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# Transverse Coupled Cavity VCSELs: Bridging Ultrabroadband Dynamics to Optical Supermodes

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**Abstract**—In this work we investigate the ultrabroadband dynamics of transverse coupled cavity VCSELs. This study is based on a multimode rate equation model, whose parameters are directly provided by a full-wave vectorial electromagnetic solver. This approach sets a step towards the comprehensive physics-based modeling of transverse-coupled cavity VCSELs, providing a relation between the features of the optical supermodes and the enhancements of the intensity modulation response. The approach emphasizes how the bandwidth enhancement, ascribable to a photon-photon resonance picture, can be triggered by forcing asymmetries in the bias and modulation contacting scheme of the device, and the importance of collecting the fields from each single cavity, providing an interpretation of recent experimental observations and paving the way towards more systematic design strategies.

**Index Terms**—High-speed data communications, VCSELs, optical mode solvers, multimode rate equations, transverse coupled cavities.

## I. INTRODUCTION

OPTICAL transceivers designed for intradatatcenter communications are currently pushing the boundaries to consolidate 200 Gbps data rates, and look forward, envisioning 800 Gbps Ethernet transceivers [1]. Focusing on the optical light source of the transmission block, vertical-cavity surface-emitting lasers (VCSELs) have emerged as one of the most

promising choices for high-speed low-power data communications, thanks to their compact active region, sub-mA threshold currents, and optimal packaging and coupling with optical fibers due to their circular symmetry [2], [3], [4], [5]. While 100 Gbps bitrates can be already achieved with a combination of state-of-the-art lasers [6], [7], complex modulation techniques such as 4- or even 8-level pulse amplitude modulation (PAM) supported by advanced nonlinear equalization techniques [8], [9], [10], [11], the feeling is that overcoming 200 Gbps is going to require redefining the concept of high-speed VCSELs [12]. In this view, one of the hottest research topics is that of transverse coupled cavity VCSELs (TCC-VCSELs).

While a standard VCSEL resonator consists of a single cavity, TCC-VCSELs feature two or more cavities that are transversely coupled or connected. By properly designing such resonators, it is possible to achieve a huge broadening of the intensity modulation (IM) bandwidth. Several TCC-VCSEL concepts have been presented in the literature over the last ten years, ranging from bowtie devices from the group of prof. Koyama [13], to the vertically-coupled and photonic-crystal VCSELs from the group of prof. Choquette [14], [15], to the very recent daisy-like VCSELs from Optelligence [16].

The ultrabroadband operation of TCC-VCSELs has been described based on analogies with diverse models. The seminal papers by the group of prof. Koyama treat the effect of one of the lateral cavity as a feedback [17], with a model similar to that proposed by Lang and Kobayashi [18]. Successively, these models have been extended, removing the hypothesis of moderate feedback [19], on the basis of a strong experience on edge-emitting lasers [20], [21], [22], and ultimately to the case of many transverse cavities [23]. A different interpretation has been proposed by the group of prof. Choquette [15], which describes the interaction of the two cavities as if there is a driving cavity, controlling through injection locking a secondary one. Although apparently different, all these ideas share a common denominator, namely that: IM bandwidth enhancement can be achieved by technologically implementing a VCSEL featuring two or more phase-shifted fields, in partial analogy with the idea of photon-photon resonance (PPR), consolidated in the context of edge-emitting lasers [24], [25], [26], [27], [28], [29].

It is very likely that the aforementioned perspectives, mainly focused on the TCC-VCSEL carrier and photon dynamics, are all reasonable. Yet, all of them are based on the hypothesis of having a *main* cavity and a *secondary* one, aimed at introducing

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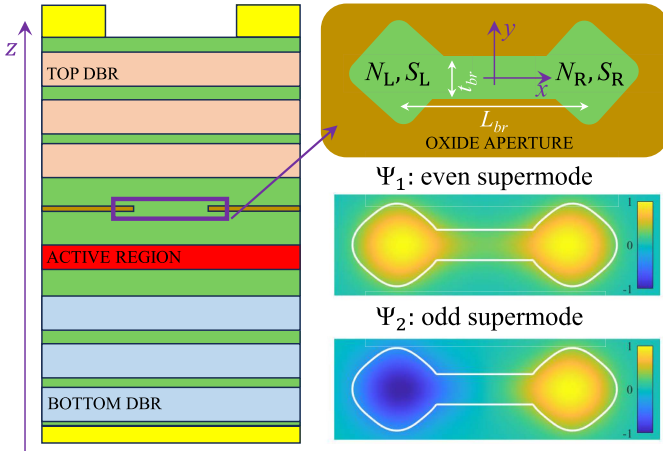


