

Quench-induced dynamical phase transitions and  $\pi$ -synchronization in the Bose-Hubbard model

*Original*

Quench-induced dynamical phase transitions and  $\pi$ -synchronization in the Bose-Hubbard model / Pizzi, A.; Dolcini, F.; Le Hur, K.. - In: PHYSICAL REVIEW. B. - ISSN 2469-9950. - STAMPA. - 99:9(2019), p. 094301.  
[10.1103/PhysRevB.99.094301]

*Availability:*

This version is available at: 11583/2765935 since: 2019-11-11T09:28:56Z

*Publisher:*

American Physical Society

*Published*

DOI:10.1103/PhysRevB.99.094301

*Terms of use:*

This article is made available under terms and conditions as specified in the corresponding bibliographic description in the repository

*Publisher copyright*

(Article begins on next page)

**Quench-induced dynamical phase transitions and  $\pi$ -synchronization in the Bose-Hubbard model**Andrea Pizzi,<sup>1,2,3</sup> Fabrizio Dolcini,<sup>2</sup> and Karyn Le Hur<sup>1</sup><sup>1</sup>*CPHT, Ecole Polytechnique, CNRS, Université Paris-Saclay, Route de Saclay, 91128 Palaiseau, France*<sup>2</sup>*Dipartimento di Scienza Applicata e Tecnologia, Politecnico di Torino, I-10129 Torino, Italy*<sup>3</sup>*Cavendish Laboratory, University of Cambridge, Cambridge CB3 0HE, United Kingdom*

(Received 20 November 2018; published 4 March 2019)

We investigate the nonequilibrium behavior of a fully connected (or all-to-all coupled) Bose-Hubbard model after a Mott to superfluid quench, in the limit of large boson densities and for an arbitrary number  $V$  of lattice sites, with potential relevance in experiments ranging from cold atoms to superconducting qubits. By means of the truncated Wigner approximation, we predict that crossing a critical quench strength the system undergoes a dynamical phase transition between two regimes that are characterized at long times either by an inhomogeneous population of the lattice (i.e., macroscopical self-trapping) or by the tendency of the mean-field bosonic variables to split into two groups with phase difference  $\pi$ , that we refer to as  $\pi$ -synchronization. We show the latter process to be intimately connected to the presence, only for  $V \geq 4$ , of a manifold of infinitely many fixed points of the dynamical equations. Finally, we show that no fine-tuning of the model parameters is needed for the emergence of such  $\pi$ -synchronization, that is in fact found to vanish smoothly in presence of an increasing site-dependent disorder, in what we call a synchronization crossover.

DOI: [10.1103/PhysRevB.99.094301](https://doi.org/10.1103/PhysRevB.99.094301)**I. INTRODUCTION**

The theory of interacting many-body quantum systems at equilibrium has advanced remarkably over the past few decades, to account for various quantum phase transitions, i.e., sharp changes of the ground state of an Hamiltonian when its parameters are varied across some critical values. However, the behavior of such systems is far less understood when it comes to the out-of-equilibrium regime, whose relevance has rapidly grown triggered by significant experimental progress in gases of ultracold neutral atoms in optical lattices [1–6], trapped atoms [7–10], and superconducting qubits [11,12]. One of the most established protocols to take these systems to the nonequilibrium regime is the quantum quench, consisting of a sudden change of the Hamiltonian of the system from  $H_i$  to  $H_f$  at time  $t = 0$  [13–20]. Importantly, over the typical experimental timescales these systems are essentially isolated from the environment. In these conditions, one can observe the emergence of two particularly interesting phenomena. The first one is a quantum Dynamical Phase Transition (DPT), identified by a sharp change of the dynamical behavior at a critical quench strength [18–22], whereas the second, sometimes referred to as thermalization of an isolated system [22–30], consists in the relaxation of some macroscopic variables to some finite values at long times.

A well-established approach to the study of the dynamics of a large population of interacting bosons on a lattice consists of reducing the Heisenberg equation of motion to the discrete nonlinear Gross-Pitaevskii equation (GPE) via a mean-field substitution of the bosonic creation and annihilation operators  $a_j^\dagger$  and  $a_j$  ( $j = 1, 2, \dots, V$  labeling the lattice site) with the  $\mathbb{C}$  numbers  $\psi_j$  and  $\psi_j^*$  [31–37]. Quantum fluctuations can then be taken into account within the truncated Wigner approximation (TWA), that at each time  $t > 0$  considers averages over an ensemble of classical fields  $\{\psi_j(t)\}$  obtained as the evolution

under the GPE of stochastic initial fields  $\{\psi_j(0)\}$  [38–40]. Looking at the time evolution of the phases  $\{\theta_j\}$  of  $\{\psi_j\}$ , the system can be regarded as a system of  $V$  classical nonlinearly coupled oscillators, making thus natural to wonder about the occurrence of synchronization phenomena. Indeed, Witthaut *et al.* recently demonstrated that a particular class of bosonic models can in this way be recasted to the Kuramoto model for classically coupled nonlinear oscillators, that is a well-known model revealing a synchronization transition driven by the competition between coupling and disorder [36,41–43]. Importantly, since the considered systems are (almost) isolated, the emergence of synchronization is not due to any dissipation or external driving, as usually considered [44–52].

In this context, the Bose-Hubbard model is paradigmatic, describing a system of bosons on a lattice with site-to-site tunneling and on-site interaction, and exhibiting at equilibrium a quantum phase transition between a superfluid (SF) and a Mott insulator (MI) [53–57]. Such a model finds various applications in physics [58] from ultracold atoms in optical lattices [1,59,60] to systems of Josephson junctions [11,61–63]. For these systems, disorder is known to lead to glassy phases and Anderson localization [53,64–67], while recently the phenomenon of many-body localization has also been analyzed [6]. In the nonequilibrium regime, using an exact approach Sciolla and Biroli highlighted the existence of a DPT for a fully connected lattice in the limit of infinite site number ( $V \rightarrow \infty$ ) for small boson densities (that is few bosons per site) [18–20]. In the opposite limit of large boson densities, the TWA was adopted to study one, two and three-dimensional systems [38,68], whereas other works focused on the bosonic dimer and trimer (that is  $V = 2, 3$ ) revealing peculiar dynamical features such as the macroscopic quantum self-trapping (MQST), that is a symmetry breaking leading to nonzero average population imbalance [8,31–34,37,69–75].

Here, by means of the TWA, we study the dynamics after a MI to SF quench on a fully connected lattice of generic number of sites  $V$  and for a large number of bosons per lattice site. The choice of a fully connected model is motivated by the analytical tractability allowed by its symmetries, by the fact that it represents an approximate description of a finite-dimensional system [18,19] and by potential experimental realizations with superconducting qubits [76]. Under these assumptions, our work aims to capture the leading effects, neglecting possible corrections due to the finiteness of the lattice coordination number and of the density  $\rho_0$ , typically characterizing realistic systems. Remarkably, we reveal at short times the existence of a DPT and at long times the relaxation of the system (for large  $V$ ) to two qualitatively very different regimes on the two sides of the DPT: for strong interactions the lattice sites are populated in an inhomogeneous way, a phenomenon that we refer to as MQST, whereas for weak interactions the variables  $\{\psi_j\}$  tend to split in two groups with phase difference  $\pi$ , an effect that we refer to as  $\pi$ -synchronization. Interestingly, we show that these features are intimately connected to the fixed points (FPs) of the GPE, finding that if and only if  $V \geq 4$  there exists a peculiar manifold of infinitely many FPs that enables the aforementioned synchronization. Our results are consistent with the idea that in high-dimensional lattices the system builds up long-range correlations at low effective temperatures (that is weak quenches). Furthermore, we show that no fine-tuning of the model parameters is needed for the occurrence of such  $\pi$ -synchronization. Indeed, we find that the long-time asymptotic value of a suitable  $\pi$ -synchronization parameter  $S$  decreases smoothly with the strength of a site-dependent disorder in what we refer to as a synchronization crossover.

The paper is organized as follows. In Sec. II, we write the system Hamiltonian, derive the corresponding GPE and introduce the TWA, describing the system evolution after a quench. In Sec. III, we present a powerful argument on the effects of conserved quantities (namely energy and total number of particles) on the nonequilibrium dynamics of the system, and find the mathematical condition underlining MQST. In Sec. IV, we find the FPs of the GPE, discovering the existence of the manifold of infinitely many FPs for  $V \geq 4$ . In Sec. V, we study the short-time dynamics by means of the linear stability analysis of the FPs, showing the DPT and, on one of its sides, the appearance of the MQST. In Sec. VI, we numerically implement the TWA and investigate the long-time dynamics, discovering the emergence under particular circumstances either of MQST or of  $\pi$ -synchronization. From an analogy with liquid crystals [77], we introduce the parameter  $S$  to quantify the  $\pi$ -synchronization and, in Sec. VII, we study its robustness against the introduction of site-dependent disorder, finding the synchronization crossover. In Sec. VIII, we summarize our results and outline possible directions of further research. Finally, the appendices are mainly devoted to technical aspects and derivations.

## II. MODEL

To describe the model, we start by deriving the dynamical equations of a system of interacting bosons on a fully connected lattice, that is a lattice where particles can hop from

any site to any other site with same tunneling strength. By means of a mean-field approximation, we are able to recast the Heisenberg equation of motion into a nonlinear and discrete GPE of motion for classical coupled oscillators of variable length and phase. The TWA is finally obtained considering an ensemble of initial stochastic classical fields.

### A. Hamiltonian

The Bose-Hubbard model on a fully connected lattice is characterized by the following Hamiltonian:

$$H_{\text{BH}} = -\frac{J}{V} \sum_{\substack{i,j=1 \\ i \neq j}}^V a_i^\dagger a_j + \frac{u}{2} \sum_{j=1}^V n_j(n_j - 1) - \mu \sum_{j=1}^V n_j, \quad (1)$$

where  $V$  is the number of lattice sites,  $a_j^\dagger$  and  $a_j$  are the bosonic creation and annihilation operators at site  $j$ , respectively, satisfying the bosonic commutation relation  $[a_i, a_j^\dagger] = \delta_{i,j}$ ,  $n_j = a_j^\dagger a_j$  is the number operator associated to the  $j$ th site,  $J$  is the hopping strength for tunneling between any two sites (rescaled of a factor  $V$  to guarantee extensivity),  $u$  is the energy scale of the on-site two-body repulsive interaction ( $u > 0$ ) and  $\mu$  the chemical potential setting the average number of particles in the system. In the following, the indices  $i, j, k$  are assumed to run over all the sites  $1, 2, \dots, V$ , unless differently specified. We denote by  $N$  the total number of particles and by  $\rho_0 = N/V$  the average number of particles per lattice site.

Relevant for the determination of both the equilibrium and the nonequilibrium properties of the system is the following dimensionless parameter

$$\eta = \frac{J}{u\rho_0}. \quad (2)$$

It is well-known that varying  $\eta$  across a critical value  $\eta_c^{\text{eq}}(\rho_0, \mu)$ , the system undergoes an equilibrium phase transition between a SF and a MI, the former being characterized by long-range coherence and the latter by integer boson densities, existence of a gap for particle-hole excitation and zero compressibility [53,54]. Within mean field, at integer fillings and for  $\rho_0 \gg 1$ , the transition occurs at [38,53]

$$\eta_c^{\text{eq}} \approx \frac{1}{4\rho_0^2}, \quad (3)$$

so that only a small interval  $0 < \eta < \frac{1}{4\rho_0^2} \ll 1$  will correspond to a MI ground state. As a consequence, switching  $\eta$  from  $\eta_i \approx 0$  to  $\eta_f \sim 1$  at  $t = 0$  corresponds in this limit to a MI to SF quench. It should be emphasized that, in order to consistently work within the TWA and capture the leading effects, we shall henceforth assume a large but finite  $\rho_0 \gg 1$ . Corrections to our model arise on the one hand from the deviation of realistic systems from the Bose-Hubbard model for large  $\rho_0$  and on the other from the finite  $\rho_0$  quantum effects beyond TWA [39].

### B. Gross-Pitaevskii dynamical equations

The dynamical equation for the bosonic annihilation operator at site  $k$  is readily obtained within the Heisenberg

formalism as ( $\hbar = 1$ )

$$\frac{da_k}{dt} = i[H_{\text{BH}}, a_k]. \quad (4)$$

that reads (details in Appendix A 1)

$$\frac{da_k}{d(it)} = +\frac{J}{V} \sum_{j=1}^V a_j - un_k a_k. \quad (5)$$

At the mean-field level, for a large number of bosons per lattice site ( $\rho_0 \gg 1$ ) and in the SF regime ( $\eta > \eta_c^{\text{eq}}$  with  $\eta_c^{\text{eq}} \ll 1$  as explained above), a well-established approximation to approach Eq. (5) reads [31,38]

$$\begin{aligned} \langle n_k a_k \rangle &\approx |\langle a_k \rangle|^2 \langle a_k \rangle, \\ \langle n_k \rangle &\approx \langle a_k^\dagger \rangle \langle a_k \rangle = |\langle a_k^\dagger \rangle|^2, \end{aligned} \quad (6)$$

where  $\langle \dots \rangle$  denotes the expectation value. Because of the coupling with the environment prior to the quench, in general the system is not in an eigenstate of the total number of particles operator  $\sum_{j=1}^V n_j$ , and the expectation value  $\langle a_k^\dagger \rangle$  is nonvanishing. We denote

$$\langle a_k \rangle = \psi_k = \sqrt{\rho_k} e^{i\theta_k}, \quad (7)$$

where  $\rho_k$  and  $\theta_k$  are the squared modulus and the phase of  $\psi_k$ , respectively. From Eq. (5) and under the approximation (6), we obtain

$$\frac{d\psi_k}{d(it)} = +\frac{J}{V} \sum_{j=1}^V \psi_j - u|\psi_k|^2 \psi_k, \quad (8)$$

that is a discrete and nonlinear GPE. As detailed in Appendix A 2, from Eq. (8) we can derive the dynamical equations for  $\rho_k$  and  $\theta_k$ , reading

$$\begin{aligned} \frac{d\sqrt{\rho_k}}{dt} &= \frac{J}{V} \sum_{j=1}^V \sqrt{\rho_j} \sin(\theta_k - \theta_j) \\ \frac{d\theta_k}{dt} &= \frac{J}{V} \sum_{j=1}^V \sqrt{\frac{\rho_j}{\rho_k}} \cos(\theta_k - \theta_j) - u\rho_k. \end{aligned} \quad (9)$$

We define the following complex dynamical order parameter:

$$\Psi = re^{i\phi} = \frac{1}{V} \sum_{j=1}^V \sqrt{\rho_j} e^{i\theta_j}, \quad (10)$$

whose modulus and phase are denoted  $r$  and  $\phi$ , respectively. Similarly to what is typically done for the Kuramoto model for classical coupled oscillators [43], considering the real and the imaginary part of  $re^{i(\phi-\theta_k)} = \frac{1}{V} \sum_{j=1}^V \sqrt{\rho_j} e^{i(\theta_j-\theta_k)}$ , we readily find

$$\begin{aligned} r \cos(\phi - \theta_k) &= \frac{1}{V} \sum_{j=1}^V \sqrt{\rho_j} \cos(\theta_j - \theta_k), \\ r \sin(\phi - \theta_k) &= \frac{1}{V} \sum_{j=1}^V \sqrt{\rho_j} \sin(\theta_j - \theta_k), \end{aligned} \quad (11)$$

so that Eq. (9) can be compactly rewritten as

$$\begin{aligned} \frac{d\sqrt{\rho_k}}{dt} &= Jr \sin(\theta_k - \phi) \\ \frac{d\theta_k}{dt} &= \frac{Jr}{\sqrt{\rho_k}} \cos(\theta_k - \phi) - u\rho_k, \end{aligned} \quad (12)$$

where we stress that  $r$  and  $\phi$  are in general time-dependent, evolving consistently with all the variables  $\{\rho_j, \theta_j\}$ , accordingly to Eq. (10). Being the system isolated, the average number of particles per lattice sites  $\rho_0 = \frac{1}{V} \sum_{j=1}^V \rho_j$  is a conserved quantity of Eq. (12).

