POLITECNICO DI TORINO Repository ISTITUZIONALE

Energy and Systemic Production

Original

Energy and Systemic Production / Barbero, Silvia; Bistagnino, Luigi; Angelo, Consoli; Franco, Fassio - In: Food Policies and Sustainability / Irene Biglino, Anthony Olmo, Andrea Pieroni, Cinzia Scaffidi. - Bra - CN : Slow Food Editore, 2011. - ISBN 9788884992796. - pp. 12-17

Availability: This version is available at: 11583/2432975 since:

Publisher: Slow Food Editore

Published DOI:

Terms of use:

This article is made available under terms and conditions as specified in the corresponding bibliographic description in the repository

Publisher copyright

(Article begins on next page)





Food Policies and Sustainability



With the contribution of



COLOPHON:

Biodiversity and Ecosystems Course Subject Leaders: Marcello Buiatti, Fritjof Capra e Gary Paul Nabhan

- Text: Faculty: Marcello Buiatti, Giulio Lazzerini, Paolo Merante, Paola Migliorini Students: Khem Raj Dahal, Marina Ferreira, Jane Karanja, Janna Kühne, Alicia Walter **Energy and Systemic Production** Course Subject Leaders: Gunter Pauli, Angelo Consoli -Text: Faculty: Silvia Barbero, Luigi Bistagnino, Angelo Consoli, Franco Fassio Students: Isik Gulcubuk, Camilla Minarelli, Francesco Paolo Musso, Tomoko Ogawa, Keith Polo, Alexandra Ji Yen Tung Traditional Knowledge, Gender Issues, and Intangible Values Course Subject Leaders: Carlo Petrini, Vandana Shiva - Text: Faculty: Gianluigi Bravo, Carole Counihan, Gianpaolo Fassino, Michele Fontefrancesco, Piercarlo Grimaldi, Davide Porporato Students: Elena Costantino, Giovanna De La Puente, Ravi Palepu, Graham Stone, Daniel Wanjama Social Systems and Transformations Course Subject Leaders: Serge Latouche - Text: Faculty: Simone Cinotto, Raj Patel Students: Pamela Aquilani, Megan Harms-Feigal, François Marcadé, Marco Pianalto, Hannah Roberson, Rajesh Thackurdeen Goods, Common Resources and Exchanges Course Subject Leader: Stefano Zamagni Text: Faculty: Danielle Borra, Claudio Malagoli, Bruno Scaltriti, Valeria Siniscalchi, Stefano Zamagni Students: Jay Bost, Keli De Oliveira, Kathryn Idzorek, Kaitlin Kazmierowski, Dagmar Kostkova, Lorenzo Magzul Law, Rights and Policies Course Subject Leaders: Daniele Giovannucci, Christoph Spennemann - Text: Faculty: Irene Biglino, Daniele Giovannucci, Anthony Olmo, Christoph Spennemann Students: Monica Arellano Gomez, Vittorio Capozzi, Kripa Dholakia, Kathryn Ferranti, Gabriel Key Pleasure and Well-Being Course Subject Leaders: Tim Lang - Text: Faculty: Carola Barbero, Nicola Perullo Students: Dah-Rei An, Linda Fioriti, Michelle Gibbs, Lorraine Gray, Sheila Skeaff, Jade Starbala

Sustainable Education Course Subject Leaders: Manfred Max-Neef - Text: Faculty: Cristina Bertazzoni, Valeria Cometti, Francesco Mele, Sara Marconi, Michèle Mesmain, Alberto Robiati, Stefano Di Polito Students: Carlo Baggi, Michael Cody, Anna Danby, Laura Del Campo, Erin Littlestar, Maria Trinidad Rodriguez Aguirre

Translations and Editing: Elisa Bianco, John Irving, Stephanie Mamo, Elena Marino, Grazia Novellini, Davide Panzieri, Carmen Wallace

General Coordination: Irene Biglino, Anthony Olmo, Andrea Pieroni, Cinzia Scaffidi Preface



Index

1	PREFACE
3	A Synthesis
7	1. Biodiversity and Ecosystems
12	2. Energy and Systemic Production
18	3. Traditional Knowledge, Gender Issues and Immaterial Values
21	4. Social Systems and Transformation
26	5. Goods, Common Resources and Exchanges
31	6. Law, Rights and Policies
36	7. Pleasure and Well-being
39	8. Sustainable Education

Slow Food and Biodiversity

Slow Food began to take an interest in biodiversity in 1996, when it focused its attention on:

- Wild species tied to traditional harvesting, processing techniques and customs;
- Domestic species, plant varieties, ecoptypes, native animal breeds and populations;
- Traditional processed products (bread, cheese, cured meats, wine and so on).

Since then many associations and organizations have approached biodiversity, generally concentrating their attention on wild species and devoting only marginal interest to domestic diversity (selected by man in the course of the centuries). Only rarely has the subject of food diversity—namely of processed products—been addressed. Processing is an important heritage of local communities. Its techniques were developed to preserve food (meat, milk, fruit, vegetables, leaves of flowers) and are the fruit of knowledge handed down from generation to generation. The work of artisans has created special food products capable of recounting local culture, freeing producers from seasonal cycles and market fluctuations. It is often only possible to protect local ecotypes and breeds by accompanying raw materials with a selection of processed foods.

In 1999, Slow Food launched its most important biodiversity production project: the Presidia.