Fig. 1. Left: sketch of the epitaxy of the device under investigation. The red layer indicates the active QW region, the light blue and red rectangles denote the bottom (n-doped) and top (p-doped) DBRs, the brown layer indicates the oxide and the yellow rectangles are the contacts. Right: top view of the bow-tie shaped oxide aperture. Bottom right: plot of the computed even and odd optical supermodes supported by this geometry.

interference effects with the main one. To the best of our understanding, this vision could struggle with mode solvers, which treat TCC-VCSELs as a whole resonator. Recent works appear to step towards this direction, as demonstrated by the thorough investigations of supermode dynamics in VCSEL arrays [30], [31], or by the fact that TCC-VCSEL dynamics could result from the interaction of two (super)modes, rather than from two different coupled devices [32].

To the best of our knowledge, the modeling chain is still lacking a ring connecting the modal features of TCC-VCSELs and the carrier dynamics related to them. In this view, the scope of this paper is to present a modal analysis of the ultrabroadband operation of TCC-VCSELs.

The paper is structured as follows. Section II presents a description of the TCC-VCSEL under study, introducing its optical modes features. In Section III, a rate equation for the dynamics of the device under study is derived and in Section IV its broadband operation is numerically proven and interpreted.

## II. DEVICE UNDER INVESTIGATION

The TCC-VCSEL under study is inspired by the structure manufactured in [33], and is sketched in Fig. 1. Here, the left part of the figure reports a qualitative cross-section, which is substantially identical to that of a typical AlGaAs *pin* VCSEL. The active region, indicated in red, is composed by four GaAs quantum wells (QW), optimized for 850 nm emission. These are embedded within a cavity defined by two distributed Bragg reflectors (DBRs), the top (*p*-doped, light red rectangles) and bottom (*n*-doped, light blue rectangles) including 21 and 35 pairs, respectively. The yellow regions indicate the contacts. In particular, the bottom ground contact is connected to the *n*-doped DBR, while the top contact, above the *p*-doped DBR, is used to inject current. Just like in the majority of AlGaAs VCSELs, the cavity includes an oxide layer, indicated in brown, whose aperture can be engineered to control the current injection in

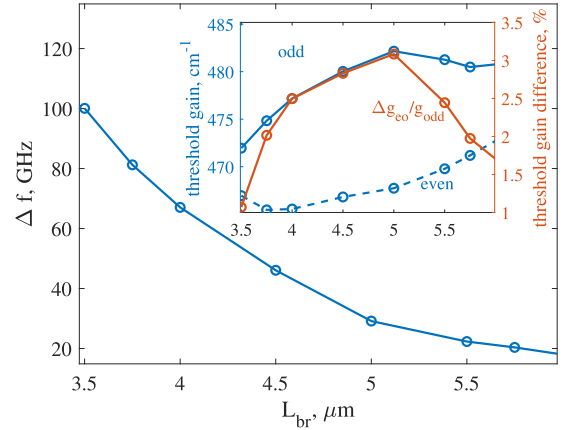


Fig. 2. Frequency separation between the even and odd optical supermodes as a function of the bridge length for  $t_{br} = 1.2 \mu\text{m}$ , together with their threshold gain per QW.

