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# Molecular and Coarse-Grained Modeling to Characterize and Optimize Dendrimer-Based Nanocarriers for Short Interfering RNA Delivery

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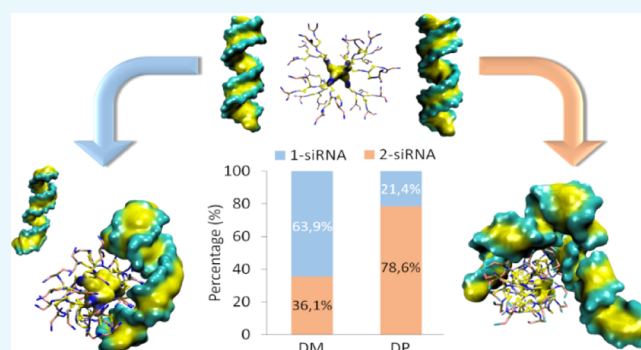


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**ABSTRACT:** Dendrimer nanocarriers are unique hyper-branched polymers with biomolecule-like properties, representing a promising prospect as a nucleic acid delivery system. The design of effective dendrimer-based gene carriers requires considering several parameters, such as carrier morphology, size, molecular weight, surface chemistry, and flexibility/rigidity. In detail, the rational design of the dendrimer surface chemistry has been ascertained to play a crucial role on the efficiency of interaction with nucleic acids. Within this framework, advances in the field of organic chemistry have allowed us to design dendrimers with even small difference in the chemical structure of their surface terminals. In this study, we have selected two different cationic phosphorus dendrimers of generation 3 functionalized, respectively, with pyrrolidinium (DP) and morpholinium (DM) surface groups, which have demonstrated promising potential for short interfering RNA (siRNA) delivery. Despite DP and DM differing only for one atom in their chemical structure, *in vitro* and *in vivo* experiments have highlighted several differences between them in terms of siRNA complexation properties. In this context, we have employed coarse-grained molecular dynamics simulation techniques to shed light on the supramolecular characteristics of dendrimer–siRNA complexation, the so-called dendriplex formations. Our data provide important information on self-assembly dynamics driven by surface chemistry and competition mechanisms.



## INTRODUCTION

RNA-based drugs, including short interfering RNA (siRNA) molecules,<sup>1</sup> are particularly promising examples of a modern medicine doctrine approach,<sup>2</sup> conceived to minimize side effects. Despite encouraging results shown using siRNA-mediated treatments,<sup>3,4</sup> cellular uptake still represents the major issue in the development of effective siRNA therapies. The poor internalization of siRNAs across cell membranes is due to their high molecular weight and negative charge.<sup>5</sup> To efficiently achieve intracellular delivery, siRNAs are usually complexed with cationic molecules which generate complexes with a size ranging from tens to a few hundreds of nanometers.<sup>6</sup> Several polymeric and lipid nanocarriers have been developed in the literature, including chitosan, cationic lipids, polyethylenimine, and dendrimers.<sup>7–14</sup> In the field of siRNA delivery, cationic phosphorous dendrimers<sup>15–18</sup> have proven to be excellent drug carriers for gene-silencing treatments after *in vitro* and *in vivo* experiments.<sup>4,6,19–21</sup> In a previous study,<sup>22</sup> we focused the attention on two different cationic phosphorus dendrimers of generation 3 for siRNA delivery.<sup>6</sup> Those dendrimers were functionalized, respectively, with pyrrolidinium (DP) and morpholinium (DM) surface groups.<sup>6,22</sup>

