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Influence of chitosan on the mechanical and biological properties of HDPE for biomedical applications

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#### **Abstract**

High density polyethylene (HDPE) is widely used in biomedical field, except when strong cell-material interactions and high mechanical properties are required. To address this pitfall, two kinds of chitosan in different amounts were used as filler in the present research. Composites were prepared by melt extrusion process and their microstructural, thermal and mechanical properties were widely investigated. Also roughness and wettability were studied, as features of paramount importance in dictating cell response. Both types of chitosan endowed HDPE with higher Young modulus and lower elongation at break. Interestingly, fibroblast adhesion and viability were enhanced when a low amount of filler was used. The interaction of HDPE/chitosan composites with biological environment was investigated for the first time in order to assess the feasibility of these composites as materials for biomedical application.

**Keywords** High density polyethylene; chitosan; mechanical properties; cells adhesion;

viability

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Torino, Italy March 06<sup>th</sup>, 2020

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Subject: Cover Letter

Dear Editors,

please consider the present manuscript titled "Influence of chitosan on the mechanical and biological properties of HDPE for biomedical applications", co-authored by M. Di Maro, G. Malucelli, F.D. Mussano, T. Genova, R.E. Morsi, A. Hamdy and D. Duraccio as proposal for publication in *European Polymer Journal*.

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I thank you in advance for the attention that you can give to our work. With my best regards,

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# Highlights

- ✓ HDPE/chitosan composites were prepared for subdermal cranio-facial scaffolds.
- ✓ Chitosan improves both Young modulus and tensile strength of HDPE.
- ✓ Storage modulus of HDPE/chitosan 98/2 increases more than 100% respect to HDPE.
- ✓ Chitosan hinders cell proliferation at concentration higher than 2 wt%.

# Influence of chitosan on the mechanical and biological properties of HDPE for biomedical applications

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#### **Abstract**

High density polyethylene (HDPE) is widely used in biomedical field, except when strong cell-material interactions and high mechanical properties are required. To address this pitfall, two kinds of chitosan in different amounts were used as filler in the present research. Composites were prepared by melt extrusion process and their microstructural, thermal and mechanical properties were widely investigated. Also roughness and wettability were studied, as features of paramount importance in dictating cell response.

Both types of chitosan endowed HDPE with higher Young modulus and lower elongation at break. Interestingly, fibroblast adhesion and viability were enhanced when a low amount of filler was used. The interaction of HDPE/chitosan composites with biological environment was investigated for the first time in order to assess the feasibility of these composites as materials for biomedical application.

### 1. Introduction

Polyethylene (PE), polycaprolactone (PCL), polyglycolic acid (PGA), polylactic acid (PLA) and polyether ether ketone (PEEK) are promising synthetic polymers for tissue engineering applications due to their biocompatibility and mechanical properties [1]. High density polyethylene (HDPE) is a highly versatile biomaterial already used in pre-clinical studies and clinical practice with interesting outcomes [2]. Among the hallmarks prompting the diffusion of PE, there are low cost, ease of processing, and high ductility, which allow the incorporation of a large variety of particles in the polymer [3]. Thus, novel composites, even charged with a high amount of fillers can be processed with the most common and cheapest melt extrusion techniques [3, 4]. HDPE was initially is synthesized with porous surface conveniently allowing rapid tissue in-growth, to overcome its bioinertia. However, high porosity significantly decreases the mechanical properties of the biomaterial and can cause its premature failure [5-7]. Hence, alternative methods for increasing cells interaction were required. Although a number of porous HDPE bone scaffolds had been patented [8, 9] and commercialized for cranial reconstruction, several studies aimed at increasing biological integration and possibly longevity of the biomaterial recurring to a variety of fillers. Such is the case of hydroxyapatite, known indeed since the early '80s [10-14], and, more recently, bioglasses [15-16], which were added to HDPE to enhance bioactivity.

As a promising filler capable to ameliorate, also mechanically, PE, some authors proposed chitosan, describing positive features in terms of thermal, rheological, mechanical and morphological behavior [17-19]. This is consistent with the remarkable interest chitosan elicits as it is made from an abundant renewable source and it is compatible, effective and versatile [20, 21]. Chitosan is obtained by deacetylation of chitin, a polysaccharide widely distributed in nature in the exoskeleton of crustaceans, in certain fungi and insects [22, 23]. Chitosan has an excellent biocompatibility, low toxicity, antimicrobial activity and low immunogenicity that provide a wide range of opportunities for further development [24-27]. Chitosan alone or mixed with polymers has been widely studied for different biological applications, including wound healing, drug delivery, gene therapy, bioimaging applications and tissue engineering [27, 28]. Due to poor mechanical properties however, chitosan cannot be considered *per se* as tissue analogue replacement [17].

