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## Generalized Uncertainty Inequalities

Alessio Martini

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Abstract The Heisenberg-Pauli-Weyl (HPW) uncertainty inequality on $\mathbb{R}^{n}$ says that

$$
\|f\|_{2} \leq C_{\alpha, \beta}\left\||x|^{\alpha} f\right\|_{2}^{\frac{\beta}{\alpha+\beta}}\left\|(-\Delta)^{\beta / 2} f\right\|_{2}^{\frac{\alpha}{\alpha+\beta}}
$$

Let $H$ be a Hilbert space; we obtain inequalities of the form

$$
\|f\|_{H} \leq C_{\alpha, \beta}\left\|T^{\alpha} f\right\|_{H}^{\frac{\beta}{\alpha+\beta}}\left\|L^{\beta} f\right\|_{H}^{\frac{\alpha}{\alpha+\beta}}
$$

for a pair of positive self-adjoint operators $T, L$ on $H$ satisfying a "balance condition" involving certain operator norms of their spectral projectors. This extends a result of Ciatti, Ricci and Sundari [5] since our hypotheses allow growth rates other than polynomial, e.g., exponential ones. As examples of applications, we obtain HPW-type inequalities on Riemannian manifolds, Riemannian symmetric spaces of non-compact type, homogeneous graphs and unimodular Lie groups.

Keywords Uncertainty principle • Banach couples • Riemannian manifolds • Symmetric spaces • Graphs • Lie groups

## 1 Introduction

The uncertainty principle, which is a fundamental feature of quantum mechanical systems, can be considered from a mathematical point of view as a "meta-theorem" in harmonic analysis, which can be summed up as: a non-zero function and its Fourier transform cannot both be sharply localized.

This qualitative statement has large varieties of quantitative formulations, extensions and generalizations (see [11] for a survey). Here we are interested

[^0]in generalizations of one of the most common quantitative restatements of the uncertainty principle, namely the Heisenberg-Pauli-Weyl (HPW) inequality: for every $\alpha, \beta>0$ there exists $C_{\alpha, \beta}$ such that
$$
\|f\|_{2} \leq C_{\alpha, \beta}\left\||x|^{\alpha} f\right\|_{2}^{\frac{\beta}{\alpha+\beta}}\left\||\xi|^{\beta} \widehat{f}\right\|_{2}^{\frac{\alpha}{\alpha+\beta}}
$$
for all $f \in L^{2}\left(\mathbb{R}^{n}\right)$. The inequality can also be rewritten as
$$
\|f\|_{2} \leq C_{\alpha, \beta}\left\||x|^{\alpha} f\right\|_{2}^{\frac{\beta}{\alpha+\beta}}\left\|(-\Delta)^{\beta / 2} f\right\|_{2}^{\frac{\alpha}{\alpha+\beta}}
$$
and in this form it is possible to discuss its validity in more general contexts than $\mathbb{R}^{n}$ (e.g., in Riemannian manifolds, with $|x|$ interpreted as the distance from a fixed point and $\Delta$ as the Laplace-Beltrami operator).

The work [5] goes in this direction, obtaining uncertainty inequalities in "spaces with polynomial volume growth": measure spaces $(X, m)$ with a given "distance-from-a-point" function $\rho$ (which we can assume to be simply a nonnegative measurable function on $X$ ) such that the measure of the "balls" (sublevel sets) $B_{r}=\{\rho<r\}$ is majorized by powers of the radius $r$ :

$$
m\left(B_{r}\right) \lesssim \begin{cases}r^{q_{0}} & \text { for } r \leq 1 \\ r^{q_{\infty}} & \text { for } r \geq 1\end{cases}
$$

for some $\left.q_{0}, q_{\infty} \in\right] 0,+\infty[$. In such a setting they obtain uncertainty inequalities of the form

$$
\|f\|_{2} \leq C_{\alpha, \beta}\left\|\rho^{\alpha} f\right\|_{2}^{\frac{\beta}{\alpha+\beta}}\left\|L^{\beta} f\right\|_{2}^{\frac{\alpha}{\alpha+\beta}}
$$

where $L$ is any positive self-adjoint operator on $L^{2}(X, m)$ whose exponential semigroup $e^{-t L}$ satisfies the following ultracontractivity condition:

$$
\left\|e^{-t L}\right\|_{1 \rightarrow \infty} \lesssim \begin{cases}t^{-q_{0}} & \text { for } t \leq 1  \tag{1}\\ t^{-q_{\infty}} & \text { for } t \geq 1\end{cases}
$$

(such a condition has been extensively studied; see, e.g., [6], [22] or [7]). The proof in [5] gives also a "local uncertainty inequality" (from which the "global" one is derived):

$$
\begin{equation*}
\left\|e^{-t L} f\right\|_{2} \leq C_{\alpha} t^{-\alpha}\left\|\rho^{\alpha} f\right\|_{2} \tag{2}
\end{equation*}
$$

for $t$ small and $\alpha<q_{0} / 2$, or for $t$ large and $\alpha<q / 2$ (where $q=\min \left\{q_{0}, q_{\infty}\right\}$ ).
A first question which arises from this work is if the "symmetry" of the two factors in the HPW inequality, given in $\mathbb{R}^{n}$ by the Fourier transform, can be recovered, at least partially, in this more general setting.

Another question is if the "polynomial growth" condition can be relaxed, in order to include, e.g., spaces with exponential volume growth, and what conditions must be satisfied in this case by the operator $L$.

The first problem is addressed specifically in [17], where a "companion" inequality of (2) is proved, that is,

$$
\begin{equation*}
\left\|e^{-r \rho} f\right\|_{2} \leq C_{\alpha} r^{-\alpha}\left\|L^{\alpha} f\right\|_{2} \tag{3}
\end{equation*}
$$

for $r$ small and $\alpha<q_{\infty} / 2$, or for $r$ large and $\alpha<q / 2$. In this estimate the roles of the operator $L$ and the operator "multiplication by $\rho$ " are swapped. The proof of (3) in [17] is formally different from that of (2), but the leading ideas are the same.

This suggests that the operator "multiplication by $\rho$ " can be substituted with a generic positive self-adjoint operator $T$ on $L^{2}(X, m)$ (it should also be remarked that, by the spectral theorem, every self-adjoint operator can in fact be thought as a multiplication operator on some $L^{2}$ space). Let $F$ be the spectral measure associated to $T$ and set $F_{r}=F([0, r[)$ for $r \geq 0$. Observing that, in the case of the multiplication operator $T f=\rho f$ we have $m\left(B_{r}\right)=\left\|F_{r}\right\|_{\infty \rightarrow 1}$, the volume growth condition can be rewritten as

$$
\left\|F_{r}\right\|_{\infty \rightarrow 1} \lesssim \begin{cases}r^{q_{0}} & \text { for } r \leq 1  \tag{4}\\ r^{q_{\infty}} & \text { for } r \geq 1\end{cases}
$$

and in this form it makes sense also for a generic $T$.
In fact, via the spectral theorem, also the condition (1) on the operator $L$ can be rephrased in terms of spectral projections:

$$
\left\|E_{t}\right\|_{1 \rightarrow \infty} \lesssim \begin{cases}t^{q_{\infty}} & \text { for } t \leq 1  \tag{5}\\ t^{q_{0}} & \text { for } t \geq 1\end{cases}
$$

The same can be done for the conclusion, the local uncertainty inequality (and its "companion"):

$$
\begin{aligned}
\left\|E_{1 / t} f\right\|_{2} & \leq C_{\alpha} t^{-\alpha}\left\|T^{\alpha} f\right\|_{2}, \\
\left\|F_{1 / r} f\right\|_{2} & \leq C_{\alpha} r^{-\alpha}\left\|L^{\alpha} f\right\|_{2}
\end{aligned}
$$

while the global inequality takes the form

$$
\|f\|_{2} \leq C_{\alpha, \beta}\left\|T^{\alpha} f\right\|_{2}^{\frac{\beta}{\alpha+\beta}}\left\|L^{\beta} f\right\|_{2}^{\frac{\alpha}{\alpha+\beta}}
$$

which is undoubtedly more "symmetric".
As they are written now, the uncertainty inequalities make sense not only in $L^{2}$ but also in a generic Hilbert space $H$. The problem is how to rephrase the growth hypotheses on spectral measures, since they are in terms of $L^{1}$ and $L^{\infty}$, which are Banach spaces having a close relationship with each other (duality) and with $L^{2}$. A suitable generalization is given by the concept of Banach couple (see [1]): a pair ( $X_{0}, X_{1}$ ) of Banach spaces which are both (continuously) contained in a (Hausdorff) topological vector space $Z$ (so that we can also consider the sum $X_{0}+X_{1}$ and the intersection $X_{0} \cap X_{1}$ as subspaces of $Z$ ). In fact, we will be interested in Banach couples which are regular $\left(X_{0} \cap X_{1}\right.$ is dense in both $X_{i}$ ), reflexive (in a sense which will be specified later) and with $X_{0}=H$. For instance, if we choose ( $L^{2}, L^{p}$ ) as Banach couple (for $1 \leq p<\infty$ ), then the growth hypotheses take the form of estimates on the norms $\left\|E_{t}\right\|_{p \rightarrow p^{\prime}}$, $\left\|F_{r}\right\|_{p^{\prime} \rightarrow p}$ (where $1 / p+1 / p^{\prime}=1$ ), so that the original case is recovered for $p=1$. The case $p=\infty$ can be considered too, by regularization of the couple
$\left(L^{2}, L^{\infty}\right)$, i.e., by restricting to the couple $\left(L^{2}, L_{0}^{\infty}\right)$, where $L_{0}^{\infty}$ is the closure of $L^{2} \cap L^{\infty}$ in $L^{\infty}$.