The Presidia involve the main custodians of domestic biodiversity (small-scale farmers, shepherds, artisans). Their aim is to save native animal breeds, plant varieties and quality artisan food products by organizing producers, raising the profile of their places of origin, preserving traditional techniques and knowledge, promoting sustainable practices to maintain soil fertility, hydrographic ecosystems, traditional agrarian landscapes and excluding the use of synthetic chemicals, monocultures and intensive breeding.

The Presidia are founded on communities of producers prepared to collaborate and decide production rules and forms of product promotion together.

Slow Food promotes Presidium products by speaking about the producers, their knowledge, their land and their techniques. Through its network (event organization, the involvement of cooks and the organization of forms of direct marketing, such as farmers' markets and joint buying groups), it connects producers with consumers.

There are now 350 Presidia (200 in Italy and 150 in another 40 countries) involving 15,000 small producers. Economic and social research conducted by universities, such as the Bocconi in Milan, and many single students, graduate assistants and researchers have demonstrated the effectiveness of these projects.

The results can be measured in numbers (increased production, more producers, better prices), but also in environmental terms (more sustainable businesses) and social terms (better organization of producers, improved relations with institutions, higher self-esteem).

For more information on this project and Slow Food's activities to protect biodiversity: www.fondazioneslowfood. com.

2. ENERGY AND SYSTEMIC PRODUCTION

4. Preliminary remarks

On the planet in which we live, energy comes, abundantly and regularly, from the sun. In the last 200 years, however, we seem to have forgotten that this flow of energy follows precise, unchanging rules, which we have to obey if we wish to preserve the biochemical conditions necessary for the survival of the human species. These rules refer to entropy, the second law of thermodynamics, whereby the energy used to perform the process of conversion of matter becomes progressively less available, irreversibly losing part of its order and qualities and generating pollution.

In what way does nature transform matter through energy from the sun? Nature burns nothing, but works through thermochemical processes such as photosynthesis. Man instead has introduced a system of energy production based on combustion as opposed to thermochemical mechanisms, thereby accelerating entropic processes on the planet and risks for the health of humans and the ecosystem. In power stations, the processes of methane, coal, oil and nuclear combustion produce radioactive isotopes, in other cases carbon dioxide, nitrogen and sulfur oxides: all are based on limited resources.

International equilibria depend on the management of energy resources. Recently we have suffered the results of wrong economic choices and research strategies that have invested huge sums of money in fossil fuels as opposed to clean technologies.

If we had respected the law of entropy, flexible, efficient solutions would be available that everyone could afford, especially in the Global South, where solar rays are stronger. The time has come to make energy decisions centered round social and environmental values: a new humanism that, through suitable technological choices and reasonable policies, leads us to produce energy compatibly with ecosystems.

5. Overview

We live in an era in which the economy is founded on the unconditional use of resources, in which space seems to know no bounds and time no seasons.

The phase of expansion has ended in the rich countries where a saturation of demand is determining a boom in "substitution-in consumption". Needs are produced to ensure the continuity of production and man is merely the means to permit the metabolism of goods.

This "unreal economy"—which contrasts with the real one, rich in values inherent to human nature—leads to financial speculation, which eliminates the production phase and generates higher profit without the limits imposed by matter and energy.

If "product" and "production" are the fulcrum of a paradigm of values and behavior that influences the present system, then competition will force us to further delocalize production, to automate it, to create new "false needs", to "live in a society of workers without work".¹⁴

It is thus necessary to change the paradigm that assigns priority to real human needs and not to a product's exchange value. It is necessary to build a "real economy" that places at the heart of every decision-making process the needs of man in an ecological context of interdependencies, acting locally and making a number of subjects co-evolve in a given area: a real economy with a reduced use of matter and energy, in which waste becomes a resource (from output to input), low capital-intensive and sustainable from a sensory, environmental, social and economic point of view.

"The time has come for societies to move from the romance with nature to a pragmatic redesign of our economic system inspired by ecosystems".¹⁵ Through this lens, we analyze the main complications of the present-day model of energy production from finite or renewable sources, in any case centralized in the hands of a few subjects who define the rules of this monopoly.

We need to develop an interrelated and holistic methodology—systemic design—joining economic, social, cultural and environmental demands to empower the relation between human beings and nature, production and the environment.¹⁶

¹⁴ Anders, 1956.

¹⁵ Pauli, 2010.

¹⁶ Bistagnino, 2009.

5.6.Oil

Though we do have more natural, less destructive models at our disposal, we continue to produce energy through combustion processes.¹⁷

The value of oil as a source of energy, transportable and easy to use as a base for many industrial chemical products, makes it one of the most important commodities in the world at the start of the 21st century.

Data supplied by the International Energy Agency in 2010 reveal the unsustainability of this model:

- From 1999 to 2010 the price of crude oil rose by more than 40 percent, from \$18 to \$80 a barrel;
- It is estimated that the maximum production peak will be reached in 2030 (the Hubbert peak);
- The turnover connected with oil use amounts to about 28 billion dollars with annual increases of 2.5 percent;
- New reserves discovered have been equal for many years to about ¹/₄ of oil consumed, hence reserves are decreasing at an annual rate of 3/4, 28 billion barrels a year;
- Though the technology of oil extraction has improved, reserves are situated in areas that are increasingly difficult to reach and in ecologically delicate, "extreme" environments, such as sea beds and polar areas;

It is thus urgently necessary to structure our economies independently from oil because dependence on this resource has made the use of other alternative technologies expensive and not widespread.

5.7. Nuclear energy

Champions of nuclear energy claim it is a sustainable energy source that reduces carbon emissions and increases energy security by reducing oil-dependence. But the option this source represents is limited by unsolved problems:

- Relatively high costs (\$2,000/kW);
- Ineffectiveness (inadequate for transition);
- Limited resources used;
- Security risks for the ecosystem resulting from the disposal of radioactive waste;
- Considering the entire nuclear fuel supply chain, nuclear energy is not a low carbon emission energy source.