the active region and the transverse optical confinement. While in *standard* VCSELs the oxide aperture is circular or elliptical, the peculiarity of this TCC-VCSEL is to have an oxide aperture like the one reported in the top-right of Fig. 1. This consists of two apertures, linked by a central, narrower straight semiconductor region, from here on referred to as *bridge*. We define the bridge length  $L_{br}$  as the distance between the centers of the two apertures and  $t_{br}$  as the thickness of the bridge along the  $y$  direction. Typical values for  $L_{br}$  and  $t_{br}$  are  $5 \mu\text{m}$  and  $1.2 \mu\text{m}$  respectively. The electromagnetic investigation of the device is performed by means of our in-house Vcsel ELeCtRoMAGnetic Suite VELMS [34], [35] which, starting from the description of the 3-dimensional refractive index profile, can calculate the VCSEL modes together with their emission frequencies, their longitudinal confinement factor and their threshold gains. As a consequence of its peculiar oxide geometry, in place of a unique fundamental mode, the TCC-VCSEL under study features two *supermodes*, i.e., modes whose topographies are simultaneously nonvanishing in both apertures, as in the examples reported in the bottom-right part of Fig. 1. The generation of supermodes is intuitively ascribable to the interaction of the two apertures defined by the oxide shape. The localized modes of the single cavities combine, leading to even and odd field topographies extended over the whole cross section, as explained by coupled-mode theory [36]. The mode characterized by lower threshold gain and higher emission frequency features an odd symmetry, while the other one features an even symmetry. Typical values of the frequency detuning  $\Delta f$  are of the order of tens of GHz, while the threshold gain difference  $\Delta g_{eo}$  is about a few percent of the average threshold gain. The electromagnetic structure of the VCSEL can be optimized to engineer  $\Delta f$  and  $\Delta g_{eo}$ . As a preliminary example, Fig. 2, the frequency separation between the even and odd supermodes is reported for a varying bridge length, together with their threshold gain per QW. It can be seen that it is possible to solely tune  $\Delta f$  without affecting  $\Delta g_{eo}$  by shortening the distance between the centers of the two apertures. In this way, it is possible to reach frequency separations as high as 100 GHz, while the threshold gain splitting remains around  $1 \div 3$  percent.

### III. RATE EQUATION MODEL FOR TCC-VCSELs

One of the targets of this work is to interpret and describe the ultra broadband operation of TCC-VCSELs by means of a rate equation model, whose input parameters can be directly related to the outputs of an electromagnetic mode solver. Rate equation models consist of two fundamental constituents: field rate equations, describing the dynamics of the photon populations for each VCSEL mode, and carrier rate equations, providing a model of the charge injection in the active region. Focusing on the former, a rate equation for each  $i$ -th mode field amplitude can be formulated by expanding the electric field in the optical wave equations on the basis of the cavity modes (see Appendix A for details), obtaining:

$$\frac{dE_i}{dt} = \left[ -\frac{1}{2\tau_{pi}} + i\Delta\omega_i \right] E_i + \sum_{j=1}^{N_m} k_{ij} E_j, \quad (1)$$

where, with reference to the  $i$ -th mode,  $E_i(t)$  is the complex amplitude,  $\tau_{pi}$  is the photon lifetime, and  $\Delta\omega_i$  is the frequency difference with respect to an (arbitrary) reference frequency. The factor  $k_{ij}$  can be computed by evaluating the gain-field overlap integrals over the active region (17). In particular, the terms  $i = j$  represent the modal gains, while the terms  $i \neq j$  represent the cross-coupling terms between the different modes. In this work, we restrict our basis to the sole even and odd modes ( $N_m = 2$ ), whose threshold gain is much lower than the other ones. In order to achieve a lumped model, the carrier and photon densities are considered piece-wise constant in the two coupled cavities as indicated in Fig. 1. Also, aiming to privilege the model simplicity, a linear expression for the gain is adopted:

$$g_{l,r} = \frac{v_g G_d}{1 + \epsilon S_{l,r}} (N_{l,r} - N_{tr}), \quad (2)$$

where the subscripts left (l) and right (r) indicate the corresponding apertures,  $g_{l,r}$  is the gain,  $N_{l,r}$  is the carrier density,  $S_{l,r}$  is the photon density,  $G_d$  is the active region differential gain,  $N_{tr}$  is the transparency carrier density,  $\epsilon$  is the spectral hole burning gain compression factor and  $v_g$  is the light velocity divided by the refractive index of the active region  $n_g$ .

We introduce the terms  $w_{ma}$  as the overlap integral of the mode  $m$  with the aperture  $a$ . In particular,  $m$  could be even (e) or odd (o), while  $a$  could be right (r) or left (l), indicating the corresponding aperture. In this work, assuming a perfectly symmetric device we consider:

$$w_{er} = \frac{1}{\sqrt{2}}, \quad w_{el} = \frac{1}{\sqrt{2}}, \quad w_{or} = -\frac{1}{\sqrt{2}}, \quad w_{ol} = \frac{1}{\sqrt{2}}. \quad (3)$$

Within these assumptions, the integral terms  $k_{ij}$  simplify to a linear combination of the left and right gains:

$$k_{ee} = k_{oo} = \frac{\Gamma_z}{4} (1 + i\alpha_h)(g_r + g_l), \quad (4)$$

$$k_{eo} = k_{oe} = \frac{\Gamma_z}{4} (1 + i\alpha_h)(g_l - g_r), \quad (5)$$

where  $\Gamma_z$  is the longitudinal confinement factor and  $\alpha_h$  is the linewidth enhancement factor (Henry factor).