For all the above reasons, the use of chitosan as filler in HDPE-based composites has been considered in this work as regards the preparation of subdermal cranio-facial

scaffolds. Large defects especially affecting ears and nose that have been rehabilitated so far mainly by maxillofacial prostheses are on the verge of benefiting from advanced surgical techniques and tissue regeneration protocols [29].

It is the authors' belief that, under this perspective, the interaction of HDPE/chitosan composites with biological environment is unprecedented. Indeed, although previous papers were dedicated to HDPE/chitosan [12, 17, 18] and LDPE/chitosan [19, 30], they were mainly focused on the compatibilization of the components and on the food packaging applications. Here, two kinds of HDPE/chitosan composites have been prepared by melt mixing and characterized to obtain a material with both satisfactory mechanical properties and cells interaction.

#### 2. Materials and methods

# 2.1 Materials and composites preparation

High Density polyethylene (HDPE, melt flow index: 0.4g/10min @190°C/2.16kg) resin grade was kindly supplied by Lyondell – Basel. Two chitosan grades were purchased by G.T.C. Bio Corporation: high viscosity chitosan (2000 cps) with deacetylation degree >80 % (herein after coded as CM) and medium-low viscosity chitosan (140 cps) with deacetylation degree of 96.1%.

Before using, chitosan was dried in a vacuum oven at 60°C for 12h to remove water. HDPE/chitosan composites were prepared by using a DSM xplore Micro 15cc twin-screw compounder working at 190°C (processing time: 5 minutes). The extruded materials were compressed with a Collin P200T press at 210°C for 2 minutes to obtain 0.5mm thick sheets. Three mixing ratios of HDPE/chitosan (wt/wt) for each type of chitosan were prepared: 99/1, 98/2 and 95/5.

#### 2.2 Characterizations

Fourier Transform IR (FTIR) experiments were performed on CM and CN by using a Perkin Elmer Frontier FT-IR instrument, in order to verify the deacetylation degree (DD) of both materials. Spectra were recorded as an average of 200 scans in the range 4000–400 cm<sup>-1</sup> with a spectral resolution of 4 cm<sup>-1</sup>. Pellets were prepared by mixing 2 mg of chitosan powder, previously dried at 60°C under reduced pressure for 6 hours, with 100 mg KBr, previously dried over night at 80°C. According to the method proposed by Baxter et al. [31], deacetylation degree (DD) was evaluated using the amide-I band (v=1655 cm<sup>-1</sup>) as

the analytical band and the hydroxyl band ( $v = 3450 \text{ cm}^{-1}$ ) as the internal reference band. DD was calculated by the following equation:

$$DD (\%) = 100 - [(A_{1655}/A_{3450}) \times 115]$$
 (1)

Scanning Electron Microscopy (Zeiss Evo 50 XVP with LaB6 source) was employed for investigating the morphology, dispersion and distribution of CM and CN particles within the polymer matrix. SEM analysis was performed on the cross-section cryogenically fractured in liquid nitrogen. All the samples were coated with a thin layer of gold (few nanometers) and then analysed.

X-rays diffraction patterns (WAXD) of the chitosan particles and their composites with HDPE were obtained by using a PW3040/60 X'Pert PRO MPD diffractometer from PANalytical working at 45 kV and 40 mA, and using the Bragg–Brentano geometry. The source is a high-power ceramic tube PW3373/10 LFF with Cu anode. WAXD profiles were acquired using a Ni-filtered Cu-K $\alpha$  radiation ( $\lambda$  = 0.15418 nm) with a continuous scan of 0.04°/s in the range 5-70°. The crystallinity index ( $\chi_{cA}$ ) of CM and CN was calculated as the ratio between the area of the crystalline phase, determined after correction of the baseline for amorphous regions, and the total area of the XRD pattern, computed after the general baseline correction. Another technique for evaluating the crystallinity index of chitosan was also used for comparison: according to Focher's method [32],  $\chi_{cI}$  is calculated by the ratio between the maximum intensity,  $I_{110}$ , at 20=20° of the (110) lattice diffraction and that of the amorphous diffraction,  $I_{am}$ , at 20=16°, using equation (2).

$$\chi_{\rm cI} = (I_{110} - I_{\rm am}) / I_{110}$$
(2)

In order to study the influence of chitosan on the crystallinity of HDPE, the crystallinity index was measured by the ratio between the intensity of diffraction peaks belonging to the crystalline phase and the intensity of the total sample diffraction pattern. The intensity of the crystalline phase was determined by subtracting the amorphous phase from the total intensity of the diffraction spectra. The profile of amorphous phase was approximated using the average spectrum of the profiles of HDPE melt at 180, 190 and 200 °C.