We now come to the second question, about the possibility of relaxing the growth conditions (4), (5) in order to include more general "volume growths". The first idea is that, as in the case of polynomial growth, the estimates on spectral projections of $L$ and $T$ should "balance each other", something like

$$
\left\|E_{1 / t}\right\|_{V \rightarrow V^{*}}\left\|F_{\eta t}\right\|_{V^{*} \rightarrow V} \lesssim 1
$$

for some $\eta>0$ and all $t$ (where $V=X_{1}$ in the Banach couple). In fact, what we require in the general case is that

$$
\left\|F_{r}\right\|_{V^{*} \rightarrow V} \leq \Phi(r) \quad \text { and } \quad\left\|E_{1 / t}\right\|_{V \rightarrow V^{*}} \Phi(\eta t) \lesssim 1
$$

for some non-negative measurable function $\Phi$ on $[0,+\infty[$ which satisfies the admissibility hypothesis

$$
\int_{0}^{r} s^{-\gamma} \Phi(s) \frac{d s}{s} \lesssim r^{-\gamma} \Phi(r)
$$

for some $\gamma>0$ and all $r>0$. This condition (which is similar to the "homogeneity property" considered in §VII. 3 of [22]) is satisfied by polynomial growth $\left(\Phi(r)=r^{d}\right.$ with $\left.d>\gamma\right)$ but also by faster growths (e.g., exponential).

In the following, local and global uncertainty inequalities are proved in this general context. The result is then applied to Riemannian manifolds (with the Riemannian distance and the Laplace-Beltrami operator), obtaining HPW inequalities on homogeneous simply connected manifolds with negative sectional curvature, on Riemannian symmetric spaces of non-compact type and, by restricting to the orthogonal complement of the kernel of the Laplacian, also on compact manifolds. Finally, similar results are obtained in the context of homogeneous graphs (with the graph distance and the difference Laplacian) and unimodular Lie groups (with Carnot-Carathéodory distances and left-invariant sublaplacians).

## 2 Uncertainty inequalities

### 2.1 Preliminaries

From now on, all Banach spaces will be complex.
If $V$ is a Banach space, let $V^{*}$ denote the conjugate-dual of $V$, i.e., the Banach space of continuous conjugate-linear functionals on $V$. If $F: V \rightarrow W$ is a continuous linear map of Banach spaces, let $F^{*}: W^{*} \rightarrow V^{*}$ be the transpose of $F$, defined by $F^{*}(\phi)=\phi \circ F$. It is easy to see that $V^{* *}$ is naturally isomorphic to the linear bidual of $V$. Moreover, the Riesz representation theorem for Hilbert spaces can be rephrased as follows: the map

$$
H \ni v \mapsto\langle v, \cdot\rangle_{H} \in H^{*}
$$

is a natural isometric linear isomorphism between any Hilbert space $H$ and its conjugate-dual (where naturality means that the transpose $F^{*}$ of a linear map $F$ between Hilbert spaces corresponds to the adjoint of $F$ ).

A Banach couple ${ }^{1}$ is a pair $\left(X_{0}, X_{1}\right)$ of Banach spaces which are both continuously included in a (Hausdorff) topological vector space $Z$; in this case, we can then form the intersection $X_{0} \cap X_{1}$ and the sum $X_{0}+X_{1}$ as subspaces of $Z$, which are also Banach spaces with suitable norms ${ }^{2}$, so that the following diagram of inclusions

is both a pullback and a pushout (i.e., a so-called Doolittle diagram).
A Banach couple ( $X_{0}, X_{1}$ ) is said to be regular if $X_{0} \cap X_{1}$ is dense in both $X_{0}, X_{1}$, or, equivalently, if both $X_{0}, X_{1}$ are dense in $X_{0}+X_{1}$. In this case, all the maps in the conjugate-dual Doolittle diagram

are injective, so that, by identifying $X_{0}^{*}, X_{1}^{*}$ with their images in $\left(X_{0} \cap X_{1}\right)^{*}$, we can think of $\left(X_{0}^{*}, X_{1}^{*}\right)$ as a Banach couple, with $X_{0}^{*}+X_{1}^{*}=\left(X_{0} \cap X_{1}\right)^{*}$, $X_{0}^{*} \cap X_{1}^{*}=\left(X_{0}+X_{1}\right)^{*}$.

The conjugate-dual $\left(X_{0}^{*}, X_{1}^{*}\right)$ of a regular Banach couple ( $X_{0}, X_{1}$ ) need not be regular: $X_{0}^{*} \cap X_{1}^{*}$ is always weakly* dense in both $X_{0}^{*}, X_{1}^{*}$, but in general it is not strongly dense (however, if $X_{i}$ is reflexive, then $X_{0}^{*} \cap X_{1}^{*}$ is strongly dense in $X_{i}^{*}$ ). We can then consider the regularized conjugate-dual couple $\left(X_{0}^{\circ}, X_{1}^{\circ}\right)$, where $X_{i}^{\circ}$ is the closure in $X_{i}$ of $X_{0} \cap X_{1}$.

By repeating this procedure, we obtain the regularized conjugate-bidual couple ( $X_{0}^{\circ \circ}, X_{1}^{\circ \circ}$ ) and, as in the case of single Banach spaces, there are canonical continuous immersions $J_{i}: X_{i} \rightarrow X_{i}^{\circ \circ}$, defined by

$$
J_{i}(x)(\phi)=\overline{\phi(x)},
$$

which together form a morphism of Banach couples $\left(\left.J_{0}\right|_{X_{0} \cap X_{1}}=\left.J_{1}\right|_{X_{0} \cap X_{1}}\right)$; if this morphism is an isomorphism (i.e., if both $J_{i}$ are isomorphisms) then the couple ( $X_{0}, X_{1}$ ) will be called reflexive.

[^1]The notion of canonical immersion in the bidual for regular Banach couples is not perfectly analogous to the corresponding notion for single Banach spaces. The main differences are the following.

- In general the immersions $J_{i}: X_{i} \rightarrow X_{i}^{\circ \circ}$ are continuous and injective, but not necessarily isometric, nor homeomorphisms with their images. In fact, for $x \in X_{i}$, the norm of $J_{i}(x)$ in $X_{i}^{\circ \circ}$ is given by

$$
p_{i}(x)=\sup _{0 \neq \phi \in X_{i}^{\circ}} \frac{|\phi(x)|}{\|\phi\|_{X_{i}^{*}}}
$$

which is a norm on $X_{i}$, since $X_{i}^{\circ}$ is weakly* dense in $X_{i}^{*}$, but is not necessarily equivalent to the original norm $\|\cdot\|_{X_{i}}$. Since

$$
p_{i}(x)=\sup _{t>0} K_{i}(t, x) \quad \text { for } x \in X_{i}
$$

where $K_{i}$ is the Peetre $K$-functional

$$
K_{i}(t, x)=\inf \left\{\left\|x_{i}\right\|_{X_{i}}+t\left\|x_{1-i}\right\|_{X_{1-i}}: x_{j} \in X_{j}, x_{0}+x_{1}=x\right\}
$$

(for $t>0, x \in X_{0}+X_{1}$ ), this inequivalence of norms occurs exactly when $X_{i}$ is not relatively complete in $X_{0}+X_{1}$, i.e., when the closed unit ball of $X_{i}$ is not closed in $X_{0}+X_{1}$ (see $\S 2.2$ in [2]).

