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# Assessing Ergonomics on Cobot for an Optimized Integrated Solution in Early Phase of Product and Process Design

Valerio Cibrario<sup>1</sup>, Manuela Vargas<sup>1</sup>, Cesare Fantuzzi<sup>2</sup>,  
Maria Pia Cavatorta<sup>3</sup>, Alessandro Nicola Bagalà<sup>4</sup>, Enrica Bosani<sup>5</sup>,  
Daniel Dengel<sup>6</sup>, Meike Schaub<sup>6</sup>, Niclas Delfs<sup>7</sup>, Elin Fagerlind<sup>7</sup>,  
and Domenico Spensieri<sup>7</sup>

<sup>1</sup>Flexstructures Italia srl, Torino, Italy

<sup>2</sup>University of Modena and Reggio Emilia, Reggio Emilia, Italy

<sup>3</sup>Department of Mechanical and Aerospace Engineering, Politecnico di Torino, Torino, Italy

<sup>4</sup>Industria Tecnologica Italiana srl, Reggio Emilia, Italy

<sup>5</sup>Whirlpool Management EMEA, Cassinetta (Varese), Italy

<sup>6</sup>FleXstructure GmbH, Kaiserslautern, Germany

<sup>7</sup>Fraunhofer-Chalmers Centre, Gothenburg, Sweden

## ABSTRACT

The design goal for Human-Robot collaboration is to combine the repeatability and productivity of automated systems with the flexibility of the operators. Cobots may take over complex and physically demanding assembly tasks, and reduce the biomechanical workload on workers, while increasing product quality. In this respect, Digital Human Modelling can support the integration of robots in the design or evaluation of hybrid cells, anticipating process and interaction criticalities. One key aspect of hybrid cells is task allocation between worker and cobot, accounting for both the boundaries of ergonomics and the advantages of the cobot states machine. This paper proposes a new methodology for task allocation through the usage of a cost-function optimized process in a complete digital environment. The tools used for the simulation are IPS IMMA and IPS Robotics that integrate in the same scenario the ergonomic evaluation and the robot performances. An industrial use case from Whirlpool has been used to test the proposed methodology.

**Keywords:** Human to robot interaction, Digital twins, Proactive ergonomics, Ergonomic simulation, Digital human modelling, Robotics optimization, EAWS standard, Automatic manikin family

## INTRODUCTION

The design goal for Human-Robot collaboration is combining the repeatability and productivity of automated systems with the flexibility of the operators (Knudsen and Kaivo-Oja, 2020). One main interest is for cobots to take over complex and physically demanding assembly tasks, reducing the biomechanical workload on workers and increasing product quality. However, as reported by several authors (Bruno and Antonelli, 2018; Knudsen

and Kaivo-Oja, 2020; Faccio et al., 2023), the introduction of cobots is not straightforward and should be thoroughly investigated and planned to avoid higher mental stress on workers and a decrease in efficiency. In this respect, Digital Human Modelling can support the integration of robots in design or evaluation of hybrid cells, anticipating process and interaction criticalities.

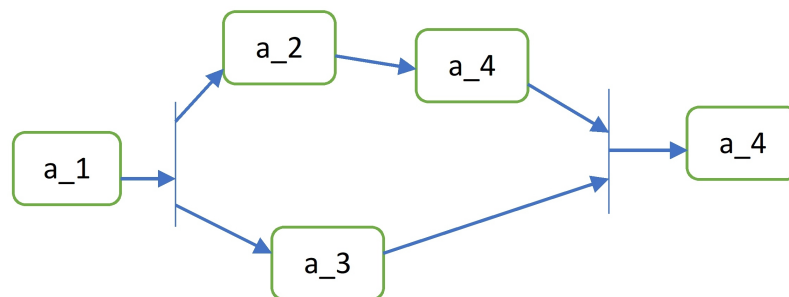
One key aspect of hybrid cells is task allocation between worker and cobot. Recently, Authors in (Pearce et al., 2018) proposed an optimization procedure that investigates productivity and ergonomics. However, the proposed approach is rather complex to apply and does not allow for evaluations of the what-if type, which are particularly useful in the development of new hybrid cells.

