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(Article begins on next page)

# DLP-printable fully biobased soybean oil composites

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## Abstract

Composites reinforced with micro-particles are widely used in engineering fields. Unfortunately, the traditional manufacturing processes do not allow customization and shape complexity achievable with additive manufacturing technologies. In particular, VAT polymerization enables the highest printing resolution. Here, we demonstrate the fabrication of fully-biobased composites consisting of a matrix of acrylated soybean oil (ASO) and a lignocellulose waste derived from the macadamia nut industry (macadamia nut-shell, MAC) as reinforcing agent. Different formulations were prepared by varying the content of MAC, and their reactivity was evaluated by means of Fourier transform infrared spectroscopy and photorheology. The suitability of the formulated novel biobased inks for digital light processing (DLP) 3D-printing was illustrated by successful

1 printing of complex 3D-structures with a high resolution. The thermo-mechanical and  
2 mechanical properties of the 3D-printed composites were tested by DSC, DMTA and  
3 tensile tests, which revealed that. increasing MAC contents reflected into higher glass  
4 transition temperatures, ranging from 25 to 46°C, and higher Young's modulus, ranging  
5 from 15 to 100 MPa. The morphology of the samples and the dispersion of the MAC in  
6 the ASO network was investigated by field emission scanning electron microscopy, while  
7 the surface roughness of the printed composites was analysed with profilometry.  
8 Cytotoxicity, cell adhesion and cell proliferation tests with human fibroblast cells were  
9 carried out in view of the fabrication of scaffolds for bioengineering and the results  
10 envisage good potential for these fully bio-based composites in the biomedical field.

11

## 12 **Keywords**

13 **Renewable materials, soybean oil, biobased composites, DLP-printing**

14

## 15 **1. Introduction**

16 The design of organic-inorganic materials has inspired researchers to model a new  
17 generation of composites for additive manufacturing (AM). Indeed, AM stands out over  
18 the traditional manufacturing processes used for composite materials since it allows to  
19 rapidly obtain customized objects with high shape-complexity, while minimizing material  
20 consumption and avoiding extra tooling costs. For those reasons, the global market of  
21 materials for AM is increasing exponentially, and it is likely to overcome 23 billion  
22 dollars in 2029 [1]. Among all the AM-technologies, VAT-polymerization technology  
23 (VP), a light-based AM technology, allows to achieve the highest printing resolution and  
24 the highest object complexity [2]. However, despite the abovementioned advantages, the

1 applicability of VP is restricted by the limited availability of sustainable  
2 photopolymerizable resins [3]. Indeed, the vast majority of the commercially available  
3 3D printable photopolymers involve acrylates and epoxides derived from fossil fuel  
4 resources. However, the increasing environmental concern and the progressive fossil fuel  
5 depletion are driving the research to develop “green” alternatives [4–8].

6 Among them, vegetable oils (VOs) are the most widely investigated natural materials for  
7 the development of biobased photocurable resins, due to their abundant availability and  
8 low cost, low-toxicity, biodegradability. They also contain several reactive sites which  
9 can be substituted with photopolymerizable functionalities via epoxidation or  
10 (meth)acrylation reactions, which gives the opportunity to prepare VO-based  
11 photocurable resins. [9–13].

12 VOs are triglycerides made of three fatty acids joined together through a glycerol unit.  
13 One of the most commonly produced VOs is the one extracted from soybean seeds (i.e.  
14 soybean oil), which is characterized by the presence of several unsaturated groups along  
15 the main chain, suitable for epoxidation and following (meth)acrylation [14].

16 In 2016, the use of acrylated soybean oil (ASO) has been firstly reported for  
17 stereolithography (SLA) applications, aiming to produce biocompatible scaffolds [15].

18 Later, ASO and vanillin dimethacrylate/diacrylate were combined successfully as inks  
19 for direct laser printing [16]. Also, methacrylated soybean oil with additional  
20 functionalities was used with other biobased diluents to prepare photocurable resins for  
21 digital light processing (DLP) [17]. Furthermore, soybean oil was combined with sucrose  
22 to prepare a novel biobased formulation for SLA [18]. Even if the processing of VOs via  
23 VP has been successfully demonstrated, the mechanical properties of the printed parts

1 were generally quite poor. To solve this problem and with the aim to extend the possible  
2 applications fields of 3D-printed VOs, fillers can be added [19,20]. However, the addition  
3 of bio-based fillers as reinforcing agents in VP 3D printing was rarely investigated  
4 compared to fused deposition modeling 3D printing [21,22]. In fact, the VP-related works  
5 focused only on lignin, cellulose, chitosan and chitin nanocrystals or nanofibrils [4].

6 Macadamia nutshell (MAC) is a lignocellulose-rich agricultural waste deriving from the  
7 macadamia nut production, accounting for 44000 metric tons per year [23–25]. The end-  
8 of-life of MAC mainly involves landfilling or incineration, hence leading to  
9 environmental pollution, greenhouse gas emissions and waste of valuable resources.  
10 Moreover, MAC particles have been previously used as reinforcement to generate  
11 acrylonitrile-butadiene-styrene composite filaments for fusion deposition modelling [26].  
12 ~~We anticipated that~~ Therefore, we selected MAC powder ~~could be utilized~~ as a  
13 reinforcing renewable filler for ASO matrix to fabricate fully biobased composites via  
14 DLP-printing. The incorporation of MAC powder in a biobased matrix could enhance  
15 the value of this bio-renewable feedstock and lead to environmental benefits.

16 The effect of MAC powder on the kinetics of polymerization, mechanical and thermal  
17 properties of the resulting thermoset composites was investigated in detail. Moreover, cell  
18 viability and cell proliferation tests using human fibroblasts cells (HHF-1, ATCC) were  
19 performed to assess the potential of these printed biobased thermosets composites as  
20 competitive and sustainable scaffolds for bioengineering applications. This work gives an  
21 insight on the 3D printing of bioscaffolds with renewable biocomposites.

