intact, 1: fully delaminated - at the top and bottom cohesive surfaces via CUF for multiple delaminations

problem for 12L9-4CS6 and 3D FEM - Coarse configurations is similar, the 3D FEM - Coarse model presents visible differences in the equilibrium path.

3. CUF models have multi-fold better efficiency regarding the analysis times than standard 3D FEM.
4. The present formulation can capture the progressive delamination propagation along multiple fronts.
5. From a modeling standpoint, the CUF modeling improves the meshing process by assigning various cross-section configurations to individual beams whereas the discretization and insertion of cohesive elements within a 3D FEM model may lead to a cumbersome process due to the high number of FE elements.

## 4 Conclusion

The paper extends 1D higher-order FE models to the delamination modeling to increase the computational efficiency. Cohesive modeling capabilities make use of the CUF approach to exploit refined displacement field along the cross-section and obtain complete and accurate 3D stress and displacement fields. The approach makes use of the mixed-mode cohesive constitutive law and a global dissipation energy-based arc -length method, and verified via various numerical examples including the end-notch flexure test, mixed-mode bending test, and multiple delamination fronts.

The analysis of the results suggest that

- CUF tends to outperform standard 3D FEM with multi-fold efficiency regarding the analysis times. Such an outcome stems from the lower amounts of DOF required by CUF models.
- The absence of aspect ratio constraints in 1D models permits to enrich the modeling capabilities only by adopting refined structural theories instead of re-meshing.
- In the MMB test, CUF models provided significant improvements concerning the prediction of peak loads if compared to other numerical tests and experimental results.

- The use of cohesive elements within CUF may lead to more efficiency in the modeling as the elements are cross-section features and non-homogeneous 1D elements and compatibilities are enforceable straightforwardly.

Future extensions include the implementation of more advanced delamination models and the application to delamination problems in large-scale structures such as a skin-stringer debonding simulation. Within the view of multi-fold efficiency, the present models may be of great advantage within concurrent multiscale frameworks.

## 5 Acknowledgments

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