- If both $X_{i}$ are reflexive, then the couple $\left(X_{0}, X_{1}\right)$ is reflexive too. If one of the $X_{i}$ is reflexive, then $\left(X_{0}, X_{1}\right)$ need not be reflexive, but $\left(X_{0}^{\circ}, X_{1}^{\circ}\right)$ is certainly reflexive.

In the following, we will in fact be interested in reflexive regular Banach couples of the form $(H, V)$, where $H$ is a Hilbert space. In this case, modulo identification by the Riesz representation theorem, $\left(H, V^{\circ}\right)$ is the regularized conjugate-dual couple; moreover, by replacing the norm of $V$ with the equivalent norm on $V^{\circ \circ}$, we can always suppose that the immersion $V \rightarrow V^{\circ \circ}$ is an isometry, so that we can identify $V^{\circ \circ}$ with $V$. Under these hypotheses, it is easy to prove:

Lemma 1 Let $P: H \rightarrow H$ be a continuous linear operator. The following are equivalent:

- $P$ is continuous $V \rightarrow H$,
- $P^{*}$ is continuous $H \rightarrow V^{\circ}$,
$-P^{*} P$ is continuous $V \rightarrow V^{\circ}$;
moreover

$$
\|P\|_{V \rightarrow H}^{2}=\left\|P^{*}\right\|_{H \rightarrow V^{\circ}}^{2}=\left\|P^{*} P\right\|_{V \rightarrow V^{\circ}} .
$$

2.2 The main theorems

If $H$ is a Hilbert space and $T$ is an unbounded self-adjoint operator on $H$, for every $f \in H$ which does not belong to the domain of $T$ we set $\|T f\|_{H}=+\infty$, so that the equality

$$
\|T f\|_{H}=\sqrt{\int_{\mathbb{R}} \lambda^{2} \nu_{f}(d \lambda)}
$$

where $\nu_{f}=\|F(\cdot) f\|_{H}^{2}$ and $F$ is the spectral measure associated to $T$, holds for all $f \in H$.

In the following $(H, V)$ will be a reflexive regular Banach couple, where $H$ is a Hilbert space. Moreover $L, T$ will denote (possibly unbounded) positive selfadjoint operators on $H$, with associated spectral measures $E, F$ respectively and, for all $\lambda \geq 0$,

$$
E_{\lambda}=E\left(\left[0, \lambda[), \quad F_{\lambda}=F([0, \lambda[) .\right.\right.
$$

Theorem 1 Let $A=] a, b[\subseteq] 0,+\infty[$ be an open interval, $\eta, \delta>0$. Let $\Phi$ be a non-negative measurable function on $B=\left[0, \eta b^{\delta}[\right.$ such that

$$
\begin{equation*}
\left\|F_{r}\right\|_{V^{\circ} \rightarrow V} \leq \Phi(r) \quad \text { for all } r \in B \tag{6}
\end{equation*}
$$

and that, for some $K>0$,

$$
\begin{equation*}
\left\|E_{1 / t}\right\|_{V \rightarrow V^{\circ}} \Phi\left(\eta t^{\delta}\right) \leq K^{2} \quad \text { for all } t \in A \tag{7}
\end{equation*}
$$

Moreover, suppose that, for some $\gamma, M>0$,

$$
\begin{equation*}
\int_{0}^{r} s^{-2 \gamma} \Phi(s) \frac{d s}{s} \leq M r^{-2 \gamma} \Phi(r) \quad \text { for all } r \in \eta A^{\delta} \tag{8}
\end{equation*}
$$

where $\left.\eta A^{\delta}=\right] \eta a^{\delta}, \eta b^{\delta}[$.
Then, for all $f \in H$,

$$
\left\|E_{1 / t} f\right\|_{H} \leq C t^{-\gamma \delta}\left\|T^{\gamma} f\right\|_{H} \quad \text { for all } t \in A
$$

where $C=\eta^{-\gamma}(1+K \sqrt{1+2 \gamma M})$.
Proof Let $f \in H$ be in the domain of $T^{\gamma}, t, r>0$ and set $f_{r}=F_{r} f, f=f_{r}+f^{r}$, so that

$$
\left\|E_{1 / t} f\right\|_{H} \leq\left\|E_{1 / t} f^{r}\right\|_{H}+\left\|E_{1 / t} f_{r}\right\|_{H} .
$$

We immediately have

$$
\left\|E_{1 / t} f^{r}\right\|_{H} \leq\left\|f^{r}\right\|_{H} \leq\left\|\left(1-F_{r}\right) T^{-\gamma}\right\|_{H \rightarrow H}\left\|T^{\gamma} f\right\|_{H} \leq r^{-\gamma}\left\|T^{\gamma} f\right\|_{H}
$$

Note that, if we set $\nu_{g}=\|F(\cdot) g\|_{H}^{2}$ for $g \in H \cap V^{*}$, then for every $x \in B$

$$
\nu_{g}\left(\left[0, x[)=\left\langle g, F_{x} g\right\rangle \leq\left\|F_{x}\right\|_{V^{\circ} \rightarrow V}\|g\|_{V^{*}}^{2} \leq\|g\|_{V^{*}}^{2} \Phi(x),\right.\right.
$$

by (6). Therefore, if $r \in \eta A^{\delta}$, integrating by parts and applying (8),

$$
\begin{aligned}
& \left\|F_{r} T^{-\gamma} g\right\|_{H}^{2}=\int_{[0, r[ } s^{-2 \gamma} \nu_{g}(d s)=r^{-2 \gamma} \nu_{g}\left(\left[0, r[)+2 \gamma \int_{0}^{r} s^{-2 \gamma} \nu_{g}\left(\left[0, s[) \frac{d s}{s}\right.\right.\right.\right. \\
& \quad \leq\|g\|_{V^{*}}^{2} \Phi(r)+2 \gamma\|g\|_{V^{*}}^{2} \int_{0}^{r} s^{-2 \gamma} \Phi(s) \frac{d s}{s} \leq(1+2 \gamma M) r^{-2 \gamma} \Phi(r)\|g\|_{V^{*}}^{2}
\end{aligned}
$$

Since $T^{\gamma} f$ is in the domain of $T^{-\gamma}$ and $F_{r}(H) \subseteq V$ by (6) and Lemma 1, $f_{r}=F_{r} T^{-\gamma} T^{\gamma} f \in V$; moreover, for every $g \in H \cap V^{*}$,

$$
\begin{aligned}
\left|\left\langle g, f_{r}\right\rangle\right|=\left|\left\langle F_{r} T^{-\gamma} g, T^{\gamma} f\right\rangle\right| \leq\left\|F_{r} T^{-\gamma} g\right\|_{H} \| & T^{\gamma} f \|_{H} \\
& \leq M^{\prime} r^{-\gamma} \sqrt{\Phi(r)}\|g\|_{V^{*}}\left\|T^{\gamma} f\right\|_{H}
\end{aligned}
$$

where $M^{\prime}=\sqrt{1+2 \gamma M}$. Thus

$$
\left\|f_{r}\right\|_{V} \leq M^{\prime} r^{-\gamma} \sqrt{\Phi(r)}\left\|T^{\gamma} f\right\|_{H}
$$

therefore

$$
\left\|E_{1 / t} f_{r}\right\|_{H} \leq\left\|E_{1 / t}\right\|_{V \rightarrow H}\left\|f_{r}\right\|_{V} \leq r^{-\gamma} M^{\prime} \sqrt{\left\|E_{1 / t}\right\|_{V \rightarrow V^{\circ}} \Phi(r)}\left\|T^{\gamma} f\right\|_{H}
$$

by Lemma 1 .
Putting all together,

$$
\left\|E_{1 / t} f\right\|_{H} \leq r^{-\gamma}\left(1+M^{\prime} \sqrt{\left\|E_{1 / t}\right\|_{V \rightarrow V^{\circ}} \Phi(r)}\right)\left\|T^{\gamma} f\right\|_{H}
$$

so that, choosing $r=\eta t^{\delta}, t \in A$, we get the result by (7).
Remark 1 The inequalities

$$
e^{-1} \chi_{[0, t[[ }(\lambda) \leq e^{-\lambda / t} \leq(e-1) \sum_{j=1}^{\infty} e^{-j} \chi_{[0, j t[]}(\lambda)
$$

true for all $\lambda \geq 0$, imply that, for all $f \in H$,

$$
e^{-1}\left\|E_{t} f\right\|_{H} \leq\left\|e^{-L / t} f\right\|_{H} \leq(e-1) \sum_{j=1}^{\infty} e^{-j}\left\|E_{j t} f\right\|_{H}
$$