22

1 **2. Materials and methods**

2 2.1 Materials

3 Acrylated soybean oil (ASO) (density = 1.04 g/mL at 25°C,  $M_w = 1200$  g/mol, 3.4  
4 acrylates per triglyceride) [27], dimethyl sulfoxide (DMSO) (ACS reagent P99.9%),  
5 ethanol absolute, and bis-(2,4,6-trimethylbenzoyl) phenylphosphine oxide (BAPO) were  
6 purchased by Sigma Aldrich (Milano, Italy). The macadamia nut shell (MAC) was  
7 obtained from the 814 variety of macadamia (density  $721.34 \pm 87.07$  kg/m<sup>3</sup>, the average  
8 particles dimensions was 140  $\mu$ m as evaluated by FESEM images) [28,29].

9 2.2 Biobased composites preparation

10 The photocurable formulations were prepared by dispersing different amounts of MAC  
11 into ASO liquid. ~~After stirring~~ The formulations were subsequently placed on a magnetic  
12 stirring plate (300 rpm, T=25°C). ~~After for~~ 5 min of stirring 1 phr of the photoinitiator  
13 BAPO was added along with 5 phr of ethanol to allow a complete dispersion of the pH  
14 into the ASO. ~~Then~~ the formulations were stirred for additionally 10 minutes (Tab.1).

15 **Tab. 1.** Composition of the photocurable ASO formulations

Formulations	ASO [%wt]	MAC [%wt]	BAPO [phr]
ASO	100	0	1
ASO-MAC1	99	1	1
ASO-MAC5	95	5	1
ASO-MAC10	90	10	1

16

17 **2.3 Digital light processing 3D printing**

18 The ASO composites were 3D-printed using a commercial DLP printer from ASIGA  
19 (MAX X, light emission at  $\lambda = 385$  nm, nominal xy-pixel resolution of 27  $\mu$ m) The UV  
20 light intensity and the layer thickness were set to 32 mW/cm<sup>2</sup> and 50  $\mu$ m, respectively,

1 while the exposure time/layer was optimized for each formulation based on the  
2 preliminary photorheology investigations. Lastly, the printed objects were **sonicated in**  
3 **ethanol for 1 min to remove the unreacted monomers and then** post-cured under UV-light  
4 using a medium-pressure mercury lamp provided by Robot Factory (2 min, 12 mw/cm<sup>2</sup>).  
5

## 6 **2.4 Evaluation techniques**

### 7 **2.4.1 Fourier Transform Infrared Spectroscopy (FTIR)**

8 The FTIR spectra of ASO and ASO composites were recorded by Nicolet iS 50  
9 Spectrometer FTIR spectrometer (Perkin Elmer, Norwalk, CT, USA) in transmission  
10 mode. For each sample, 16 scans were recorded with 4 cm<sup>-1</sup> resolutions. Data were  
11 processed using the software Omnic from Thermo Fisher Scientific. The double bond  
12 conversion was calculated by following the decrease of the double peaks centred at 1636-  
13 1618 cm<sup>-1</sup>. The double peak at 1740-1727 cm<sup>-1</sup> representing the C=O bond stretching  
14 vibration of the triglycerides was utilized as internal standard, since it is not affected by  
15 the reaction. The calculation was done according to Eq. 1.

$$16 \text{ Conversion (\%)} = \left( 1 - \frac{\frac{A_{C=C,post}}{A_{ref,post}}}{\frac{A_{C=C,pre}}{A_{ref,pre}}} \right) * 100 \quad (1)$$

17 Where  $A_{C=C,pre}$  and  $A_{C=C,post}$  represent the area of the double bond peak before and after  
18 the photopolymerization reaction, respectively and  $A_{ref,pre}$  and  $A_{ref,post}$  represent are the  
19 area of the reference peak before and after the photopolymerization reaction.

### 20 **2.4.2 Photorheology**

21 The photorheology tests were performed with an Anton PAAR Modular Compact  
22 Rheometer (Physica MCR 302, Graz, Austria) using a parallel plate configuration ( $\phi= 15$

1 mm) with a quartz bottom glass. The gap value was set as 300  $\mu\text{m}$ . All experiments were  
2 carried out at  $T = 25^\circ\text{C}$ . Oscillatory rheometer operating in time and stress sweep modes  
3 was used to monitor the viscoelastic properties associated with the crosslinking kinetics.  
4 The time sweep experiment was performed in the linear viscoelastic region (LVR) at a  
5 constant strain amplitude ( $\lambda$ ) of 0.5% and a constant angular frequency ( $\omega$ ) of 6 rad/s to  
6 monitor the crosslinking reaction by following the evolution of elastic storage modulus  
7  $G'$  with time. After 30 s, the UV Hamamatsu LC8 lamp (Hamamatsu City, Japan) with a  
8 light intensity of 28  $\text{mW cm}^{-1}$  was turned on. The samples were irradiated from the  
9 bottom.

#### 10 2.4.3 Optical microscopy

11 The surfaces of the 3D-printed ASO composites were monitored with an Olympus BX53  
12 M optical microscope. The ocular lenses and the objective lenses were equipped with 10 $\times$   
13 magnification.

#### 14 2.4.4 Gel content percentage (G%)

15 The gel content percentage (G%) of the cured composites was determined by measuring  
16 the weight loss after 24 h extraction with chloroform. G% was calculated according to  
17 Eq. (2):

$$18 \quad G\% = \frac{W_i}{W_0} \times 100\% \quad (2)$$

19 where  $W_i$  is the weight of the dry sample after the treatment with chloroform and  $W_0$  is  
20 the weight of the dry sample before the treatment.

#### 21 2.4.5 Dynamic thermal-mechanical analysis (DMTA)

22 DMTA analysis was performed with a Triton Technology - Tritec 2000 DMA. Samples  
23 were cooled with liquid nitrogen and measurements were run with a heating rate of 3  $^\circ\text{C}$

1  $\text{min}^{-1}$  in tensile mode. The frequency used was 1 Hz. The samples dimensions were 12  
2 mm x 6 mm x 0.2 mm.