The propaganda approach to energy wavers when we take into account the life cycle and the total entropic impact of the energy process, not only an isolated phase thereof.

5.8. Solar energy

Many technologies exist which are capable of capturing solar radiation and converting it into electricity. Nonetheless, in view of the lack of strategic regional planning and installations supplemented by human architectures, the development of solar technology may lead to:

- The removal of farming land, hence a reduction in the production of food commodities, especially at local level:
- The loss of the soil's permeability to rainwater;
- A decrease in biological activity due to the constant loss of solar radiation in areas shaded by panels;
- The acceleration of desertification which, in turn, generates an increase in phenomena of hydrological imbalance.

We would be wrong to think that farming land, which for centuries produced the energies we needed to live, can produce energy simply by annulling itself, forgetting it is alive and becoming a surface on which to place photovoltaic panels that drastically modify the aesthetic and architectural structure of the landscape.¹⁸

5.9. Wind energy

Wind energy is the product of the conversion of the wind's kinetic energy into other forms of energy (electrical or mechanical).

17 Consoli, 2010.

¹⁸ Petrini, 2010.

With this technology the land may be used for agriculture and livestock breeding but critical points do exist. They include:

- noise;
- visual impact;
- deforestation;

• danger for birds if plants are situated on migration routes, though research¹⁹ shows that the number of birds killed by wind blades is negligible compared to that killed by traffic, hunting, electric cables, skyscrapers and so on.

5.10. Hydroelectric energy

This form exploits the conversion of the gravitational force of water falling from high altitudes into kinetic energy, which an alternator combined with a turbine transmutes into electricity.

The main problem of hydroelectric power stations is the maximum "capacity" of a region, since their construction involves an alteration of the area round the dam, which has to be evacuated to permit the flow of water.

Moreover:

• The food chains of many organisms are disturbed and this sometimes leads them to extinction;

• Water changes its physical characteristics since the average temperature increases and the oxygen content decreases, all of which creates unsustainable conditions for fish;

• Reservoirs of hydroelectric power stations in tropical regions may produce sizable amounts of methane from stagnant water.

5.11. Biofuels

Produced from biomass, biofuels may be used by autotraction, both blended with fossil fuels and, in some cases, in a pure state.

The process that connects agriculture to biofuel production is now globalized and is now referred to as "agroenergy".²⁰ Raw materials—mainly maize, soya and grain—are now being increasingly converted into bioethanol and biodiesel, which are produced in very poor places and consumed in very rich ones.

According to one section of the scientific community, the growing demand for first-generation biofuels should be considered one of the prime causes of the 2008-2009 food crisis, which was characterized by a sizable increase in the price of foodstuffs. These biofules also involve the recourse to monocultures, with a consequent loss of global biodiversity.

We are thus called upon not only to denounce this state of affairs, but also to promote any initiative that seeks to identify alternative models. Recently, to avoid using potential foodstuffs to produce fuel, second-generation biofuels (produced from crop residues and waste) and third- and fourth-generation fuels (produced from algae and thermochemical bioprocesses) are being tested, along with energy produced from waste timber through combustion, gasification and other clean processes.

5.12. Hydrogen

Albeit the most abundant element in the rest of the universe, on planet earth hydrogen in a free and molecular state is scarce and must therefore be produced at a very high cost. Hydrogen-based technologies are currently being perfected with an eye to research on the use of less noble raw materials and natural processes.²¹

At the moment, the most economic way of producing hydrogen requires the use of fossil fuels, such as oil, coal and methane. An alternative way does exist, however; it consists of biological production (hence the term "biohydrogen"), which exploits processes involving red bacteria, cyano bacteria and microalgae, and the use of energy from renewable sources.²²

19 Langston and Pullan, 2003; Kingsley and Whittam, 2005.

²⁰ Petrini, 2010.

²¹ Hasslberger, 2003.

6. New approaches

6.1. A systemic approach to change our way of considering efficiency and technological innovation.

"In our society we face situations, analyse cause-effect phenomena, solve technical problems, study strategies "per spot", using a linear approach. This is not innovation."²³

Innovation consists of the way we look at problems. We have to be aware that we are working within a system in which it is necessary to devote special care not only to products, but also to the system they are part of and in which they are created: a system made up of social, cultural and ethical values. On an industrial level, the process and the development of a logical, linear process and development affect the perception of reality insofar as they are based purely upon cause-and-effect relationships, which generate an enormous amount of waste. It is necessary to recover the cultural and practical capacity of outlining and planning the flow of materials and energy from one system to another. For example, the imbalance between food supply, excessive in the West, and the unsatisfied food demand in developing countries reveals an inefficient allocation of energy within the system, which translates into the problem of inequality in the distribution of food and waste. If, instead, we were to think of the food system as unique and not as separate, based on criteria such as food miles, the short supply chain, organic and fair production in a balanced, holistic way, we could create a situation in which the right amount of food is produced with the right amount of energy.²⁴

It is thus necessary to redesign our industrial productivity and consumer habits through a systemic lens to:

- Reduce and optimize the flow of matter and energy from one system to the other;
- Plan an incessant metabolization of waste (output) with a view to converting it into resources (input);
- Consider all the constituent parts of an ecosystem and their interrelations;
- Allow the actors in all the development phases of the product/service to co-evolve;

• Encourage local development, the cultural dialogue between different sectors and the virtuous collaboration between productive processes, natural realms and communities.