The equation used to quantify the crystallinity degree of HDPE is:

$$x_c = \frac{\left[\frac{l_{TOT} - lam}{l_{TOT}}\right]}{v_{PE}} * 100 \tag{3}$$

where y PE is the mass fraction of HDPE in the composites and it is 1 for the neat polymer and 0.95 for the HDPE/Chitosan 95/5.

Glass transition temperatures of CM and CN were measured by Differential Scanning Calorimetry (DSC), using a TA DSC Q20 (USA) with a heating rate of 20 °C/min. The experiments were carried out using  $3.0 \pm 0.5$  mg of material, according to the following cycle: (1) heating up from 25 to 190 °C at 20 °C/min; (2) cooling down to 25 °C at 20 °C/min; (3) heating up from 25 °C to 190 °C at 20 °C/min.

Thermogravimetric analysis (TGA) was performed in nitrogen and in air from 50 to 800 °C with a heating rate of 10 °C/min, using a TA Discovery thermo balance (TA Instruments) (experimental error:  $\pm$  0.5% wt.,  $\pm$ 1 °C). The samples (ca. 10 mg) were placed in open platinum pans and fluxed once with nitrogen or air (gas flow: 25 ml/min).

The tensile properties of HDPE/chitosan composites were measured using an Instron 5966 tensile tester. The experiments were performed on compression-molded plates, according to the standard test method ASTM D882 at room temperature. The specimens were approximately 0.5 mm thick and 5 mm wide. The parameters at break (elongation ( $\varepsilon_b$ ) and strain ( $\sigma_b$ )) were determined with constant deformation rate, in order to maintain the ratio v/L<sub>0</sub> equal to 10 mm/(mm/min) (where v = deformation rate and  $L_0$  = initial length of the specimen). The Young modulus E was also measured with the ratio v/L<sub>0</sub> equal to 0.1 mm/(mm/min). The mean values of the mechanical properties were averaged over at least five independent tests.

Dynamic-mechanical (DMTA) analyses were performed using a Triton TTDMA (TA Instruments) in dual cantilever bending configuration. The following experimental conditions were adopted: temperature range from -150 to 80 °C, heating rate of 3 °C/min, 1 Hz of frequency. Storage modulus (E'), loss modulus (E'') and tanδ curve were recorded. For each formulation, the tests were repeated at least three times and the experimental error was calculated as standard deviation for all the measured parameters.

Wettability based on Sessile Droplet Contact Angle Measurement was evaluated with a Kruss DSA 100 apparatus, provided with a 25x optical zoom. The analysis was performed with double distilled water at room temperature. Contact angles were measured on at least five independent positions on the sample surface.

A contact profilometer (Form Talysurf 120) equipped with a  $2\mu m$  diamond conical stylus was used for evaluating the surface roughness. The arithmetic mean deviation of the assessed profile,  $R_a$ , was measured by considering a sampling length of 0.8mm and a cut-off of 0.8. The data concerning the surface roughness were not normally distributed (Kolmogorov-Smirnovtest, Z=0.100, p=0.007). Therefore, a non-parametrical analysis with the Kruskal-Wallis test was used. Pairwise comparisons were carried out using Wilcoxon rank sum test with a significance level of p=0.05.