### 3 2.4.6 Differential scanning calorimetry (DSC)

4 DSC analyses were performed by using a Mettler Toledo DSC instrument. Approximately  
5 10 mg of each sample were insert in a 100  $\mu\text{l}$  aluminium pans with pierced lids in an inert  
6 atmosphere ( $\text{N}_2$ , 50  $\text{ml min}^{-1}$ ). Thermal behaviour of the samples was investigated by  
7 using two repeated heating-cooling cycles. The temperature program was: first ramp from  
8  $-60\text{ }^\circ\text{C}$  to  $150\text{ }^\circ\text{C}$ , followed by a cooling cycle from  $150\text{ }^\circ\text{C}$  to  $-60\text{ }^\circ\text{C}$ . After an isotherm  
9 at  $-60$  for 10 min, a second heating cycle was performed from  $-60$  to  $150\text{ }^\circ\text{C}$ . The applied  
10 heating rate was  $10\text{ }^\circ\text{C min}^{-1}$ . Glass transition temperature ( $T_g$ ) was determined from the  
11 second heating curve.

### 12 2.4.7 Tensile Testing

13 Tensile tests were performed on rectangular specimens ( $w \times l \times t = 10 \times 50 \times 2\text{ mm}$ )  
14 according to ASTM D1708-18 [30] using MTS QTestTM/10 Elite controller (MTS  
15 Systems Corporation, Eden Prairie, Minnesota, USA) using TestWorks® 4 software  
16 (Eden Prairie, Minnesota, USA). The tensile force was applied parallel to the samples  
17 axis at a constant cross-head displacement rate of 2 mm/min. The strain was measured as  
18 the ratio between cross-head displacement and the initial distance between the grips. The  
19 stress was calculated as the ratio between the force and the cross-section area. The Young's  
20 modulus ( $E$ ) of each sample was calculated from the slope of the initial linear portion of  
21 the stress–strain curve. The toughness of the materials was calculated by calculating the  
22 area underneath the stress–strain curves. Three samples for each material composition  
23 were tested.

#### 1 2.4.8 Field Emission Scanning Electron Microscopy (FESEM)

2 The morphological characterization of the ASO composites was performed by using a  
3 FESEM Zeiss Supra 40 (Oberkochen, Germany). Before the analysis, the samples were  
4 covered with a 7nm thick film of Platinum.

#### 5 2.4.9 Cell Viability

6 Cytotoxicity tests were performed following the ISO10933-5 for indirect tests to identify  
7 any cytotoxic events due to release of compounds from the ASO and ASO-MAC  
8 hydrogels. Conditioned media were prepared by soaking 0.1 g of ASO and ASO-MAC  
9 samples into 1 mL of complete medium (Dulbecco's Modified Eagle's Medium, 15%  
10 fetal bovine serum, 1% penicillin streptomycin). Two conditions were tested: samples  
11 were soaked for 24 hours (conditioned medium\_24h) and for 7 days (conditioned  
12 medium\_7d). Human fibroblasts (HFF-1 ATCC® cells) were cultured in a 96-plate  
13 multiwell (MW96) using a cell density of  $2 \times 10^4$  cells/well. After 24 h, the cells reached  
14 confluence and culture medium was removed from each well and substituted with  
15 conditioned medium (conditioned medium\_24h or conditioned medium\_7d). Control  
16 samples (CTRL) were prepared by substituting the medium with not-conditioned fresh  
17 medium. After 24 h, the medium was substituted in each well with 100  $\mu$ L of 0.1 mg/mL  
18 non-fluorescent resazurin solution in phosphate buffered saline-PBS. Cell viability was  
19 measured as non-fluorescent resazurin is converted to fluorescent resorufin by cell  
20 metabolism and the fluorescent signal was monitored using a plate reader (Biotek) at 530  
21 nm excitation wavelength and 590 nm emission wavelength. Experiments were  
22 performed using six samples for each condition and cell viability was calculated as a  
23 percentage value compared to CTRL.

1 **2.4.10 Cell Adhesion and Proliferation**

2 Direct assays were performed to assess the adhesion and proliferation ability of HFF-1  
3 cells on ASO and ASO-MAC grid-shaped samples. ASO and ASO-MAC grids 3D  
4 printed as previously described, after which they were blocked at the bottom of MW48  
5 plate to avoid floating and seeded with  $2 \times 10^4$  cells/well. Briefly, a drop of 50  $\mu$ l containing  
6  $2 \times 10^4$  cells was placed on the top of each grid and incubated for 2 hours, after which 450  
7  $\mu$ l of fresh media were added. At different time points (1, 3 and 7 days), cell viability was  
8 measured using resazurin as previously described. To avoid an overestimation ascribed  
9 to cells adhered at the bottom of the plate, samples were placed in a new MW48 before  
10 adding the resazurin solution. Furthermore, cell morphology was assessed through  
11 immunostaining. Firstly, cells were fixed with 4% paraformaldehyde for 30 minutes,  
12 permeabilized with 0.5% TRITON-X in PBS for 10 minutes and blocked with 1% (w/v)  
13 bovine serum albumin (BSA, Sigma-Aldrich) in PBS for 30 minutes. Then, nuclei and  
14 actin filaments were stained incubating samples in a DAPI solution (1:1000 in PBS,  
15 Thermofisher Scientific) and rhodamine phalloidin solution (1:60 in PBS, Thermofisher  
16 Scientific) for 10 and 40 minutes, respectively.