Expressing the time  $t$  in units of  $\frac{\hbar}{u\rho_0}$  and  $\rho_k$  in units of  $\rho_0$ , Eq. (12) is rewritten as

$$\begin{aligned} \frac{d\sqrt{\rho_k}}{dt} &= \eta r \sin(\theta_k - \phi) \\ \frac{d\theta_k}{dt} &= \eta \frac{r}{\sqrt{\rho_k}} \cos(\theta_k - \phi) - \rho_k, \end{aligned} \quad (13)$$

where  $\eta$  is the dimensionless hopping strength defined in Eq. (2). Importantly, expressing  $\rho_k$  in units of  $\rho_0$ , the average of  $\rho_k$  over the sites is renormalized to 1, that is  $\rho_0 = \frac{1}{V} \sum_{j=1}^V \rho_j = 1$ . Similarly,  $r$  will assume values in  $(0,1)$ . The GPE (13) consists of a system of ordinary differential equations for the  $2V$  real variables  $\{\sqrt{\rho_k}, \theta_k\}$ . We call *configuration* the  $2V$ -dimensional set of variables  $\{\sqrt{\rho_k}, \theta_k\}$  associated to the state of the system and *phase space* the  $2V$ -dimensional space in which the configurations live. Finally, we observe that the approximation (6) corresponds to considering a classical Hamiltonian

$$H_{\text{CL}} = V \left( -\eta r^2 + \frac{1}{2} \frac{1}{V} \sum_{j=1}^V \rho_j^2 \right). \quad (14)$$

### C. Quench, TWA, and system initialization

To study the system dynamics in the nonequilibrium regime, we adopt the prototypical quench procedure, consisting of a sudden change of the Hamiltonian at time  $t = 0$  from  $H_i$  to  $H_f$  [13,15–20]. Thanks to the high degree of isolation of the system achievable on the experimental timescales [78], this procedure enables to investigate an almost-isolated system initialized in the ground state of the Hamiltonian  $H_i$  and evolving under the Hamiltonian  $H_f$  for  $t > 0$ . We shall mostly focus on (but not limit ourselves to) the MI to SF quench, corresponding to a change of  $\eta$  from  $\eta_i \approx 0$  to  $\eta_f \sim 1$  at  $t = 0$  (we recall that  $\eta_c^{\text{eq}} \ll 1$ ). In this case the TWA considers initial fields characterized by uniform density and stochastic phases [38]

$$\begin{aligned} \rho_j(t=0) &= \rho_0 \\ \theta_j(t=0) &= U_j, \end{aligned} \quad (15)$$

$\{U_j\}$  being independent uniform random numbers between 0 and  $2\pi$ . Importantly, for a large number of sites  $V$  the MI of (15) is characterized by  $r \sim 1/\sqrt{V} \xrightarrow{V \rightarrow \infty} 0$ . A graphical representation of the system mean-field state is shown in Fig. 1, where  $V$  blue markers in the complex plane represent the variables  $\{\psi_j = \sqrt{\rho_j} e^{i\theta_j}\}$  (one marker per each site), the red marker represents  $\Psi = re^{i\phi}$  and a black circle of radius

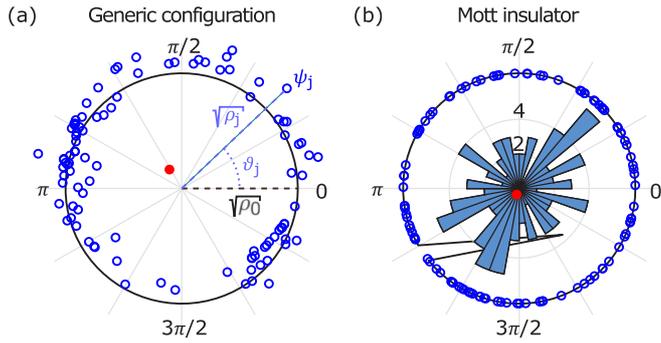


FIG. 1. Graphical representation of the system configuration for  $V = 100$  lattice sites. In the complex plane, the blue markers represent the mean-field bosonic variables  $\{\psi_j = \sqrt{\rho_j} e^{i\theta_j}\}$  (one marker per each site), a red dot represents the complex dynamical order parameter  $\Psi = r e^{i\phi}$  and a black circle of radius  $\sqrt{\rho_0} = 1$  is drawn as a reference. (a) Generic configuration, for which the  $\rho_j$  are spread around  $\rho_0$  and  $r \neq 0$ . (b) Example of initial configuration ( $t = 0$ ) for a MI to SF quench [Eq. (15)]. A polar histogram with  $10^\circ$  wide bins illustrates the distribution of the phases  $\{\theta_j\}$ . The proximity of the red dot to the origin of the plane reflects the fact that  $r \ll 1$  for a MI and  $V \gg 1$ .

$\sqrt{\rho_0}$  is shown as a reference. Additionally, a polar histogram of the phases  $\{\theta_j\}$  with bin width  $10^\circ$  is possibly displayed (b). To better interpret such a representation, it is worth to stress that  $r$  represents the distance of the red marker from the origin of the complex plane. The fact that for large  $V$  the MI (15) is characterized by  $r \approx 0$  reflects in its representation (b) into the red marker being close to the origin.

Having mapped the deterministic quantum evolution onto a stochastic classical evolution, it is possible to approximate the quantum expectation value of a normally ordered physical observable  $f(\{a_j, a_j^\dagger\})$  at any  $t > 0$  as [38]

$$\langle f(\{a_j, a_j^\dagger\}) \rangle \approx \langle f(\{\psi_j, \psi_j^*\}) \rangle_{\text{random } \{\theta_j(t=0)\}}, \quad (16)$$

where the RHS denotes average over the evolutions at time  $t > 0$  corresponding to different realizations of the initial random phases of (15). This procedure goes under the name of TWA and is exact up to an error of order  $1/\rho_0$  [39]. For simplicity and without ambiguity, in the following we shall however adopt only the notation  $\langle \dots \rangle$ , that has to be interpreted in the sense of Eq. (16). To evaluate the RHS of Eq. (16), we aim to study analytically the dynamics generated by the GPE for a generic initial configuration of the phases  $\{\theta_j\}$ . Such study is carried on within the framework of a dynamical system theory in Secs. III–V. From a computational point of view instead we perform an average over the numerical solutions of the GPE obtained for a large number of simulations, each one for different random initial phases, as done in Secs. VI and VII.

### III. EFFECTS OF CONSERVED QUANTITIES ON THE NONEQUILIBRIUM DYNAMICS

On the experimentally relevant timescales our system can be considered isolated [7,23,25], meaning that the nonequilibrium dynamics of the system will be constrained by the presence of conserved quantities. Conservation of energy is

for instance preventing the motion of the system from the ground state of the Hamiltonian  $H_i$  (preceding the quench) to the ground state of the Hamiltonian  $H_f$  (following the quench). In this preliminary section, we show that relevant information on the nonequilibrium dynamics of the system can be easily obtained from the conservation of the total number of particles and of the energy (14) that reads

$$-\eta r^2 + \frac{1}{2V} \sum_{j=1}^V \rho_j^2 = E, \quad (17)$$

where  $E$  is a constant depending on the initial condition. Writing  $\rho_j$  as  $\rho_j = \rho_0 + \delta_j$ , the conservation of the total number of particles reads  $\sum_{j=1}^V \delta_j = 0$ . Furthermore, in the particularly interesting case of initial homogeneous density ( $\delta_j = 0$ ), denoting  $r_0 = r(t=0)$ , we get at initial time  $t = 0$  that  $E = \frac{1}{2} - \tau r_0^2$ , so that Eq. (17) reduces to

$$\frac{1}{V} \sum_{j=1}^V (\rho_j - \rho_0)^2 = 2\eta(r^2 - r_0^2), \quad (18)$$

conveying important information on the system nonequilibrium dynamics. First, since the left-hand side of Eq. (18) is positive definite, for all times  $t > 0$ , we have

$$r(t) \geq r_0. \quad (19)$$

An immediate consequence is that, being  $r = 1$  the largest possible  $r$ , a system initialized close to the superfluid phase (that is with  $r \approx 1$ ) will remain close to the superfluid phase (namely with  $r \approx 1$ ). The second implication of Eq. (18) is that an increase of  $r$  must be accompanied by a spread of the  $\{\rho_j\}$  around their mean value  $\rho_0 = 1$  [as happens in Fig. 1(a)]. The goal of the next section is to unveil the conditions under which such growth of  $r$  occurs. From Eq. (18), we finally notice that, in the recurrent case of  $r_0 \approx 0$ ,  $r$  is a direct measure of the inhomogeneity of population among the sites, generalizing to an arbitrary  $V$  what in the  $V = 2$  case is called population imbalance. Therefore a finite  $\langle r \rangle$  corresponds to MQST.

### IV. FIXED POINTS

Aiming to study the dynamics of the system when initialized with homogeneous density and generic phases  $\{\theta_j\}$ , we start looking for the FPs of the GPE, that are the configurations that are preserved in time. In fact, in the proximity of a FP the short-time dynamics can be studied by means of a linearization of the GPE. Furthermore, the behavior of the system is intimately related to the FPs even at long times: a manifold of infinitely many FPs in the phase space, that is peculiar of  $V \geq 4$ , allows the asymptotic  $\pi$ -synchronization of the phases  $\{\theta_j\}$ , as we will show in Sec. VI. Being of crucial importance for the determination of the dynamical properties of the system, in this section, we systematically find and categorize the FPs, assigning names and acronyms to the most relevant of them, that will be extensively adopted in the remainder. A clear intuition of the FPs is given by their systematic representation in Fig. 2, to which the reader may refer throughout this section.

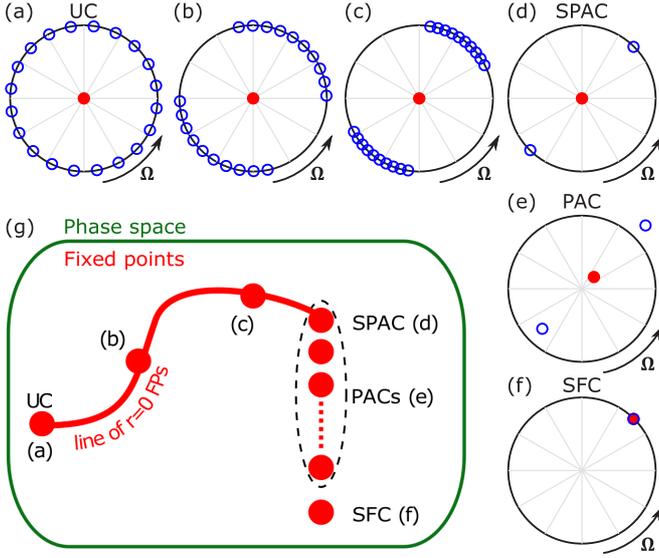


FIG. 2. Schematic representation of the representative FPs of the GPE (13) for an even  $V \geq 4$ . For  $V = 20$  sites we show the UC (a), two other FPs with  $r = 0$  [(b) and (c)], the SPAC (d), one  $\pi$ -aligned configuration (e), and the SFC (f). The circular arrows indicate that the phases of a FP are in general rotating at some constant rate  $\Omega$ . (g) The  $r = 0$  FPs constitute a manifold in the phase space that ranges from the UC to the SPAC. Notice that also for an odd  $V \geq 5$  there is an analog manifold of infinitely many  $r = 0$  FPs, just lacking of the SPAC.

To find the FPs we conveniently adopt a definition for stationarity that allows a common rotation of all the phases  $\{\theta_j\}$  at some constant rate  $\Omega$  (that can in fact always be removed with a proper gauge transformation, as shown in Appendix A 1). Therefore a configuration that fulfills for some  $\Omega$  the following stationarity conditions for all sites  $k$ :

$$\frac{d\sqrt{\rho_k}}{dt} = \eta r \sin(\theta_k - \phi) = 0, \quad (20)$$

$$\frac{d\theta_k}{dt} = \frac{\eta r}{\sqrt{\rho_k}} \cos(\theta_k - \phi) - \rho_k = \Omega, \quad (21)$$

shall be called a FP of the GPE (13). Clearly, being  $\Omega$  site-independent, it follows from Eq. (21) that  $\phi(t) = \phi(0) + \Omega t$ . With a suitable choice of the reference frame we set  $\phi(0) = 0$ , so that at  $t = 0$  Eq. (10) reads

$$\frac{1}{V} \sum_{j=1}^V \sqrt{\rho_j} e^{i\theta_j} = r, \quad (22)$$

From Eq. (20), we find that only two kinds of FPs are possible: the ones with  $\sin(\theta_k) = 0$  and the ones with  $r = 0$ . We address these two classes of FPs separately. In the following, all the relevant FPs are defined up to a site permutation (as natural for a fully connected model) and a rotation of the reference frame.

### A. Superfluid and $\pi$ -aligned fixed points

The first class of FPs is characterized by  $\theta_k \in \{0, \pi\}$ . The simpler FP with such property is the superfluid configuration (SFC), with homogeneous density  $\rho_k = \rho_0$  and equal phases,

that is

$$\begin{aligned} \rho_k &= 1 \\ \theta_k &= 0, \end{aligned} \quad (23)$$

for which we get  $r = 1$  and  $\Omega = \eta - 1$ . A graphical representation of the SFC is shown in Fig. 2(f). Maximizing  $r$ , the SFC is the ground state of the semiclassical Hamiltonian (14). In the nonequilibrium regime, the system will in general be far from the SFC.

For an even  $V$ , a second relevant FP in this class is the one with homogeneous density, one half of the phases equal to 0 and the other equal to  $\pi$ , reading

$$\begin{aligned} \rho_k &= 1 \\ \theta_k &= k\pi, \end{aligned} \quad (24)$$

for which  $r = 0$  and  $\Omega = -1$ , that we call symmetric  $\pi$ -aligned configuration (SPAC) and whose graphical representation is shown in Fig. 2(d). Experimentally, it is possible to initialize a cold atoms system to the SPAC applying short pulses to the condensate [38]. In such case, the short-time dynamics can thus be studied linearizing the GPE around the SPAC.

Other possible FPs in this class have a fraction  $\alpha \neq 1/2$  of sites with phase 0 and the remaining fraction  $1 - \alpha$  with phase  $\pi$  and will generically be referred to as  $\pi$ -aligned configurations [one example is shown in Fig. 2(e)]. The relevance for our study of these configurations is limited.

### B. $r = 0$ fixed points

The second class of FPs is characterized by  $r = 0$ , for which the condition (21) reads  $\rho_k = -\Omega$ . Consequently, Eq. (22) reads

$$\sum_{j=1}^V e^{i\theta_j} = 0. \quad (25)$$

Equation (25) has in general many solutions (namely infinite if and only if  $V \geq 4$ ). Of course, the aforementioned SPAC is one of them, in fact being the only FP satisfying at the same time  $r = 0$  and  $\theta_k - \theta_j \in \{0, \pi\}$ .

Certainly the most important FP for our study is the configuration defined for  $V \geq 3$  by

$$\begin{aligned} \rho_k &= 1 \\ \theta_k &= \frac{2\pi}{V} k. \end{aligned} \quad (26)$$

that we call uniform configuration (UC), where the word *uniform* is used to stress the uniform spacing  $2\pi/V$  of the phases. A graphical representation of the UC is shown in Fig. 2(a). Importantly, we observe that, in the infinite dimensional limit ( $V \rightarrow \infty$ ) and for a proper permutation of the sites, the UC coincides with the MI (15), since a number  $V \rightarrow \infty$  of uniform random phases in  $(0, 2\pi)$  is equivalent to  $V$  equispaced phases over the same interval. For a large but finite  $V \gg 1$ , random noise will instead make a generic MI configuration (15) different from the UC (26) but close to it. This observation crucially reflects into the fact that for a MI to SF quench and  $V \gg 1$ , the system is initialized in the

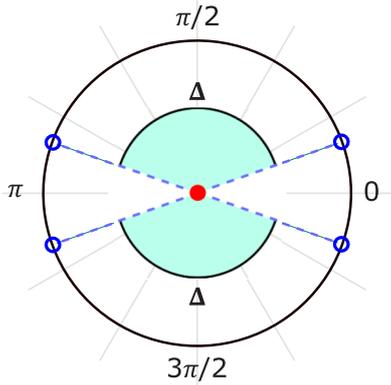


FIG. 3. Graphical representation of the DC, defined for  $V = 4$  lattice sites in (27). The DC is a parametric FP that, depending on the value of the parameter  $\Delta \in (\pi/2, \pi)$ , spans the entire manifold of  $r = 0$  FPs, ranging from the UC (for  $\Delta = \pi/2$ ) to the SPAC (for  $\Delta = \pi$ ).

proximity of the UC and the dynamics at short times can thus be studied linearizing the GPE around the UC.