In particular, by Lemma 1,

$$
\left\|E_{t}\right\|_{V \rightarrow V^{\circ}}=\left\|E_{t}\right\|_{V \rightarrow H}^{2} \leq e^{2}\left\|e^{-L / t}\right\|_{V \rightarrow H}^{2}=e^{2}\left\|e^{-2 L / t}\right\|_{V \rightarrow V^{\circ}}^{2}
$$

and, analogously,

$$
\left\|F_{t}\right\|_{V^{\circ} \rightarrow V} \leq e^{2}\left\|e^{-2 T / t}\right\|_{V^{\circ} \rightarrow V}
$$

Thus, under the hypotheses of the previous theorem, the estimates of the operator norms of the spectral measures $E, F$ can be replaced ${ }^{3}$ by analogous

[^2]estimates of the norms of the semigroups generated by $L, T$. Moreover, also the thesis can be rewritten in terms of the semigroup generated by $L$, because from
$$
\left\|E_{1 / t} f\right\|_{H} \leq C t^{-\gamma \delta}\left\|T^{\gamma} f\right\|_{H}
$$
it follows that
$$
\left\|e^{-t L} f\right\|_{H} \leq C^{\prime} t^{-\gamma \delta}\left\|T^{\gamma} f\right\|_{H}
$$
where
$$
C^{\prime}=C(e-1) \sum_{j=1}^{\infty} e^{-j} j^{\gamma \delta}<+\infty
$$

Remark 2 If (8) holds for some $\gamma>0$, then it holds also for every $\gamma^{\prime}<\gamma$, since

$$
\begin{aligned}
& \int_{0}^{r} s^{-2 \gamma^{\prime}} \Phi(s) \frac{d s}{s} \leq r^{2\left(\gamma-\gamma^{\prime}\right)} \int_{0}^{r} s^{-2 \gamma} \Phi(s) \frac{d s}{s} \\
& \leq r^{2\left(\gamma-\gamma^{\prime}\right)} M r^{-2 \gamma} \Phi(r)=M r^{-2 \gamma^{\prime}} \Phi(r)
\end{aligned}
$$

Theorem 2 Suppose that, for some $f \in H$ and $\gamma, \delta, C>0$,

$$
\left\|E_{1 / t} f\right\|_{H} \leq C t^{-\gamma \delta}\left\|T^{\gamma} f\right\|_{H} \quad \text { for all } t>0 .
$$

Then, for all $\alpha \geq \gamma, \beta>0$,

$$
\begin{equation*}
\|f\|_{H} \leq D_{\alpha, \beta}\left\|T^{\alpha} f\right\|_{H}^{\frac{\beta}{\alpha+\beta}}\left\|L^{\beta \delta} f\right\|_{H}^{\frac{\alpha}{\alpha+\beta}} \tag{9}
\end{equation*}
$$

where $D_{\alpha, \beta}>0$ depends only on $C, \gamma, \alpha, \beta$.
Proof Suppose first $\alpha=\gamma$. Then, for all $t>0$, by the spectral theorem

$$
\begin{aligned}
\|f\|_{H} \leq\left\|E_{1 / t} f\right\|_{H}+\|\left(1-E_{1 / t}\right) & L^{-\beta \delta} L^{\beta \delta} f \|_{H} \\
& \leq(1+C)\left(t^{-\gamma \delta}\left\|T^{\gamma} f\right\|_{H}+t^{\beta \delta}\left\|L^{\beta \delta} f\right\|_{H}\right)
\end{aligned}
$$

from which, optimizing in $t$, we obtain (9) with $D_{\gamma, \beta}=(1+C)(\gamma / \beta)^{\frac{\beta-\gamma}{\gamma+\beta}}$.
Let now $\alpha>\gamma$. Then, for all $f \in H, \epsilon>0$, if $\nu=\|F(\cdot) f\|_{H}^{2}$,

$$
\begin{aligned}
& \epsilon^{-\gamma}\left\|T^{\gamma} f\right\|_{H}=\sqrt{\int_{\mathbb{R}^{+}}(\lambda / \epsilon)^{2 \gamma} d \nu(\lambda)} \leq \sqrt{\int_{\mathbb{R}^{+}}\left(1+(\lambda / \epsilon)^{\alpha}\right)^{2} d \nu(\lambda)} \\
&=\left\|\left(1+\epsilon^{-\alpha} T^{\alpha}\right) f\right\|_{H} \leq\|f\|_{H}+\epsilon^{-\alpha}\left\|T^{\alpha} f\right\|_{H}
\end{aligned}
$$

Optimizing in $\epsilon$,

$$
\left\|T^{\gamma} f\right\|_{H} \leq K_{\alpha, \gamma}\|f\|_{H}^{1-\frac{\gamma}{\alpha}}\left\|T^{\alpha} f\right\|_{H}^{\frac{\gamma}{\alpha}}
$$

(where $K_{\alpha, \gamma}=(\alpha / \gamma-1)^{\frac{2 \gamma-\alpha}{\alpha}}$ ). Plugging this into (9) with $\alpha$ replaced by $\gamma$, we obtain

$$
\|f\|_{H}^{\gamma+\beta} \leq D_{\gamma, \beta}^{\gamma+\beta} K_{\alpha, \gamma}^{\beta}\|f\|_{H}^{\left(1-\frac{\gamma}{\alpha}\right) \beta}\left\|T^{\alpha} f\right\|_{H}^{\frac{\gamma}{\alpha} \beta}\left\|L^{\beta \delta} f\right\|_{H}^{\gamma},
$$

that is (9) with $D_{\alpha, \beta}=D_{\gamma, \beta}^{\frac{\alpha}{\gamma} \frac{\gamma+\beta}{\alpha+\beta}} K_{\alpha, \gamma}^{\frac{\alpha}{\alpha}, \frac{\beta}{\alpha+\beta}}$.

As it is formulated, Theorem 2 shows that global uncertainty inequalities can be obtained directly from local ones, which must hold for all times $t>0$ but can be limited only to a certain subset of $H$. This formulation can be useful when local uncertainty inequalities are obtained by other means than Theorem 1. However, we can certainly put together Theorems 1 and 2 to obtain

Corollary 1 Under the hypotheses of Theorem 1 with $A=] 0,+\infty[$, for all $\alpha, \beta>0$ and $f \in H$,

$$
\|f\|_{H} \leq D_{\alpha, \beta}\left\|T^{\alpha} f\right\|_{H}^{\frac{\beta}{\alpha+\beta}}\left\|L^{\beta \delta} f\right\|_{H}^{\frac{\alpha}{\alpha+\beta}}
$$

where $D_{\alpha, \beta}>0$ depends only on $M, K, \eta, \gamma, \alpha, \beta$.
2.3 The hypothesis on the growth

The importance of (8) is in that it allows to separate the dependence on $\Phi$ and the dependence on $\gamma$ in two distinct factors (so that hypothesis (7) does not depend on $\gamma$ ).

In order to simplify the form of the hypothesis, we set $\alpha=2 \gamma, I=\eta A^{\delta}$, $C_{I, \alpha}=M$. The inequality then becomes

$$
\begin{equation*}
\int_{0}^{r} s^{-\alpha} \Phi(s) \frac{d s}{s} \leq C_{I, \alpha} r^{-\alpha} \Phi(r) \quad \text { for all } r \in I \tag{10}
\end{equation*}
$$

We are now going to discuss necessary or sufficient conditions for the existence of $C_{I, \alpha}>0$ such that (10) holds, where $\left.\alpha>0, I \subseteq\right] 0,+\infty[$ is a non-empty interval, and $\Phi$ a finite non-null non-negative measurable function defined on an interval $B \subseteq[0,+\infty[$ containing $I \cup\{0\}$.

In Remark 2 we have already pointed out that, if (10) holds for some $\alpha>0$, then it also holds for all $\alpha^{\prime}>0$ smaller than $\alpha$ with $C_{I, \alpha^{\prime}}=C_{I, \alpha}$.