17

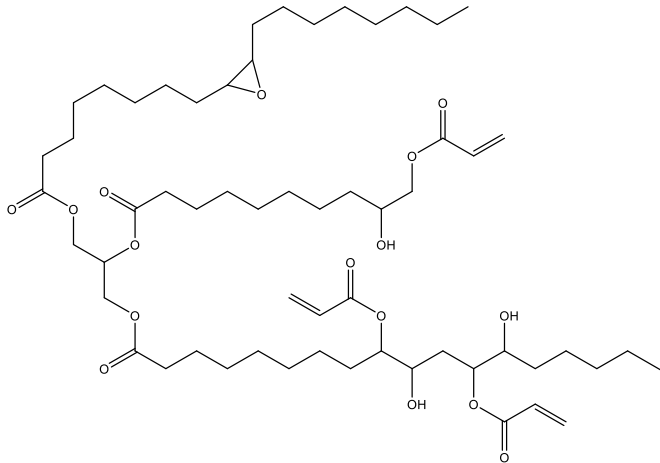
18 **2. Result and discussion**

19

20 Fully biobased composites were produced via photoinduced radical polymerization, using  
21 ASO (Scheme 1) as photopolymerizable matrix, and macadamia nutshell as bio-  
22 reinforcement (see the experimental section for detailed information on the final  
23 composition of the photocurable system).

24

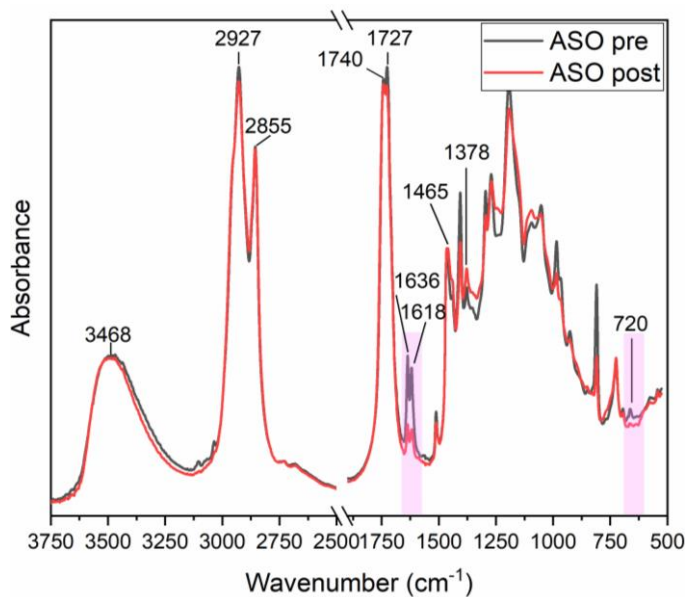
1 **Scheme 1: ASO chemical structure.**



2

3 The characterization of the ASO resin was performed through FTIR analysis. Fig.1 shows  
4 the ASO spectra before and after the UV irradiation. In the spectra, there can be clearly  
5 seen the characteristic peaks of ASO. The broad peak at  $3468\text{ cm}^{-1}$  represents the -OH  
6 groups vibration while the bands at  $2927$  and  $2855\text{ cm}^{-1}$  represent the asymmetrical and  
7 symmetrical stretching of C-H methylene groups; the signals at  $1740$ - $1727\text{ cm}^{-1}$  and  $1190$   
8  $\text{cm}^{-1}$  are assigned to the C=O and C-O groups vibration in triglycerides, respectively.  
9 while the small peak at  $720\text{ cm}^{-1}$  is attributed to the cis-CH=CH group vibrations.

10 **Fig. 1:** ASO FTIR spectra before and after the UV irradiation.



11

1 By means of FTIR analysis, it was also possible to monitor the photopolymerization  
2 reaction,~~The photopolymerization reaction was monitored by means of IR spectroscopy,~~  
3 following the intensity of the peak at 1636 and 1618 which are ascribed to the stretching  
4 vibrations of carbon-carbon double bonds (C=C) of ASO. ~~A detailed description of the~~  
5 ~~FTIR peaks is reported in the supporting information.~~

6 As it can be noticed by comparing the spectra of ASO collected before and after the  
7 photopolymerization (Fig.1,~~a~~) the C=C signals markedly decreased, confirming the  
8 photocrosslinking. Moreover, the photopolymerization kinetic was first studied  
9 monitoring the evolution of the double bond conversion (DBC) over time. For this  
10 purpose, FTIR spectra were recorded at different irradiation times (10, 20, 30, 40, 50 and  
11 60 s). The obtained plots (DBC vs time) are shown in Fig.2,~~a~~~~1~~. Overall, all the  
12 investigated formulations showed fast reactivity, reaching high DBC values (> 85%, see  
13 Tab. 2) in less than 30 seconds of irradiation. This indicates the high reactivity of the bio-  
14 based arylated resin.

15 The kinetic of photopolymerization of the ASO-MAC mixture was also investigated by  
16 means of real-time photorheology, which monitors any changes in viscoelastic properties  
17 of the material during light-irradiation. Fig.2-~~1~~,~~b~~ shows the storage moduli (G') of the  
18 ASO-MAC samples vs irradiation time.

19 These results further confirmed the high reactivity of the photocurable system. Indeed, as  
20 evidenced by the fast increase of G', the photopolymerization is rapidly activated once  
21 the light irradiation is switched on.