Finally, introducing the standard phenomenological rate equations for the carrier density in the right and left apertures, the system becomes:

$$\partial_t E_o = -\frac{E_o}{2\tau_{po}} + k_{oo} E_o + k_{oe} E_e, \quad (6a)$$

$$\partial_t E_e = \left( -\frac{1}{2\tau_{pe}} + i\Delta\omega \right) E_e + k_{eo} E_o + k_{ee} E_e, \quad (6b)$$

$$\partial_t N_l = -\frac{N_l}{\tau_n} - g_l S_l + \frac{I_l}{qV_a} - k_{diff}(N_l - N_r), \quad (6c)$$

$$\partial_t N_r = -\frac{N_r}{\tau_n} - g_r S_r + \frac{I_r}{qV_a} + k_{diff}(N_l - N_r), \quad (6d)$$

with:

$$S_l = |w_{el} E_e + w_{ol} E_o|^2, \quad S_r = |w_{er} E_e + w_{or} E_o|^2, \quad (7)$$

where  $E_e$  and  $E_o$  denote the modal amplitude of the even and odd modes respectively,  $\tau_n$  is the carrier lifetime,  $k_{diff}$  is a phenomenological carrier diffusion coefficient,  $\Delta\omega$  is the frequency separation of the two modes, and  $V_a$  is the active volume.

The model is based on having carrier densities localized in the left and right cavities, and delocalized supermodes. In this view, in order to define the carrier recombination terms related to stimulated emission, it has been necessary to evaluate the photon densities in the left and right cavities,  $S_l$  and  $S_r$ , appearing in (6c) and (6d), respectively. These two quantities can be interpreted as the photon densities detectable from a narrow-collection-area photodiode aligned only with one of the cavities.

It is useful to express  $S_l$  and  $S_r$  in terms of the photon densities of the lasing supermode  $S_{oo}$ , of the non-lasing supermode  $S_{ee}$ , and of a cross-mode contribution  $S_{eo}$ , defined as

$$S_{oo} = |E_o|^2 \quad (8a)$$

$$S_{ee} = |E_e|^2 \quad (8b)$$

$$S_{eo} = 2 \mathcal{R}e(E_e E_o^*) \quad (8c)$$

Substituting (3) and (8) in (7) it is possible to obtain

$$S_l = \frac{1}{2}(S_{ee} + S_{oo} + S_{eo}), \quad S_r = \frac{1}{2}(S_{ee} + S_{oo} - S_{eo}). \quad (9)$$

The solution of (6) is going to be described, in Section IV, to interpret the broadband operation of TCC-VCSELs. Such equations are quite similar to that used in [27] for studying the multi-mode dynamics of an edge-emitting laser, with the cross-coupling terms  $k_{ij}$  arising from the longitudinal gain-field integrals. Also, a similar set of equations has been used in [32] and [15], [37] for studying coupled-cavity VCSELs and coupled photonic crystal apertures respectively, assuming to have two modes, supported from the isolated cavities, which interact through a phenomenological coupling strength. In this work, however, the cross-coupling terms are complex time-dependent quantities which naturally arise from the spatial distribution of the gain. The carrier-induced coupling of the modes is also clear in [38] or in [24], [29], where a similar outcome is shown from a travelling wave formalism.

### IV. BROADBAND OPERATION

In this section, the ultrabroadband operation of the coupled cavity VCSEL under investigation is numerically proven and



TABLE I  
TABLE OF PARAMETERS

Parameter	Value	Unit
$\epsilon$	$3 \cdot 10^{-23}$	$\text{m}^3$
$V_a$	$2.25 \cdot 10^{-19}$	$\text{m}^3$
$\Delta f$	70	GHz
$G_d$	$1.2 \cdot 10^{-19}$	$\text{m}^2$
$k_{\text{diff}}$	$2.75 \cdot 10^{11}$	Hz
$\tau_n$	0.5	ns
$\tau_{\text{pe}}$	1.5	ps
$n_g$	3.6	
$\alpha_h$	2	
$\Gamma_z$	0.03	
$\Delta g_{\text{eo}}$	2%	