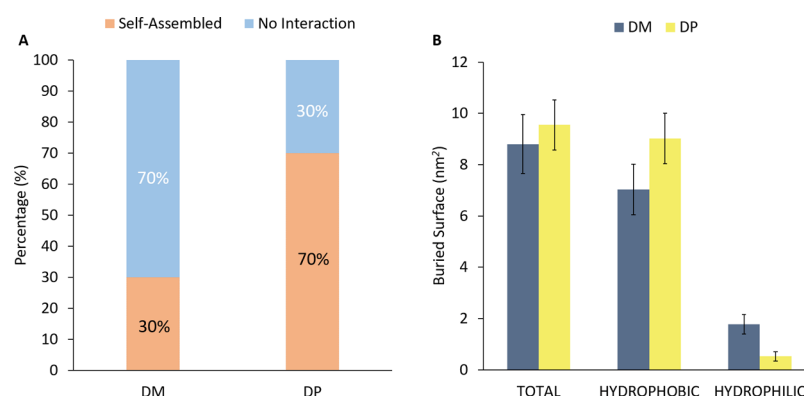
Several differences between DP and DM have been highlighted in terms of interaction properties with siRNA molecules by both *in vitro* experiments and molecular modeling. In detail, *in vitro* experiments indicated DP to have a multivalent character because it efficiently binds more than one siRNA molecule because of its ability to maximize the entropic contribution to the complexation free energy (CFE).<sup>22</sup> In addition, DP has also a lower enthalpy contribution to the CFE because of the lower recruitment of its charged terminals, which intrinsically maximizes the ability to complex with more than one siRNA.<sup>22</sup> Contrariwise, DM has higher enthalpy contribution to the CFE because it involves a higher number of its charged terminals, which de facto disadvantages the complexation with multiple siRNAs.<sup>22</sup> All aforementioned characteristics in fact strongly influence the stoichiometric number of DP and DM, resulting in a different supramolecular binding behavior.

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**Figure 1.** Percentage of simulation frames in which dendrimers are found complexed (DP–DP or DM–DM) or free in solution (A). The last 50 ns of all replicas for each dendrimer type were considered as an ensemble trajectory. DP has demonstrated a greater self-aggregation behavior, as it occurs in 70% of the frames; in contrast, DM has exhibited lower attitude to self-aggregate, which occurs in only 30% of the frames. Picture (B) shows the BS between homologous DMs and DPs. In this chart, the hydrophobic variation between the 2DP and 2DM systems is emphasized, which may be the driving force of DP tighter self-assembly.

**Table 1. Dendrimers SASA and the Respective Ratio between BS and SASA Expressed in Percentage**

	SASA total (nm <sup>2</sup> )	SASA hydrophobic (nm <sup>2</sup> )	SASA hydrophilic (nm <sup>2</sup> )	BS/SASA total (%)	BS/SASA hydrophobic (%)	BS/SASA hydrophilic (%)
DM	81.26 ± 3.13	52.76 ± 3.23	28.50 ± 1.45	10.83	13.32	6.21
DP	73.57 ± 2.83	60.75 ± 3.04	12.82 ± 0.80	12.98	14.85	4.14

Although atomistic modeling provided a clear picture of how functionalization may drive dendrimer ability to bind siRNA, a complete exploration of dendrimer–siRNA aggregation phenomena is still missing. In particular, to deeply explore the overall dendrimer–siRNA complexation dynamics, molecular systems consisting of more than one siRNA and/or one dendrimer should be simulated. All-atom (AA) molecular dynamics (MD) simulations have limited ability to approach large systems such as supramolecular assemblies and microsecond dynamics of those assemblies. An interesting approach to overcome the abovementioned limitations is the so-called coarse-grained (CG) modeling, which allows to investigate the conformational behavior of supramolecular assemblies and dynamics of microseconds with a reasonable computational effort.<sup>23</sup> Within this context, MARTINI CG force field has found a broad range of applications because it combines speed and versatility while maintaining chemical specificity.<sup>24–26</sup> MARTINI forcefield has been already applied to model PAMAM<sup>27,28</sup> or poly(L-lysine) dendrimers<sup>29</sup> and their interaction with the cellular membrane.<sup>30–33</sup>

In the present study, we carried out CG-MD simulations to provide further crucial information on DP and DM self-assembly phenomena and interaction propensity to siRNA. Our data confirmed how even small changes of the dendrimer surface chemistry may strongly affect the dendrimer interaction mechanism with siRNA, providing a view on how those small chemical changes on the dendrimer surface affect at higher scales the dendriplex superassembly stability. The outcome of this research provides (i) a characterization of DP and DM dendriplexes<sup>6,17</sup> and (ii) information to rationally design/optimize the dendrimer surface for tailoring dendrimer–siRNA drug-delivery systems.