The paper proposes a new methodology, which has the advantage of being simple and allowing for a visualization of shared operations through a simulator, and for a heuristic evaluation during the design phase of the hybrid workstation, and, finally, permitting a “what-if” analysis.

## MATERIALS AND METHODS

The advantage of a fully virtual approach allows the layout and sequence of workstations to be designed in advance by considering different working job scenarios before the production line exists. The simulation tools used are the IPS IMMA (Intelligently Moving Manikin in Assembly) and IPS Robotics, that integrate in the same scenario the evaluation of the biomechanical load on different anthropometries of workers with the performance of the robot working cycle. An innovative feature of IPS IMMA is the possibility to build a customized family of manikins with different anthropometries and simultaneously running the simulation for the entire family, thus taking into account the physical variety of human operators (Brolin et al., 2019).

To design the simulation runs, each working scenario is represented by a state-machine (see Figure 1), where each state defines a single atomic task (i.e., a single task operation, such as “grab a device”, or “rotate the screwing tool”, for example) that may be fulfilled by either the robot or the human operator, depending on the choice of the workplace designer. Each atomic task is characterized by several parameters (e.g., human strains, time of execution, etc.), as defined in the following equation (1).



**Figure 1:** State machine representing the breakdown of the working scenario.

Then, in each of the simulator runs, the performance index  $I_k$  is computed as:

$$I_k = \sum_{i=1}^n \alpha_{i,k} t_{i,k} + \beta_{i,k} s_{i,k} \quad (1)$$

where:

$k$ : is the index of each scenario represented by a state machine.

$i$ : is the index of each state in the state machine.

$t_{i,k}$ : is the time required to execute each atomic task, either by the robot or the human operator.

$s_{i,k}$ : is the human strain required for each atomic task.

$\alpha_{i,k}$  and  $\beta_{i,k}$  are appropriate numeric parameters assigned by the workplace designer to assess the “weight” of the atomic task into the global working job.

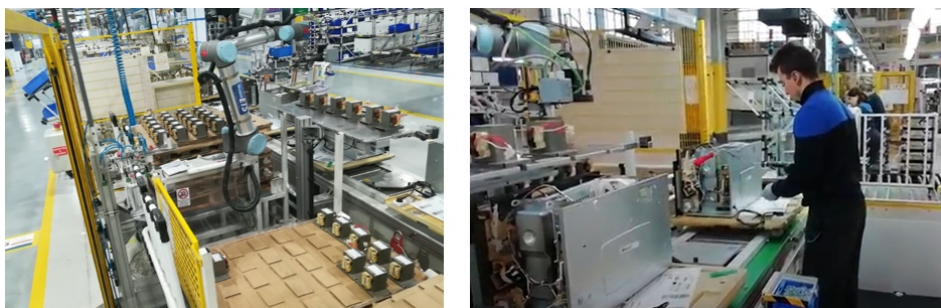
Finally, for  $k = 1, \dots, n$  simulation runs the indices  $I_k$  is computed in order to assess the best job configuration that minimizes the equation (1).

The reason for running the simulation instead of limiting the study to the numerical calculation for minimizing the index (1) is that the simulation makes it possible to evaluate at the same time the functional correctness of the cell, verifying the kinematic parameters and physical dimensions of the various configurations working conditions of the robot and the human operator. The simulation also allows for “what-if” analysis, allowing the designer to vary easily the task allocation and design choices and to evaluate the performance index (1) of the solution under analysis.

## APPLICATION CASE STUDY

The selected use case is the assembly of the transformer unit inside a microwave. The workstation is at Whirlpool’s factory in Cassinetta, Italy. Currently an UR robot picks the transformer (weight range 4 to 5kg) from the pallet through a magnet and places on a table in front of the worker. The operator then picks up the transformer and places it inside the microwave, fixing it with different tools (Figure 2).