TABLE II  
SYMBOLS AND ABBREVIATIONS

Symbol	Description
$E_{e,o}$	Even/odd mode amplitude
$S_{ee}$	Even mode photon density
$S_{oo}$	Odd mode photon density
$S_{eo}$	Cross photon density
$N_{l,r}$	Left/right carrier density
$I_{l,r}$	Left/right injected current
$S_{l,r}$	Left/right photon density
$g_{l,r}$	Left/right gain
$w_{ma}$	$m$ -th mode $a$ -th aperture overlap
IMR	Intensity modulation response
PPR	Photon-photon resonance
TCC	Transverse coupled cavity

interpreted. First, the system of equations derived in Section III is solved with the ordinary differential equation (ODE) tool of MATLAB [39] for static right and left currents  $I_{l0}$  and  $I_{r0}$ , with the parameters reported in Table I. For the sake of readability, we have also listed all the most relevant symbols in Table II, alongside with their meaning. The intensity modulation response (IMR) can be simulated by superimposing a small current step to  $I_{l0}$ , *i.e.*, only in the left cavity, and by evaluating the Fourier transform of the results of the corresponding transient simulation. In this work, we limit our investigation to the symmetric static bias condition, *i.e.*,  $I_{l0} = I_{r0}$ . In this case, the continuous wave (CW) regime consists of the odd mode, which has a lower threshold gain, having a much greater amplitude than the even one.

Fig. 3 (top) shows the results for the different definitions of the IMR, normalized to their static (*i.e.*,  $\omega = 0$ ) values, together with the  $-3$  dB level. The solid black line indicates the total IMR, achieved from  $S_l + S_r$ . Notably, the green dashed line, corresponding to the IMR of the equivalent single-aperture VCSEL (*i.e.*, removing one of the apertures), is perfectly overlapped with the black curve. The solid blue and red curves are the IMRs of the left and right photon densities,  $S_l$  and  $S_r$ , respectively, evaluated according to (7). In an experimental setup, these quantities could be obtained by collecting the output power with a properly aligned fiber to the left or right aperture, as described in [33].

It can be noted that  $S_l$  and  $S_r$  exhibit a peak at a modulation frequency approximately equal to the absolute value of the frequency separation of the modes  $\Delta f$ . This effect, referred to as photon-photon resonance (PPR) [25], [29], almost doubles

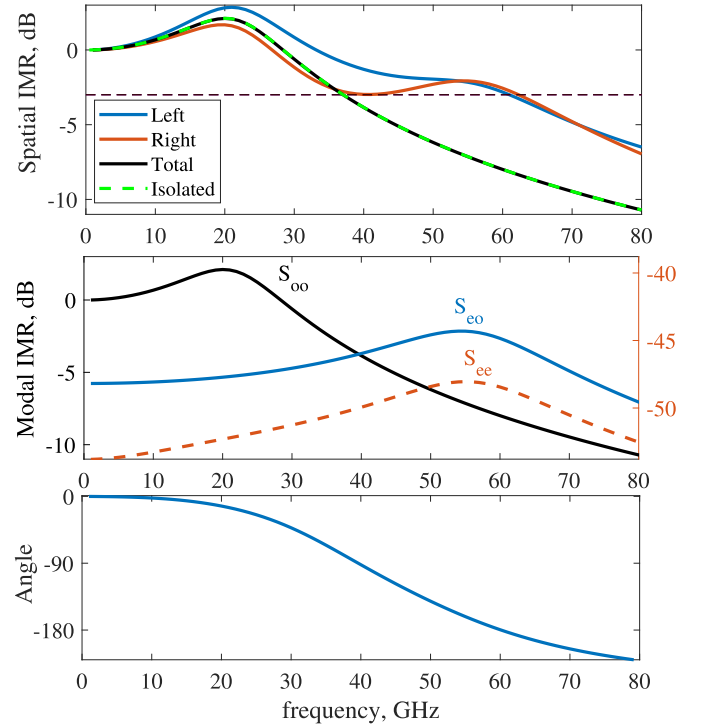


Fig. 3. Top: spatial IMRs for the left (blue), right (red), total (black) and for the isolated cavity photon density (green dashed), obtained for  $I_{l,r} = 3$  mA, applying the signal solely to the left cavity and normalized to their static values. Middle plot: modal IMRs  $S_{oo}$  (black, left axis),  $S_{eo}$  (blue, left axis) and  $S_{ee}$  (dotted red, right axis) as defined in (8). Bottom: dephasing angle between the right and left photon densities.

the  $f_{3\text{ dB}}$  of the VCSEL, and therefore improves its high-speed performance. Remarkably, this effect takes place if the light is collected only from one cavity at a time.