Finally, we notice that for  $V \geq 4$  the condition (25) defines an infinity of FPs [e.g., the ones shown in Figs. 2(b) and 2(c) for  $V = 20$ ], constituting a  $(V - 3)$ -dimensional manifold in the phase space and of which the UC and (if  $V$  is even) the SPAC are part, as schematically shown in Fig. 2(g). For  $V = 4$  such manifold is a line, and can be represented parametrically by the following FP:

$$\begin{aligned} \rho_k &= 1 \\ \theta_1 &= +\frac{\pi}{2} - \frac{\Delta}{2} \\ \theta_2 &= -\theta_1 \\ \theta_3 &= \theta_1 + \pi \\ \theta_4 &= \theta_2 + \pi. \end{aligned} \quad (27)$$

that we call delta configuration (DC) as it depends on the parameter  $\Delta$  and that ranges continuously from the UC ( $\Delta = \pi/2$ ) to the SPAC ( $\Delta = \pi$ ), as shown in Fig. 3. The importance of the DC lies in the fact that it enables us to carry on analytical calculations along the manifold of the  $r = 0$  FPs for  $V = 4$ , with generalizations to  $V > 4$ , for which we instead focus on the UC and the SPAC only.

## V. SHORT-TIME BEHAVIOR: THE DYNAMICAL PHASE TRANSITION

Having argued that at time  $t = 0$  the system can be initialized either in the proximity of the UC or of the SPAC, we can now proceed with the study of the dynamics of a system initialized in the proximity of the FPs thanks to a linearization of the GPE. Here, after briefly reviewing the instructive  $V = 2$  case, we extend it to all possible  $V \geq 4$ , thus covering also to the large dimensional limit  $V \gg 1$ . In the framework of the dynamical systems theory, by means of a diagonalization of the Jacobian matrix  $J$  (not to be confused with the dimensional hopping strength) associated to the linearized GPE in the neighborhood of the most relevant FPs, we explore the nonequilibrium dynamics at short times

after the quench. Particularly, this is relevant for a SF to MI quench for  $V \gg 1$ , for which the system is initialized in the proximity of the UC (15) and for an initialization of the system to the SPAC (achievable in cold atoms applying short pulses to the condensate [38]). Looking at the eigenvalues of  $J$ , we find two regions of the parameter space corresponding to two qualitatively very different behaviors of the system in what can be called a dynamical phase transition.

We start by linearizing the GPE (13). To this purpose we introduce the  $2V$ -dimensional column vector

$$\vec{y} = (\theta_1, \theta_2, \dots, \theta_V, \sqrt{\rho_1}, \sqrt{\rho_2}, \dots, \sqrt{\rho_V})^T, \quad (28)$$

that describes the state of the system at the mean-field level. The Jacobian  $J$  associated to the GPE (13) is the  $2V \times 2V$ -dimensional matrix with entries

$$J_{n,m} = \frac{\partial}{\partial y_m} \left( \frac{dy_n}{dt} \right) \quad n, m = 1, 2, \dots, 2V. \quad (29)$$

If the system is initialized in a state  $\vec{y}(0)$  in the proximity of a FP  $\vec{y}^{\text{FP}}$ , the solution of the linearized GPE reads [79]

$$\vec{y}(t) = \vec{y}^{\text{FP}} + e^{Jt} (\vec{y}(0) - \vec{y}^{\text{FP}}), \quad (30)$$

where the Jacobian matrix  $J$  is evaluated in  $\vec{y}^{\text{FP}}$ . From Eq. (30) it follows that the dynamics of a system is determined by the eigenvalues  $\{\lambda_n\}$  of  $J$  [79]. For FPs with  $r = 0$  (such as the UC, SPAC, and DC) the latter turns out to read (see details in Appendix C)

$$\begin{aligned} J_{j,k} &= -\frac{\eta}{V} \sin(\theta_k - \theta_j), \\ J_{j+V,k+V} &= -\frac{\eta}{V} \sin(\theta_k - \theta_j), \\ J_{j+V,k} &= -\frac{\eta}{V} \cos(\theta_k - \theta_j), \\ J_{j,k+V} &= +\frac{\eta}{V} \cos(\theta_k - \theta_j) - 2\delta_{k,j}, \end{aligned} \quad (31)$$

from which we readily find that  $\text{Tr}\{J\} = 0$ , meaning that the real parts of the Jacobian eigenvalues cannot be all positive or all negative, as expected for a conservative system. Rather, depending on the considered FP and on  $\eta$ , only the following two situations are possible: (1) all the eigenvalues  $\{\lambda_n\}$  are purely imaginary (possibly 0), that is the FP is a *linear center* of the dynamics: the solution of the linearized equations is a state cycling periodically and close by the FP when initialized in its proximity.

(2) Some eigenvalues have positive real part and some others have negative real part, that is the FP is a *saddle* of the dynamics: the solution of the linearized equations is a state moving exponentially fast apart from the FP when initialized in its surroundings (because of random noise on the initial condition we exclude the possibility of system initialization exactly along a linear combination of eigenvectors associated to the eigenvalues with negative real part only).

Importantly, the FP in the former case is termed a *linear center*, since the above arguments on the eigenvalues are exact only for the linearized GPE. *A priori*, a *linear center* is not necessarily a *nonlinear center*, that is the nonlinearities of the GPE can make the system eventually move away from the FP at long times even if the latter is a linear center [79].

Interestingly, for a conservative system, a linear center is also a nonlinear center if it is *isolated* (meaning that it is not part of a continuum of FPs). Since if the FP is a saddle (linear center) the system will (will not) drift away exponentially fast from it, with some abuse of nomenclature we will often refer to it as being *stable* (*unstable*).

Exploiting the presence of conserved quantities, in Sec. III, we showed that a system initialized in the proximity of the SFC always orbits closely around it, meaning that the SFC is a nonlinear center of the dynamics for any value of  $\eta > 0$ . With the above argument we can thus deduce that the SFC is an isolated FP (as indeed found in Sec. IV) and that the associated eigenvalues of  $J$  are purely imaginary (as explicitly verified for completeness in Appendix C). Instead, for a given FP with  $r = 0$ , it turns out that there exists a critical value  $\eta_c^{\text{FP}}$  of the dimensionless hopping strength such that the FP is a saddle for  $0 < \eta < \eta_c^{\text{FP}}$  and a linear center for  $\eta > \eta_c^{\text{FP}}$ . This feature, known as bifurcation in the dynamical systems theory, leads to two qualitatively very different behaviors for a system initialized in the proximity of the considered FP (e.g., UC for a MI to SF quench for  $V \gg 1$ ) depending on  $\eta \lesseqgtr \eta_c^{\text{FP}}$ , that is a DPT [18–20,22]. In this section, we exactly diagonalize the Jacobian matrix  $J$  and find  $\eta_c^{\text{FP}}$  for the DC ( $V = 4$ ), the UC (for  $V \geq 3$ ), and the SPAC (for an even  $V$ ), thus locating the DPT.

#### A. A short review of the $V = 2$ case

Before addressing the higher  $V$  case, it is useful to recall the results of the two-site system (that is a bosonic dimer) [8,31,33,34,37,69–71,80], with further details given in Appendix B. Exploiting the constraint of conservation of the total number of particles ( $\rho_1 + \rho_2 = 2\rho_0 = 2$ ), one can reduce the GPE (13) to

$$\begin{aligned} \frac{\partial \theta}{\partial t} &= -\delta - \frac{\eta}{2} \frac{\delta}{\sqrt{1 - \frac{\delta^2}{4}}} \cos \theta \\ \frac{\partial \delta}{\partial t} &= 2\eta \sqrt{1 - \frac{\delta^2}{4}} \sin \theta, \end{aligned} \quad (32)$$

where  $\delta = \rho_1 - \rho_2$  is the population imbalance and  $\theta = \theta_1 - \theta_2$  is the phase difference between the two sites. The Jacobian eigenvalues associated to the GPE (32) for the various FPs are

$$\begin{aligned} \lambda_{1,2}^{\text{SFC}} &= \pm 2i \sqrt{\frac{\eta}{2} \left( \frac{\eta}{2} + 1 \right)}, \\ \lambda_{1,2}^{\text{SPAC}} &= \pm 2 \sqrt{\frac{\eta}{2} \left( 1 - \frac{\eta}{2} \right)}, \\ \lambda_{1,2}^{\text{PAC}_{\pm}} &= \pm 2i \sqrt{\frac{\eta}{2} \left( 1 + \frac{4}{\eta^2} \right)}, \end{aligned} \quad (33)$$

where  $\text{PAC}_+$  and  $\text{PAC}_-$  are two possible  $\pi$ -aligned configurations existing only for  $\eta < \eta_c = 2$  and having  $r \neq 0$ . Being  $\lambda_{1,2}^{\text{SFC}}$  and  $\lambda_{1,2}^{\text{PAC}_{\pm}}$  purely imaginary for any  $\eta > 0$ , the SFC and (when existing) the  $\text{PAC}_{\pm}$  are linear centers of the dynamics. Conversely, the SPAC presents a double nature depending on the value of  $\eta$ : for  $0 < \eta < \eta_c = 2$ , it is a saddle of the dynamics ( $\lambda_1^{\text{SPAC}} > 0$  and  $\lambda_2^{\text{SPAC}} < 0$ ), whereas for  $\eta > \eta_c = 2$ , it is a linear center of the dynamics ( $\lambda_{1,2}^{\text{SPAC}}$  are

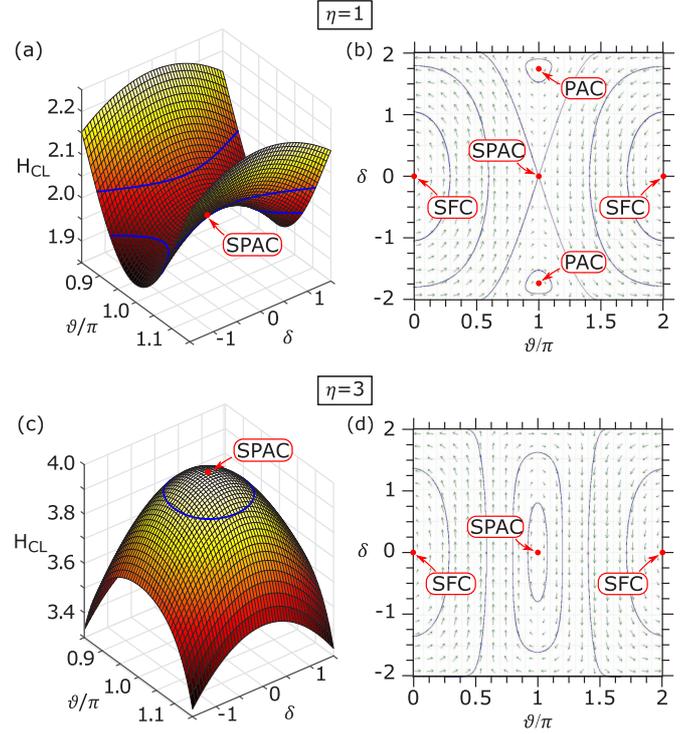


FIG. 4. Dynamics of the two-site model in the phase space with coordinates  $\theta = \theta_1 - \theta_2$  and  $\delta = \rho_1 - \rho_2$ . (a) Semiclassical energy (14) in the surroundings of the SPAC ( $\delta = 0$ ,  $\theta = \pi$ ) together with some relevant trajectories (in blue) for  $\eta = 1 < \eta_c^{\text{SPAC}} = 2$ . (b) Phase portrait for  $\eta = 1$ : we show the FPs (red dots), some relevant nonequilibrium trajectories (blue lines), and the flow (green arrows) associated to the GPE (32). [(c) and (d)] Energy landscape and phase portrait for  $\eta = 3 > \eta_c^{\text{SPAC}}$ . The SPAC is either a saddle or a maximum of the semiclassical Hamiltonian depending on  $\eta < \eta_c$  (a) or  $\eta > \eta_c$  (c) and corresponding to a saddle (b) and a nonlinear center (d) of the dynamics, respectively. Instead, the SFC ( $\theta = \delta = 0$ ) and the  $\pi$ -aligned configurations are nonlinear centers for any  $\eta > 0$  and for  $0 < \eta < \eta_c$ , respectively [(b) and (d)]. Noticeably, the isolation (from the other FPs) of the SPAC is in stark contrast with the  $V \geq 4$  case.

both purely imaginary). The nature of the FPs is intimately related to the shape of the semiclassical energy landscape [Figs. 4(a) and 4(c)], and heavily impacts on the features of the trajectories of the system in the phase space [Figs. 4(b) and 4(d)]. Trajectories starting in the proximity of the SPAC will closely orbit around it for  $\eta > \eta_c$ , and instead drift away from it exponentially rapidly (and eventually come back at later times) if  $0 < \eta < \eta_c$ . The instability of  $\delta = 0$  in the latter case is at the origin of the MQST, that is a average nonzero population imbalance [37]. A system initialized in the surroundings of the SFC will instead closely orbit around it for any  $\eta > 0$ .

Importantly, being the system conservative and being all the FPs isolated, linear centers of the dynamics will always be nonlinear centers as well. This powerful information, extendible to  $V = 3$  but in stark contrast with  $V \geq 4$ , guarantees that the solution of the linearized GPE is accurate even at long times and for the whole nonlinear GPE (32) when close to a linear center. This is clear from Fig. 4(c), where we show

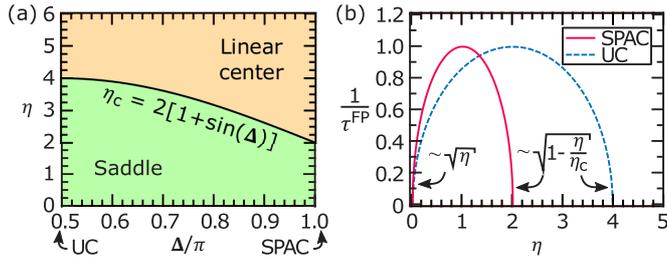


FIG. 5. Depending on the value of the dimensionless hopping strength  $\eta$ , for a number of lattice sites  $V \geq 4$ , the behavior of a system initialized close to a  $r = 0$  FP changes sharply in what we refer to as a DPT. (a) The DC (defined for  $V = 4$ ) is a saddle (linear center) of the dynamics if  $\eta < \eta_c^{\text{DC}} = 2[1 + \sin(\Delta)]$  ( $\eta > \eta_c^{\text{DC}}$ ). If and only if  $\eta < \eta_c^{\text{UC}}$  ( $\eta < \eta_c^{\text{SPAC}}$ ), for a system initialized in the proximity of the UC (SPAC), the dynamical order parameter  $r$  will grow exponentially at short times as  $r \sim e^{t/\tau^{\text{UC}}}$  ( $r \sim e^{t/\tau^{\text{SPAC}}}$ ). (b) Inverse of the characteristic time  $\tau^{\text{FP}}$  for both the UC (blue dashed line) and SPAC (red continuous line). At the critical  $\eta_c^{\text{UC}} = 4$  and  $\eta_c^{\text{SPAC}} = 2$ , the characteristic time of the UC and SPAC, respectively, diverges.

the energy landscape in the surroundings of the SPAC for  $\eta > \eta_c$  and one possible trajectory (in blue). Since energy is conserved and the SPAC is isolated, the trajectory must necessarily be a cycle around the SPAC, even at long times.