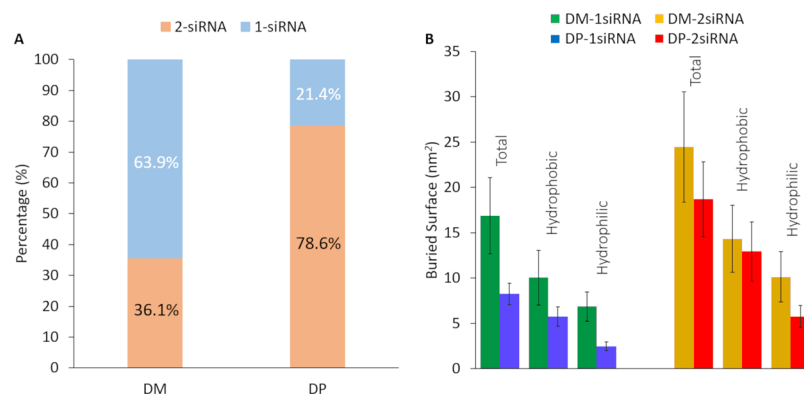
## RESULTS

In this section, we will show the results regarding the dendrimers self-assembly properties, stoichiometric coefficients, and competition mechanisms.

**T1. Dendrimer Self-Aggregation Mechanisms.** Recent *in vitro* experiments from our previous work<sup>22</sup> highlighted a DP tendency to self-assemble. Here, we have carried out CG simulations to investigate molecular mechanisms describing this behavior (section Methods, category T1). Figure 1A shows the percentage of self-assembled dendrimers. The probability of DP dendrimer to aggregate (70%) was found much higher if compared to DM (30%). Moreover, buried surface (BS) estimation was carried out to evaluate the interacting surface of complexed dendrimers. Figure 1B indicates a quite similar total BS (DP = 9.55 ± 0.98 nm<sup>2</sup>, DM = 8.80 ± 1.15 nm<sup>2</sup>) for both DM and DP. As expected, DP–DP complexes were characterized by a slightly higher hydrophobic BS (DP = 9.02 ± 0.97 nm<sup>2</sup>, DM = 7.03 ± 0.99 nm<sup>2</sup>) and a lower hydrophilic contact area (DP = 0.53 ± 0.18 nm<sup>2</sup>, DM = 1.77 ± 0.38 nm<sup>2</sup>) with respect to DM–DM complexes. The greater tendency shown by DP to interact by hydrophobic contacts is likely driven by apolar terminals on the outer surface. The increased buried hydrophobic area of DP promotes the self-assembly phenomena, in agreement with experimental data.

In addition to the previously BS analysis, dendrimer solvent accessible surface area (SASA) has been also computed in order to clarify the percentage of the dendrimer surface involved in the self-assembly process. Table 1 shows the SASA analysis and the BS/SASA ratio for both the dendrimer type, dividing results in three main categories: total, hydrophobic, and hydrophilic. Accordingly to the Figure 1B bar diagram, the BS/SASA ratio is in perfect correlation with the interaction surface of the dendrimer assembly. Despite DP has lower total SASA, it involves a higher interaction surface, resulting in a higher percentage of the BS/SASA ratio.