This operation can be interpreted by investigating the frequency behaviour of the modal contributions expressed in (9). It appears at a glance that  $S_{ee}$ , being related to the non-lasing mode, is about 60 dB below  $S_{oo}$ , so that it cannot provide a significant contribution to the IMR. On the other hand,  $S_{eo}$  is much larger, and exhibits a peak at about 60 GHz, ascribable to the PPR, at a much higher frequency than the one related to the carrier-photon resonance (about 20 GHz in this device). The effect of  $S_{eo}$  is not present in the total response (top panel, black curve) because, as suggested by (9),  $S_l + S_r$  leads to a cancellation of the cross-mode coupling.

As described in [33], the time-resolved optical intensities collected from each individual apertures exhibit different behaviors depending on the modulation frequency. In particular, in the CPR regime, the photon densities  $S_l$  and  $S_r$  are in phase, whereas, in the PPR regime, they are in antiphase. This experiment has been reproduced in Fig. 3 (bottom), which reports the simulated phase shift between  $S_l$  and  $S_r$ .

At low frequencies, being  $S_{oo}$  dominant, (9) suggests that the angle tends to zero. For high frequency,  $S_{eo}$  is the dominant term and, therefore,  $S_r$  and  $S_l$  are in antiphase.

An important point is that the PPR can be observed only if the applied modulation signal is asymmetrical. This can be explained by observing (17): due to the even and odd symmetries

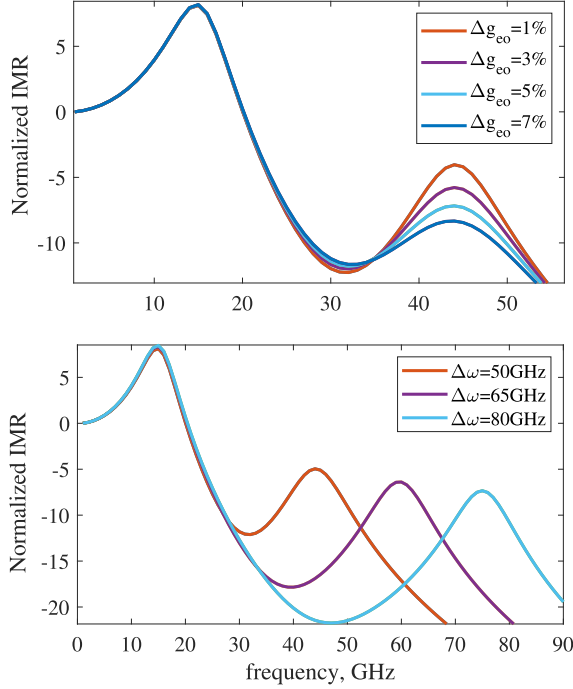


Fig. 4. Top: normalized IMR varying the gain difference of the supermodes. Bottom: normalized IMR varying the frequency difference of the supermodes.

of the considered modes,  $k_{eo} = k_{oe} = 0$  for an even distribution of carriers, which would result from a symmetric signal applied to both apertures. In this case, no multi-mode dynamics is triggered since the equations for the various modes are decoupled, and therefore no PPR effect can be observed. This point is a well known aspect of the push-pull modulation schemes, such as the ones described in [40], [41].

The presented model is a useful bridge to link the device-level features to the electromagnetic simulation. Indeed, Fig. 4 (top) shows that the height and broadening of the peak can be engineered by means of the threshold gain separation. Controlling this aspect is fundamental for datacom applications since a too sharp peak would result in a distorted large signal response, while a too low peak would result in a negligible bandwidth enhancement. In Fig. 4 (bottom) instead, it can be seen that the position of the PPR peak can be controlled by  $\Delta f$ , and therefore by the bridge length, as indicated in Fig. 2.

The small-signal analysis performed so far can only provide a qualitative indication regarding the high-speed performance. To actually test the capability of a device for an optical communication application, the *eye diagram* is often adopted as an indicator. In Fig. 5, a 90 Gbps pulse amplitude modulation on two levels (2-PAM) eye diagram is reported for both isolated and coupled cavity case, for an equal photon and current density and for an equal separation of the output logical power levels. The input sequence is a random permutation of all the possible 7 bits combinations. It can be seen that the *eye* is still open only for the TCC device, meaning that the PPR is effective in enhancing the large signal modulation bandwidth. It is to be remarked that the  $-3$  dB bandwidth is a necessary, but not sufficient