### B. Stability of the uniform configuration ( $V \geq 3$ ) and macroscopic quantum self-trapping

We now consider the case of the UC, that is we evaluate the Jacobian matrix (31) for the configuration (26). This case is particularly relevant since for a MI to SF quench and  $V \gg 1$  the system is initialized in the proximity of the UC, so that we observe a DPT at  $\eta_c^{\text{UC}}$ .

The nonzero eigenvalues of the Jacobian matrix  $J$  read (details in Appendix C)

$$\lambda_{\pm 1}^{\pm} = \frac{i\eta \pm \sqrt{4\eta - \eta^2}}{2}, \quad (34)$$

$$\lambda_{\pm 1}^{\pm} = \frac{-i\eta \pm \sqrt{4\eta - \eta^2}}{2}. \quad (35)$$

For  $\eta < \eta_c^{\text{UC}} = 4$ , some eigenvalues ( $\lambda_1^+$ ,  $\lambda_{-1}^+$ ) have positive real part and some others ( $\lambda_1^-$ ,  $\lambda_{-1}^-$ ) negative real part, making the UC a saddle point of the dynamics. If the system is initialized in the proximity of the UC, it will drift away from it aligning along the direction defined by the two eigenvectors associated to the eigenvalues with positive real part ( $\lambda_1^+$ ,  $\lambda_{-1}^+$ ). Along this direction and at short times, the modulus  $r$  of  $\Psi$  grows as (details in Appendix C)

$$r \sim e^{t/\tau^{\text{UC}}}, \quad (36)$$

with characteristic timescale [dashed blue line in Fig. 5(b)]

$$\tau^{\text{UC}} = \frac{2}{\sqrt{4\eta - \eta^2}} \quad (37)$$

and where we used the symbol  $\sim$  meaning that the exponential divergence will occur after a possible very short transient in

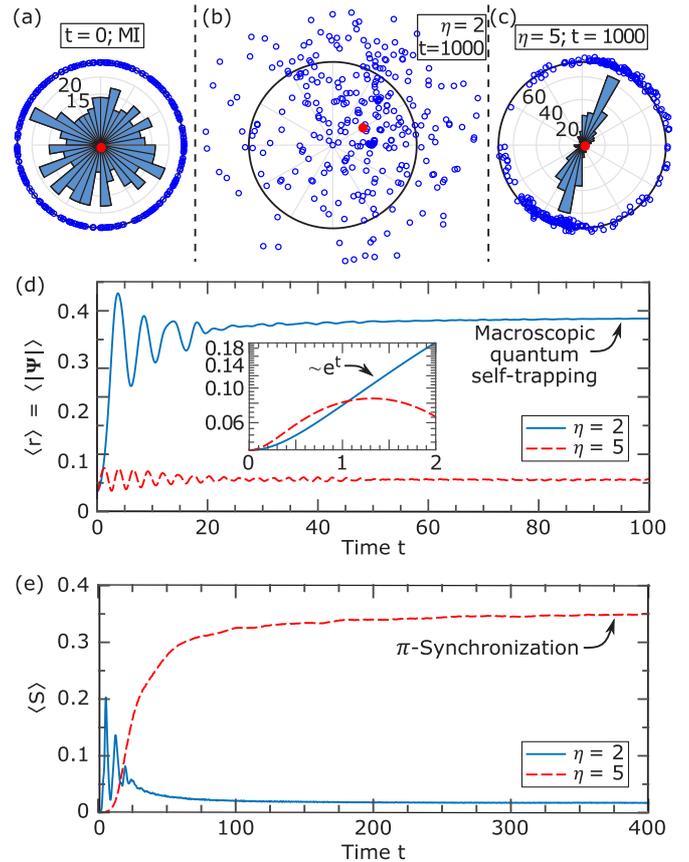


FIG. 6. Exact numerical solution of the nonlinear dynamics (13) up to long times for  $V = 500$  sites and a MI to SF quench. [(a)–(c)] Graphical representation of the mean-field state for a *single* simulation with initial condition given by Eq. (15). For graphical clarity, only the blue markers of 300 out of the  $V = 500$  bosonic variables are represented. At time  $t = 0$ , the phases are randomly distributed (a), whereas at  $t = 1000$  either the  $\{\rho_j\}$  are spread around  $\rho_0$  (b) or the  $\{\theta_j\}$  are  $\pi$ -synchronized (c). (d) Dynamics of the expected value  $\langle r \rangle$  obtained according to Eq. (16) as an average over 3000 simulations [each one for a different realization of the random initial phases (15)]. For  $\eta = 2 < \eta_c^{\text{UC}} = 4$  (blue continue line),  $\langle r \rangle$  grows exponentially at short times ( $\langle r \rangle \sim \exp[t/\tau^{\text{UC}}]$ , see inset with logarithmic ordinate axis) and relaxes to a finite value 0.38 at long times, indicating MQST and reflected in the spread of the  $\{\rho_j\}$  in (b). For  $\eta > \eta_c^{\text{UC}}$  (red dashed line),  $\langle r \rangle$  remains instead small. (e) Dynamics of the expected value  $\langle S \rangle$  of the  $\pi$ -synchronization parameter  $S$  obtained as an average over 3000 simulations. For  $\eta = 5 > \eta_c^{\text{UC}}$ ,  $\langle S \rangle$  asymptotically relaxes to a finite value 0.35, indicating a robust shift of the system towards the SPAC.

which the system aligns with the unstable eigenvalue. Such short transient and the exponential growth of  $r$  at short times for  $\eta < \eta_c^{\text{UC}}$  are correctly observed for  $\eta = 2$  in the inset of Fig. 6(d), with logarithmic ordinate axis. Close to the DPT we have  $\tau^{\text{UC}} \sim |1 - \frac{\eta}{\eta_c}|^{-\beta}$  with critical exponent  $\beta = 1/2$ . For  $\eta < \eta_c^{\text{UC}}$ , the increase of  $r$  corresponds to an increase of the spread of the boson numbers at each site  $\{\rho_j\}$  around their mean value  $\rho_0$  [see Sec. III and Fig. 6(b)], that is to a symmetry breaking and the emergence of MQST. In particular, from Eq. (18), we got that the variance over the sites of the number

of bosons  $\{\rho_j\}$  at each site reads  $\langle(\rho_j - \rho_0)^2\rangle_j = 2\eta(r^2 - r_0^2)$  and thus grows as  $\sim e^{2t/\tau^{\text{UC}}}$  at short times.

For  $\eta > \eta_c^{\text{UC}} = 4$  instead,  $\lambda_1^+, \lambda_1^-, \lambda_{-1}^+, \lambda_{-1}^-$  are all purely imaginary, the UC is a linear center and, at least at short times, the system cycles around it. For a MI to SF quench and large  $V$ ,  $r$  will correspondingly remain small ( $\sim 1/\sqrt{V}$ ) and fluctuate in time.

### C. Stability of the symmetric $\pi$ -aligned configuration (even $V$ )

To obtain information on the stability of the SPAC, assuming an even number of lattice sites  $V$ , we diagonalize exactly the Jacobian matrix  $J$  evaluated in the configuration (24), finding (see Appendix C) the following nonzero eigenvalues:

$$\lambda^+ = +\sqrt{\eta(2-\eta)}, \quad (38)$$

$$\lambda^- = -\sqrt{\eta(2-\eta)}. \quad (39)$$

For a system initialized in the proximity of the SPAC the DPT is thus located at  $\eta_c^{\text{SPAC}} = 2$ . For  $\eta < \eta_c^{\text{SPAC}}$ , the divergence timescale is  $\tau^{\text{SPAC}} = 1/\lambda^+ = (\eta(2-\eta))^{-1/2}$  [continuous red line in Fig. 5(b)].

### D. Stability of the delta configuration ( $V = 4$ )

We now aim, for  $V = 4$ , to study the linear stability of the DC, that runs parametrically over the whole manifold of  $r = 0$  FPs, ranging from the UC to the SPAC. With the help of a symbolic manipulation software we plug the configuration (27) into the Jacobian matrix (31), exactly finding its associated characteristic polynomial

$$P(\lambda) = \lambda^4(\lambda^4 + \eta(\eta - 2)\lambda^2 + \eta^2 \sin(\Delta)). \quad (40)$$

Studying the roots of  $P(\lambda)$ , that are the eigenvalues of the Jacobian, it is easy to show that

$$\eta_c^{\text{DC}} = 2(1 + \sin(\Delta)), \quad (41)$$

such that the DC corresponding to a given  $\Delta$  is a saddle (linear center) of the dynamics if  $\eta < \eta_c^{\text{DC}}$  ( $\eta > \eta_c^{\text{DC}}$ ), as shown in the dynamical phase diagram of Fig. 5(a). In agreement with the previous results, we find that  $\eta_c = 2$  for the SPAC ( $\Delta = \pi$ ) and that  $\eta_c = 4$  for the UC ( $\Delta = \pi/2$ ).

As a final remark, we stress that the validity of the present linear stability analysis is limited to short times only. Indeed, in the long-time regime, the nonlinearities of the GPE (13) crucially impact on the system dynamics. In particular, for  $V \geq 4$  and  $\eta > \eta_c^{\text{UC}}$ , the UC is a linear center but not necessarily a nonlinear center, since it is nonisolated (it is in fact a part of the manifold of the  $r = 0$  FPs). This means that in the long-time and nonlinear regimes, a system initialized in the proximity of the UC (as for the MI to SF quench for  $V \gg 1$ ) can a priori still drift away from it, even for  $\eta > \eta_c^{\text{UC}}$ . This reasoning is peculiar of the  $V \geq 4$  case and at the basis of the possible emergence of the  $\pi$ -synchronization of the bosonic phases  $\{\theta_j\}$  that we address in the next section.

## VI. LONG-TIME DYNAMICS AND $\pi$ -SYNCHRONIZATION

In this section, we go beyond the linear analysis presented above and investigate the long-time ( $t \gg 1/|\lambda_{\pm 1}^{\pm}|$ ) nonlinear

dynamics. To this purpose we solved numerically the GPE (8) with the MATLAB built-in adaptive ordinary differential equations solver ODE45, for  $V \gg 1$  and a MI to SF quench, so that the DPT is located at a critical dimensionless hopping strength  $\eta_c^{\text{UC}} = 4$  and that  $r_0 = r(t=0) \sim \frac{1}{\sqrt{V}} \ll 1$ . The TWA is then considered averaging the mean-field observables over a large number of simulations (each one with different random initial phases  $\{\theta_j\}$ ) to approximately compute the dynamics of the expectation values at any time  $t \geq 0$  according to Eq. (16). In this way, we find that for  $\eta < 4$  ( $\eta > 4$ ) a macroscopic dynamical order parameter ( $r$ ) ( $\langle S \rangle$ ) relaxes to a finite value, the finiteness of  $\langle S \rangle$  underlying  $\pi$ -synchronization of the phases  $\{\theta_j\}$ , that is their tendency to split into two groups with phase difference  $\pi$ . With its intuitive phase-space representation and its analytical results, our fully connected model is consistent with the idea that in high-dimensional lattices the system asymptotically builds up long-range correlations [68] only at low effective temperatures (that is weak quenches, i.e., small  $\eta$ ).

### A. Long-time dynamics for $\eta < 4$

In the long-time regime, the nonlinearities of the GPE (13) comes into play. If we look at the dynamics of  $r$  for a given initial condition [e.g., Figs. 6(a) and 6(b) for  $\eta = 2$  at  $t = 0$  and  $t = 1000$ , respectively], we find that, after the initial growth predicted by the linear stability analysis of Sec. V,  $r$  fluctuates in time around a finite value. When considering the average  $\langle r(t) \rangle$  over a large number of simulations [in the spirit of Eq. (16)], these long-time fluctuations vanish, revealing an asymptotic relaxation to a finite value (e.g.,  $\langle r \rangle \rightarrow 0.38$  for  $\eta = 2$ ), as showed in Fig. 6(d). As explained in Sec. III, the finiteness of  $\langle r \rangle$  at long times corresponds to a well-defined spread of the  $\{\rho_j\}$  around their mean value  $\rho_0$  (that is MQST), that is displayed at  $t = 1000$  for one specific initial condition in Fig. 6(b). Notice that the growth of  $\langle r \rangle$  does not indicate at all a tendency of the system to reach the SFC (for which  $r = 1$  and  $\rho_j = \rho_0$ ). In Sec. III, we have in fact shown this to be forbidden by the presence of conserved quantities in the nonequilibrium regime. The relaxation of the system to the SFC will possibly happen on much longer timescales thanks to the interaction with the environment, that goes beyond the interests of our study.

### B. Long-time dynamics for $\eta > 4$

As shown in Sec. V by solving the linearized GPE, if  $\eta > \eta_c^{\text{UC}}$  at short times the system orbits in the phase space around the UC, that is in fact a linear center of the dynamics. Correspondingly,  $r$  remains small (in the same order of  $r_0$ , meaning that no MQST occurs) and fluctuates, eventually relaxing at long times [dashed red line for  $\eta = 5$  in Fig. 6(d)]. However, in striking contrast with the  $V = 2, 3$  cases, the UC is a nonisolated FP (it is in fact part of the continuous manifold of  $r = 0$  FPs), and in general is thus not a nonlinear center of the dynamics, despite the system being conservative. That is, when considering the whole nonlinear GPE (13), at long times the system can actually drift away from the initial condition, moving in the proximity of the manifold of the  $r = 0$  FPs and along it, still conserving energy and total

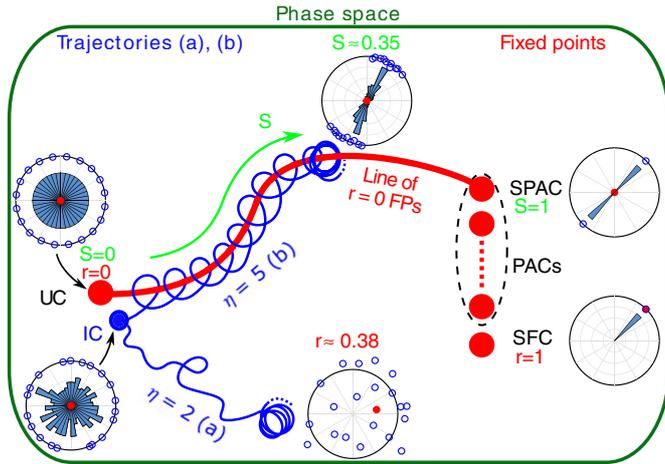


FIG. 7. [(a) and (b)] Schematic representation of the trajectories of the system (in blue) in the phase space for  $\eta = 2$  and  $\eta = 5$ , respectively, after a MI to SF quench, under the nonlinear GPE, up to long times and for an even  $V \gg 1$ . The red line and dots represent the FPs, and the most relevant configurations are displayed. The blue dot represents the initial condition. For  $\eta = 2$  ( $\eta = 5$ ), the system drifts away from (orbits close to) the manifold of the  $r = 0$  FPs, finally relaxing to a state characterized by a finite  $r$  ( $S$ ). For instance, in reference to Fig. 6, the state at long time is characterized by  $r \approx 0.38$  ( $S \approx 0.35$ ).

number of particles. For instance, considering the particular initialization at  $t = 0$  of Fig. 6(a), the system at  $t = 1000$  for  $\eta = 5$  looks considerably differently but still with  $r \ll 1$ , [Fig. 6(c)]. To track the position of the system in the phase space with respect to the manifold of  $r = 0$  FPs, we introduce therefore a  $\pi$ -synchronization dynamical order parameter  $S$  defined as

$$S(t) = \frac{1}{V^2} \sum_{j,k=1}^V \psi_k^* \psi_k^* \psi_j \psi_j. \quad (42)$$

An interpretation of  $S$  is easily accessible expressing it as  $S = \frac{1}{V^2} \sum_{j,k=1}^V \rho_j \rho_k [2 \cos(\theta_j - \theta_k)^2 - 1]$ . This quantity, which resembles the order parameter typically considered in the study of liquid crystals at equilibrium [77], provides a measure of the tendency of the phases  $\{\theta_j\}$  to  $\pi$ -synchronize. In the sense of Eq. (16), averaging  $S$  over a large number of different mean-field evolutions we approximate the expectation value of the corresponding quantum operator  $\frac{1}{V^2} \sum_{j,k=1}^V a_k^\dagger a_k^\dagger a_j a_j$ .