**T2. siRNA–Dendrimer Binding Stoichiometry.** *In vitro* experiments and AA simulations suggested DP–siRNA stoichiometry higher than 2, whereas DM–siRNA stoichiometry lower than 1, which definitively crown the DP dendrimer as the most efficient nanocarrier. In this work, an extensive CG-MD investigation was carried out to deeply elucidate molecular reasons behind this feature (set up described in section



**Figure 2.** (A) Complexation occurrences bar diagram for both types of dendrimer with siRNA. DP can interact with 2 siRNAs in 78.6% of the frames, instead DM may complex with 2 siRNA in the 35.7% of the frames. (B) Dendrimer–siRNAs BS analysis computed for DM–1 siRNA (green), DM–2 siRNA (orange), DP–1 siRNA (blue), DP–2 siRNA (red).

Methods, category T2). Overall, 15 replicas of 500 ns were carried out for each system, considering the last 50 ns for all the following analyses. Figure 2A shows the probability of each dendrimer to be in contact with 1 and 2 siRNA, respectively. Results indicated that DP was able to maximize the probability to bind 2 siRNA molecules (78.6% of the MD frames—Supporting Movie 1), if compared with DM (36.1% of the MD frames—Supporting Movie 2). Figure 2B shows the BS, that is, the interaction surface, between dendrimer and siRNA in stable dendriplex assemblies. In these CG-MD simulations, dendriplex can be composed by 1 dendrimer and 1 siRNA or 1 dendrimer and 2 siRNA. The BS was always larger in case of DM–siRNA dendriplex (DM–1 siRNA =  $16.89 \pm 4.20 \text{ nm}^2$ , DM–2 siRNA =  $24.46 \pm 6.11 \text{ nm}^2$ ; DP–1 siRNA =  $8.25 \pm 1.18 \text{ nm}^2$ , DP–2 siRNA =  $18.69 \pm 4.15 \text{ nm}^2$ ). It is worth noting that BS is 2.27 higher in case of DP binding 2 siRNA ( $BS_{DP-2 \text{ siRNA}}/BS_{DP-1 \text{ siRNA}} > 2$ ), whereas the BS is only 1.45 higher for DM binding 2 siRNA ( $BS_{DM-2 \text{ siRNA}}/BS_{DM-1 \text{ siRNA}} < 1.5$ ). This evidence is again in agreement with a higher stoichiometry of DP in binding siRNA, as suggested in the recent literature.<sup>22</sup>

To complete the picture, terminal–siRNA distance analysis has been performed in order to extract fruitful information on the interaction behavior of the different DM and DP characterizing beads. In greater detail, Table 2 shows the

**Table 2.** Number of  $Q_0$ ,  $N_0$ , and  $C_1$  Dendrimer Terminal Beads Present within Three Main Ranges from siRNAs

	Bead	primary interaction $d \leq 0.6 \text{ nm}$	secondary interaction $0.6 \text{ nm} < d \leq 1.1 \text{ nm}$	free terminals $d > 1.1 \text{ nm}$
DM–1 siRNA	$Q_0$	14.6	6.1	27.3
	$N_0$	10.6	10.3	27.1
DP–1 siRNA	$Q_0$	8.4	4.4	35.2
	$C_1$	4.5	9.0	34.5
DM–2 siRNA	$Q_0$	10.8	5.7	31.4
	$N_0$	7.8	8.7	31.5
DP–2 siRNA	$Q_0$	10.0	4.5	33.5
	$C_1$	4.7	10.6	32.7

number of  $Q_0$ ,  $N_0$ , and  $C_1$  dendrimer terminal beads present within three main distance intervals from the siRNAs: “primary interaction ( $d \leq 0.6 \text{ nm}$ )” indicates a strong stabilization range where terminal beads are primary involved in the dendrimer–siRNA complexation. The “Secondary interaction ( $0.6 \text{ nm} < d \leq 1.1 \text{ nm}$ )” range indicates an interval where the terminal beads are