In order to evaluate the biological effects of chitosan in the HDPE composites, fibroblastic cell line NHDF (ECACC, Salisbury, UK) were used in vitro assay. Cells were maintained in DMEM (Dulbecco's Modified Eagle Medium) supplemented with 10% fetal bovine serum (Life Technologies, Milan, Italy), 100 U/ml penicillin, 100 µg/ml streptomycin, were passaged at subconfluency to prevent contact inhibition and were kept under a humidified atmosphere of 5% CO<sub>2</sub> in air, at 37°C. Cell adhesion on grafts was evaluated using a 24 well plate at 10 minutes post seeding. Cells were detached using trypsin for 3 minutes, carefully counted and seeded at 2 x 10<sup>3</sup> cells/disk in 100µl of growth medium on the samples. The 24-well plates were kept at 37°C, 0.5% CO<sub>2</sub> for 15 min. The grafts were carefully washed with Phosphate Buffer Solution (PBS) and then stained with DAPI (4',6-diamidino-2-phenylindole dihydrochloride) in order to stain the nuclei [33, 34]. The number of adherent cells was determined by counting the number of DAPI-positive nuclei. Cells were plated at a density of 2500 cells/sample in 24-well and then transferred into the bioreactor. After 24h, cell viability was assessed by Cell Titer GLO (Promega, Milan, Italy). Fibroblasts were seeded at a concentration of 5000 cells/sample in a 24-well plate and then transferred into the bioreactor. After 24 hours, cells were fixed in 2.5% glutaraldehyde in Phosphate Buffer Saline (PBS) and then dehydrated using progressive incubation in ethanol. The cell morphology was observed by SEM.

#### 3. Results and discussion

Table 1 reports the characteristics of the two chitosan powders. The DD, obtained by FTIR, is 97 for CN and 87 % for CM. The values correspond to those given in the technical sheet of the commercial products. WAXD patterns of CM and CN present two peaks at about  $2\theta = 10.4^{\circ}$  (hkl 020) and  $2\theta = 20.1^{\circ}$  (hkl 110) [35].

Table 1. Properties of Chitosan powders

	DD (%) <sup>a</sup>	$T_g (^{\circ}C)^b$	χca (%) <sup>c</sup>	χ <sub>CI</sub> (%) <sup>c</sup>
CM chitosan	87.0	157	41.0	69.9
CN chitosan	97.0	150	21.0	38.7

<sup>&</sup>lt;sup>a</sup> measured by FTIR, <sup>b</sup> measured by DSC, <sup>c</sup> measured by WAXD

The crystalline indexes (Table 1) calculated by the area method ( $\chi_{CA}$  (%)) and peaks intensity ( $\chi_{CI}$  (%)), even if different from each other due to the different method of evaluation, indicate that CM is more crystalline than CN. In general chitosan crystallinity decreases with DD [35], according to the findings of the present work. The TG thermograms in N<sub>2</sub> of CM and CN show two main decomposition steps (Fig. 2). The first decomposition appears in the range from 50 to 100°C with a weight loss of about 7.9 and 8.9% for CM and CN, respectively. The second step, due to the decomposition of the saccharide backbones, starts at 260 °C for both chitosan powders. In air, the first decomposition is similar to that in N<sub>2</sub>, the second one occurs at 225°C. Finally, the residues are further oxidized to CO and CO<sub>2</sub> between 330 and 560 °C range. The results indicate that both chitosan powders are processable at HDPE processing temperature (i.e. 190°C). Furthermore, T<sub>max</sub> values for both CM and CN are similar (302 vs. 296 °C in N<sub>2</sub> and 270 and 273°C in air, respectively), hence indicating that the chitosan powders exhibit the same thermal stability.

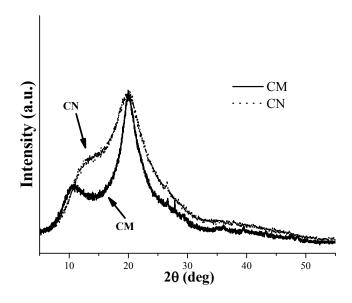


Fig. 1. WAXD patterns of CM and CN.

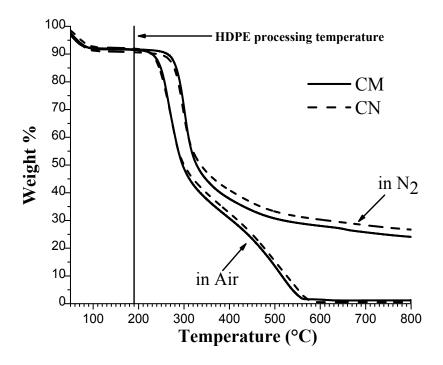
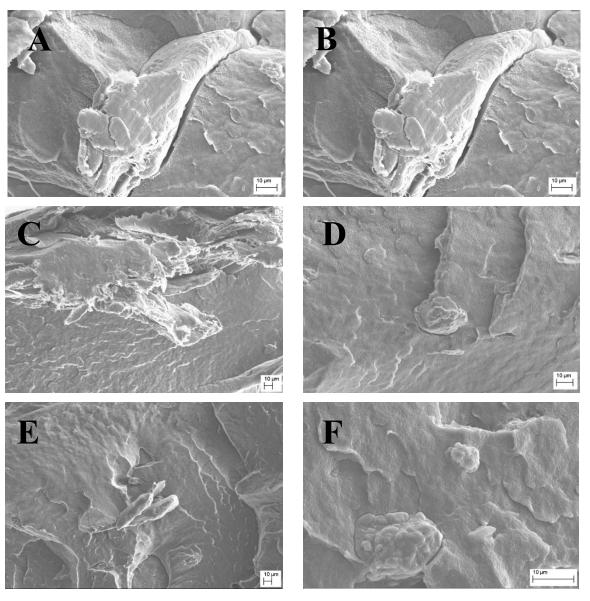