On the manifold of the  $r = 0$  FPs,  $S$  ranges from 0 (for the UC) to 1 (for the SPAC). Looking at the evolution of  $S$  we are therefore able to quantify the position of the system with respect to such manifold in time. This can be clearly seen in the case of  $V = 4$ , for which the parametric DC is characterized by  $S(\Delta) = \cos^2(\Delta)$ , and works analogously for larger  $V$ . In Fig. 6(e), we plot  $\langle S \rangle$  against  $t$  for  $V = 500$ . For  $\eta = 5 > \eta_c^{\text{UC}}$  (red dashed line),  $\langle S \rangle$  increases from 0, corresponding to the initial MI, up to a finite value 0.35, underlying the dynamical emergence of  $\pi$ -synchronization of the bosonic phases  $\{\theta_j\}$ . Importantly, the growth at short times is not exponential, confirming once more to be intimately connected to the nonlinearities of the GPE. Once more, we stress that this phenomenon is enabled by the manifold of

isoenergetic  $r = 0$  FPs that, only for  $V \geq 4$ , opens a channel for the nonequilibrium dynamics connecting the UC to the SPAC, towards which the system shifts robustly. Notice that, since the system is isolated, the stabilization of  $\langle S \rangle$  for large  $V$  is an intrinsic property and is not due to the presence of driving and dissipation, as typically considered in the literature [44–51].

In Fig. 7, we schematically show some possible trajectories of the system (in blue) evolving in the phase space under the GPE for a large and even  $V$  (the schematic for a odd  $V$  would be very similar though, just without the SPAC), together with the graphical representation of the most relevant configurations. For a MI to SF quench and  $\eta = 2 < \eta_c^{\text{UC}} = 4$  (a), the system drifts away from the manifold of  $r = 0$  FPs because of the linear instability, eventually relaxing to a state characterized by  $\langle r \rangle \approx 0.38$  and by consequent spread of the number of bosons per site  $\{\rho_j\}$ . Conversely, for  $\eta = 5$ , the system closely orbits around the aforementioned manifold (since the latter is made of linear centers of the dynamics), while progressively shifting towards the SPAC due to the nonlinearities of the GPE (b).

## VII. DISORDER-INDUCED SYNCHRONIZATION CROSSOVER

Having discovered in the previous section that the dynamics generated by the nonlinear GPE can lead at long times to a partial  $\pi$ -synchronization of the phases  $\{\theta_j\}$ , we now show that such synchronization does not require fine-tuning of the model parameters, and is rather robust with respect to the introduction of site-dependent disorder. We consider thus the following disordered version of the Bose-Hubbard Hamiltonian

$$H = H_{\text{BH}} + \sum_{j=1}^V \Omega_j n_j, \quad (43)$$

where  $\{\Omega_j\}$  are a set of independent and identically distributed Gaussian random numbers of zero mean and standard deviation  $\Sigma$ . Applying a mean-field approximation analog to the one used to obtain (13), we find the following GPE associated to the Hamiltonian (43):

$$\begin{aligned} \frac{d\sqrt{\rho_k}}{dt} &= \eta r \sin(\theta_k - \phi) \\ \frac{d\theta_k}{dt} &= \eta \frac{r}{\sqrt{\rho_k}} \cos(\theta_k - \phi) - \rho_k + \omega_k, \end{aligned} \quad (44)$$

where  $\omega_k = \frac{\Omega_k}{u\rho_0}$ . We call disorder strength the dimensionless parameter  $\sigma = \frac{\Sigma}{u\rho_0}$ , that is the standard deviation of the random numbers  $\{\omega_j\}$ . Interpreting the variables  $\{\theta_j\}$  as the phases of a population of classical oscillators (one per lattice site), in Eq. (44), the disorder can be regarded as affecting the oscillators natural frequencies  $\{\omega_j\}$ , thus competing against the tendency of the oscillators to  $\pi$ -synchronize. This is reminiscent of the Kuramoto model for classically coupled nonlinear oscillators [41–43].

To investigate such competition, we solve the GPE (44) for  $V = 300$  lattice sites and a MI to SF quench. Looking at the mean-field dynamics obtained for  $\eta = 5$  for one given initial

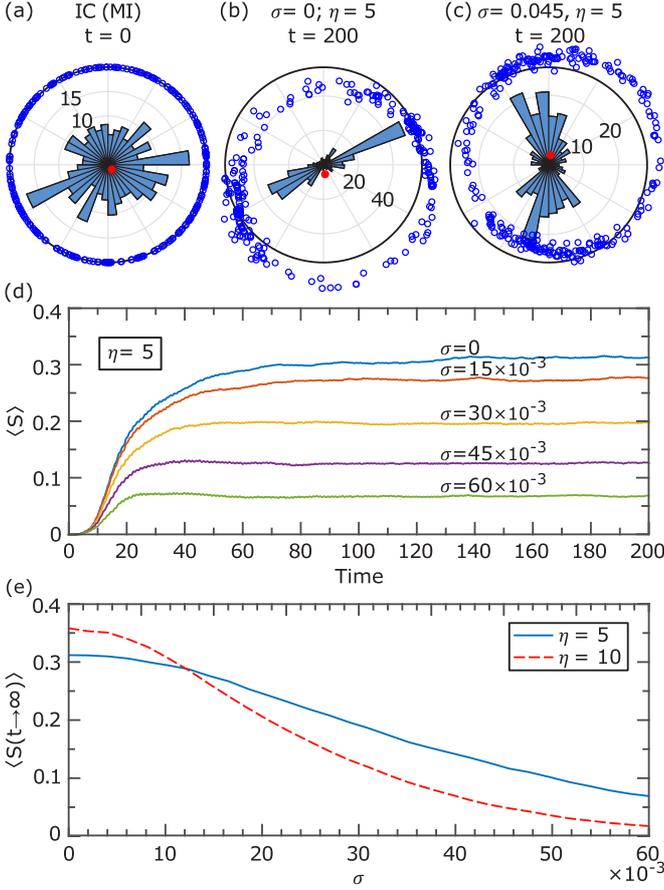


FIG. 8. The disorder competes against the tendency of the phases  $\{\theta_j\}$  to  $\pi$ -synchronize. We numerically solve the GPE (44) for  $V = 300$  lattice sites and a MI to SF quench. [(a) and (c)] Graphical representation of the mean-field state of the system for a *single* simulation at initial time (a), and at time  $t = 200$  for  $\sigma = 0$  (b) and  $\sigma = 45 \times 10^{-3}$  (c). The polar histogram of the phases  $\{\theta_j\}$  helps to visualize the reduction of  $\pi$ -synchronization due to the disorder. (d) Time dynamics of the expected value  $\langle S \rangle$  of the  $\pi$ -synchronization parameter  $S$  computed as an average over 1000 simulations [each one with a different realization of the initial random phases (15)] according to Eq. (16).  $\langle S \rangle$  is smaller for larger disorder strengths ( $\sigma = 0, 15, 30, 45, 60 \times 10^{-3}$ ). (e) Asymptotic value  $\langle S(t \rightarrow \infty) \rangle$  vs the disorder strength  $\sigma$ . For increasing disorder, the  $\pi$ -synchronization is progressively broken in a synchronization crossover with onset decreasing with  $\eta$ .

condition [shown in Fig. 8(a)], at time  $t = 200$  we observe a clear reduction of the  $\pi$ -synchronization in the disordered case [ $\sigma = 0.045$ , Fig. 8(c)] with respect to the nondisordered one [ $\sigma = 0$ , Fig. 8(a)]. The dynamics of the expectation value  $\langle S \rangle$  of the  $\pi$ -synchronization parameter  $S$  is then computed within the TWA as an average over the dynamics obtained for 1000 different realization of the initial random phases (15). In Fig. 8(d), we show  $\langle S \rangle$  to decrease for an increasing disorder strength  $\sigma = 0, 15, 30, 45, 60 \times 10^{-3}$ . In Fig. 8(e), we plot the asymptotic value of  $\langle S \rangle$  against the disorder strength for  $\eta = 5$  (continue blue line) and 10 (dashed red line), showing a smooth synchronization crossover with onset decreasing with  $\eta$ . For small (large) disorder  $\sigma$ , at long time, the phases  $\{\theta_j\}$  are  $\pi$ -synchronized (uncorrelated).

## VIII. CONCLUSIONS

In conclusion, we studied the nonequilibrium dynamics induced by a quantum quench to the SF regime in the Bose-Hubbard model (1) on a fully connected (or all-to-all coupled)  $V$ -dimensional lattice, with potential experimental applications ranging from cold atoms in optical lattices to superconducting qubits. We derived the semiclassical, discrete and nonlinear GPE (13), which amounts to a problem of  $V$  classical and nonlinearly coupled oscillators with variable phase and length  $\{\theta_j, \sqrt{\rho_j}\}$ , and accounted for quantum fluctuations considering an ensemble of stochastic initial phases  $\{\theta_j\}$  in the so called TWA. Having compacted the GPE thanks to the introduction of a complex dynamical order parameter  $r$ , we showed that for  $V \geq 4$ , there exists a peculiar class of infinitely many FPs of the GPE (namely the ones with  $r = 0$  and homogeneous density  $\rho_j = \rho_0$ ) forming a manifold in the phase space. Among the FPs of such manifold, particularly relevant are the SPAC (24) and the UC (26), the latter being in the proximity of the initial condition in case of a MI to SF quench for  $V \gg 1$ . Linearizing the GPE and diagonalizing the respective Jacobian matrix, we studied the short-time dynamics for a system initialized in the proximity of the most relevant FPs, that is the UC (for  $V \geq 3$ ), the SPAC (for even  $V$ ), and the DC (a parametric FP spanning the  $r = 0$  manifold for  $V = 4$ ). We found that, depending on the considered FP, there exists a certain critical hopping strength  $\eta_c^{\text{FP}}$  such that at short times if  $\eta > \eta_c^{\text{FP}}$  (i.e., small interactions) the system remains close to the initial condition, whereas if  $\eta < \eta_c^{\text{FP}}$  (i.e., large interactions) it drifts away from the FP exponentially fast ( $\langle r \rangle \sim e^{t/\tau^{\text{FP}}}$ ), indicating MQST. Such sharp change of dynamic behavior when varying  $\eta$  across a critical value is a DPT, that we located at  $\eta_c^{\text{UC}} = 4$ ,  $\eta_c^{\text{SPAC}} = 2$ , and at  $\eta_c^{\text{DC}} = 2(1 + \sin(\Delta))$ . Furthermore, for a MI to SF quench with  $V \gg 1$ , we investigated numerically the long-time dynamics generated by the whole, nonlinear GPE, computing expectation values as averages over the random initial phases according to the TWA. For  $\eta < \eta_c^{\text{UC}} = 4$ , we proved the emergence of MQST whereas for  $\eta > \eta_c^{\text{UC}} = 4$ , we showed that the system exhibits a slow drift in the phase space from the proximity of the UC towards the SPAC, eventually relaxing to a state where the phases  $\{\theta_j\}$  are  $\pi$ -synchronized. We argued this phenomenon, which we quantified with a suitable dynamical order parameter  $S$ , to be intimately connected to the presence of the manifold of  $r = 0$  FPs. We finally studied the robustness of the long-time  $\pi$ -synchronization against the introduction in the model of site-dependent disorder, finding that  $\langle S \rangle$  vanishes in a smooth synchronization crossover for an increasing disorder strength, meaning that no fine-tuning of the model parameters is needed for the  $\pi$ -synchronization to occur.

*Future developments.* We conclude by outlining possible developments of the present investigation. A fascinating challenge is to work out analytical approaches that enable to understand at a deeper level the emergence of  $\pi$ -synchronization, that is intimately connected to the nonlinear terms of the GPE. One possibility is represented by the continuum limit for  $V \rightarrow \infty$  of the nonlinear GPE, that is addressed in Appendix D. It is then crucial to analyze the effects beyond the TWA due to the finiteness of  $\rho_0$  [39]. Furthermore, we

notice that the TWA is potentially a powerful tool to address the emergence of spontaneous synchronization in generic (almost) isolated many-bosons quantum systems different from the one considered in the present work or in Refs. [36,38,68]. As seen, under particular circumstances, such systems can in fact be turned into systems of nonlinearly coupled classical oscillators (in general of variable phase and length), for which synchronization is a universal and fundamental concept [81].

## ACKNOWLEDGMENTS

A.P. acknowledges financial support from the PALM Labex, Paris-Saclay, Grant No. ANR-10-LABX-0039, and from the Royal Society and the EPSRC. K.L.H acknowledges funding from the ANR BOCA and the Deutsche Forschungsgemeinschaft (DFG, German Research Foundation) via Research Unit FOR 2414 under Project No. 277974659. We thank Marco Schiro and Andreas Nunnenkamp for fruitful comments and we also acknowledge discussions at CIFAR meetings in Canada and at the Centre de Recherches Mathematiques in Montreal.

## APPENDIX A: DYNAMICAL EQUATIONS

### 1. Explication of the Heisenberg equation of motion

To compute the commutators of Eq. (4), we evaluate the following terms:

$$\begin{aligned} [n_j(n_j - 1), a_k] &= -2n_j a_j \delta_{j,k}, \\ [n_j(n_j - 1), a_k^\dagger] &= +2a_j^\dagger n_j \delta_{j,k}, \\ [a_i^\dagger a_j + a_j^\dagger a_i, a_k] &= -\delta_{i,k} a_k - \delta_{j,k} a_k, \\ [a_i^\dagger a_j + a_j^\dagger a_i, a_k^\dagger] &= \delta_{i,k} a_k^\dagger + \delta_{j,k} a_k^\dagger, \end{aligned} \quad (\text{A1})$$

so that Eq. (4) is explicitly rewritten as

$$\frac{da_k}{d(it)} = +\frac{J}{V} \sum_{j \neq k}^V a_j - un_k a_k + \mu a_k. \quad (\text{A2})$$

Exploiting the gauge freedom we can safely operate the following substitution for the bosonic creation and annihilation operators:

$$\begin{aligned} a_j^\dagger &\rightarrow a_j^\dagger e^{-i\Omega_G t}, \\ a_j &\rightarrow a_j e^{i\Omega_G t}, \end{aligned} \quad (\text{A3})$$

where  $\Omega_G$  is an arbitrary real and time-independent number. Under the transformation (A3), the bosonic commutation relations are in fact preserved, that is  $[a_k e^{i\Omega_G t}, a_j^\dagger e^{-i\Omega_G t}] = [a_k, a_j^\dagger] = \delta_{k,j}$ , meaning that  $a_j e^{i\Omega_G t}$  and  $a_j^\dagger e^{-i\Omega_G t}$  are still annihilation and creation bosonic operators associated to the  $j$ th site, respectively. Under the gauge transformation (A3), (A2) transforms into

$$\frac{da_k}{d(it)} = +\Omega_G a_k + \frac{J}{V} \sum_{j \neq k}^V a_j - un_k a_k + \mu a_k. \quad (\text{A4})$$

Considering  $\Omega_G = \frac{J}{V} - \mu$ , we finally get

$$\frac{da_k}{d(it)} = +\frac{J}{V} \sum_{j=1}^V a_j - un_k a_k, \quad (\text{A5})$$

that is (5).