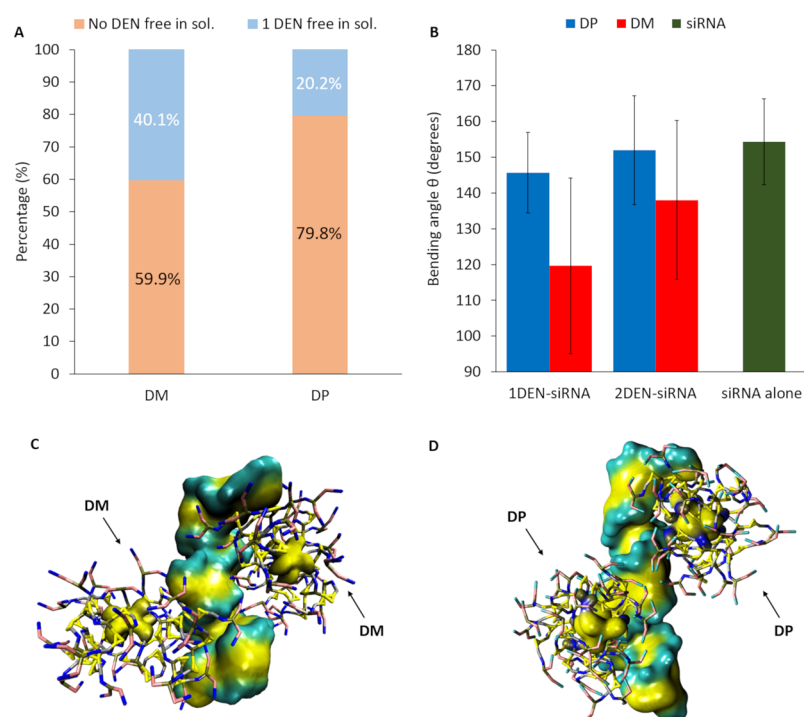
still involved in interaction with siRNA by van der Waals and Coulomb forces. “Free terminals ( $d > 1.1 \text{ nm}$ )” indicate that no interaction is occurring between beads and siRNA beyond this range. Remarkably, in both cases, where 1 or 2 siRNA are complexed, DM involves a higher number of  $Q_0$  and  $N_0$  terminal beads for complexation purposes, whereas DP utilizes a lower number of  $Q_0$  and  $C_1$  terminal beads. Interestingly, the  $N_0$  bead of the DM terminals is employed for primary stabilization tasks in a better way (DM–1 siRNA  $N_0/Q_0 = 0.73$ , DM–2 siRNA  $N_0/Q_0 = 0.72$ ), rather than the  $C_1$  bead of the DP terminals (DP–1 siRNA  $C_1/Q_0 = 0.54$ , DP–2 siRNA  $C_1/Q_0 = 0.47$ ).

**T3. Dendrimer Competition Mechanisms.** In this section, we have investigated possible competition phenomena which may affect the ability of DM and DP to complex in dendriplex assemblies (set up described in section Methods, category T3). To address this point, 15 replicas of 500 ns were carried out for each system, considering the last 50 ns for all the following analyses.

Figure 3A depicts the probability of the DP and DM dendrimers to be found in dendriplex or free in solution. Interestingly, DP dendrimers are found free in solution only with probability 0.2 among all replicas, whereas DM can be found free in solution with a higher probability up to 0.4. This implies that siRNA–DM complexes are in general constituted by 1 siRNA and 1 dendrimer.

It is worth noting that the higher probability to find DP dendrimers aggregated in dendriplexes is also driven by DP self-aggregation properties (already highlighted by in vitro experiments<sup>22</sup> and shown in Figure 1). This unique DP property is crucial for promoting dendriplex stabilization and growth also through dendrimer–dendrimer contacts. In this sense, the DP self-aggregation tendency should be interpreted as a complexation promoting feature and not a competition mechanism. To complete the picture, a contact analysis has been performed in order to evaluate if the first contact occurs between the two dendrimers or between the siRNA and the dendrimers. The distance below which the molecules are considered as stably complexed is 0.6 nm. In detail, aggregation occurs first between the two dendrimers in 2 replicas out of total 15 (15.4%) for 2DP–siRNA systems, whereas it occurs in 1 replica out of total 15 (7.2%) for two DM–siRNA systems.