From this viewpoint, the systemic production of energy would involve the creation of "energy communities" in parallel with "food communities", thanks to which producers and consumers (of energy and food) share small-scale productive processes distributed over local areas.

The main result is an exponential growth in the productive capacity of an area, thanks to which it is able to produce new goods, offer new services to citizens and increase the number of jobs. In this way, local economies can become self-sufficient in terms of energy, production and food procurement.

7. Guidelines

Decision makers assume a number of priorities to ensure energy and food security for growing populations, implementing an interdisciplinary approach that avoids creating a "fragmented" political agenda.²⁵

These priorities can be summed up as:

• A local approach favoring the transversal participation of people from all sections of society, hence the various socio-economic groups present in each given area. On the basis of the opportunities offered by the local context and the real needs of an area, it is possible to create new energy and material opportunities, reducing the problems of adaptability created by "global" solutions and increasing popular participation: energy is a human right and, as such, has to be decentralized.

• A combination of different resources for the overall energy supply: solutions may vary from one region to another and according to the local context. The setting up of energy communities alongside food communities would give

²³ Bistagnino, 2009.

²⁴ Tecco and Fassio, 2008.

²⁵ Wijkman, 2005.

a chance to farmers and anyone else acquainted with the dynamics of the sun, of water and of the earth to become the main players in the distribution of energy processes.

The plurality of sources may lead to autopoiesis, namely a dynamic equilibrium, tolerable by nature and capable of preserving its own independence. An energy system that does not depend on other countries and regions, but is based simply on what an area has at its disposal, is as strong as it is flexible and may be easily and rapidly modified as initial local conditions change.²⁶

• A reduction in and an efficient use of material resources requiring systemic planning and coordination systems that allow a resource to perform multiple functions, reducing the need for further inputs and losses due to transpor. As in nature, what is not used by a system becomes a raw material for the development and survival of something else, so in production processes the waste from a system becomes an opportunity, creating new economic development and new jobs. To achieve this objective, governments must encourage "active investment" by the private sector, especially in eco-innovations and the transfer of green technologies.

• Making information more accessible and decentralizing it: thanks to global computer networks, knowledge about energy and the production of goods/services should create a synergic link between experts and local populations. A shared project helps to create awareness and increases the level of commitment of those who, besides protecting and enhancing cultural biodiversity, have helped e• Creation of a network of relations: more generally, it is important to consider all the factors that combine the system analyzed, including raw materials (resources) and energy, which are used and accumulated in the various phases of the life cycle of a product/service. Investment and consequential economic development must be distributed among the various members of the network since the total value of small interrelated realities is higher than the sum of single non-interacting elements.

• Development of new social and cultural values: the systemic approach questions the present industrial model which influences consumer choices negatively and proposes a new paradigm of the productive process that centers round man in a natural context, in which his real biological needs and ethical, cultural and social values emerge. Citizens consume energy and matter, sometimes in the form of social and collective intelligence.

8. Conclusions

The systemic approach generates the conceptual base and the analytical capacities to direct economic change. It becomes crucial to develop a multidisciplinary vision to give rise to a new culture of innovation inspired by the dynamic activity of nature, the system par excellence.

The connection of raw materials, energy, people and their knowledge generates sustainable ways of using and reusing resources.

We must move towards more conscious, more pleasurable and wiser consumption. We realize of course that like bacteria and oranges, like sharks and mangroves, like plumbers and their families, we are all links in a single energy network. It is up to each of us to do nothing that might diminish the beauty that surrounds us, nothing that can waste common health, nothing, in short, that might lower the level of "good, clean and fair" quality of the energy in circulation.²⁷

²⁶ Barbero, 2010.

LIST OF ABBREVIATIONS AND ACRONYMS

CBD: Convention on Biological Diversity CSA: Community Supported Agriculture CSO: Civil Society Organization FAO: Food and Agriculture Organization of the United Nations GDP: Gross Domestic Product IAASTD: International Assessment of Agricultural Knowledge, Science and Technology for Development GI: Geographical Indications GMO: Genetically Modified Organism ITPGRFA: International Treaty on Plant Genetic Resources for Food and Agriculture MFI: Microfinance institution NGO: Non Governmental Organization TRIPS: Trade-related aspects of intellectual property rights UN: United Nations UNESCO: United Nations Educational, Scientific and Cultural Organization WTO: World Trade Organization

BIBLIOGRAPHY

Altieri, M. A. (1987). Agroecology: the scientific basis of alternative agriculture (2nd ed.). Boulder, CO: Westview Press.

Altieri, M. A. (1999, June). The ecological role of biodiversity in agroecosystems. Agriculture, Ecosystems & Environment, 74(1), 19-31

American Academy of Pediatrics Committee on Communication (2006) "Children, adolescents, and Advertising", Pediatrics, 118, 6, pp. 2563-2569

G. Anders (2003). L'uomo è antiquato. Considerazioni sull'anima nell'epoca della seconda rivoluzione industriale. Torino: Bollati Boringhieri (Original version published in German in 1956)

Aslaksen, I., Flaatten, A., & Koren, C. (1999). Introduction: Quality of Life Indicators. Feminist Economics, 5(2), 79-82.

Augé, M. (2009). Che fine ha fatto il futuro? Dai non luoghi al nontempo. (G. Lagomarsino Trans.). Milan, Italy: Eleuthera. (Original work published in French 2008)

Auvray, M., & Spence, C. (2008, September). The multisensory perception of flavor. Consciousness and Cognition, 17(3), 1016-1031.