### 2. Dynamical equations for $\rho_k$ and $\theta_k$

We can derive the dynamical equations for  $\rho_k$  and  $\theta_k$ , that are the squared modulus and the phase of  $\psi_k$ , respectively, starting from the ones for  $\psi_k$  and  $\psi_k^*$  (8). We just have to write  $\rho_k = \psi_k \psi_k^*$  and  $\theta_k = \frac{1}{2i} \log\left(\frac{\psi_k}{\psi_k^*}\right)$  and proceed with the following straightforward computations:

$$\begin{aligned} \frac{d\rho_k}{d(it)} &= \psi_k^* \frac{d\psi_k}{d(it)} + \psi_k \frac{d\psi_k^*}{d(it)} = +\frac{J}{V} \sum_{j=1}^V (\psi_j \psi_k^* - \psi_j^* \psi_k) \\ &= +2i \frac{J}{V} \sum_{j=1}^V \sqrt{\rho_j \rho_k} \sin(\theta_j - \theta_k), \end{aligned} \quad (\text{A6})$$

$$\begin{aligned} \frac{d\theta_k}{d(it)} &= \frac{d}{d(it)} \frac{1}{2i} \log\left(\frac{\psi_k}{\psi_k^*}\right) = \frac{1}{2i} \frac{\frac{\psi_k}{d(it)} \psi_k^* - \frac{\psi_k^*}{d(it)} \psi_k}{|\psi_k|^2} \\ &= -i \left( \frac{J}{V} \sum_{j=1}^V \frac{|\psi_j|}{|\psi_k|} \cos(\theta_j - \theta_k) - u |\psi_k|^2 \right), \end{aligned} \quad (\text{A7})$$

that is Eq. (9).

## APPENDIX B: TWO-SITE MODEL

In this section, we review some results on the simple case of  $V = 2$  (a bosonic dimer) [8,31,33,34,37,69–71,80]. Exploiting the conservation of the total number of particles  $\rho_1 + \rho_2 = 2\rho_0 = 2$  and introducing the population imbalance  $\delta = \rho_1 - \rho_2$ , we express the population in the two sites as  $\rho_{1,2} = 1 \pm \delta/2$  and reduce the GPE (13) to a two-dimensional system of dynamical equations

$$\begin{aligned} \frac{\partial \theta}{\partial t} &= -\delta - \frac{\eta}{2} \frac{\delta}{\sqrt{1 - \frac{\delta^2}{4}}} \cos \theta, \\ \frac{\partial \delta}{\partial t} &= 2\eta \sqrt{1 - \frac{\delta^2}{4}} \sin \theta, \end{aligned} \quad (\text{B1})$$

that is Eq. (32) and where  $\theta = \theta_1 - \theta_2$  is the difference of the phases of the two sites. Since  $\delta = \pm 2$  corresponds to the case of all particles being in the same site (that is  $V = 1$ ), we consider  $|\delta| < 2$  without loss of generality. The stationarity conditions read

$$-\delta = \frac{\eta}{2} \frac{\delta}{\sqrt{1 - \frac{\delta^2}{4}}} \cos \theta, \quad (\text{B2})$$

$$2\eta \sqrt{1 - \frac{\delta^2}{4}} \sin \theta = 0. \quad (\text{B3})$$

Of course, the condition (B2) allows a common rotation of the phases  $\theta_1$  and  $\theta_2$ .

Equation (B3) is solved either by  $\theta = 0$  or by  $\theta = \pi$ . In the two cases, Eq. (B2) reads

$$\begin{aligned} -\delta &= \frac{\eta}{2} \frac{\delta}{\sqrt{1 - \frac{\delta^2}{4}}} \quad \text{for } \theta = 0, \\ +\delta &= \frac{\eta}{2} \frac{\delta}{\sqrt{1 - \frac{\delta^2}{4}}} \quad \text{for } \theta = \pi, \end{aligned} \quad (\text{B4})$$

respectively, reading the following four FPs:

$$\begin{aligned} \theta = 0, \quad \delta = 0 & \quad \text{SFC}, \\ \theta = \pi, \quad \delta = 0 & \quad \text{SPAC}, \\ \theta = \pi, \quad \delta = \pm\sqrt{4 - \eta^2} & \quad \text{PAC}_{\pm}. \end{aligned} \quad (\text{B5})$$

Of course,  $\text{PAC}_+$  and  $\text{PAC}_-$  exist only for  $\eta < 2$ , since  $\delta$  and  $\theta$  are real variables. As well, notice that the existence and the nature of the FPs generally depends on the sign of the on-site interaction  $u$ . In the present work, we only focus on repulsive in-situ interaction ( $u, \eta > 0$ ).

To study the stability of the FPs, we diagonalize the two-dimensional Jacobian matrix  $J$  associated to Eq. (B1). For the various FPs, we find the following Jacobian matrices and associated eigenvalues  $\lambda_{1,2}$ :

$$J^{\text{SFC}} = \begin{pmatrix} 0 & -\frac{\eta}{2} - 1 \\ 2\eta & 0 \end{pmatrix} \rightarrow \lambda_{1,2}^{\text{SFC}} = \pm 2i\sqrt{\frac{\eta}{2} + \frac{\eta^2}{4}}, \quad (\text{B6})$$

$$J^{\text{SPAC}} = \begin{pmatrix} 0 & \frac{\eta}{2} - 1 \\ -2\eta & 0 \end{pmatrix} \rightarrow \lambda_{1,2}^{\text{SPAC}} = \pm 2\sqrt{\frac{\eta}{2} - \frac{\eta^2}{4}}, \quad (\text{B7})$$

$$J^{\text{PAC}_{\pm}} = \begin{pmatrix} 0 & -\frac{4}{\eta^2} - 1 \\ -2\eta & 0 \end{pmatrix} \rightarrow \lambda_{1,2}^{\text{PAC}_{\pm}} = \pm 2i\sqrt{\frac{\eta}{2} + \frac{2}{\eta}}. \quad (\text{B8})$$

Notice that, as shown in Sec. VC, considering the  $4 \times 4$ -dimensional Jacobian (29) would just have generated two additional zero eigenvalues, that are nevertheless not relevant for the determination of the stability of the FPs.

### APPENDIX C: LINEAR STABILITY ANALYSIS

In this section, we derive the Jacobian matrix associated to the linearized GPE and diagonalize it exactly, finding its eigenvalues (and eventually eigenvectors), for any  $V$  and for the various relevant FPs, that are the UC, SPAC, and SFC. Since the stationarity condition (21) allows a common rotation of all the phases at rate  $\Omega$ , we move to a frame rotating exactly at the angular speed  $\Omega$  associated to the considered FP, where the equations of motion (13) read

$$\begin{aligned} \frac{\partial \theta_j}{\partial t} &= -x_j^2 + \eta r \frac{1}{x_j} \cos(\phi - \theta_j) - \Omega \\ \frac{\partial x_j}{\partial t} &= -\eta r \sin(\phi - \theta_j) \end{aligned} \quad (\text{C1})$$

with  $x_j = \sqrt{\rho_j}$ . In the new frame we recover the familiar definition of FP, reading  $d\theta_k/dt = 0$  (i.e., the phases of a FP are not rotating). Since the first and the second halves of the state vector  $\vec{y}$  refer to the phases and to the moduli of the

mean-field bosonic variables, respectively, it is convenient to distinguish the following four terms of the Jacobian (29)

$$\begin{aligned} J_{j,k} &= \frac{\partial}{\partial \theta_k} \left( \frac{d\theta_j}{dt} \right), \\ J_{j+V,k+V} &= \frac{\partial}{\partial x_k} \left( \frac{dx_j}{dt} \right), \\ J_{j+V,k} &= \frac{\partial}{\partial \theta_k} \left( \frac{dx_j}{dt} \right), \\ J_{j,k+V} &= \frac{\partial}{\partial x_k} \left( \frac{d\theta_j}{dt} \right). \end{aligned} \quad (\text{C2})$$

To build the Jacobian matrix, we evaluate the following partial derivatives:

$$\begin{aligned} \frac{\partial}{\partial \theta_k} r \cos(\phi - \theta_j) &= \frac{-x_k}{V} \sin(\theta_k - \theta_j) + \delta_{k,j} r \sin(\phi - \theta_j), \\ \frac{\partial}{\partial \theta_k} r \sin(\phi - \theta_j) &= \frac{x_k}{V} \cos(\theta_k - \theta_j) - \delta_{k,j} r \cos(\phi - \theta_j), \end{aligned} \quad (\text{C3})$$

$$\frac{\partial}{\partial x_k} r \cos(\phi - \theta_j) = \frac{1}{V} \cos(\theta_k - \theta_j),$$

$$\frac{\partial}{\partial x_k} r \sin(\phi - \theta_j) = \frac{1}{V} \sin(\theta_k - \theta_j),$$

$\delta_{k,j}$  being the Kronecker delta ( $\delta_{k,j} = 1$  if  $k = j$ ,  $\delta_{k,j} = 0$  else). Using (C3), the Jacobian (C2) reads

$$\begin{aligned} J_{j,k} &= \frac{\eta}{V} \left[ \frac{x_k}{x_j} \sin(\theta_j - \theta_k) + \delta_{k,j} \frac{rV}{x_j} \sin(\phi - \theta_j) \right], \\ J_{j+V,k+V} &= -\frac{\eta}{V} \sin(\theta_k - \theta_j), \\ J_{j+V,k} &= -\frac{\eta}{V} [x_k \cos(\theta_k - \theta_j) - \delta_{k,j} rV \cos(\phi - \theta_j)], \\ J_{j,k+V} &= -2\delta_{k,j} x_k + \frac{\eta}{V} \frac{1}{x_j} \cos(\theta_k - \theta_j) \\ &\quad - \delta_{k,j} \eta r \frac{1}{x_k^2} \cos(\phi - \theta_k). \end{aligned} \quad (\text{C4})$$

In particular, in the case of FPs with  $r = 0$ , like the UC, SPAC, and DC, (C4) simplifies to

$$\begin{aligned} J_{j,k} &= -\frac{\eta}{V} \sin(\theta_k - \theta_j), \\ J_{j+V,k+V} &= -\frac{\eta}{V} \sin(\theta_k - \theta_j), \\ J_{j+V,k} &= -\frac{\eta}{V} \cos(\theta_k - \theta_j), \\ J_{j,k+V} &= +\frac{\eta}{V} \cos(\theta_k - \theta_j) - 2\delta_{k,j}, \end{aligned} \quad (\text{C5})$$

that is Eq. (31). Having written explicitly  $J$ , we now aim to diagonalize it exactly, that is to solve the following eigenvalue problem:

$$J\vec{y} = \lambda\vec{y}. \quad (\text{C6})$$

### 1. Diagonalization of $J$ for the UC

Since the first and the second halves of the state vector  $\vec{y}$  (28) refer to the phases and to the moduli of the mean-field bosonic variables, respectively, it is handy to write  $\vec{y}$  as

$$\vec{y} = \begin{pmatrix} \vec{y}^{(1)} \\ \vec{y}^{(2)} \end{pmatrix}, \quad (\text{C7})$$

with  $\vec{y}^{(1)}$  and  $\vec{y}^{(2)}$   $V$ -dimensional column vectors defined by  $y_j^{(1)} = \theta_j$  and  $y_j^{(2)} = x_j$ . Performing the multiplication of the matrix  $J$  times the column vector  $\vec{y}$ , we can thus write

$$(J\vec{y})_j = -\frac{\eta}{V} \sum_{k=1}^V \sin(\theta_k - \theta_j) y_k^{(1)} + \frac{\eta}{V} \sum_{k=1}^V \cos(\theta_k - \theta_j) y_k^{(2)} - 2y_j^{(2)}, \quad (\text{C8})$$

$$(J\vec{y})_{j+V} = -\frac{\eta}{V} \sum_{k=1}^V \sin(\theta_k - \theta_j) y_k^{(2)} - \frac{\eta}{V} \sum_{k=1}^V \cos(\theta_k - \theta_j) y_k^{(1)}.$$

Since the sine and the cosine can be written in terms of exponentials and since for the UC  $\theta_k = \frac{2\pi}{V}k$ , the form of (C8) suggests us to introduce the following discrete Fourier transform:

$$\tilde{v}_q = \frac{1}{V} \sum_{k=1}^V e^{iq\frac{2\pi}{V}k} v_k \quad q \in \mathbb{Z}, \quad (\text{C9})$$

where  $\vec{v}$  is a  $V$ -dimensional vector and where we denoted  $q$  the Fourier wave number. It is easy to verify that  $\tilde{v}_{q_1} = \tilde{v}_{q_2}$  if  $(q_1 - q_2)/V \in \mathbb{Z}$ , so that it is possible to restrict, without loss of generality,  $q \in \{0, 1, 2, \dots, V-1\}$  and to refer to  $q = V-1$  as to  $q = -1$ . Looking at (C8) we are thus interested in the evaluation of the following terms:

$$\frac{1}{V} \sum_{k=1}^V \sin(\theta_k - \theta_j) v_k = \text{Im}\{\tilde{v}_1 e^{-i\theta_j}\},$$

$$\frac{1}{V} \sum_{k=1}^V \cos(\theta_k - \theta_j) v_k = \text{Re}\{\tilde{v}_1 e^{-i\theta_j}\}, \quad (\text{C10})$$

where  $\text{Re}$  and  $\text{Im}$  denote the real and the imaginary parts, respectively. Having introduced the Fourier transform (C9) and having evaluated the terms of (C10), we can write Eq. (C8) in the following compact form:

$$(J\vec{y})_j = -\eta \text{Im}\{\tilde{y}_1^{(1)} e^{-i\theta_j}\} + \eta \text{Re}\{\tilde{y}_1^{(2)} e^{-i\theta_j}\} - 2y_j^{(2)},$$

$$(J\vec{y})_{j+V} = -\eta \text{Im}\{\tilde{y}_1^{(2)} e^{-i\theta_j}\} - \eta \text{Re}\{\tilde{y}_1^{(1)} e^{-i\theta_j}\}, \quad (\text{C11})$$

which allows us to write the eigenvalue problem (C6) as

$$\begin{cases} \lambda y_j^{(1)} = -\eta \text{Im}\{\tilde{y}_1^{(1)} e^{-i\theta_j}\} + \eta \text{Re}\{\tilde{y}_1^{(2)} e^{-i\theta_j}\} - 2y_j^{(2)} \\ \lambda y_j^{(2)} = -\eta \text{Im}\{\tilde{y}_1^{(2)} e^{-i\theta_j}\} - \eta \text{Re}\{\tilde{y}_1^{(1)} e^{-i\theta_j}\}. \end{cases} \quad (\text{C12})$$

The solution of (C12) will provide us with the Jacobian eigenvalues  $\{\lambda_n\}$ . Equation (C12) can be approached performing a

Fourier transform on it. To do it, we evaluate the following terms:

$$\begin{aligned} (\text{Im}\{Ae^{-i\theta_j}\})_1 &= \frac{1}{V} \sum_{j=1}^V \frac{A - A^* e^{2i\theta_j}}{2i} = -i\frac{A}{2}, \\ (\text{Re}\{Ae^{-i\theta_j}\})_1 &= \frac{1}{V} \sum_{j=1}^V \frac{A + A^* e^{2i\theta_j}}{2} = \frac{A}{2}, \\ (\text{Im}\{Ae^{-i\theta_j}\})_{-1} &= \frac{1}{V} \sum_{j=1}^V \frac{Ae^{-2i\theta_j} - A^*}{2i} = +i\frac{A^*}{2}, \\ (\text{Re}\{Ae^{-i\theta_j}\})_{-1} &= \frac{1}{V} \sum_{j=1}^V \frac{Ae^{-2i\theta_j} + A^*}{2} = \frac{A^*}{2}, \\ (\text{Im}\{Ae^{-i\theta_j}\})_q &= \frac{1}{V} \sum_{j=1}^V \frac{Ae^{i(q-1)\theta_j} - A^* e^{i(q+1)\theta_j}}{2i} = 0, \\ (\text{Re}\{Ae^{-i\theta_j}\})_q &= \frac{1}{V} \sum_{j=1}^V \frac{Ae^{i(q-1)\theta_j} + A^* e^{i(q+1)\theta_j}}{2} = 0, \end{aligned} \quad (\text{C13})$$