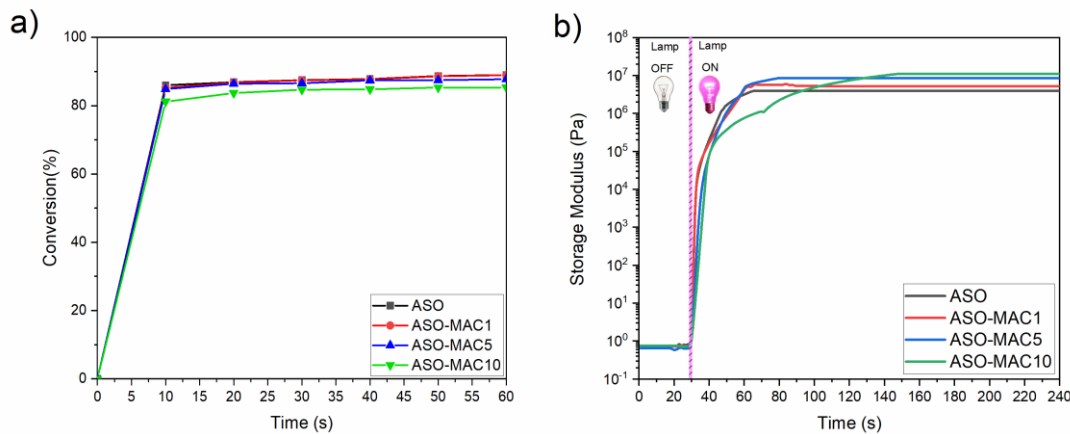
22 In particular, both the pristine formulation and those ones containing 1wt% and 5wt% of  
23 MAC reached the G' plateau in 30 seconds. The fast reactivity of these formulations is  
24 comparable to the one previously obtained for poly(lactide-co-glycolide) (PLGA)

1 diacrylates inks applied for the generation of bioscaffolds [31]. When the MAC  
2 percentage was increased to 10wt% a longer irradiation time is needed to reach the G'  
3 plateau (90 s). However, a gradual decrease in the photopolymerization kinetics,  
4 calculated as the slope of the G' curves ( $\Delta G'/\Delta t$ ), was already observed when 1wt% or  
5 5wt% of MAC was added. Indeed  $\Delta G'/\Delta t$  gradually decreased from 56 to 28 kPa\*s<sup>-1</sup> as  
6 the MAC concentration increased, confirming the slowdown-effect induced by the  
7 presence of MAC. This can be probably attributed to the UV-shielding effect of MAC,  
8 the colour of which causes a marked reduction of the formulation transparency thus  
9 limiting the light penetration. The slight reduction in the photoreactivity of the system  
10 when adding MAC is consistent with both the slight decrease of the DBC recorded by the  
11 FTIR (data reported in Tab.2 with a DBC decrease from 89 to 85%) and with the moderate  
12 lowering of the insoluble fraction of the composites revealed by the gel content  
13 measurements (Tab.2).

14 Moreover, the photorheology curves also revealed that the G' values at plateau slightly  
15 increased with higher MAC content (from 4 MPa of pristine ASO to 11 MPa of ASO-  
16 MAC10). This suggests that MAC may act as reinforcing agent in the ASO matrix.

17

1 **Fig. 2:** a) Evaluation of the DBC of ASO and ASO composites at different irradiation times.; b)  
 2 photorheology curves.



3

4

5 **Tab. 2.** Characterization of the crosslinking parameters of ASO formulations.

	ASO	ASO-MAC1	ASO-MAC5	ASO-MAC10
FTIR Conversion [%]	89	89	87	85
$\Delta G'/\Delta t$ [kPa s <sup>-1</sup> ]	56	44	29	28
Gel [%]	90	87	86	85

6

7

8 Once the high reactivity of the formulations was proven, we investigated their suitability  
 9 as novel biobased inks for DLP-printing. Based on the kinetic data observed via  
 10 photorheology, the printing parameters were optimized for each formulation. In  
 11 particular, the exposure time/layers was varied between 1s and 2.5s with increasing MAC  
 12 content. Expectations were confirmed since complex computer aided design (CAD) 3D-  
 13 models could be successfully reproduced with a high resolution from all the ASO-MAC  
 14 formulations.

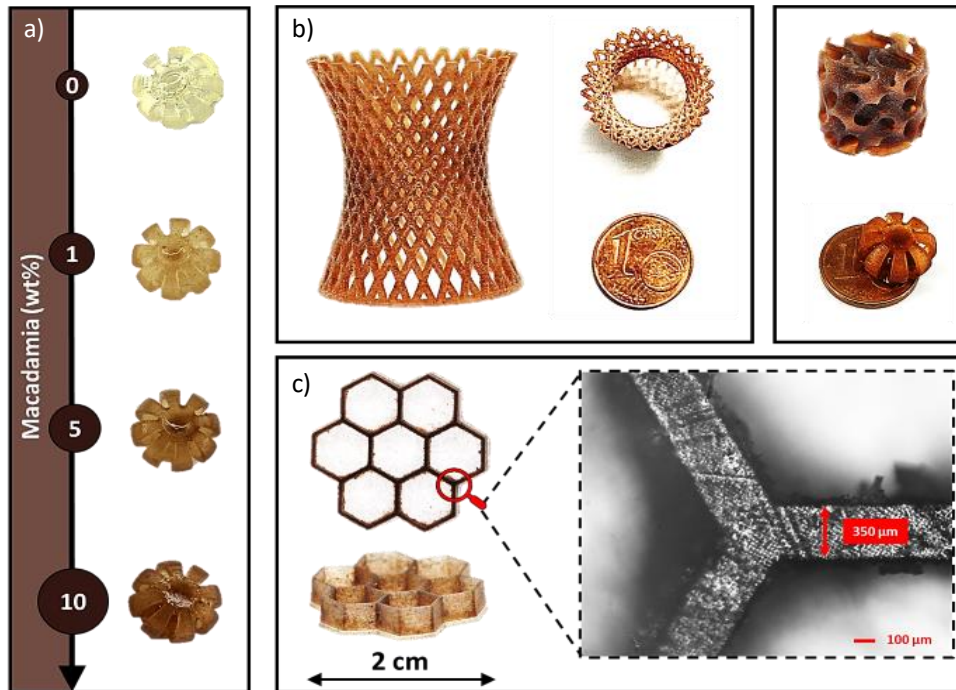
15

1 Interestingly, the presence of MAC as coloured filler enabled printing complex  
2 geometries displaying a high fidelity to the original CAD models without UV-light  
3 shielding effect typically induced by the presence of dark fillers [32,33]. ~~the need of dye~~  
4 ~~addition, which is typically required to limit light diffusion in the vat and over-~~  
5 ~~polymerization phenomena.~~ All the printed objects were post-cured with a low-intensity  
6 medium-pressure lamp washed with ethanol to both minimize the C=C bond amount and  
7 to remove unreacted and cytotoxic products. These steps are highly recommended for  
8 biocompatible material as previously reported in the literature especially in the case of  
9 acrylates [34–36]. Fig.2,a presents examples of ASO, ASO-MAC1, ASO-MAC5 and  
10 ASO-MAC10 3D-printed objects reproduced from the same digital model, while  
11 (Fig.2,b) shows a complex lattice-shaped structure printed with ASO-MAC10. The high  
12 fidelity of the printed objects with the original CAD file was assessed with optical  
13 microscopy as shown in the Fig.2,c.