Barbero, S. (2010) "Systemic Design In The Energy Sector: Theory And Case Studies", in Management of Technology Step to Sustainability Production, Conference article (Rovinj, 2-4 giugno 2010)

Bauman, Z. (2007). Homo consumens. Lo sciame inquieto dei consumatori e la miseria degli esclusi. Trento, Italy: Erickson. (Original work published in English, 2005)

Beitel, K. (2005). US farm subsidies and the farm economy: myths, realities, alternatives. Backgrounder, 11(3).

Benjamin, A. (2007, November 29). Stern: climate change a (market failure). The Guardian.

Berkes, F., Folke, C., & Gadgil, M. (1995). Traditional ecological knowledge, biodiversity, resilience and sustainability. In C. A. Perrings, K. Mäler, C. Folke, C. Holling, & B. Jansson (Eds.), Biodiversity conservation: problems and policies. (pp. 281-299). Dordrecht, Netherlands: Kluwer Academic Publishers.

Berry, W. (1990). What are people for? San Francisco, CA: North Point Press.

Bistagnino, L. (2009). Design sistemico: progettare la sostenibilità produttiva e ambientale. Bra, Italy: Slow Food Editore.

Borras, S. M. (2008). Competing views and strategies on agrarian reform. Quezon City, Philippines: Ateneo de Manila University Press.

Bosshard, A., Reinhard, B. R., & Taylor, S. (Eds.), (2009). Guide to biodiversity and landscape quality in organic agriculture. Bonn, Germany: IFOAM

Bravo, G. L. (2005). La complessità della tradizione. Festa, museo e ricerca antropologica. Milan, Italy: FrancoAngeli.

Bravo, G. L., & Tucci, R. (2006). I beni culturali demoetnoantropologici. Rome, Italy: Carocci.

Brown, L. R. (2009). Plan B 4.0: mobilizing to save civilization. New York, NY: W. W. Norton & Company.

Bruner, J. S., Jolly, A., & Sylva, K. (Eds.). (1976). Play: its role in development and evolution. New York, NY: Basic Books.

Buiatti, M. (2010) "Biodiversity and ecosystems", lecture at the Advanced School in Sustainability and Food Policies, Università di Scienze Gastronomiche (www.unisg.it)

Caillois, R. (2001). Man, play and games. (M. Barash, Trans.). Champaign, IL: University of Illinois Press. (Original work published 1958)

Caldicott, H. (2006). Nuclear power is not the answer. New York, NY: The New Press.

Capra, F. (2000). Ecology, Community, and Agriculture. Berkeley, CA: Center for Ecoliteracy.

Capra, F. (2005). Ecoalfabeto. L'orto dei bambini. Viterbo, Italy: Stampa Alternativa. (Original work published in English, 2000)

Chapman, H. A., Kim, D. A., Susskind, J. M., & Anderson, A. K. (2009, February 27). In bad taste: evidence for the oral origins of moral disgust. Science, 323(5918), 1222-1226.

Clark, J. E. (1998). Taste and flavour: their importance in food choice and acceptance. Proceedings of the Nutrition Society, 57(4), 639-643.

Clergue, B., Amiaud, B., Lasserre-Joulin, F., & Plantureux, S. (2005). Biodiversity: function and assessment in agricultural areas: a review. Agronomy for Sustainable Development, 25(1), 1-15

Committee on Economic, Social and Cultural Rights. (1999, May 12). General Comment 12, in The right to adequate food (Art.11), E/C.12/1999/5.

Consoli, A. (2010). "Advancing the third industrial revolution: a new sustainable model for food and energy." Terra Madre. Turin, 22 Oct. 2010

Counihan, C. (1999). The anthropology of food and body: gender, meaning, and power. New York, NY: Routledge.

Database of State Incentives for Renewables and Efficiency (DSIRE), www.dsireusa.org, 2010

Dewey, J. (1997) Democracy and Education: An Introduction to the Philosophy of Education, The Free Press, New York

Eide, A., Oshaug, A., & Eide, W. B. (1991). Food Security and the Right to Food in International Law and Development. Transnational Law and Contemporary Problems, 1(2), 415-467.

Esquinas-Alcázar, J. (2005, December). Protecting crop genetic diversity for food security: political, ethical and technical challenges. Nature Reviews Genetics, 6, 946-953.

Food and Agriculture Organization of the United Nations. (1999). "Agricultural biodiversity." Multifunctional Character of Agriculture and Land Conference. Maastricht, 12-17 Sept. 1999

Food and Agriculture Organization of the United Nations. (2006). The right to food in practice: implementation at the national level. Rome, Italy: FAO.

Food and Agriculture Organization of the United Nations. (2007). Right to food: lessons learned in Brazil. Rome, Italy: FAO.

Food and Agriculture Organization of the United Nations. (2009). Guide on legislating for the right to food. Rome, Italy: FAO.

Food and Agriculture Organization. (n.d.). The right to food: fact sheet. In World Food Summit: 5 years later. Retrieved from www. fao.org/worldfoodsummit

Federal Ministry of Food, Agriculture and Consumer Protection. (2010). Improving governance for food security and nutrition. Policies against Hunger VIII International Conference. Berlin.

FoodFirst Information and Action Network (2010), Improving Governance for Food Security and nutrition - Policies against Hunger VIII (International Conference, Berlin 9-11 June 2010)

Fröebel, F. (2001). The Education of man: the origins of nursery education: the Frobelian Experiment (history Of British Educational Thought). New York, NY: Routledge. (Original work published 1826)

Gibson, J. (1966). The senses considered as perceptual systems. Boston, MA: Houghton Mifflin.