It is worth mentioning that DM–siRNA complexation is stabilized by a siRNA deformation while wrapping around dendrimer, as also shown by AA simulation of the previous literature.<sup>22</sup> The abovementioned DM–siRNA complexation



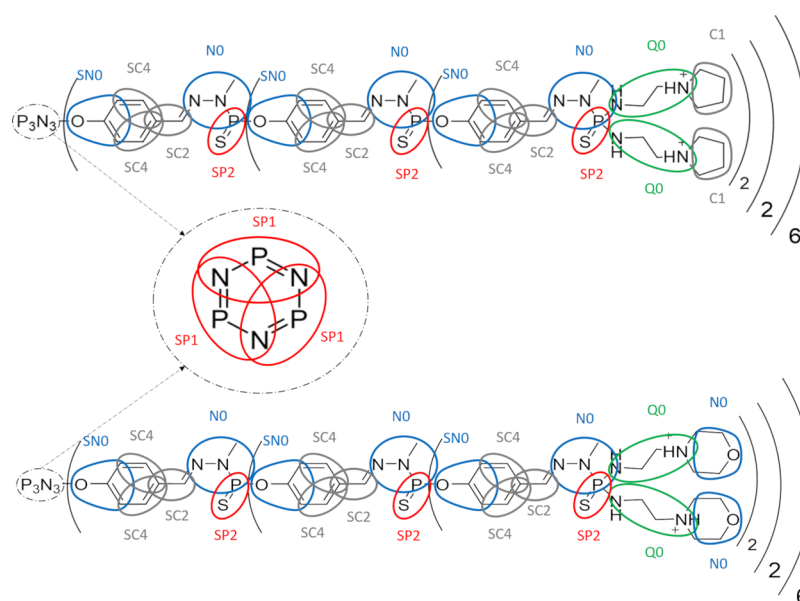
**Figure 3.** Picture (A) shows the DM and DP aggregation percentage bar diagram with siRNA and the percentage of 1 DM and DP free in solution. DP dendrimers are found free in solution only with probability 20% among all replicas, whereas DM can be found free in solution with a higher probability up to 40%. Picture (B) shows the bending angle “ $\theta$ ” bar diagram of 1DEN–siRNA, 2DEN–siRNA e siRNA alone. Pictures (C,D) show, respectively, 2DMs and 2DPs in close complexation with 1 siRNA.

feature is also detectable in present CG simulations (Figure 3, Supporting Information S.6). Figure 3B quantifies the siRNA bending angle “ $\theta$ ” in three cases: 1DEN–siRNA dendriplex, 2DEN–siRNA dendriplex and siRNA alone. Interestingly, the results show that the siRNA bending angle, both when it interacts with one and two DPs, is close to the conformation assumed by siRNA when alone in water. In contrary, siRNA structure deformation reached lower bending angles both in the case of complexing with one and two DMs. However, siRNA is able to wrap around only one between the two bound DM (Figure 3C, Supporting Information S.6). This aspect suggests that only one DM will be stabilized in the complexation, whereas the other will be more likely able to detach. In this sense, we highlight a competition mechanism in DM–siRNA complexation, which is not present in DP–siRNA complexation (Figure 3D, Supporting Information S.6). All these evidences suggest some competition phenomena among dendrimers when an excess of dendrimers are present in the solutions, as usual in experimental studies. In detail, considering that the dendrimer–siRNA molar ratio is always higher than 1,<sup>22</sup> the competition mechanisms can alter certain chemical parameters, including the stoichiometric coefficients.