Fig. 2. TG curves of chitosan M and N, performed in N<sub>2</sub> and in air at 10°C/min.

The micrograph analysis of the composites cross-sections, presented in Fig. 3, indicates that the addition of chitosan to the HDPE matrix leads to an extended phase separation. No interaction seems to occur between the chitosan fillers and the polymer matrix. As a result, chitosan aggregates are visible on the section surface, and the size and number of the aggregates increases with the chitosan loading. These aggregates are bigger and elongated in HDPE/CM composites ( $\approx 100\text{-}200\mu\text{m}$ ), smaller and rounded in HDPE/CN ones ( $\approx 10\text{-}15\mu\text{m}$ ). The absence of voids in the matrix after fracture, however, suggests that the interfacial shear strength between the filler and the matrix is not very weak [36].

In all the composites, HDPE crystallizes in the orthorhombic form [37] (not reported figures for sake of brevity), highlighting that the presence of chitosan does not influence the crystalline structure of the HDPE. Besides, the crystallinity degree of HDPE in the composites is similar to that of neat polymer (i.e.  $69\pm2\%$ ), regardless of the composition and the type of chitosan.



**Fig. 3.** SEM micrographs of A) HDPE/CM 99/1, B) HDPE/CN 99/1, C) HDPE/CM 98/2, D) HDPE/CN 98/2, E) HDPE/CM 95/5, F) HDPE/CN 95/5.

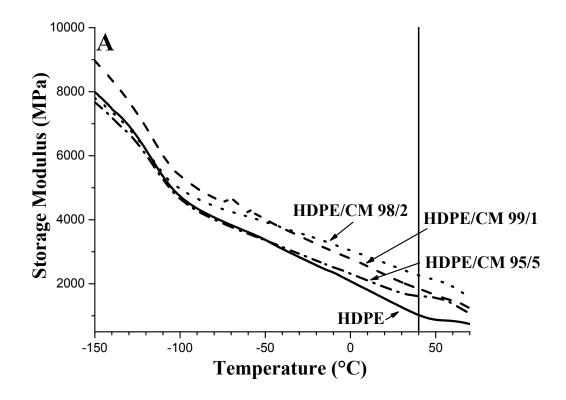
Fig. 4 shows the storage modulus (E') as a function of temperature for all the systems. From an overall point of view, the main effect exerted by the presence of both types of chitosan is the increase of the storage moduli E' in the rubbery plateau at 40°C: this temperature is relevant considering the possible biomedical application of these materials.

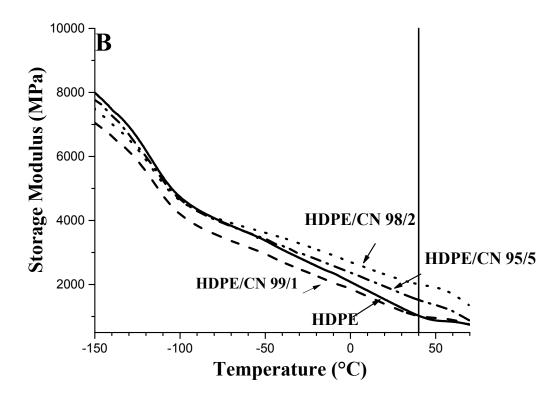
The highest (E') value is shown when 2 wt% chitosan is used. In particular, E' passes from about 1000MPa for blank HDPE to about 2200MPa for HDPE/CM 98/2 (120% increase as compared to unfilled polymer) and to 2000MPa for HDPE/CN 98/2 (100% increase as compared to unfilled polymer).

In general, CM always shows a higher reinforcing effect respect to CN, probably due to the higher crystallinity degree of CM with respect to CN counterpart.