First of all, since $\Phi$ is finite, a necessary condition for (10) to hold is that

$$
\begin{equation*}
\int_{0}^{\epsilon} \frac{\Phi(s)}{s^{\alpha+1}} d s<+\infty \quad \text { for some } \epsilon>0 \tag{11}
\end{equation*}
$$

If $\sup I=+\infty$, then information on the behavior of $\Phi$ in a neighborhood of $+\infty$ can also be recovered. In fact, since $\Phi \neq 0, \Phi \geq 0$, there exists $r^{\prime} \in I$ such that

$$
C_{I, \alpha} r^{-\alpha} \Phi(r) \geq \int_{0}^{r^{\prime}} s^{-\alpha} \Phi(s) \frac{d s}{s}>0 \quad \text { for all } r \geq r^{\prime}
$$

by (10), that is, $\Phi(r) \gtrsim r^{\alpha}$ for $r$ large, but then, again by (10),

$$
\lim _{r \rightarrow+\infty} r^{-\alpha} \Phi(r)=+\infty
$$

Suppose now that (11) holds, and moreover that $\Phi$ is absolutely continuous, so that it admits a distributional derivative $\Phi^{\prime}=f$ which is $L_{\mathrm{loc}}^{1}(B)$. In this case, (10) becomes

$$
\int_{0}^{r} f(s) s^{-\alpha} d s \leq C_{I, \alpha}^{\prime} r^{-\alpha} \int_{0}^{r} f(s) d s
$$

(where $C_{I, \alpha}^{\prime}=1+2 \alpha C_{I, \alpha}$ ).
If $f(s)=s^{d-1}$ for some $d>0$ and for $s$ small, then (10) holds for $r \rightarrow 0^{+}$ if and only if $\alpha<d$.

If $f(s)=s^{d-1}$ for some $d>0$ and for $s$ large, then (10) holds for $r \rightarrow+\infty$ if and only if $\alpha<d$.

Another sufficient condition for (10) to hold for $r \rightarrow+\infty$ is that $f(s) s^{-\alpha}$ is definitely non-decreasing; in fact, if $f(s) s^{-\alpha}$ is non-decreasing for $s>r_{0} \geq 0$, then

$$
\int_{r_{0}}^{r} f(s) s^{-\alpha} d s=\int_{r_{0}}^{r / 2}+\int_{r / 2}^{r} \leq 2 \int_{r / 2}^{r} \leq 2^{\alpha+1} r^{-\alpha} \int_{0}^{r} f(s) d s
$$

for all $r>2 r_{0}$. Moreover, note that, if $f(s) s^{-\alpha}$ is non-decreasing in a neighborhood of 0 , then the same argument proves (10) for $r \rightarrow 0^{+}$.

A case not included in the previous ones in which (10) still holds for $r \rightarrow$ $+\infty$ is $f(s)=(\log s)^{\delta}$ for $s$ large, $\delta>0,0<\alpha<1$, since integrating by parts it is easily obtained that

$$
\int_{1}^{r} s^{-\alpha}(\log s)^{\delta} d s \lesssim r^{1-\alpha}(\log r)^{\delta} \asymp r^{-\alpha} \int_{1}^{r}(\log s)^{\delta} d s \quad \text { for } r \rightarrow+\infty
$$

### 2.4 Hilbert-Banach couples of Lebesgue spaces

From what we said in $\S 2.1$, it is clear that the hypotheses of $\S 2.2$ on the regular Banach couple ( $H, V$ ) are satisfied if $H$ is Hilbert and $V$ is reflexive (and in this case $\left.V^{\circ}=V^{*}\right)$. In particular, having fixed a measure space $(X, m)$, those hypotheses are certainly satisfied by the couple of Lebesgue spaces $\left(L^{2}, L^{p}\right)$ on $(X, m)$ for $1<p<\infty$.

Let us consider now the case $p=1$, that is, the couple $\left(L^{2}, L^{1}\right)$. This is certainly a regular Banach couple. Moreover, if

$$
L_{\sigma}^{\infty}=\left\{f \in L^{\infty}: f \text { is null off a } \sigma \text {-finite subset of } X\right\}
$$

(we are not supposing that $m$ is $\sigma$-finite), then $L_{\sigma}^{\infty}$ is a closed subspace of $L^{\infty}$, $\left(L^{1}\right)^{*}$ contains isometrically $L_{\sigma}^{\infty}$ as a subspace and $L^{2} \cap\left(L^{1}\right)^{*} \subseteq L_{\sigma}^{\infty}$. Let $L_{0}^{\infty}$ be the closure in $\left(L^{1}\right)^{*}$ of this intersection, which is the closure in $L^{\infty}$ of the space of simple measurable functions of $(X, m)$ which are null off a set of finite measure. Then $\left(L^{2}, L_{0}^{\infty}\right)$ is the regularized conjugate-dual of $\left(L^{2}, L^{1}\right)$.

Now, it is easy to see that $L^{1}$ is isometrically embedded in $\left(L_{0}^{\infty}\right)^{*}$ (since every $f \in L^{1}$ is null off a $\sigma$-finite subset of $X$ ) and that $L^{2} \cap\left(L_{0}^{\infty}\right)^{*} \subseteq L^{1}$; on
the other hand, $L^{2} \cap L^{1}$ is dense in $L^{1}$, therefore $L^{1}$ is the closure of $L^{2} \cap\left(L_{0}^{\infty}\right)^{*}$ in $\left(L_{0}^{\infty}\right)^{*}$, so that $\left(L^{2}, L^{1}\right)$ is the regularized conjugate-dual of $\left(L^{2}, L_{0}^{\infty}\right)$. By a careful examination of the implicit identifications, it is then not difficult to see that $\left(L^{2}, L^{1}\right)$ is reflexive.

We have thus proved that $\left(L^{2}, L^{1}\right),\left(L^{2}, L_{0}^{\infty}\right)$ are both reflexive regular Banach couples $(H, V)$. Moreover, $V^{\circ}=L_{0}^{\infty}$ in the former case, whereas in the latter $V^{\circ}=L^{1}$. This shows an interesting mutual duality between $L^{1}$ and $L_{0}^{\infty}$, which holds in spite of non-reflexivity of the single Banach spaces and without any hypotheses of $\sigma$-finiteness of the measure.

## 3 Applications

3.1 Uncertainty inequalities on Riemannian manifolds

As we said in the introduction, Riemannian manifolds are a suitable setting for generalizing uncertainty inequalities, since the notions of "Laplacian" and "distance from a given point" are meaningful there.

Let $M$ be a (connected) Riemannian manifold, $d$ the Riemannian metric, $m$ the Riemannian measure, $\Delta$ the Laplace-Beltrami operator. Having chosen a point $x_{0} \in M$, let $\rho=d\left(x_{0}, \cdot\right)$ and let $T$ be the operator "multiplication by $\rho "$. Then $T$ is a positive self-adjoint operator on $L^{2}(M)$ and

$$
\left\|F_{r}\right\|_{\infty \rightarrow 1}=\left\|\chi_{\{\rho<r\}}\right\|_{1}=m\left(B\left(x_{0}, r\right)\right) .
$$

If $M$ is a complete Riemannian $n$-manifold, then $L=-\Delta$, as an operator on $L^{2}(M)$, is (essentially) self-adjoint and positive; denoting by $h_{t}$ the associated heat kernel (see [10] for a reference), we have (cf. Remark 1)

$$
\left\|E_{1 / t}\right\|_{1 \rightarrow \infty} \lesssim\left\|e^{-2 t L}\right\|_{1 \rightarrow \infty}=\left\|h_{2 t}\right\|_{\infty}=\sup _{x \in M} h_{2 t}(x, x) .
$$

It is then interesting to see if the quantities $m\left(B\left(x_{0}, r\right)\right)$ and $\left\|h_{t}\right\|_{\infty}$ are related in some way. In fact, there are several results (see, e.g., [12]) about the validity of the estimate

$$
\begin{equation*}
h_{t}(x, x) m(B(x, \sqrt{t})) \lesssim 1 . \tag{12}
\end{equation*}
$$

First of all, (12) always holds for small times $t>0$ locally in $x \in M$. This means that, if $M$ is, e.g., compact or homogeneous, then (12) holds uniformly on $M$ for small times. Under this hypothesis, since $m\left(B\left(x_{0}, r\right)\right) \asymp r^{n}$ for $r \rightarrow 0^{+}$, it is sufficient to put $\Phi(r)=c r^{n}$ for a suitable $c>0$ to get

$$
\left\|F_{r}\right\|_{\infty \rightarrow 1} \leq \Phi(r), \quad\left\|E_{1 / t}\right\|_{1 \rightarrow \infty} \Phi\left(t^{1 / 2}\right) \lesssim 1 \quad \text { for } r, t \text { small },
$$

and analogously, choosing $\Phi(r)=c r^{n / 2}$, we get

$$
\left\|E_{r}\right\|_{\infty \rightarrow 1} \leq \Phi(r), \quad\left\|F_{1 / t}\right\|_{1 \rightarrow \infty} \Phi\left(t^{2}\right) \lesssim 1 \quad \text { for } r, t \text { large. }
$$