## DISCUSSION

Dendrimers are polymeric hyperbranched nanocarriers characterized by the globular shape with high monodispersity and high degree of versatility, which have outstanding features for nanomedicine.<sup>34–44</sup> Within this context, polycationic dendrimers have proven to be an excellent drug delivery carrier for gene therapy strategies.<sup>45,46</sup> In this paper, we have employed CG MD to investigate complexation dynamics of siRNA with two different type of polycationic phosphorous dendrimers, namely, the pyrrolidinium and morpholinium dendrimers. MD

has already shown to be a powerful tool to investigate nanoscale phenomena driving macromolecules properties from the molecular to supramolecular scale.<sup>44,47–51</sup> Here, our in silico study aims at exploring molecular features driving supramolecular complexation in terms of assemble mechanisms and competition phenomena. In this framework, dendrimers or dendrons self-assembled supramolecular nanostructures reduce the difficulty in overcoming the plasmatic membrane, resulting in an increased cellular uptake of siRNAs.<sup>52–54</sup> Particular importance must be given to the dendriplex size.<sup>6,17</sup> More precisely, the size of dendriplex plays a key role in avoiding problems such as little effectiveness or excessive toxicity on the transfected cells.<sup>55</sup> In this study, we have selected two different cationic phosphorus dendrimers of generation 3, functionalized, respectively, with pyrrolidinium (DP) and morpholinium (DM) surface groups, which demonstrated a promising potential for siRNA delivery.<sup>6</sup> Our data have demonstrated that DP has an increased capacity to self-assembly rather than DM. Such behavior is related with the different dendrimers’ chemical nature of the terminal beads, which for DM is polar and for DP is completely apolar. Because systems are immersed in an aqueous solvent, the behavior of nonpolar particles to aggregate is increased, and probably it results in our demonstrated tighter self-assembly showed by DP. Further studies on the size and the polydispersity index of the DP aggregates could be indicated to improve the control and the prediction of this sensitive characteristic, with the aim of avoiding adverse events. Another important feature to investigate in order to modulate the dendriplex size and conformation is the dendrimer complexation behavior with siRNA molecules.<sup>56</sup> In this context, cationic dendrimer–siRNA aggregates formation are mainly driven by electrostatic interactions.<sup>57</sup> Therefore, tuning up the peripheral positive charge density and the terminal chemical structure of



**Figure 4.** DP (top picture) and DM (bottom picture) maps applied to the AA structure. Different bead polarity is highlighted with different color: apolar beads are indicated in gray, nonpolar beads in blue, polar beads in red, and charged beads in green.

dendrimers may strongly influence the binding attitude with siRNAs.<sup>58</sup> Recent study has highlighted how even small difference in dendrimer chemical composition can affect the enthalpy and entropic contribution of DP and DM, drastically changing their stoichiometric values.<sup>22</sup> It has been already highlighted how the dendrimer multivalence behavior is intrinsically connected to the enthalpy contribution and the entropic penalty in the binding free energy.<sup>59–61</sup> In our research, we have demonstrated that DP has an increased capacity to complex with 2 siRNAs, while DM has increased attitude to complex with 1 siRNA. Such a different behavior may indicate that DP can reorganize in a more efficient way its branches in order to bind 2 siRNAs. On the other hand, DM may suffer from higher conformational change when it complexes with 1 siRNA. This assumption is supported by the BS analysis (Figure 2B), which confirms that DM has a greater interaction surface both when it is complexed with 1 or 2 siRNAs. The higher BS values exhibited by DM are due to its capability to flex the siRNA structure, a behavior which is almost totally absent for the DP.<sup>22</sup> Because DP has decreased the BS surface and employs a lower number of terminals for complexation purposes, it has an increased efficiency in binding siRNA rather than DM.<sup>6,22</sup> In addition, the lower number of terminals employed by DP can be also useful in detachment of siRNAs once inside the cell, which can lead to an amplified bioactivity. On the other hand, we have shown that DP presents self-assembly mechanisms even in the presence of siRNA double-strained filaments. Considering that in vitro experiments are executed with an excess of dendrimer buffer,<sup>6,22</sup> we can suggest that DP concentration within the dendriplex will be probably higher in comparison of DM concentration within the dendriplex. According to the recent literature, positively charged nanoparticles and aggregates have much greater propensity to translocate through cell membranes than negatively or neutral charged ones.<sup>62–64</sup> In addition, the superficial positive charged molecules have proved to be also strongly correlated to cellular uptake and cytotoxicity.<sup>65–67</sup> The higher presence of DPs into the dendriplex nanoparticles can result in a higher capability of masking the siRNA negative charge, leading in an increased cellular internalization. On the