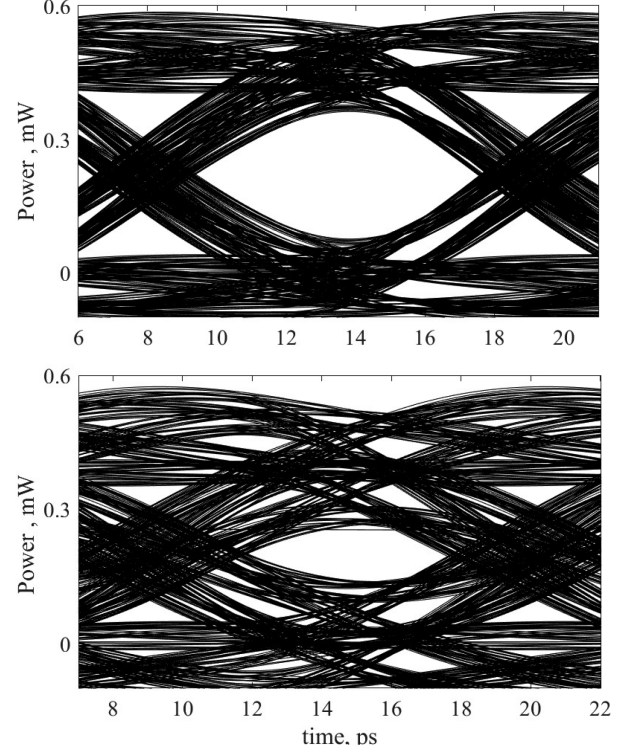


Fig. 5. 90 Gbps PAM-2 eye diagram simulated at the working point of Fig. 3, for equal output logical power levels separation, reported for the coupled cavity device (top) and for the isolated device (bottom). The power is reported with an offset equal to its static low value.

condition to improve the large-signal dynamics of the device. To this aim, the design should also target a flat IMR.

## V. CONCLUSIONS AND FUTURE WORK

In this work, we investigated the connection between the ultra broadband dynamics of TCC-VCSELs and the features of their optical supermodes. The bandwidth enhancement of the TCC-VCSEL device has been explained by means of a physics-oriented model, which starting from the output of an electromagnetic solver provides valuable insights into the experimentally observed phenomena.

Our findings point out that the device under investigation requires further attention and troubleshooting to become viable for industrial production. Specifically, it has been shown that, in the perfect symmetric investigated case, the PPR effect can be observed only in the case individual cavities are probed, requiring a careful alignment with the fiber. Additionally, the requirement for asymmetric applied signal turns into the necessity of the electrical isolation of the apertures, such as the one performed in [37]. Furthermore, the PPR-induced bandwidth enhancement is a direct consequence of the second cavity. Yet, this is paid at the price of a doubled active area, corresponding to the need for a twofold bias current.

This work moves the first steps toward a quantitative and physics-based analysis of the TCC VCSELs, consisting of the self-consistent solution of the optical, thermal and carrier transport effect. Such an approach is a fundamental tool to address

the mentioned future challenges, providing deeper comprehension of the observations and narrowing down the technological parametric investigations.

One of the main results of this work is demonstrating the direct impact of the optical supermode features, namely, the frequency detuning and threshold gain splitting, on the PPR peak frequency and broadening. In this view, the formulation of novel design strategies of the resonator, aiming to control these parameters is going to play a starring role towards the next generation of TCC-VCSELS.

## APPENDIX A

### DERIVATION OF A MULTIMODE RATE EQUATION

This derivation aims at extracting a simple model for the multi-mode dynamics of a VCSEL starting from the solutions of a rigorous electromagnetic solver. We start with the inhomogeneous scalar wave equation [38]:

$$\nabla^2 \mathcal{E}(\underline{r}, t) - \mu_0 \varepsilon(\underline{r}) \partial_t^2 \mathcal{E}(\underline{r}, t) = \frac{1}{\varepsilon_0 c^2} \partial_t^2 \mathcal{P}(\underline{r}, t), \quad (10)$$

where  $\mathcal{P}(\underline{r}, t)$  is the polarization density vector,  $\mathcal{E}(\underline{r}, t)$  is the electric field,  $\varepsilon(\underline{r})$  is the space-dependent refractive index profile, and  $\mu_0$  and  $c$  are the magnetic permeability of vacuum and the speed of light.