Therefore, by Theorem 1 and $\S 2.3$ we obtain local uncertainty inequalities for small times: for $0<\gamma<n / 2$ and $f \in L^{2}(M)$,

$$
\begin{align*}
& \left.\begin{array}{r}
\left\|E_{1 / t} f\right\|_{2} \\
\left\|e^{t \Delta} f\right\|_{2}
\end{array}\right\} \leq C_{\gamma} t^{-\gamma / 2}\left\|\rho^{\gamma} f\right\|_{2} \quad \text { for } t \text { small; }  \tag{13}\\
& \left\|\chi_{\{\rho<t\}} f\right\|_{2} \\
& \left.\left\|e^{-\rho / t} f\right\|_{2}\right\} \leq C_{\gamma} t^{\gamma}\left\|(-\Delta)^{\gamma / 2} f\right\|_{2} \quad \text { for } t \text { small. }
\end{align*}
$$

To get global uncertainty inequalities via Theorem 2, we need to extend at least one of the local inequalities also to large times. If (12) (or something similar) holds uniformly and for all times (see [12] for sufficient conditions), if the rate of growth of the measure of the balls is independent of the center and moreover satisfies (8), then we can apply Theorem 1 also for large times.

A particularly simple case to be considered is when the Laplacian has a spectral gap, i.e., the spectrum of $L$ has an infimum $b>0$. This holds, e.g., when $M$ is simply connected and all sectional curvatures are bounded from above by a negative constant, by a result of McKean (see [18]). In this cases, local inequalities for large times,

$$
\begin{aligned}
& \left.\underset{\left\|e^{-\rho / t} f\right\|_{2}}{\left\|\chi_{\{\rho<t\rangle} f\right\|_{2}}\right\} \leq C_{\gamma, \delta} t^{\delta}\left\|(-\Delta)^{\gamma} f\right\|_{2} \quad \text { for } t \text { large, } \\
& \left.\left.\left\|E_{1 / t} f\right\|_{2}\right\} \leq e^{t \Delta} f \|_{2}\right\} \leq t^{-\delta}\left\|\rho^{\gamma} f\right\|_{2} \quad \text { for } t \text { large, }
\end{aligned}
$$

are trivially true for all $\gamma, \delta>0$ (the former because $(-\Delta)^{\gamma}$ has a bounded inverse, the latter since $E_{1 / t}=0$ for $t$ large). Putting together the results for $t$ small and $t$ large and applying Theorem 2, we obtain the following result, perfectly analogous to the Euclidean case:

Corollary 2 If the Laplacian on the Riemannian manifold $M$ has a spectral gap, then, for all $\alpha, \beta>0$ and $f \in L^{2}(M)$,

$$
\|f\|_{2} \leq C_{\alpha, \beta}\left\|\rho^{\alpha} f\right\|_{2}^{\frac{\beta}{\alpha+\beta}}\left\|(-\Delta)^{\beta / 2} f\right\|_{2}^{\frac{\alpha}{\alpha+\beta}} .
$$

A different way to deal with a spectral gap is to replace $L$ with the operator $\tilde{L}=L-b$. In order to obtain results in this case we need precise information on the behavior of the norms of spectral projections $E_{t}$ of $L$ in a neighborhood of $b$, or at least on the decay of the heat kernel. Let us consider, for instance, a Riemannian symmetric space of non-compact type $M$ of dimension $n$ and rank $k$; having chosen a system of positive roots, let $l$ be the norm of the sum of positive roots, counted with multiplicities, $s$ be the number of positive indivisible roots. Then it is known that $b=l^{2} / 4>0$ and (see [8], Theorem 3.2)

$$
\left\|e^{-t \tilde{L}}\right\|_{1 \rightarrow \infty} \asymp \begin{cases}t^{-\frac{n}{2}} & \text { for } t \rightarrow 0^{+} \\ t^{-\frac{k+2 s}{2}} & \text { for } t \rightarrow+\infty,\end{cases}
$$

whereas (cf. [14], Theorem 6.2)

$$
m\left(B\left(x_{0}, r\right)\right) \asymp \begin{cases}r^{n} & \text { for } t \rightarrow 0^{+} \\ r^{\frac{k-1}{2}} e^{l r} & \text { for } t \rightarrow+\infty\end{cases}
$$

To obtain uncertainty inequalities for $\tilde{L}$ we can then replace the distance function $\rho$ with

$$
\tilde{\rho}=(1+\rho)^{\frac{k-1}{2(k+2 s)}} e^{\frac{l}{k+2 s} \rho}-1,
$$

so that

$$
m(\{\tilde{\rho}<r\}) \lesssim \begin{cases}r^{n} & \text { for } r \rightarrow 0^{+} \\ r^{k+2 s} & \text { for } t \rightarrow+\infty\end{cases}
$$

Therefore local inequalities for all times and then global inequalities can be obtained for $\tilde{\rho}, \tilde{L}$ by applying Theorems 1,2 :

Corollary 3 If $M$ is a Riemannian symmetric space of non-compact type, then, for all $\alpha, \beta>0$ and $f \in L^{2}(M)$,

$$
\|f\|_{2} \leq C_{\alpha, \beta}\left\|\left((1+\rho)^{\frac{k-1}{2(k+2 s)}} e^{\frac{l}{k+2 s} \rho}-1\right)^{\alpha} f\right\|_{2}^{\frac{\beta}{\alpha+\beta}}\left\|(L-b)^{\beta / 2} f\right\|_{2}^{\frac{\alpha}{\alpha+\beta}} .
$$

Note that, instead of "exponentiating" the distance function $\rho$, we could have "taken the logarithm" of the Laplacian $\tilde{L}$, thus getting another set of inequalities.

Another particular case is when $M$ is compact. Here, local inequalities for $\rho, L$ cannot be extended to large times, and global inequalities cannot hold, since the Laplacian has a non-null kernel, the space of constant functions on $M$ (which are in $L^{2}(M)$ if $M$ is compact). However, we can restrict to the orthogonal complement $H_{0}$ of ker $L$, i.e., the space of functions with null mean value. Since $M$ is compact, the spectrum of $L$ is discrete (see [12]), so that $\left.E_{1 / t}\right|_{H_{0}}=0$ for $1 / t$ smaller than the first positive eigenvalue of $M$. Therefore (13) also holds for $t$ large if $f \in H_{0}$; then, by Theorem 2 we obtain:

Corollary 4 If $M$ is a compact Riemannian manifold, for all $\alpha, \beta>0$ and $f \in L^{2}(M)$ with null mean value,

$$
\|f\|_{2} \leq C_{\alpha, \beta}\left\|\rho^{\alpha} f\right\|_{2}^{\frac{\beta}{\alpha+\beta}}\left\|(-\Delta)^{\beta / 2} f\right\|_{2}^{\frac{\alpha}{\alpha+\beta}}
$$

Notice that, in the case of a compact Lie group with a bi-invariant Laplacian, the local inequalities (13) follow also from the results of [16].
3.2 Uncertainty inequalities on graphs

A considerably studied subject is the spectral theory of graphs (see, e.g., [15] for a survey). On a (unoriented multi)graph $G=(V, E)$ there are a canonical distance function $d$ on vertices (given by the minimum length of a path joining two vertices), a canonical measure $m$ (the counting measure, which is a Borel measure with respect to the discrete topology induced by $d$ on $V$ ) and, if $G$ is locally finite (that is, $\operatorname{deg}(u)<\infty$ for all vertices $u$, where $\operatorname{deg}(u)$ is the number of edges emanating from $u$ ), two difference Laplacians:

$$
\Delta_{A}=A-D, \quad \Delta_{P}=P-I
$$

where $A=\left(a_{u v}\right)_{u, v \in V}$ is the adjacency matrix of $G\left(a_{u v}\right.$ is the number of edges between $u$ and $v), D=\left(\delta_{u v} \operatorname{deg}(u)\right)_{u, v \in V}, P=\left(a_{u v} / \operatorname{deg}(u)\right)_{u, v \in V}$ is the transition matrix of $G$ and $I=\left(\delta_{u v}\right)_{u, v \in V}$ is the identity matrix.

Supposing $G$ homogeneous (so that $\operatorname{deg}(u)$ is independent of $u$ and denoted by $\operatorname{deg}(G))$ and locally finite, then

$$
\Delta_{A}=\operatorname{deg}(G) \Delta_{P}, \quad D=\operatorname{deg}(G) I
$$

so that $A$ is a bounded self-adjoint operator on $L^{2}(G)$, with norm at most $\operatorname{deg}(G)$, and spectral information on $A$ carries over to $\Delta_{A}, P, \Delta_{P}$.