14

15

1 **Fig. 3.** a) example of ASO, ASO-MAC1, ASO-MAC5 and ASO-MAC10 3D-printed composites;  
 2 b) complex lattice-shaped structure from ASO-MAC10; c) fidelity evaluation of the printed  
 3 objects with optical microscopy.



4

5

6 Dynamic-mechanical thermal analysis (DMTA) was carried out to investigate the  
 7 thermomechanical properties of the printed composites. Fig.3,a reports the  $\tan\delta$  curve and  
 8 the storage modulus ( $E'$ ) of the ASO-based specimens as a function of the temperature.  
 9 The results revealed that the  $T_g$  of the composites, measured as the maximum of the  $\tan\delta$   
 10 plot, increased with higher MAC content (Tab.3). The same trend was confirmed also by  
 11 DSC analyses), indicating that MAC particles behave as effective reinforcing agents for  
 12 the ASO matrix. Besides, the flattening and broadening of the  $\tan\delta$  curves can be  
 13 attributed to the formation of heterogeneous networks, characterized by a wide  
 14 distribution of chain mobilities and relaxations time [5,37]. Moreover, in Fig.3,a, the  
 15 increase of the  $E'$  values in the rubbery plateau region as a function of MAC content, is

1 likely explained by the presence of microparticles which act as a physical barriers  
2 reducing the mobility of the ASO chains [38].

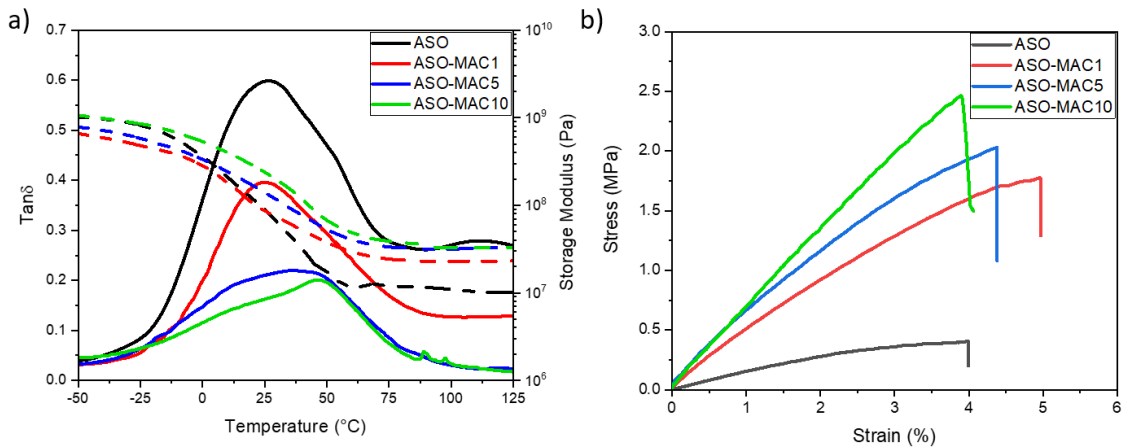
3 The mechanical properties were further investigated by means of tensile measurements.  
4 The average stress-strain curve of the ASO composites are given in Fig.3,b and in Tab.3.  
5 The ultimate tensile strength (UTS) and the Young's modulus ( $E$ ) of the composites  
6 significantly increased with higher MAC content reaching the maximum UTS and a  
7 Young's modulus of 3.8 MPa and 100 MPa, respectively, in the case of ASO-MAC10.  
8 These results were expected, since the Young's modulus of a composite generally  
9 increases with the addition of a reinforcing agent. The obtained Young's modulus values  
10 are similar the one reported for 3D printed polycaprolactone (20 MPa) and for polylactic  
11 acid/multi-wall carbon nanotubes/polyethylene glycol composites (26 MPa) applied in  
12 bone tissue engineering [39,40].

13 The addition of MAC increased the toughness of the composites, defined as the ability of  
14 the material to absorb energy before fracture, from 1 to 7 MJ. Interestingly the young's  
15 modulus values of the ASO-based composite here presented, ranging from 15 to 100 MPa,  
16 match with the values typically reported for the human bone tissues [30]. This may  
17 envisage the potential use of these biobased composites for the preparation of DLP-  
18 printed scaffold for bone tissue engineering applications.

19 Moreover, the elongation at break ( $\epsilon_b$ ) of all the prepared composites were similar or  
20 slightly higher compared with the samples prepared without addition of MAC (Tab.3).  
21 The highest value was reached with 1wt% of MAC (5.5%). The  $\epsilon_b$  is influenced by  
22 complex phenomena, which may include filler/matrix interface properties, filler shape  
23 and/or distribution and variable viscoelastic properties of the matrix. The maintenance or  
24 even slight increase in  $\epsilon_b$  after MAC addition likely reflects good filler/matrix adhesion.

1

2 **Fig. 4.** a) DMTA analysis and b) Tensile test of ASO and ASO composites.