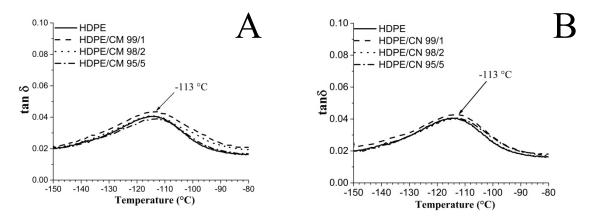
Fig. 5 shows  $\tan \delta$  curves for all the systems in the range of -150 to -80°C in order to highlight the  $\gamma$  transitions of HDPE (that corresponds to the  $T_g$  and appears at about -113°C accordingly to literature [38]). The presence of CM and CN does not affect the  $T_g$  of HDPE. These results can be explained considering the different polarity of the composite components and the gross phase separation of chitosan in HDPE, as observed by SEM. They also exclude a possible partial miscibility between the two polymers.

Table 2 reports the Young modulus, stress and strain at break values for the HDPE/chitosan composites as a function of filler content, compared to those of the neat HDPE. As expected, the pure polymer displays a ductile behavior with elongation and stress at break of roughly 320% and 14 MPa respectively. The addition of chitosan to the polymer matrix results in a sharp decrease in the elongation at break achieving 22 and 148% for 1 wt.% CM and CN compounds, respectively. Interestingly, HDPE/CN 99/1 still displays a ductile behavior (stress strain curves not reported for sake of brevity). Further increasing of CM and CN loadings to 5 wt.% decreases the elongation at break to 10 and 17%, respectively. These results are in general observed in non-compatible polymer blends [36]. The presence of chitosan can restrict the mobility of the polymer molecules to flow freely on each other causing premature failure. However, the stress at break increases from 13.7 for neat HDPE to 15.7 MPa for HDPE/CN 95/5 and 19.7 MPa for HDPE/CM 95/5, indicating that, despite the incompatibility, there is no complete lack of interfacial adhesion between the components of the composite structure [36]. This result is in agreement with morphological characterization by SEM. The elastic modulus E of the composites increases with the amount of chitosan (that is stiffer as compared to HDPE), irrespective of the type used.





**Fig. 4.** A) Storage modulus (E') of HDPE/CM and B) Storage modulus (E') of HDPE/CN composites.



**Fig. 5**. A) tan  $\delta$  of HDPE/CM composites; B) tan  $\delta$  of HDPE/CN composites.

Thermal and thermo-oxidative degradation of HDPE and HDPE/chitosan are displayed in Fig. 6A and B, respectively. T<sub>10</sub> and T<sub>50</sub>, (i.e. the temperatures corresponding to 10% and 50% weight loss, respectively) are listed in Table 3. In nitrogen, all curves exhibit one single degradation step that can be attributed to the well-known radical random scission mechanism of polyolefin thermal decomposition [39]. Compared to the neat HDPE, the presence of chitosan shifts the characteristic temperatures ( $T_{10}$  and  $T_{50}$ ), although in different extent, to higher values. The effect is more evident for T<sub>50</sub>, which increases by about 18°C in presence of chitosan. This indicates that chitosan can act as a barrier for the diffusion of the degradation products of the polymer matrix [40, 41]. In air, all curves present two main degradation steps (i.e. radical random scission of polyolefin and oxidation of the residues). In this case, only T<sub>50</sub> of the composites is significantly higher with respect to the neat polymer.

**Table 2.** Young modulus (E), elongation at break  $(\varepsilon_b)$  and tensile strength at break  $(\sigma_b)$  by stress – strain experiments for HDPE/chitosan composites

	(E)	$(\sigma_b)$	$(\varepsilon_b)$		(E)	$(\sigma_b)$	$(\epsilon_b)$
	(MPa)	(MPa)	(%)		(MPa)	(MPa)	(%)
HDPE	969±17	13.7±0.4	320±52	HDPE	969±17	13.7±0.4	320±52
HDPE/CM	1057±49	$14.8 \pm 4.2$	22±6	HDPE/CN	$1071\pm54$	$15.2 \pm 0.4$	$148 \pm 53$
99/1				99/1			
HDPE/CM	$1069 \pm 45$	$15.2 \pm 1.8$	19±4	HDPE/CN	$1088\pm36$	$15.0\pm1.0$	29±11
98/2				98/2			
HDPE/CM	1219±74	$19.7 \pm 2.4$	10±2	HDPE/CN	1117±34	$15.7 \pm 1.5$	17±2
95/5				95/5			