With these hypotheses, let $x_{0} \in V, \rho=d\left(x_{0}, \cdot\right), T$ be the operator "multiplication by $\rho ", L=-\Delta_{A}$. Then $T$ has a non-null kernel, the space of functions $V \rightarrow \mathbb{C}$ which are null off $\left\{x_{0}\right\}$. Let $H_{0}=(\operatorname{ker} T)^{\perp}$, i.e., the space of functions which vanish in $x_{0}$, so that $\left.F_{r}\right|_{H_{0}}=0$ for $r \leq 1$. Then

$$
\left.\begin{array}{l}
\left\|\chi_{\{\rho<t\}} f\right\|_{2} \\
\left\|e^{-\rho / t} f\right\|_{2}
\end{array}\right\} \leq C_{\gamma, \delta} t^{\delta}\left\|\left(-\Delta_{A}\right)^{\gamma} f\right\|_{2} \quad \text { for } t \text { small }
$$

trivially holds for $f \in H_{0}$.
We consider now two particular cases. The first one is the $n$-dimensional square lattice, with $V=\mathbb{Z}^{n}$ and edges only between vertices $\left(x_{1}, \ldots, x_{n}\right)$, $\left(y_{1}, \ldots, y_{n}\right)$ such that $\sum_{j=1}^{n}\left|x_{j}-y_{j}\right|=1$. By direct calculation through Fourier series, one obtains

$$
\left\|E_{r}\right\|_{1 \rightarrow \infty} \asymp \begin{cases}r^{n / 2} & \text { for } r \rightarrow 0^{+} \\ 1 & \text { for } r \rightarrow+\infty\end{cases}
$$

whereas

$$
\left\|F_{r}\right\|_{\infty \rightarrow 1}=m\left(B\left(x_{0}, r\right)\right) \asymp \begin{cases}1 & \text { for } r \rightarrow 0^{+} \\ r^{n} & \text { for } r \rightarrow+\infty\end{cases}
$$

Therefore Theorem 1 can be applied with $L, T$ swapped, $\Phi(r)=c r^{n / 2}$ on the interval $] 0,1$ [ to obtain: for $0<\gamma<n / 2$ and $f \in L^{2}(G)$,

$$
\left.\begin{array}{l}
\left\|\chi_{\{\rho<t\}} f\right\|_{2} \\
\left\|e^{-\rho / t} f\right\|_{2}
\end{array}\right\} \leq C_{\gamma} t^{\gamma}\left\|\left(-\Delta_{A}\right)^{\gamma / 2} f\right\|_{2} \quad \text { for } t \text { large. }
$$

From this and Theorem 2, restricted global inequalities follow:

Corollary 5 If $G$ is the $n$-dimensional square lattice, then, for $\alpha, \beta>0$ and $f \in L^{2}(G)$ with $f(0)=0$,

$$
\|f\|_{2} \leq C_{\alpha, \beta}\left\|\rho^{\alpha} f\right\|_{2}^{\frac{\beta}{\alpha+\beta}}\left\|\left(-\Delta_{A}\right)^{\beta / 2} f\right\|_{2}^{\frac{\alpha}{\alpha+\beta}} .
$$

Note that these inequalities can also be obtained from the corresponding inequalities for tori $\mathbb{T}^{n}$, which are a particular case of compact Riemannian manifolds. In fact, through the Fourier transform, $H_{0}$ on $\mathbb{Z}^{n}$ corresponds to the space of functions with null mean value on $\mathbb{T}^{n}$, multiplication by $-\rho^{2}$ on $\mathbb{Z}^{n}$ corresponds to the Laplacian on $\mathbb{T}^{n},-\Delta_{A}$ on $\mathbb{Z}^{n}$ corresponds to multiplication by

$$
2 \sum_{i=1}^{n}\left(1-\cos \left(2 \pi x_{i}\right)\right) \asymp \sum_{i=1}^{n} x_{i}^{2}
$$

on $\mathbb{T}^{n}$.
The second case which we consider is the homogeneous tree of degree $n$, with $n>2$ (note that the tree with $n=2$ coincides with the 1-dimensional square lattice). In this case, the spectrum of the adjacency matrix $A$ is known to be $[-2 \sqrt{n-1}, 2 \sqrt{n-1}]$, so that $($ since $n>2) L$ has a spectral gap $\left(E_{r}=0\right.$ for $r<b=n-2 \sqrt{n-1}$ ) and, as in the case of Riemannian manifolds, local inequalities for large times, but also restricted global inequalities become trivial (since $L,\left.T\right|_{H_{0}}$ have bounded inverses). A more interesting result is obtained by replacing $L$ with $\tilde{L}=L-b$. In fact, it is known that

$$
\left\|e^{-t L}\right\|_{1 \rightarrow \infty} \asymp t^{-3 / 2} e^{-b t} \quad \text { for } t \text { large }
$$

(these asymptotics can be recovered, as in §VII. 2 of [22], from the analogous ones for discrete-time random walks on homogeneous trees, contained in [3] or [23]; see also [9], Theorem 2.2 for an explicit statement about the heat semigroup), whereas

$$
m\left(B\left(x_{0}, r\right)\right) \asymp(n-1)^{r}=e^{\kappa r} \quad \text { for } r \text { large }
$$

(where $\kappa=\log (n-1)$ ), so that

$$
\left\|\tilde{E}_{1 / t}\right\|_{1 \rightarrow \infty} \lesssim\left\|e^{2 t \tilde{L}}\right\|_{1 \rightarrow \infty} \asymp t^{-3 / 2} \quad \text { for } t \text { large }
$$

and, putting $\tilde{\rho}=e^{\frac{\kappa}{3} \rho}$,

$$
m(\{\tilde{\rho}<r\}) \lesssim r^{3} \quad \text { for } r \text { large. }
$$

Therefore Theorem 1 can be applied to $\tilde{\rho}, \tilde{L}$, obtaining

$$
\left.\begin{array}{l}
\left\|\chi_{\{\tilde{\rho}<t\}} f\right\|_{2} \\
\left\|e^{-\tilde{\rho} / t} f\right\|_{2}
\end{array}\right\} \leq C_{\gamma} t^{\gamma}\left\|\tilde{L}^{\gamma / 2} f\right\|_{2} \quad \text { for } t \text { large }
$$

for $\gamma<3 / 2$ and $f \in L^{2}(G)$. Since this inequality trivially holds for $t$ small, by Theorem 2 we get uncertainty inequalities for $\tilde{\rho}, \tilde{L}$ :
Corollary 6 If $G$ is the homogeneous tree of degree $n$, then, for all $\alpha, \beta>0$ and $f \in L^{2}(G)$,

$$
\|f\|_{2} \leq C_{\alpha, \beta}\left\|e^{\alpha \frac{\log (n-1)}{3} \rho} f\right\|_{2}^{\frac{\beta}{\alpha+\beta}}\left\|(L-b)^{\beta / 2} f\right\|_{2}^{\frac{\alpha}{\alpha+\beta}}
$$

3.3 Unimodular Lie groups and sublaplacians

Results about the Laplace-Beltrami operator can be generalized to sublaplacians. In order to obtain uniform estimates, we restrict here to the case of left-invariant sublaplacians on connected unimodular Lie groups (see [19], [22] for a reference).

Let $G$ be a connected unimodular Lie group, $m$ a Haar measure, $H=$ $\left\{X_{1}, \ldots, X_{k}\right\}$ a system of left-invariant vector fields on $G$ which satisfy the Hörmander condition, $L=-\sum_{i=1}^{k} X_{i}^{2}$ the associated sublaplacian. Then $L$ is (essentially) self-adjoint and positive on $L^{2}(G)$; as in the Riemannian case, we denote by $h_{t}$ the associated heat kernel.

Let $d, \delta$ be respectively the Carnot-Carathéodory distance and the local dimension associated to $H$. Having fixed $x_{0} \in G$, let $\rho=d\left(x_{0}, \cdot\right)$ and $T$ be the operator "multiplication by $\rho$ ". Then, for $r, t>0$ small,

$$
\left\|F_{r}\right\|_{\infty \rightarrow 1}=m\left(B\left(x_{0}, r\right)\right) \asymp r^{\delta}, \quad\left\|E_{1 / t}\right\|_{1 \rightarrow \infty} \asymp\left\|h_{2 t}\right\|_{\infty} \asymp t^{-\delta / 2},
$$

so that local uncertainty inequalities can be obtained as in the Riemannian case.