3

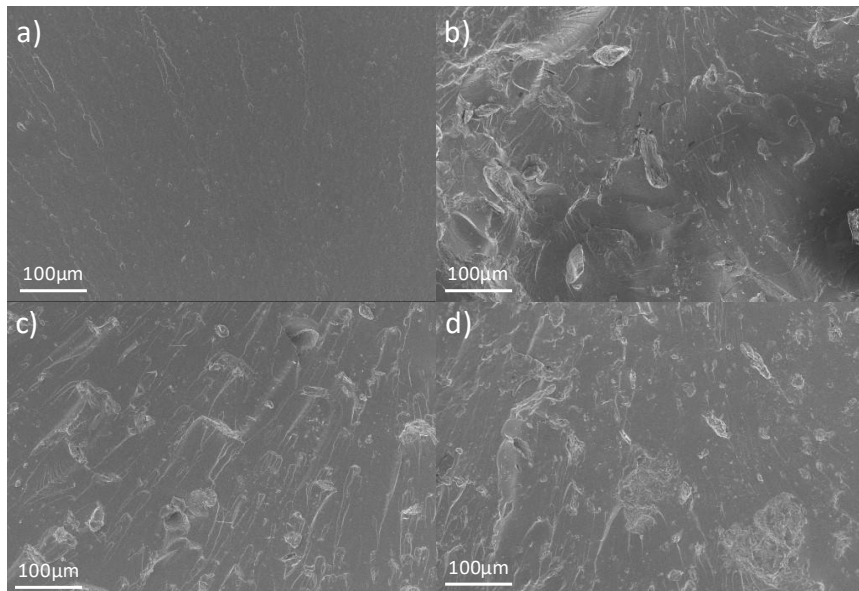
4 **Tab. 3.** Thermal and mechanical properties of ASO and ASO composites

Sample	Tg_DMTA [°C]	E_rubbery [MPa]	Tg_DSC [°C]	E [MPa]	UTS [MPa]	$\epsilon_b$ [%]	K <sub>IC</sub> [MJ/m <sup>3</sup> ]
ASO	25	12.0	10	15.0±0.2	0.45±0.07	4.0±0.3	1.28±0.1
ASO-MAC1	27	24.1	15	54.3±0.2	1.80±0.15	5.5±0.4	6.57±1.2
ASO-MAC5	38	31.3	22	68.5±0.5	1.98±0.24	4.9±1.1	6.61±1.8
ASO-MAC10	46	33.0	30	100.2±1.7	3.80±0.40	4.5±0.9	7.01±2

5

6 The morphology of composites was also studied by field-emission scanning electron  
7 microscopy (FESEM). Fig.4 reports the micrographs of the fractured surfaces of the  
8 composites. A good dispersion of the MAC microparticles within the matrix was achieved  
9 in the case of ASO-MAC1, while with higher MAC concentration a certain number of  
10 agglomerates can be noticed, which is even more evident in the ASO-MAC10 composite.  
11 All the composites show rough fracture surfaces, which indicates a high resistance to  
12 crack propagation [31].

1 **Fig. 5.** FESEM micrographs of a) ASO, b) ASO-MAC1, c) ASO-MAC5 and d) ASO-MAC10  
2 composites.



3

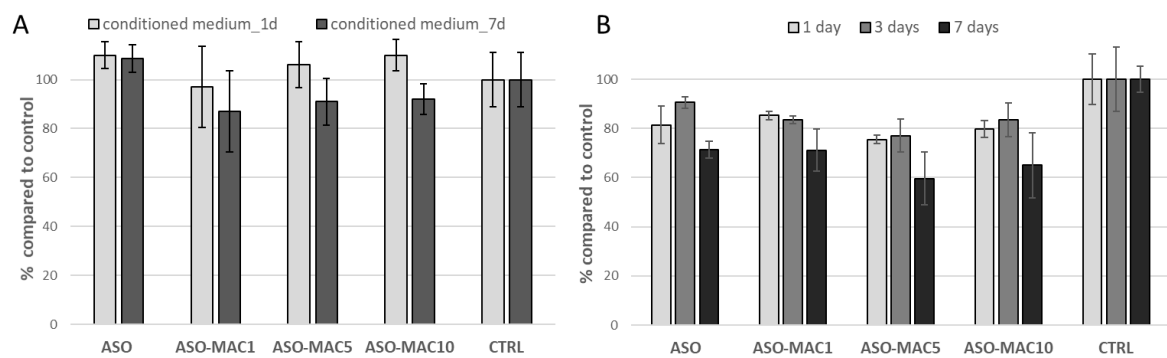
#### 4 Cell viability

5 Direct and indirect tests were conducted to assess the ability of ASO-MAC samples to  
6 act as substrates for cell adhesion and proliferation. No cytotoxic effects were observed  
7 through indirect tests indicating that ASO and ASO-MAC samples did not induce cell  
8 death by the release of photoinitiator or unreacted polymer chains or degradation products  
9 within the first day (conditioned medium\_1d) and up to 7 days (conditioned medium\_7d)  
10 (Fig.5,A). The adhesion and proliferation of HFF-1 cells on ASO-MAC samples revealed  
11 no significant differences among the samples loaded with different MAC contents (Fig.5  
12 ,B). Although, the MAC amount did not affect adhesion and proliferation, a slight  
13 reduction in cell number compared to control was observed at each time point. The 2D  
14 surface utilized as control offered a higher area compared to the grid-shaped samples  
15 (filament/pore ratio 2,5) increasing the number of adhered cells and consequently the  
16 proliferation rate at the different time points. Furthermore, the ability of the proposed

1 biobased composites to support cell colonization was confirmed through immunostaining  
2 at 7 days (Fig.6). HFF-1 shows a spread morphology of the cells when adhered on the  
3 grid filaments and a uniform cell distribution.