$A$  being an arbitrary complex number and  $(\bullet)_q$  being an alternative notation for the Fourier transform of the function  $\bullet_j$  with respect to the Fourier wave number  $q = 0, 1, 2, \dots, V-1$  (that is  $(\bullet)_q = \tilde{\bullet}_q$ ). Importantly, we notice that expressions (C13) for  $q = \pm 1$  are valid if and only if  $V \geq 3$ , since  $\sum_{j=1}^V Ae^{\pm 2i\theta_j} \neq 0$  for  $V = 2$ . We therefore assume for the following treatment that  $V \geq 3$ . Performing the Fourier transform of (C12) for  $q = \pm 1$  and exploiting the expressions (C13), we get

$$\begin{cases} \lambda \tilde{y}_1^{(1)} = i\frac{\eta}{2} \tilde{y}_1^{(1)} + \left(\frac{\eta}{2} - 2\right) \tilde{y}_1^{(2)} \\ \lambda \tilde{y}_1^{(2)} = i\frac{\eta}{2} \tilde{y}_1^{(2)} - \frac{\eta}{2} \tilde{y}_1^{(1)}, \end{cases} \quad (\text{C14})$$

$$\begin{cases} \lambda \tilde{y}_{-1}^{(1)} = -i\frac{\eta}{2} \tilde{y}_{-1}^{(1)} + \left(\frac{\eta}{2} - 2\right) \tilde{y}_{-1}^{(2)} \\ \lambda \tilde{y}_{-1}^{(2)} = -i\frac{\eta}{2} \tilde{y}_{-1}^{(2)} - \frac{\eta}{2} \tilde{y}_{-1}^{(1)}, \end{cases} \quad (\text{C15})$$

that are two-dimensional eigenvalue problems for  $\tilde{y}_1^{(1)}$ ,  $\tilde{y}_1^{(2)}$  and for  $\tilde{y}_{-1}^{(1)}$ ,  $\tilde{y}_{-1}^{(2)}$ , respectively, and where we recall the subscripts  $\pm 1$  to refer to the Fourier wave vector  $q$  and the superscripts 1,2 to refer to the bipartition of  $\vec{y}$  in its first and second halves. We rewrite the problems (C14) and (C15) in a matricial form as

$$\begin{pmatrix} i\frac{\eta}{2} & (\frac{\eta}{2} - 2) \\ -\frac{\eta}{2} & i\frac{\eta}{2} \end{pmatrix} \begin{pmatrix} \tilde{y}_1^{(1)} \\ \tilde{y}_1^{(2)} \end{pmatrix} = \lambda \begin{pmatrix} \tilde{y}_1^{(1)} \\ \tilde{y}_1^{(2)} \end{pmatrix}, \quad (\text{C16})$$

$$\begin{pmatrix} -i\frac{\eta}{2} & (\frac{\eta}{2} - 2) \\ -\frac{\eta}{2} & -i\frac{\eta}{2} \end{pmatrix} \begin{pmatrix} \tilde{y}_{-1}^{(1)} \\ \tilde{y}_{-1}^{(2)} \end{pmatrix} = \lambda \begin{pmatrix} \tilde{y}_{-1}^{(1)} \\ \tilde{y}_{-1}^{(2)} \end{pmatrix}, \quad (\text{C17})$$

and find the respective eigenvalues  $\lambda_{\pm 1}^{\pm}$  and  $\lambda_{-1}^{\pm}$  and eigenvectors  $v_{\pm 1}^{\pm}$  and  $v_{-1}^{\pm}$ :

$$\lambda_1^{\pm} = \frac{i\eta \pm \sqrt{4\eta - \eta^2}}{2}, \quad \lambda_{-1}^{\pm} = \frac{-i\eta \pm \sqrt{4\eta - \eta^2}}{2}, \quad (\text{C18})$$

$$v_1^{\pm} = (\mp\sqrt{\eta(4-\eta)}, \eta)^T, \quad v_{-1}^{\pm} = v_1^{\pm}. \quad (\text{C19})$$

We proceed looking for other nonzero eigenvalues, that is for  $\lambda \notin \{0, \lambda_1^+, \lambda_1^-, \lambda_{-1}^+, \lambda_{-1}^-\}$ . Performing the Fourier transform of equation (C12) for  $q \neq \pm 1$ , we get

$$\begin{aligned} \lambda \tilde{y}_q^{(1)} &= -2\tilde{y}_q^{(2)} \\ \lambda \tilde{y}_q^{(2)} &= 0 \end{aligned} \quad \text{for } q = 0, 2, 3, \dots, V-2, \quad (\text{C20})$$

that, assuming  $\lambda \neq 0$ , is solved by  $\tilde{y}_q^{(1)} = \tilde{y}_q^{(2)} = 0 \forall q = 0, 2, 3, \dots, V-2$ . We observe that, if  $\lambda \notin \{\lambda_1^+, \lambda_1^-, \lambda_{-1}^+, \lambda_{-1}^-\}$ , then  $\tilde{y}_1^{(1)} = \tilde{y}_1^{(2)} = \tilde{y}_{-1}^{(1)} = \tilde{y}_{-1}^{(2)} = 0$ , since Eqs. (C16) and (C17) still need to be satisfied. This implies that  $\vec{y} = 0$ , being all its Fourier components equal to 0. Thus, we conclude that the only nonzero eigenvalues are  $\lambda_1^+, \lambda_1^-, \lambda_{-1}^+, \lambda_{-1}^-$ , and that  $\lambda_0 = 0$  is an eigenvalue with algebraic multiplicity  $m_a = 2V - 4$ .

We are now interested in understanding how  $r$  grows for a system that is initialized in the proximity of the UC for  $\eta < \eta_c^{\text{UC}}$ . Consider a configuration initialized as

$$\begin{aligned} \theta_j &= \frac{2\pi}{V}j + \delta_{\theta,j}, \\ x_j &= 1 + \delta_{x,j}, \end{aligned} \quad (\text{C21})$$

with  $\delta_{\theta,j}, \delta_{x,j} \ll 1$ . For such configuration we can write  $re^{i\phi}$  as

$$re^{i\phi} = \frac{1}{V} \sum_{j=1}^V x_j e^{i\theta_j} = \frac{1}{V} \sum_{j=1}^V (1 + \delta_{x,j}) e^{i\delta_{\theta,j}} e^{i\frac{2\pi}{V}j}, \quad (\text{C22})$$

that corresponds to a Fourier transform of the term  $(1 + \delta_{x,j})e^{i\delta_{\theta,j}}$ . Approximating the exponential at linear order, we obtain

$$re^{i\phi} \approx \tilde{\delta}_{x1} + i\tilde{\delta}_{\theta 1}, \quad (\text{C23})$$

that is,  $r$  and  $\phi$  can be written in terms of the unstable Fourier modes [Eq. (C19)], so that it is easy to conclude that for  $\eta < \eta_c = 4$

$$re^{i\phi} \sim (-i\sqrt{\eta(4-\eta)} + \eta)e^{\frac{\sqrt{4\eta-\eta^2}}{2}t}. \quad (\text{C24})$$

## 2. Diagonalization of $J$ for the SPAC

Considering an even  $V$  and plugging the configuration (24) into Eq. (31) we find the following Jacobian matrix for the SPAC

$$\begin{aligned} J_{j,k} &= 0, \\ J_{j+V,k+V} &= 0, \\ J_{j+V,k} &= -\frac{\eta}{V}v_k v_j, \\ J_{j,k+V} &= +\frac{\eta}{V}v_k v_j - 2\delta_{k,j}, \end{aligned} \quad (\text{C25})$$

where, after a proper permutation of the sites,  $v_k = 1$  for  $k = 1, \dots, V/2$  and  $v_k = -1$  for  $k = V/2 + 1, \dots, V$ . It is therefore handy to view  $J$  as composed of  $V/2 \times V/2$ -dimensional blocks and to write a  $2V$ -dimensional column vector  $\vec{y}$  as

$$\vec{y} = \begin{pmatrix} \vec{y}^{(1)} \\ \vec{y}^{(2)} \\ \vec{y}^{(3)} \\ \vec{y}^{(4)} \end{pmatrix}, \quad (\text{C26})$$

$\vec{y}^{(i)}$  being a  $V/2$ -dimensional column vector. The eigenvalue problem (C6) reads then

$$J\vec{y} = \begin{pmatrix} +\frac{\eta}{2}(\tilde{y}_0^{(3)} - \tilde{y}_0^{(4)}) - 2\tilde{y}^{(3)} \\ -\frac{\eta}{2}(\tilde{y}_0^{(3)} - \tilde{y}_0^{(4)}) - 2\tilde{y}^{(4)} \\ +\frac{\eta}{2}(-\tilde{y}_0^{(1)} + \tilde{y}_0^{(2)}) \\ -\frac{\eta}{2}(-\tilde{y}_0^{(1)} + \tilde{y}_0^{(2)}) \end{pmatrix} = \lambda \begin{pmatrix} \vec{y}^{(1)} \\ \vec{y}^{(2)} \\ \vec{y}^{(3)} \\ \vec{y}^{(4)} \end{pmatrix}, \quad (\text{C27})$$

where we introduced  $\tilde{y}_0^{(i)} = \frac{2}{V} \sum_{j=1}^{V/2} \tilde{y}_j^{(i)}$ .

Looking for nonzero eigenvalues, that is for  $\lambda \neq 0$ , we readily obtain  $\vec{y}^{(2)} = -\vec{y}^{(1)}$  and  $\vec{y}^{(4)} = -\vec{y}^{(3)}$ , reducing the problem to

$$\begin{cases} +\eta\tilde{y}_0^{(3)} - 2\tilde{y}^{(3)} = \lambda\vec{y}^{(1)} \\ -\eta\tilde{y}_0^{(1)} = \lambda\vec{y}^{(3)}. \end{cases} \quad (\text{C28})$$

The second equation of (C28) implies the components of  $\vec{y}^{(3)}$  to be all equal, that is  $y_j^{(3)} = \tilde{y}_0^{(3)} \forall j = 1, 2, \dots, V/2$  and  $\eta\tilde{y}_0^{(1)} = -\lambda\tilde{y}_0^{(3)}$ . From the first equation of (C28), we get that also all the components of  $\vec{y}^{(1)}$  are equal, and we are thus left with

$$-\eta(\eta - 2)\tilde{y}_0^{(1)} = \lambda^2\tilde{y}_0^{(1)}. \quad (\text{C29})$$

Since we look for nontrivial solutions (that is with nonzero  $\vec{y}$ ), we consider  $\tilde{y}_0^{(1)} \neq 0$  and finally obtain the eigenvalues

$$\lambda^{\pm} = \pm\sqrt{\eta(2-\eta)}. \quad (\text{C30})$$

Thus, we conclude that the only nonzero eigenvalues are  $\lambda^+$  and  $\lambda^-$ , and that  $\lambda_0 = 0$  is an eigenvalue with algebraic multiplicity  $m_a = 2V - 4$ .

## 3. Diagonalization of $J$ for the SFC

We now study the stability of the SFC. The argument of Sec. III is actually sufficient to state that the SFC is a nonlinear center of the dynamics for any  $\eta > 0$ , but for completeness we report here a direct and instructive study of its stability by means of the diagonalization of its Jacobian matrix. For the SF (24), the Jacobian (C4) reads

$$\begin{aligned} J_{j,k} &= 0, \\ J_{j+V,k+V} &= 0, \\ J_{j+V,k} &= -\frac{\eta}{V} + \eta\delta_{k,j}, \\ J_{j,k+V} &= +\frac{\eta}{V} - (2+\eta)\delta_{k,j}. \end{aligned} \quad (\text{C31})$$

It is therefore again natural to write a  $2V$ -dimensional column vector  $\vec{y}$  as  $\vec{y} = \begin{pmatrix} \vec{y}^{(1)} \\ \vec{y}^{(2)} \end{pmatrix}$ ,  $\vec{y}^{(i)}$  being a  $V$ -dimensional column

vector. The eigenvalue problem (C6) is rewritten as

$$J\bar{y} = \begin{pmatrix} +\eta\tilde{y}_0^{(2)} - (2 + \eta)\bar{y}^{(2)} \\ -\eta\tilde{y}_0^{(1)} + \eta\bar{y}^{(1)} \end{pmatrix} = \lambda \begin{pmatrix} \bar{y}^{(1)} \\ \bar{y}^{(2)} \end{pmatrix}, \quad (\text{C32})$$

where  $\tilde{y}_0^{(i)} = \frac{1}{V} \sum_{j=1}^V \bar{y}_j^{(i)}$ . Looking for nonzero eigenvalues, that is,  $\lambda \neq 0$ , we can multiply the first equation of (C32) by  $\lambda$ , getting

$$\begin{cases} +\eta\lambda\tilde{y}_0^{(2)} - (2 + \eta)\lambda\bar{y}^{(2)} = \lambda^2\bar{y}^{(1)} \\ -\eta\tilde{y}_0^{(1)} + \eta\bar{y}^{(1)} = \lambda\bar{y}^{(2)}. \end{cases} \quad (\text{C33})$$

Plugging  $\lambda\tilde{y}_0^{(2)}$  from the second equation of (C33) into the first one, we get

$$-(2 + \eta)(-\eta\tilde{y}_0^{(1)} + \eta\bar{y}^{(1)}) = \lambda^2\bar{y}^{(1)}, \quad (\text{C34})$$

from which we find  $\tilde{y}_0^{(1)} = 0$ , so that

$$-\eta(2 + \eta)\bar{y}^{(1)} = \lambda^2\bar{y}^{(1)}, \quad (\text{C35})$$

giving  $\lambda_{1,2} = \pm i\sqrt{\eta(2 + \eta)}$ . These are the only nonzero eigenvalues and can therefore be used to argue on the stability of the SFC. Since for any value of  $\eta > 0$  the nonzero eigenvalues are purely imaginary complex conjugate numbers, the SFC is a linear center of the dynamics for any  $\eta > 0$ . As we already noticed in Sec. III, the SFC is actually not only a linear center, but a nonlinear center as well.

#### APPENDIX D: $V \rightarrow \infty$ LIMIT AND CONTINUOUS EQUATIONS

We consider the instructive  $V \rightarrow \infty$  limit, with potential application in the analytical approach of synchronization phenomena for the phases  $\{\theta_j\}$ . We replace the discrete site index  $j = 1, 2, \dots, V$  with a continuous variable  $s \in (0, 2\pi)$ , so that the GPE (13) transform into

$$\begin{aligned} \frac{\partial\sqrt{\rho(s,t)}}{\partial t} &= \eta r \sin(\theta(s,t) - \phi) \\ \frac{\partial\theta(s,t)}{\partial t} &= \frac{\eta r}{\sqrt{\rho(s,t)}} \cos(\theta(s,t) - \phi) - \rho(s,t), \end{aligned} \quad (\text{D1})$$

where  $\Psi = re^{i\phi}$  is redefined as

$$re^{i\phi} = \frac{1}{V} \sum_{j=1}^V \sqrt{\rho_j} e^{i\theta_j} \xrightarrow{V \rightarrow \infty} \frac{1}{2\pi} \int_0^{2\pi} ds \sqrt{\rho(s)} e^{i\theta(s)}. \quad (\text{D2})$$

In this way, we passed from a system of  $2V$  ordinary differential equations in the  $2V$  variables  $\{\rho_j, \theta_j\}$ , to a system of two integrodifferential equations in the variables  $\rho(s,t)$  and  $\theta(s,t)$ . Notice that for equation (D1) to be valid we require as assumption that there exists a permutation of the sites indexes such that the functions  $\rho(s,t)$  and  $\theta(s,t)$  are continuous, that is such that  $\rho_j \xrightarrow{V \rightarrow \infty} \rho_{j+1}$  and  $\theta_j \xrightarrow{V \rightarrow \infty} \theta_{j+1} \forall j = 1, \dots, V$  and  $\rho_V \xrightarrow{V \rightarrow \infty} \rho_1$  and  $\theta_V \xrightarrow{V \rightarrow \infty} \theta_1$ . This requirement is for instance fulfilled for the initial condition (15) of the MI to SF quench, on which we focus here. In the  $V \rightarrow \infty$  limit, the UC is defined by

$$\begin{aligned} \theta_{\text{UC}}(s,t) &= s + \Omega t \\ \rho_{\text{UC}}(s,t) &= 1, \end{aligned} \quad (\text{D3})$$

that, having  $r = 0$  and for  $\Omega = -1$ , is obviously a FP of the dynamical equations (D1). We move to the frame rotating at angular frequency  $\Omega$  and express the state of the system as

$$\begin{aligned} \theta(s) &= s + \xi(s) \\ \sqrt{\rho(s)} &= 1 + \delta(s). \end{aligned} \quad (\text{D4})$$