Usually, electromagnetic solvers compute the modes of a given geometry, which correspond to the solutions of the homogeneous wave (10):

$$e_i(t, \underline{r}) = \Psi_i(\underline{r}) e^{i\omega_{thi} t}, \quad i\omega_{thi} = -\frac{1}{2\tau_{pi}} + i\omega_i, \quad (11)$$

where  $\omega_{thi}$  is the complex emission pulsation for the  $i$ -th mode, whose imaginary part is related to the photon lifetime  $\tau_{pi}$  and whose real part is related to the emission pulsation  $\omega_i$ . We expand the time-dependent solution of the electrically pumped device on the basis of the cold-cavity modes as follows:

$$\mathcal{E}(\underline{r}, t) = \sum_{i=1}^{N_m} E_i(t) \Psi_i(\underline{r}) e^{i\omega_0 t}, \quad \mathcal{P}(\underline{r}, t) = P(\underline{r}, t) e^{i\omega_0 t} \quad (12)$$

where  $N_m$  is the number of considered modes,  $\omega_0$  is an arbitrary real reference frequency,  $E_i(t)$  are the complex mode amplitudes and  $P(\underline{r}, t)$  is the polarization density amplitude. We can define  $\Omega_i$  as the complex difference between  $\omega_{thi}$  and  $\omega_0$ :

$$\Omega_i = i\omega_{thi} - i\omega_0 = i\Delta\omega_i - \frac{1}{2\tau_{pi}}, \quad (13)$$

where  $\Delta\omega_i = \omega_i - \omega_0$ . We can assume that  $E_i(t)$  is much slower than the reference optical carrier  $e^{i\omega_0 t}$  and that the emission frequencies of the modes are not too far from the reference frequency. This assumption can be expressed as:

$$(i\omega_0 + \Omega_i - \Omega_i)^2 \approx (i\omega_{thi})^2 - 2i\omega_0 \Omega_i, \quad |E_i(t)'| \ll \omega_0 |E_i(t)|. \quad (14)$$

Plugging (12) in (10), by evaluating the terms of the second derivative and simplifying the homogeneous solution for (11), assuming (14) and writing the expression of the polarization

vector as a function of the electrical susceptibility  $\chi$  yields:

$$\sum_{i=1}^{N_m} [-\Omega_i E_i(t) \Psi_i(\underline{r}) + E_i'(t) \Psi(\underline{r})] = -\frac{i\omega_0}{2\varepsilon_r(\underline{r})} \chi(\underline{r}, t) \mathcal{E}(\underline{r}, t). \quad (15)$$

Now we can multiply the right and left-hand side of (15) by the complex conjugate of  $\Psi_i^*(\underline{r})$  and then integrate over the space. Assuming that the susceptibility is zero outside the active region we can consider a constant value for  $\varepsilon_r$ . Also, we can write the susceptibility as a function of the carrier-dependent material gain as in [38]. Finally, exploiting the orthogonality of the modes we can write the expression for the  $i$ -th mode as follows:

$$\frac{d}{dt} E_i(t) = \Omega_i E_i(t) + \sum_{j=1}^{N_m} k_{ij} E_j(t), \quad (16)$$

with:

$$k_{ij} = \frac{v_g \Gamma_z}{2} \iint_{AR} \Psi_i^*(\rho, \phi) g(\rho, \phi) \Psi_j(\rho, \phi) d\rho d\phi, \quad (17)$$

where AR denotes the active region,  $v_g$  is the light velocity divided by the refractive index of the active region and  $g$  is a complex function that relates the material gain to the space-dependent carrier density  $N$ . In particular, the real part of  $g$  is related to light amplification, while the imaginary part is related to the refractive index variation [36], [42]. The system can be finally closed by introducing an equation for the carrier density and an expression for the complex gain.

Please notice that any offset in all the  $\omega_i$  terms corresponds to a shift of the reference frequency, which is arbitrary, and therefore has no effect on the carrier and photon density. For this reason, it is possible to set an arbitrary  $\omega_j$  to zero and set all the other  $\omega_i = \Delta\omega_{ij}$  where  $\Delta\omega_{ij}$  is the pulsation separation between the  $j$ -th and the  $i$ -th mode. Also,  $\omega_i$  can be redefined as:

$$\omega_i \rightarrow \omega_i + \omega_s, \quad \omega_s = -\frac{\alpha_h}{2\tau_{p1}}, \quad (18)$$

where  $\tau_{p1}$  is the photon lifetime of the lasing mode. In this way,  $\omega_1$  can cancel out the imaginary part of the gain at the lasing condition, avoiding the computationally heavy time domain simulation of a high optical carrier. This choice can reduce the simulation time up to one order of magnitude.

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