Giovannucci, D., Josling, T., Kerr, W., O'Connor, B., & Yeung, M. T. (2009). Guide to Geographical Indications: linking products and their origins. Geneva, Switzerland: ITC.

Gips, T. (2010). Sustainability and the natural step framework: creating a win-win-win for business, communities and the earth. In Alliance for Sustainability. Retrieved from http://www.afs.nonprofitoffice.com/

Glanz, K., Basil, M., Maibach, E., Goldberg, J., & Snyder, D. (1998). Why Americans eat what they do: taste, nutrition, cost, convenience, and weight control concerns as influences on food consumption. Journal of the American Dietetic Association, 98(10), 1118-1126.

Goody, J. (1977). The domestication of the savage mind. Cambridge, UK: University of Cambridge.

Grimaldi, P. (1993). Il calendario rituale contadino. Il tempo della festa e del lavoro fra tradizione e complessità sociale. Milan, Italy: FrancoAngeli.

Grimaldi, P. (1996). Tempi grassi tempi magri. Turin, Italy: Omega.

Gwartney, J. D., Stroup, R. L., & Studenmund, A. H. (1987). Microeconomics: Private and Public Choice (4thth ed.). San Diego, CA: Harcourt Brace Jovanovich.

Harper, M. (2010). Microfinance and the preservation of poverty. Spanda Journal, I(2), 7-14.

Harris, M. (2006). Buono da mangiare: enigmi del gusto e consuetudini alimentari. (P. Arlorio Trans.). Turin, Italy: Giulio Einaudi editore. (Original work published in English, 1985)

Hirst, P. H., & Peters, R. S. (1970). The logic of education. London, UK: Routledge.

Holt-Giménez, E., Patel, R., & Shattuck, A. (2009). Food rebellions: crisis and the hunger for justice. Cape Town, South Africa: Fahamu Books & Pambazuka Press; Oakland, CA: Food First Books; Boston, MA: Grassroots International

International Assessment of Agricultural Knowledge, Science and Technology for Development. (2009). Agriculture at a crossroads: a global report. Washington, DC: Island Press.Jackson, T. (2008). The challenge of sustainable lifestyles. In The Worldwatch Institute, State of the world 2008: innovations for a sustainable economy (pp. 45-61). London: Earthscan Publications.

Jackson, T. (2009). Prosperity without growth: economics for a finite planet. London, UK: Earthscan Publications.

Kagarlitsky, B. (2010, July 19). A burning wake-up call. The Moscow Times.

Kay, C., Borras, S. M., & Lahiff, E. (Eds.). (2008). Market-led agrarian reform: trajectories and contestations. London: Routledge.

Kingsley, A., & Whittam, B. (2005, May). Wind turbines and birds: a background review for environmental assessment. Retrieved from http://www.energy.ca.gov/

Klein, A., Vaissière, B. E., Cane, J. H., Steffan-Dewenter, I., Cunningham, S. A., Kremen, C., & Tscharntke, T. (2007, February 7).

Importance of pollinators in changing landscapes for world crops. Proceedings of the Royal Society, 274(1608), 303-313.

Korsmeyer, C. (2002). Delightful, delicious, disgusting. The Journal of Aesthetics and Art Criticism, 60(3), 217-225.

Lang, T., & Heasman, M. (2004). Food wars: the battle for mouths, minds and markets. London, UK: Earthscan.

Langston, R. H., & Pullan, J. D. (2003). Windfarms and birds: an analysis of the effects of windfarms on birds, and guidance on environmental assessment criteria and site selection issues. Retrieved from www.birdlife.co.za

Latouche, S. (2008). Breve trattato sulla decrescita serena. (F. Grillenzoni, Trans.). Turin, Italy: Bollati Boringhieri.

Le Féon, V., Schermann-Legionnet, A., Delettre, Y., Aviron, S., Billeter, R., Bugter, R., ... Burel, F. (2010, April 15). Intensification of agriculture, landscape composition and wild bee communities: a large scale study in four European countries. Agriculture, Ecosystems & Environment, 137(1-2), 143-150.

Loh, J., & Harmon, D. (2005). A global index of biodiversity. Ecological Indicators, 5, 231-241.

Luft, J. (1984). Group processes: an introduction to group dynamics (3rd ed.). Palo Alto, CA: Mayfield Publishing.

Max-Neef, M. (1991). Human scale development: conception, application and further reflections. New York, NY: The Apex Press.

Millennium Ecosystem Assessment (2005) Ecosystems and Human Well-being: Biodiversity Synthesis, World Resources Institute, Washington

Mintz, S. (1986). Sweetness and Power: The Place of Sugar in Modern History. New York, NY: Penguin.

Mitthal, A. (2009, June). The 2008 food price crisis: rethinking food security policies (G-24 Discussion Paper Series). United Nations conference on Trade and Development. Retrieved from http://www.unctad.org/

Montanari, M. (2005). Il cibo come cultura. Bari, Italy: Laterza.

Morin, E. (2001). I sette saperi necessari alleducazione del future. (S. Lazzari, Trans.). Milan, Italy: Cortina Raffaello Editore. (Original work published in French, 1999).

Munjeri, D. (2004, May). Tangible and intangible heritage: from difference to convergence. Museum international, 56(1-2), 12-20.

Nas, P. J. (2002). Masterpieces of oral and intangible culture: reflections on UNESCO world heritage list. Current Anthropology, 43(1), 139-148.

Livsmedelsverket. (2009). The National Food Administration's environmentally effective food choices. Retrieved from http://www.slv.se/

Nestle, M. (2007). Food politics: how the food industry influences nutrition and health. Berkeley, CA: University of California Press.