Although the robot helps carrying the transformer, the operator still needs to grasp it and place it in the microwave. This handling activity may represent a risk for the operator and this was the main reason why the workstation was



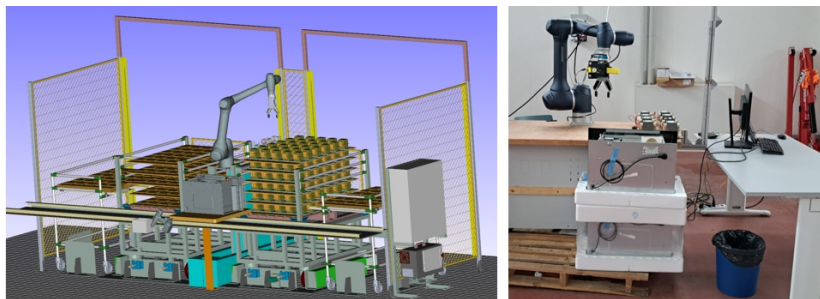
**Figure 2:** Current workstation activities.

selected as use case. A digital model of the workstation was created based on the CAD geometries provided by Whirlpool and a family of manikins was built taking into account the anthropometric data of the current operators of the production line. Once the simulation with the family of manikins was completed, the ergonomic assessment was performed. Specifically, the EAWS standard was chosen (Schaub et al., 2013).

In order to improve the process of the production line, the proposed methodology was applied, identifying a further optimized solution for the workplace, based on cobot usage.

The focus has been a full digital and physical validation of an improved hybrid workstation (Figure 3) that eliminates the weightlifting task by implementing an operator-guided cobot. Moreover, the optimization consented to the use of another robot, DOOSAN A0912 (Doosan Robotics Inc., 2023) equipped with a UR RG6 gripper (OnRobot, 2023), a cobot that has force control capabilities that allow for direct manipulation by the worker. The new gripper ensures a more secure hold on the transformer, thus minimizing the chance of failure due to dropping or insecure grip. In this solution, the robot brings the transformer in front of the operator. While the robot is still holding the weight of the transformer, the operator can gently drag the robot tip and gripper to place the transformer inside the microwave. The rest of the work cycle is kept unchanged and was simulated using IPS IMMA. The improved solution eliminates the necessity for the operator to support the weight of the transformer thus improving the overall ergonomic risk. The cobot behaviour was simulated inside IPS Robotics. The time history of the robot joints was then exported, and the results validated with a physical demonstrator.

We recreated in the laboratory the workplace mock-up of the transformer assembly by the design and the development of a workplace that integrates the human operator and the robot. We developed a real work cell with all the components required to fulfil all the operational goals, such as the integration of a handle to the robot arm to permit a true interaction between the robot and the human operator and the insertion of a vision system to allow the identification of the transformers for automatic picking (Figure 4).



**Figure 3:** Digital and physical optimized workstation.



**Figure 4:** Experimental set up.

## RESULTS AND DISCUSSION

The full work cycle of the microwave workstation was simulated combining IPS Robotics and IPS IMMA (Figure 5).

Currently the task requires manual material handling activities (EAWS, Section 3) when the worker picks and places the microwave transformer and implies working postures and movements with low additional physical efforts (EAWS, Section 1). No significant applied forces are required (EAWS, Section 2).

Based on the application of the proposed methodology, a further optimized solution has been identified for the workstation in object. This solution eliminates the necessity for the operator to support the weight of the transformer, thus removing the manual material handling activities and improving the ergonomic score of the task. The analysis of the manikin family allowed simulating the posture adopted by operators' of different stature and avoiding anthropometric mismatches (Figure 6). The comparison between the current workstation and the new solution highlighted a significant reduction in the operator's workload.

The last step of the project was the verification on the demonstrator of the results obtained in the virtual environment. These experimental results fully confirm the evaluations carried out using the digital model.



**Figure 5:** Simulation of the current workstation activities with the family of manikins (4 females and 1 male).



**Figure 6:** Simulation of the robot functionality of the optimized workstation.

## CONCLUSION

A case study of the application of a simulator for the design of industrial work cells where there are collaborative robots and human operators has been presented. The innovative contribution that the article proposes is a methodology that guides the cell designer to develop the shared task between man and robot considering the individual characteristics of the human operator (task precision) and of the robot (strength), through the definition of a performance index on which to base the evaluation of the designed and simulated work cell. The efficacy of the method is based on the characteristics of the IPS simulator, which allows combining the functional simulation of a robotic cell (IPS Robotics) with the simulation of the ergonomic load of the human operator (IPS IMMA).

The methodology has been applied to an already-existing industrial solution. However, its application at early design stage may mark a paradigm shift in the workstation design layout for manufacturing companies.

## ACKNOWLEDGMENT

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