Importantly, small  $\delta$  and  $\xi$  correspond to a system being in the proximity of the UC, but we do not need to assume it. The equations of motion (D1) read

$$\begin{aligned} \frac{\partial\delta(s,t)}{\partial t} &= \eta r \sin(\theta(s,t) - \phi) \\ \frac{\partial\xi(s,t)}{\partial t} &= \frac{\eta r}{1 + \delta(s,t)} \cos(\theta(s,t) - \phi) - 2\delta(s,t) - \delta(s,t)^2, \end{aligned} \quad (\text{D5})$$

where  $\Psi = re^{i\phi}$  can be expressed as  $re^{i\phi} = \frac{1}{2\pi} \int_0^{2\pi} (1 + \delta)e^{i\xi} e^{is} = ((1 + \delta)e^{i\xi})_1$ , where we denoted  $[A(s)]_q = \frac{1}{2\pi} \int_0^{2\pi} A(s) e^{iqs} ds$ . That is, we expressed  $\Psi$  as the Fourier transform of a composition of the functions  $\delta(s,t)$  and  $\xi(s,t)$  with respect to the variable  $s$ . Thus (D5) reads

$$\begin{cases} \frac{\partial\delta}{\partial t} = -\eta \text{Im}\{((1 + \delta)e^{i\xi})_1 e^{-i\theta}\} \\ \frac{\partial\xi}{\partial t} = \frac{\eta}{1 + \delta} \text{Re}\{((1 + \delta)e^{i\xi})_1 e^{-i\theta}\} - 2\delta - \delta^2. \end{cases} \quad (\text{D6})$$

We Fourier transform the first equation of (D6) getting

$$\begin{cases} \frac{\partial\delta_1}{\partial t} = i\frac{\eta}{2}((1 + \delta)e^{i\xi})_1 \\ \frac{\partial\delta_{-1}}{\partial t} = -i\frac{\eta}{2}((1 + \delta)e^{i\xi})_{-1} \\ \frac{\partial\delta_q}{\partial t} = 0 \quad \forall q \in \{0, 2, 3, \dots, V-2\} \\ \frac{\partial\xi}{\partial t} = \frac{\eta}{1 + \delta} \text{Re}\{((1 + \delta)e^{i\xi})_1 e^{-i\theta}\} - 2\delta - \delta^2. \end{cases} \quad (\text{D7})$$

Importantly, to go from Eq. (D1) to Eq. (D7), we have introduced no approximations, that is (D7) coincides exactly with the GPE (13). The form of (D7) is particularly convenient since for  $q \neq \pm 1$ , we find  $\delta_q = cst$  (even for the whole nonlinear dynamics). From (D7), it is of course possible to study the linear stability of the UC considering small  $\delta$  and  $\xi$ , obtaining the Jacobian eigenvalues  $\lambda_{+1}^+$ ,  $\lambda_{-1}^-$ ,  $\lambda_{-1}^+$ ,  $\lambda_{+1}^-$  and highlighting a DPT at the critical hopping strength  $\eta_c^{\text{UC}} = 4$  (that is not surprising at all since the results of Sec. V are valid for any  $V \geq 3$ ). However, the nonlinearities of Eq. (D7) are the fundamental ingredient to try to capture the emergence of  $\pi$ -synchronization for a MI to SF quench. Such synchronization is encapsulated into the increase of  $S$  up to a finite value, that corresponds to the growth of the Fourier components of  $\xi$  with even wave number  $q$ . Additionally, a potentially useful idea in analogy with the Kuramoto model [43] is treating  $r$  as a parameter and considering a function  $p(\theta, t)$  describing the density of oscillators at the angle  $\theta$  at time  $t$  (a partial differential equation describing the dynamics of  $p(\theta, t)$  would then be the continuity equation).

- [1] M. Greiner, O. Mandel, T. Esslinger, T. W. Hänsch, and I. Bloch, *Nature (London)* **415**, 39 (2002).
- [2] I. Bloch, *Nature (London)* **453**, 1016 (2008).
- [3] J. Esteve, C. Gross, A. Weller, S. Giovanazzi, and M. K. Oberthaler, *Nature (London)* **455**, 1216 (2008).
- [4] U. Schneider, L. Hackermüller, S. Will, T. Best, I. Bloch, T. A. Costi, R. W. Helmes, D. Rasch, and A. Rosch, *Science* **322**, 1520 (2008).
- [5] W. S. Bakr, A. Peng, M. E. Tai, R. Ma, J. Simon, J. I. Gillen, S. Foelling, L. Pollet, and M. Greiner, *Science* **329**, 547 (2010).
- [6] D. A. Abanin, E. Altman, I. Bloch, and M. Serbyn, [arXiv:1804.11065](https://arxiv.org/abs/1804.11065).
- [7] S. Hofferberth, I. Lesanovsky, B. Fischer, T. Schumm, and J. Schmiedmayer, *Nature (London)* **449**, 324 (2007).
- [8] M. Albiez, R. Gati, J. Fölling, S. Hunsmann, M. Cristiani, and M. K. Oberthaler, *Phys. Rev. Lett.* **95**, 010402 (2005).
- [9] T. Schumm, S. Hofferberth, L. M. Andersson, S. Wildermuth, S. Groth, I. Bar-Joseph, J. Schmiedmayer, and P. Krüger, *Nat. Phys.* **1**, 57 (2005).
- [10] R. Gati, B. Hemmerling, J. Fölling, M. Albiez, and M. K. Oberthaler, *Phys. Rev. Lett.* **96**, 130404 (2006).
- [11] P. Roushan, C. Neill, J. Tangpanitanon, V. Bastidas, A. Megrant, R. Barends, Y. Chen, Z. Chen, B. Chiaro, A. Dunsworth *et al.*, *Science* **358**, 1175 (2017).
- [12] K. Xu, J.-J. Chen, Y. Zeng, Y.-R. Zhang, C. Song, W. Liu, Q. Guo, P. Zhang, D. Xu, H. Deng *et al.*, *Phys. Rev. Lett.* **120**, 050507 (2018).
- [13] K. Sengupta, S. Powell, and S. Sachdev, *Phys. Rev. A* **69**, 053616 (2004).
- [14] C. Kollath, A. M. Läuchli, and E. Altman, *Phys. Rev. Lett.* **98**, 180601 (2007).
- [15] M. Moeckel and S. Kehrein, *Phys. Rev. Lett.* **100**, 175702 (2008).
- [16] C. Chin, R. Grimm, P. Julienne, and E. Tiesinga, *Rev. Mod. Phys.* **82**, 1225 (2010).
- [17] M. Schiró and M. Fabrizio, *Phys. Rev. Lett.* **105**, 076401 (2010).
- [18] B. Sciolla and G. Biroli, *Phys. Rev. Lett.* **105**, 220401 (2010).
- [19] B. Sciolla and G. Biroli, *J. Stat. Mech.* (2011) P11003.
- [20] B. Sciolla and G. Biroli, *Phys. Rev. B* **88**, 201110 (2013).
- [21] M. Heyl, A. Polkovnikov, and S. Kehrein, *Phys. Rev. Lett.* **110**, 135704 (2013).
- [22] M. Eckstein, M. Kollar, and P. Werner, *Phys. Rev. Lett.* **103**, 056403 (2009).
- [23] A. Flesch, M. Cramer, I. P. McCulloch, U. Schollwöck, and J. Eisert, *Phys. Rev. A* **78**, 033608 (2008).
- [24] M. Rigol, V. Dunjko, and M. Olshanii, *Nature (London)* **452**, 854 (2008).
- [25] M. Cramer, A. Flesch, I. P. McCulloch, U. Schollwöck, and J. Eisert, *Phys. Rev. Lett.* **101**, 063001 (2008).
- [26] M. Cramer, C. M. Dawson, J. Eisert, and T. J. Osborne, *Phys. Rev. Lett.* **100**, 030602 (2008).
- [27] M. Rigol, *Phys. Rev. Lett.* **103**, 100403 (2009).
- [28] G. Biroli, C. Kollath, and A. M. Läuchli, *Phys. Rev. Lett.* **105**, 250401 (2010).
- [29] J. Dziarmaga, *Adv. Phys.* **59**, 1063 (2010).
- [30] M. Kollar, F. A. Wolf, and M. Eckstein, *Phys. Rev. B* **84**, 054304 (2011).
- [31] A. Smerzi, S. Fantoni, S. Giovanazzi, and S. R. Shenoy, *Phys. Rev. Lett.* **79**, 4950 (1997).
- [32] S. Mossmann and C. Jung, *Phys. Rev. A* **74**, 033601 (2006).
- [33] R. Gati and M. K. Oberthaler, *J. Phys. B: At. Mol. Opt. Phys.* **40**, R61 (2007).
- [34] E. M. Graefe, H. J. Korsch, and A. E. Niederle, *Phys. Rev. Lett.* **101**, 150408 (2008).
- [35] A. R. Kolovsky, H. J. Korsch, and E.-M. Graefe, *Phys. Rev. A* **80**, 023617 (2009).
- [36] D. Witthaut, S. Wimberger, R. Burioni, and M. Timme, *Nat. Commun.* **8**, 14829 (2017).
- [37] S. Raghavan, A. Smerzi, S. Fantoni, and S. R. Shenoy, *Phys. Rev. A* **59**, 620 (1999).
- [38] A. Polkovnikov, S. Sachdev, and S. M. Girvin, *Phys. Rev. A* **66**, 053607 (2002).
- [39] A. Polkovnikov, *Phys. Rev. A* **68**, 053604 (2003).
- [40] A. Polkovnikov, *Ann. Phys.* **325**, 1790 (2010).
- [41] Y. Kuramoto, in *International Symposium on Mathematical Problems in Theoretical Physics*, edited by H. Araki, Lecture Notes in Physics Vol. 30 (Springer, New York, 1975), pp. 420–422.
- [42] S. H. Strogatz, *Physica D* **143**, 1 (2000).
- [43] J. A. Acebrón, L. L. Bonilla, C. J. P. Vicente, F. Ritort, and R. Spigler, *Rev. Mod. Phys.* **77**, 137 (2005).
- [44] C. A. Holmes, C. P. Meaney, and G. J. Milburn, *Phys. Rev. E* **85**, 066203 (2012).
- [45] T. E. Lee and H. R. Sadeghpour, *Phys. Rev. Lett.* **111**, 234101 (2013).
- [46] T. E. Lee, C.-K. Chan, and S. Wang, *Phys. Rev. E* **89**, 022913 (2014).
- [47] S. Walter, A. Nunnenkamp, and C. Bruder, *Phys. Rev. Lett.* **112**, 094102 (2014).
- [48] V. M. Bastidas, I. Omelchenko, A. Zakharova, E. Schöll, and T. Brandes, *Phys. Rev. E* **92**, 062924 (2015).
- [49] P. P. Orth, D. Roosen, W. Hofstetter, and K. Le Hur, *Phys. Rev. B* **82**, 144423 (2010).
- [50] K. Le Hur, L. Henriot, L. Herviou, K. Plekhanov, A. Petrescu, T. Goren, M. Schiro, C. Mora, and P. P. Orth, *C. R. Phys.* **19**, 451 (2018).
- [51] L. Henriot and K. Le Hur, *Phys. Rev. B* **93**, 064411 (2016).
- [52] B. Zhu, J. Schachenmayer, M. Xu, F. Herrera, J. G. Restrepo, M. J. Holland, and A. M. Rey, *New J. Phys.* **17**, 083063 (2015).
- [53] M. P. A. Fisher, P. B. Weichman, G. Grinstein, and D. S. Fisher, *Phys. Rev. B* **40**, 546 (1989).
- [54] J. Freericks and H. Monien, *Europhys. Lett.* **26**, 545 (1994).
- [55] S. Rachel, N. Laflorencie, H. F. Song, and K. Le Hur, *Phys. Rev. Lett.* **108**, 116401 (2012).
- [56] G. Boéris, L. Gori, M. D. Hoogerland, A. Kumar, E. Lucioni, L. Tanzi, M. Inguscio, T. Giamarchi, C. D’Errico, G. Carleo *et al.*, *Phys. Rev. A* **93**, 011601 (2016).
- [57] S. Trotzky, Y.-A. Chen, A. Flesch, I. P. McCulloch, U. Schollwöck, J. Eisert, and I. Bloch, *Nat. Phys.* **8**, 325 (2012).
- [58] M. A. Cazalilla, R. Citro, T. Giamarchi, E. Orignac, and M. Rigol, *Rev. Mod. Phys.* **83**, 1405 (2011).
- [59] D. Jaksch, C. Bruder, J. I. Cirac, C. W. Gardiner, and P. Zoller, *Phys. Rev. Lett.* **81**, 3108 (1998).
- [60] W. Zwerger, *J. Opt. B: Quantum Semiclassical Opt.* **5**, S9 (2003).
- [61] L. I. Glazman and A. I. Larkin, *Phys. Rev. Lett.* **79**, 3736 (1997).
- [62] R. Kuzmin, R. Mencia, N. Grabon, N. Mehta, Y.-H. Lin, and V. E. Manucharyan, [arXiv:1805.07379](https://arxiv.org/abs/1805.07379).

- [63] T. Weißl, B. Küng, E. Dumur, A. K. Feofanov, I. Matei, C. Naud, O. Buisson, F. W. J. Hekking, and W. Guichard, *Phys. Rev. B* **92**, 104508 (2015).
- [64] Z. Ristivojevic, A. Petković, P. Le Doussal, and T. Giamarchi, *Phys. Rev. Lett.* **109**, 026402 (2012).
- [65] F. Jendrzejewski, A. Bernard, K. Mueller, P. Cheinet, V. Josse, M. Piraud, L. Pezzé, L. Sanchez-Palencia, A. Aspect, and P. Bouyer, *Nat. Phys.* **8**, 398 (2012).
- [66] E. V. H. Doggen, G. Lemarié, S. Capponi, and N. Laflorencie, *Phys. Rev. B* **96**, 180202 (2017).
- [67] T. Giamarchi and H. Schulz, *Europhys. Lett.* **3**, 1287 (1987).
- [68] J. Dziarmaga, M. Tylutki, and W. H. Zurek, *Phys. Rev. B* **86**, 144521 (2012).
- [69] G. J. Milburn, J. Corney, E. M. Wright, and D. F. Walls, *Phys. Rev. A* **55**, 4318 (1997).
- [70] R. Franzosi, V. Penna, and R. Zecchina, *Int. J. Mod. Phys. B* **14**, 943 (2000).
- [71] S. Longhi, *J. Phys. B: At. Mol. Opt. Phys.* **44**, 051001 (2011).
- [72] R. Franzosi and V. Penna, *Phys. Rev. E* **67**, 046227 (2003).
- [73] B. Liu, L.-B. Fu, S.-P. Yang, and J. Liu, *Phys. Rev. A* **75**, 033601 (2007).
- [74] F. Trimborn, D. Witthaut, and H. J. Korsch, *Phys. Rev. A* **79**, 013608 (2009).
- [75] H. Qiu, B. Julia-Diaz, M. A. Garcia-March, and A. Polls, *Phys. Rev. A* **90**, 033603 (2014).
- [76] S. E. Nigg, N. Lörch, and R. P. Tiwari, *Sci. Adv.* **3**, e1602273 (2017).
- [77] J. Prost, *The Physics of Liquid Crystals*, International Series Of Monographs On Physics Vol. 83 (Oxford University Press, 1995).
- [78] T. Langen, R. Geiger, and J. Schmiedmayer, *Annu. Rev. Condens. Matter Phys.* **6**, 201 (2015).
- [79] S. H. Strogatz, *Nonlinear Dynamics and Chaos: with Applications to Physics, Biology, Chemistry, and Engineering* (CRC Press, 2018).
- [80] M. Chuchem, K. Smith-Mannschott, M. Hiller, T. Kottos, A. Vardi, and D. Cohen, *Phys. Rev. A* **82**, 053617 (2010).
- [81] A. Pikovsky, M. Rosenblum, J. Kurths, and J. Kurths, *Synchronization: a Universal Concept in Nonlinear Sciences*, Cambridge Nonlinear Science Series Vol. 12 (Cambridge University Press, 2003).