Odum, E. P., & Barrett, G. W. (2005). Fundamentals of ecology. Belmont, CA: Thomson Brooks/Cole.

Ong, W. J. (1982). Orality and literacy: the technologizing of the word. London, UK: Methuen.

Patel, R. (2008). Stuffed and starved: the hidden battle for the world food system. New York, NY: Melville House.

Patel, R. (2009, July). What does food sovereignty look like? The Journal of Peasant Studies, 36(3), 663-706.

Patel, R. (2010). The value of nothing: how to reshape market society and redefine democracy. New York, NY: Picador.

Pauli, G. (2010). The Blue Economy: 10 years, 100 innovations, 100 million jobs. Taos: Paradigm Publications.

Perret-Clermont, A., Pontecorvo, C., Resnick, L. B., Zittoun, T., & Burge, B. (Eds.). (2003). Joining society: social interaction and learning in adolescence and youth. Cambridge, UK: Cambridge University Press.

Petrini, C. (2005). Buono, pulito e giusto. Principi di nuova gastronomia. Turin, Italy: Einaudi.

Petrini, C. (2009). Terra madre. Come non farci mangiare dal cibo. Florence, Italy: Giunti Editore; Bra, Italy: Slow Food Editore

C. Petrini (2010), "Pannelli solari via dalle campagne, stanno meglio in città", La Repubblica, 17 April.

Piaget, J., & Inhelder, B. (1972). The psychology of the child (2nd ed.). New York, NY: Basic Books.

Polanyi, K. (2001). The great transformation (2nd ed.). Boston, ME: Beacon Press.

Pollan, M. (2008). In defense of food: an eater's manifesto. London, UK: Penguin Press.

Porporato, D. (2002). Archiviare la tradizione. Beni culturali e sistemi multimediali. Turin, Italy: Omega.

Regan, T. (1980). Utilitarianism, vegetarianism and animal rights. Philosophy & Public Affairs, 9(4), 305-324.

Regan, T. (1983). The case for animal rights. Berkeley, CA: University of California Press.

Reijntjes, C., Haverkort, B., & Waters-Bayer, A. (1992). Farming for the future: an introduction to low-external-input and sustainable agriculture. London, UK: Macmillan.

Rifkin, J. (2009). The empathic civilization: the race to global consciousness in a world in crisis. New York, NY: Tarcher.

Rogers, A. K. (1919). The place of pleasure in ethical theory. The Philosophical Review, 28(1), 27-46.

Sapienza, S. (2010). Microfinance: yesterday, today and tomorrow. Spanda Journal, I(2), 29-31.

Schumacher, E. F. (1973). Small is beautiful. London, UK: Blond & Briggs.

Sen, A. (1982). Poverty and famines: an essay on entitlement and deprivation. Oxford, UK: Clarendon Press.

Seyfang, G. (2006). Ecological citizenship and sustainable consumption: examining local organic food networks. Journal of Rural Studies, 22(4), 383-395.

Shapin, S. (2007). Expertise, common sense, and the Atkins diet. In J. Porter and P. W. B. Phillips (Eds.), Public science in liberal democracy. (pp. 174-193). Toronto, Canada: University of Toronto Press.

Shapley, D. (2008, February 28). Rich nations running up ecological debt. The Daily Green.

Shiva, V. (1988). Development, ecology and women. In V. Shiva, Staying alive: women, ecology and survival in India. New Delhi, India: Kali for Women

Smith, G. A., & Williams, D. R. (1999). Introduction: re-engaging culture and ecology. In G. A. Smith & D. R. Williams (Eds.), Ecological education in action: on weaving education, culture and the environment. (pp. 1-21). Albany, NY: State University of New York Press

Smith, L., & Natsuko, A. (2009). Intangible heritage. London, UK: Routledge.

Smukler, S. M., Sánchez-Moreno, S., Fonte, S. J., Ferris, H., Klonsky, K., O'Geen, A. T., ... Jackson, L. E. (2010, October 15). Biodiversity and multiple ecosystem functions in an organic farmscape. Agriculture, Ecosystems & Environment, 139(102), 80-97.

Staccioli, G. (2008). Il gioco e il giocare. Elementi di didattica ludica. Rome, Italy: Carocci.

Steiner, R. (2009). Arte dell'educazione. Vol. 1: antropologia. (L. Schwarz Trans.). Milan, Italy: Editrice Antroposofica (Original work published

Steiner, R. (2010). Insegnamento e conoscenza dell'uomo. Milan, Italy: Editrice Antroposofica

Stiglitz, J. E., Sen, A., & Fitoussi, J. (2009). Report by the commission on the measurement of economic performance and social

progress. In Commission on the Measurement of Economic Performance and Social Progress. Retrieved from www.stiglitz-senfitoussi.fr

Technical Advisory Committee-Consultative Group for International Agricultural Research. (1989). Sustainable agricultural production: implications for international agricultural research. Rome, Italy: Food and Agriculture Organization.

Tasch, W. (2008). Slow Money. Hartford, VT: Chelsea Green Publishing.

Tecco, N., & Fassio, F. (2008). Il kilometro del giudizio: la distanza ed altri parametri per un quadro agricolo sostenibile. Slowfood, 37, 160-164.

Reuters. (2010, September 2). Mozambique bread riots spread as police shoot protesters dead. The Guardian.

Tudge, C. (2007). Feeding people is easy. Pari, Italy: Pari Publishing.

United Nations Educational, Scientific and Cultural Organisation. (2005). Masterpieces of the Oral and Intangible Heritage. Paris, France: UNESCO.