Fig. 7 shows water contact angle and surface roughness values for HDPE and its composites. Neat HDPE shows a water contact angle of  $95.5 \pm 2.1^{\circ}$ , in accordance with literature [42]. All the composites have a slightly lower contact angle value (about  $10^{\circ}$  lower than that of the neat polymer) with no significant differences as far as the chitosan loading is considered. The lowest contact angle value is found for HDPE/CM 95/5 (i.e.  $81.6 \pm 3.6$ ). This increase in wettability is not dependent on the surface roughness. In fact, according to the Kruskal-Wallis test (p>0.05), there are no significant differences between the surface microroughness of HDPE and its composites (Fig. 7). This result is in agreement with our previous outcomes that suggest that surface roughness is not the only parameter affecting wettability [43, 44]. Indeed, in this case, the ruling parameter seems the polarity induced by the chitosan presence, that plays a fundamental role in increasing the wettability of HDPE composites.

Fig. 8 shows cell adhesion at 10min (A) and cell viability after 24h (B) of the HDPE and HDPE/chitosan composites. All the composites sustain a faster cell adhesion (Fig. 8A), compared to unfilled HDPE. In addition, the composites with higher content of chitosan are more efficient to promote the immediate cell adhesion. This superior cell attachment may result from of the electrostatic interactions between the negative charges of the surface of cell membranes and the cationic sites on chitosan chains, as reported in literature [45-48]. Besides, the cell adhesion seems also slightly influenced by the acetylation degree of the two chitosan powders. In particular, the charge density of CN is higher than that of CM, due to the lower acetylation degree of the former filler. This leads to greater cell adhesion in agreement with several scientific papers [49, 50].

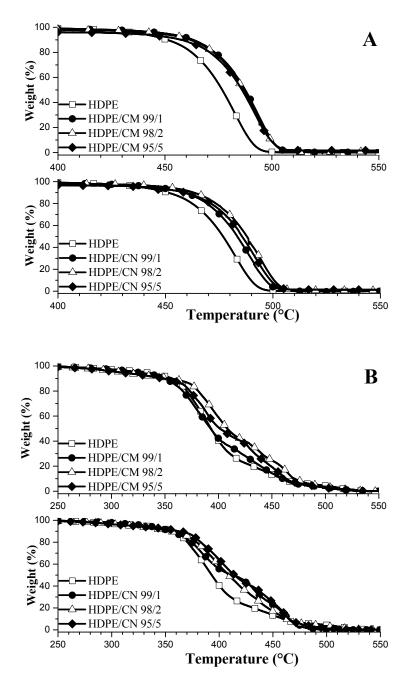
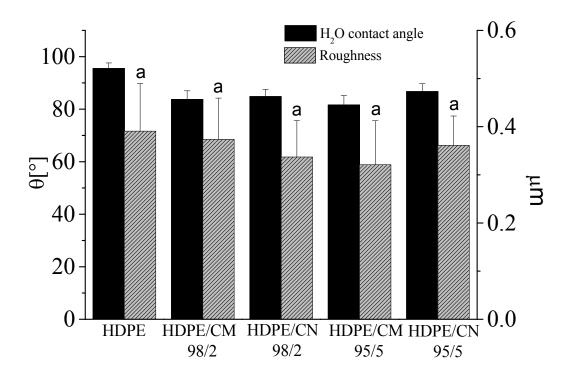


Fig. 6. TG curves of the HDPE/CM and HDPE/CN composites in (A)  $N_2$  and (B) in air.

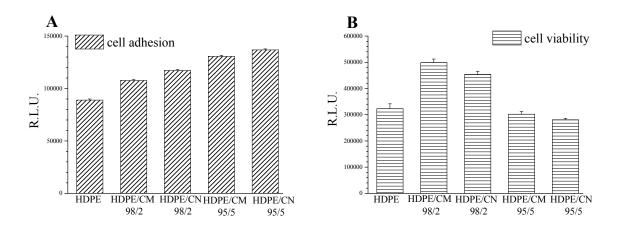
Table 3: Thermogravimetric parameters of HDPE/Chitosan composites

			<del></del>	p					
	CM wt%					CN wt%			
	Blank	1	2	5		Blank	1	2	5
				Nitrogen					
T <sub>10</sub>	451	463	462	458	T <sub>10</sub>	451	459	463	459
$T_{50}$	477	488	487	487	T <sub>50</sub>	477	483	488	486
				Air					
$T_{10}$	357	353	359	355	$T_{10}$	357	355	355	362
T <sub>50</sub>	393	393	408	403	T <sub>50</sub>	393	413	409	414



**Fig. 7.** Water contact angle values (black bars) and surface roughness ( $R_a$ ) (gray bar) for HDPE and HDPE/chitosan composites. The letter a indicates no significant differences (p > 0.05) when analysed by Kruskal-Wallis test.