In order to extend such inequalities to large times, it is useful to recall a result of Guivarc'h [13], which states that the volume growth of $G$ can be either strictly polynomial:

$$
m\left(B\left(x_{0}, r\right)\right) \asymp r^{a} \quad \text { for some } a \in \mathbb{N} \text { and for } r \rightarrow+\infty
$$

or exponential:

$$
e^{\beta r} \lesssim m\left(B\left(x_{0}, r\right)\right) \lesssim e^{\kappa r} \quad \text { for some } \beta, \kappa>0 \text { and for } r \rightarrow+\infty .
$$

In the polynomial case, it is known that

$$
\left\|h_{t}\right\|_{\infty} \asymp t^{-a / 2} \quad \text { for } t \rightarrow+\infty
$$

Therefore, exactly as in the Riemannian case, global uncertainty inequalities can be obtained (this is one of the results of [5]):

Corollary 7 If $G$ is a connected unimodular Lie group with polynomial volume growth, then, for all $\alpha, \beta>0$ and $f \in L^{2}(G)$,

$$
\|f\|_{2} \leq C_{\alpha, \beta}\left\|\rho^{\alpha} f\right\|_{2}^{\frac{\beta}{\alpha+\beta}}\left\|L^{\beta / 2} f\right\|_{2}^{\frac{\alpha}{\alpha+\beta}}
$$

(except for the compact case, in which we have to restrict to the functions $f$ with null mean value).

In the exponential case, instead,

$$
\begin{equation*}
\left\|E_{1 / t}\right\|_{1 \rightarrow \infty} \lesssim\left\|h_{2 t}\right\|_{\infty} \lesssim e^{-c t^{1 / 3}} \quad \text { for } t \rightarrow+\infty \tag{14}
\end{equation*}
$$

for some $c>0$. Putting

$$
\Phi(r)= \begin{cases}r^{\delta} & \text { if } r \leq 1 \\ e^{\kappa(r-1)} & \text { if } r \geq 1\end{cases}
$$

we have that $\Phi$ satisfies (8) for $\gamma<n / 2$ and moreover

$$
\left\|F_{r}\right\|_{\infty \rightarrow 1} \lesssim \Phi(r), \quad\left\|E_{1 / t}\right\|_{1 \rightarrow \infty} \Phi\left(c \kappa^{-1} t^{1 / 3}\right) \lesssim 1
$$

for all $r>0$ and for $t$ large. Therefore, by Theorem 1 , for $\gamma<\delta / 2$ and $f \in L^{2}(G)$,

$$
\left.\begin{array}{l}
\left\|E_{1 / t} f\right\|_{2} \\
\left\|e^{-t L} f\right\|_{2}
\end{array}\right\} \leq C_{\gamma} t^{-\gamma / 3}\left\|\rho^{\gamma} f\right\|_{2} \quad \text { for } t \text { large. }
$$

Unfortunately, this local inequality cannot be combined with the one for small times, since $t^{-\gamma / 3}<t^{-\gamma / 2}$ for $t$ small and $t^{-\gamma / 2}<t^{-\gamma / 3}$ for $t$ large.

To obtain a global inequality, we can slightly modify the operators $T, L$. For instance, if we replace the distance function $\rho$ with

$$
\tilde{\rho}=\rho(1+\rho)^{1 / 2}
$$

then we easily get

$$
m(\{\tilde{\rho}<r\}) \lesssim \begin{cases}r^{\delta} & \text { for } r \text { small } \\ e^{\kappa r^{2 / 3}} & \text { for } r \text { large },\end{cases}
$$

so that, by Theorem 1, the inequality

$$
\left.\begin{array}{l}
\left\|E_{1 / t} f\right\|_{2} \\
\left\|e^{-t L} f\right\|_{2}
\end{array}\right\} \leq C_{\gamma} t^{-\gamma / 2}\left\|\tilde{\rho}^{\gamma} f\right\|_{2}
$$

holds for all times (and $\gamma<\delta / 2$ ); therefore we obtain the following global inequality:

Corollary 8 If $G$ is a connected unimodular Lie group with exponential volume growth, then, for all $\alpha, \beta>0$ and $f \in L^{2}(G)$,

$$
\|f\|_{2} \leq C_{\alpha, \beta}\left\|\rho^{\alpha}(1+\rho)^{\alpha / 2} f\right\|_{2}^{\frac{\beta}{\alpha+\beta}}\left\|L^{\beta / 2} f\right\|_{2}^{\frac{\alpha}{\alpha+\beta}}
$$

It should be remarked that the estimate (14) is not always optimal: if $L$ has a spectral gap (i.e., if $G$ is not amenable, cf. [20]), then we have $E_{1 / t}=0$ for $t$ large and we can proceed as in the Riemannian case. However, there do exist unimodular Lie groups with exponential volume growth and without spectral gap (for an example, see [4]).

The work of Varopoulos [20] (cf. also [21]) allows us to obtain more precise results in the case of non-amenable groups. Let $b$ be the spectral gap of $L$ (so that $\left\|e^{-t L}\right\|_{2 \rightarrow 2}=e^{-t b}$ ) and $Q$ be the radical of $G$; then, if $Q$ has polynomial growth,

$$
\left\|h_{t}\right\|_{\infty} \lesssim t^{-\nu / 2} e^{-b t} \quad \text { for } t \geq 1
$$

for some $\nu \geq 0$, whereas, if $Q$ has exponential growth,

$$
\left\|h_{t}\right\|_{\infty} \lesssim e^{-b t-c t^{1 / 3}} \quad \text { for } t \geq 1
$$

for some $c>0$. This means that, putting $\tilde{L}=L-b$, we have

$$
\left\|e^{-t \tilde{L}}\right\|_{1 \rightarrow \infty} \lesssim \begin{cases}t^{-\delta / 2} & (t \text { small }) \\ t^{-\nu / 2} & (Q \text { polynomial, } t \text { large }) \\ e^{-c t^{1 / 3}} & (Q \text { exponential, } t \text { large })\end{cases}
$$

and, replacing $L$ with $\tilde{L}$, we can proceed as before.
If $Q$ has exponential growth, then we get
Corollary 9 If $G$ is a non-amenable connected unimodular Lie group whose radical has exponential growth, then, for all $\alpha, \beta>0$ and $f \in L^{2}(G)$,

$$
\|f\|_{2} \leq C_{\alpha, \beta}\left\|\rho^{\alpha}(1+\rho)^{\alpha / 2} f\right\|_{2}^{\frac{\beta}{\alpha+\beta}}\left\|(L-b)^{\beta / 2} f\right\|_{2}^{\frac{\alpha}{\alpha+\beta}}
$$

If on the contrary $Q$ has polynomial growth and $\nu>0$, then we can replace the distance function $\rho$ with

$$
\tilde{\rho}=e^{\frac{\kappa}{\nu} \rho}-1,
$$

so that

$$
m(\{\tilde{\rho}<r\}) \lesssim \begin{cases}r^{\delta} & \text { for } r \text { small } \\ r^{\nu} & \text { for } r \text { large }\end{cases}
$$

and finally we have
Corollary 10 If $G$ is a non-amenable connected unimodular Lie group whose radical is non-compact and has polynomial growth, then, for all $\alpha, \beta>0$ and $f \in L^{2}(G)$,

$$
\|f\|_{2} \leq C_{\alpha, \beta}\left\|\left(e^{\frac{\kappa}{\nu} \rho}-1\right)^{\alpha} f\right\|_{2}^{\frac{\beta}{\alpha+\beta}}\left\|(L-b)^{\beta / 2} f\right\|_{2}^{\frac{\alpha}{\alpha+\beta}}
$$

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[^1]:    ${ }^{1}$ For a reference about Banach couples and Doolittle diagrams see [1], [2].
    2 A common choice is

    $$
    \begin{gathered}
    \|x\|_{X_{0} \cap X_{1}}=\max \left\{\|x\|_{X_{0}},\|x\|_{X_{1}}\right\} \\
    \|x\|_{X_{0}+X_{1}}=\inf \left\{\left\|x_{0}\right\|_{X_{0}}+\left\|x_{1}\right\|_{X_{1}}: x_{i} \in X_{i}, x_{0}+x_{1}=x\right\}
    \end{gathered}
    $$

[^2]:    ${ }^{3}$ Note that, in case of non-polynomial growth, the hypotheses on the spectral measures are weaker than the corresponding hypotheses on the semigroups. Moreover, estimates on spectral measures are easier to manage when the operator is somehow rescaled.