United Nations Special Rapporteur on the Right to Food. (2008, January 10). Report of the special rapporteur on the right to food (Jean Ziegler), A/HRC/7/5. In Right to Food. Retrieved from www.righttofood.org

United Nations Special Rapporteur on the Right to Food. (2008, September 8). Report of the Special Rapporteur on the right to food submitted in accordance with resolution S-7/1 of the Human Rights Council (Mr. Olivier de Schutter), A/HRC/9/23. In Olivier De Schutter United Nations Special Rapporteur on the Right to Food. Retrieved from www.srfood.org

United Nations Special Rapporteur on the Right to Food. (2009, February 4). Mission to the World Trade Organization, A/HRC/10/5/ Add.2. In Olivier De Schutter United Nations Special Rapporteur on the Right to Food. Retrieved from www.srfood.org

United Nations Special Rapporteur on the Right to Food. (2010, May). Countries tackling hunger with a right to food approach. Significant progress in implementing the right to food at national scale in Africa, Latin America and South Asia, Briefing note 01. In Olivier De Schutter United Nations Special Rapporteur on the Right to Food. Retrieved from www.srfood.org

United Nations Special Rapporteur on the Right to Food. (2010, September).

Food Commodities Speculation and Food Price Crises. Regulation to reduce the risks of price volatility, Briefing note 02. In Olivier De Schutter United Nations Special Rapporteur on the Right to Food. Retrieved from www.srfood.org

United Nations World Commission on Environment and Development. (1987). Our Common Future. Oxford, UK: Oxford University Press

Vandermeer, J., & Perfecto, I. (2005). Breakfast of biodiversity: the political ecology of rain forest destruction. Oakland, CA: Food First Books.

Vincentini, R., & Bruno, L. (2008, July). Design and new horizons of systemic internations: technology and application innovation for a holistic approach to problems. Changing the Change: Desing visions proposals and tools proceedings. Turin: Umberto Allemandi.

Vygotskij, L. S. (1997). Educational Psychology. Boca Raton, FL: St. Lucie Press.

Watson, J. L., & Caldwell, M. L. (Eds.). (2005). The cultural politics of food and eating. A reader. Oxford, UK: Wiley-Blackwell.

Wiemken, V., & Boller, T. (2002, August). Ectomycorrhiza: gene expression, metabolism and the wood-wide web. Current Opinion in Plant Biology, 5(4), 355-361.

Wijkman, A. (2005) "Insights in Policy making to support systems", Conferenza (Torino, 10 novembre 2005)

Woodley, E., Crowley, E., Dey de Pryck, J., & Carmen, A. (2006, September). Cultural indicators of indigenous peoples food and agro-ecological systems. In SARD News. Retrieved from www.fao.org/sard

Young, S., & Mittal, A. (2008, May). Food price crisis: a wake up call for food sovereignty. In The Oakland Institute. Retrieved from www.oaklandinstitute.org

Zamagni, S. (2010) "Fast Consumerism, Slow Philosophy, and Food Policies", lezione alla facoltà di Economia dell'Università di Bologna

ADDITIONAL DOCUMENTS

Convention on Biological Diversity. (1992, June 5). Rio de Janeiro.

Convention on the Rights of the Child. (1989, November 20). New York. International convention on the elimination of all forms of racial discrimination. (1965, December 21). New York.

Convention on the elimination of all forms of discrimination against women. (1979, December 18). New York.

Declaration on the role of agricultural biodiversity in addressing hunger and climate change. (2010, September 16). Cordoba.

Food and Agriculture Organization of the United Nations. (2001, November 3). International treaty on plant genetic resource for food and agriculture. Rome.

Food and Agriculture Organisation of the United Nations. (2004, November). Voluntary guidelines on the progressive realization of the right to adequate food in the context of national food security. Rome.

Forum for Food Sovereignty. (2007, February 23-27). Nye 'le 'ni Declaration. Selingue.

International convention for the protection of new varieties of plants. (1961, December 2). Paris.

Millennium Summit. (2000, September). United Nations Millennium Declaration. New York.

Food sovereignty: a right for all. Full Political Statement of the NGO/CSO Forum for Food Sovereignty. (2002, June 8-13). Rome.

International Covenant on Economic, Social and Cultural Rights. (1966, December 16). New York.

WEBSITES

Alliance for Sustainability: www.afs.nonprofitoffice.com Association for the Advancement of Sustainable Education in Higher Education: www.asshe.org BirdLife South Africa: www.birdlife.co.za Buck Institute for Education: www.bie.org Cambridge Dictionaries Online: dictionary.cambridge.org Efficiency: www.dsireusa.org Center for Ecoliteracy: www.ecoliteracy.org Chattahoochee Technical College: www.chattahoocheetech.edu Collaborative for Academic, Social, and Emotional Learning: www.casel.org Energy Information Administration: www.eia.doe.gov Food and Agriculture Organization: www.fao.org Fondazione Slow Food per la Biodiversità Onlus: www.fondazioneslowfood.it Grameen Foundation: www.grameenfoundation.org Granai della memoria: www.granaidellamemoria.it Jean Ziegler's website: www.righttofood.org Oakland Institute: www.oaklandinstitute.org Second Nature: www.secondnature.org Slow Food: www.slowfood.it Sustainable Food Policy Project: www.sustainablefoodpolicy.org Terra Madre: www.terramadre.info The Promise of Place: www.promiseofplace.org United Nations Special Rapporteur on the Right to Food: www.srfood.org Yale Sustainable Food Project: www.yale.edu/sustainablefood