The present outcomes suggest that the limited variations in the chitosan DA (CM = 87.0% and CN 97.4%) and the small amount used in the composites induce limited change in cell adhesion. Interestingly, cell viability pattern appears different from that of cell adhesion. In particular, cell viability decreases by increasing the amount of chitosan (Fig. 8B), being CM more efficient in inducing cell growth than CN. Again, this behavior is consistent with the literature results [50, 51]. In fact, chitosan appears to have a cytostatic effect on fibroblasts [50], which may owe to the extremely high adhesion of fibroblasts on chitosan, hindering cell proliferation [49]. The detrimental effect of the chitosan is evident only for the materials with 5wt% of chitosan, while a content of 2% represents a benefit in terms of cells viability enhancement. Then, the materials endowed with the highest mechanical properties also elicit a more efficient cells response with respect to the neat HDPE.



**Fig. 8.** Adherent fibroblasts per field at 10 min (A) and the viable cells after 24h (B) of HDPE/chitosan composites.

Finally, it is worth underlining that, although a correlation between cell viability and roughness has been reported [42, 43, 51], in this work the main effect on cell interaction is given by the chemistry of chitosan.

The results on cell viability are also consistent with the morphology of fibroblasts. As a qualitative assessment of cell morphology at 24h, SEM micrographs of fibroblasts grown on the surface of HDPE CN 98/2 (Fig. 9A) and HDPE CN 95/5 (Fig. 9B) are shown. In Fig. 9A, cells are well interconnected and flat indicating that, after adhesion, a correct cellular spreading occurred and the material was capable to sustain cell viability. Conversely, a lower number of adherent fibroblasts can be seen in figure 9B, though, in both conditions, the same number of cells was initially plated: fibroblasts appear spindle-shaped and intermixed with some spherical cellular debris, likely belonging to apoptotic cells.

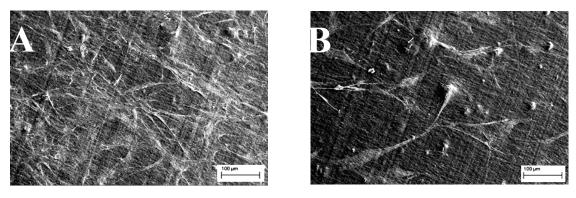


Fig. 9. Fibroblasts morphology observed on HDPE/CN 98/2 (A) and HDPE/CN 95/5 (B).

#### 4. Conclusions

In this work, HDPE/chitosan composites have been prepared by melt extrusion technique with the purpose to obtain novel bio-composites suitable for biomedical applications, like subdermal cranio-facial scaffolds. Two chitosan powders differing for degree of acetylation and molecular weight were used in different amounts (i.e. 1, 2 and 5 wt.%).

The composites showed improved mechanical properties with respect the unfilled HDPE. In particular, the storage modulus at 40°C for the system containing 2 wt.% of chitosan significantly increased with respect to that of HDPE. Similarly, an increase of both Young modulus and tensile strength was observed in tensile tests; conversely, both the fillers reduced the HDPE elongation at break.

Furthermore, few amounts of chitosan powders (2 wt.%) were able to improve both cell adhesion and cell viability of unfilled HDPE. The filler amount is of paramount importance, since more than 2 wt.% resulted in a viability of fibroblasts lower than that of the unfilled polymer. The surface roughness and wettability were not involved in the biological behavior of the composites, which seems to depend only on the chemistry of chitosan.

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# Data availability

The raw/processed data required to reproduce these findings cannot be shared at this time as the data also forms part of an ongoing study.

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# **Conflicts of Interest Statement**

# Influence of chitosan on the mechanical and biological properties of HDPE for biomedical applications

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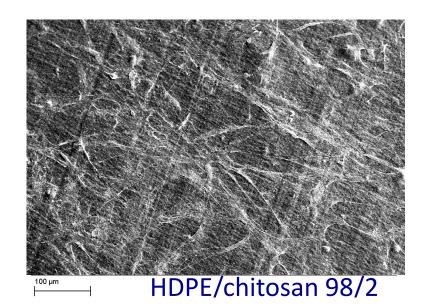
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Cytostatic effect on fibroblasts for chitosan concentration higher than 2wt%.