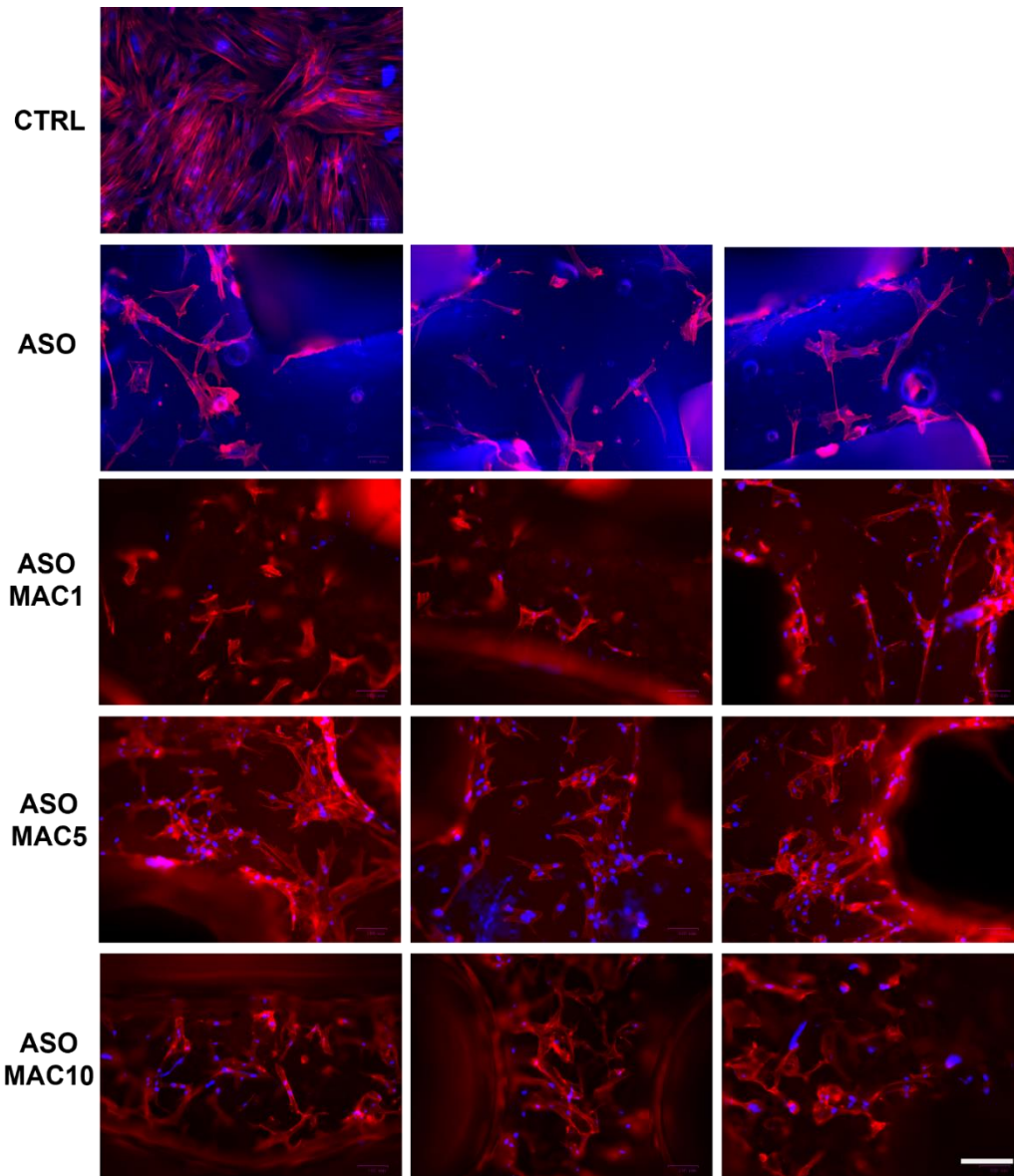
4

5 **Fig. 6.** HFF-1 cell viability: A) indirect tests at two conditions: samples were soaked for 24 hours  
6 (conditioned medium\_24h) and for 7 days (conditioned medium\_7d) and B) proliferation assay  
7 at 1, 3 and 7 days using printed grid-shaped samples.



8

- 1 **Fig. 7.** Nuclei and actin filaments staining of ASO and ASO-MAC grid-shaped samples.  
2 Polystyrene plates were used as control (CTRL). A slightly blue autofluorescence can be observed  
3 for ASO samples. Scale bar: 50  $\mu$ m.



4

5

## 6 **Conclusions**

- 7 Innovative biobased composites based on acrylated soybean oil and macadamia nutshell  
8 powder as reinforcing agent were successfully prepared *via* DLP-printing. IR

1 spectroscopy and photorheology and confirmed the high reactivity of the ASO-MAC  
2 formulations, while evidencing a slight UV-shielding effect in the formulations  
3 containing MAC. Indeed, fast curing kinetic and high double bond conversion (DBC >  
4 85%) were observed for all the formulations being investigated. Subsequently, the  
5 excellent DLP-printability was illustrated as complex 3D geometries were successfully  
6 reproduced with high resolution, as proved with optical microscopy. The  
7 thermomechanical investigation showed that increasing MAC content induced an  
8 enhancement of Tg of the composites (increasing from 25 to 46°C) Moreover, the MAC  
9 addition led to the formation of stiffer thermosets with an increased Young's modulus (up  
10 to +660%, increase). FESEM analyses further confirmed the good dispersion of the MAC  
11 particles in the ASO matrix. Finally, the promising cell adhesion and proliferation tests  
12 envisage potential applications in biomedical field, including fabrication of scaffolds for  
13 tissue engineering.

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16 commercial, or not-for-profit sectors.

#### 17 **CRedit authorship contribution statement**

18 **Camilla Noè:** Investigation, Methodology, Writing – original draft, editing: **Andrea**  
19 **Cosola:** Writing, 3D-printing investigation, Review. **Chiara Tonda-Turo:** Cell tests,  
20 Review. **Raffaella Sesana:** Review. **Cristina Delprete:** Review. **Annalisa**  
21 **Chiappone:** Review. **Minna Hakkarainen:** Review, Supervision. **Marco**  
22 **Sangermano:** Review, Supervision.

## 1 Declaration of Competing Interest

2 The authors declare no conflict of interest

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