other hand, tuning properly the dendrimer hydrophobic/hydrophilic affinity with membranes<sup>68,69</sup> can also aid the efficient translocation of dendriplexes inside the cell.<sup>62</sup> In this framework, DP increased apolar character rather than DM, may also play a crucial role in the cellular uptake process, because of the increased hydrophobic affinity with the plasmatic membrane. Taken all together, it is reasonable to assume that DP increased binding multivalence and self-assembly attitude, with no significant competition phenomena, lead to higher dendriplex stabilization and neutralization which ultimately can improve the cell transfection.

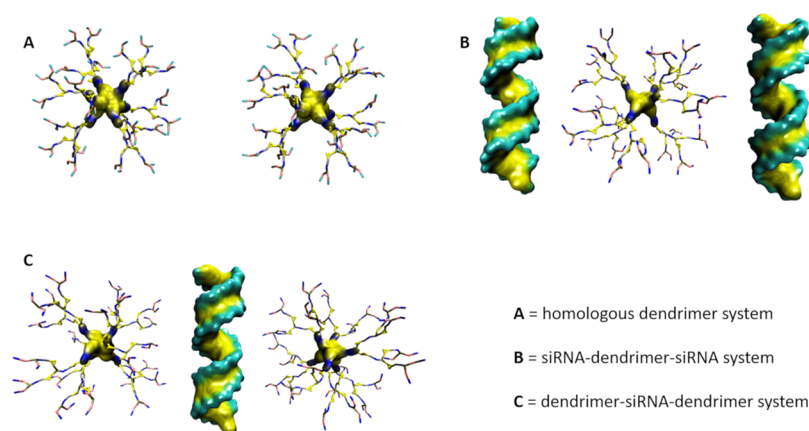
## CONCLUSIONS

In the present study, we adopted the MARTINI force-field to shed light on the different supramolecular behavior of two cationic phosphorous dendrimers, namely, DM and DP, in complexing siRNA. We have shown how small surface modification might lead in significant changing on the dendrimer–siRNA complexation dynamics. The results indicate that DP is significantly more efficient in binding 2 siRNAs, while DM has increased attitude to complex with 1 siRNA. In this framework, we also highlighted a competition mechanism in DM–siRNA interaction, which is not present in DP–siRNA interaction. The outcome of this research provides fruitful insight in order to deeply understand the mechanisms driving the supramolecular dendriplex formation. In conclusion, this multiscale computational work paves the way for a future investigation of the dendriplex structures formed by the large-scale interaction of dendrimers and nucleic acids.

## METHODS

**Dendrimers CG Models.** Dendrimers CG models, in terms of coordinates and topology, were generated starting from AA trajectories of DM and DP by grouping AA coordinates and mapping them in CG beads as made in several previous works.<sup>24–27,29,51</sup>

AA-MD set up and results concerning conformational stability are reported in our previous work and summarized in Supporting Information S.1. The AA simulations of single



**Figure 5.** Representation of the three simulated systems (T1, T2, T3) for each dendrimer type; (A) two homologous dendrimers in water (T1), (B) siRNA–dendrimer–siRNA in water (T2), (C) dendrimer–siRNA–dendrimer in water (T3). Water and ions are not shown in the picture.

dendrimer in water will be used here as reference for validation of CG dendrimer models.

CG-AA maps for DM and DP dendrimers are shown in Figure 4. More details about the AA group division and bead identification is reported in Supporting Information S.2. Nonbonded parameters assigned to each CG bead have been taken from the MARTINI forcefield.<sup>24</sup> AA trajectories and AA-CG maps were used as input for PyCGTOOL<sup>70</sup> in order to generate the dendrimer CG-bonded terms topology.<sup>71,72</sup>

**Dendrimer CG Model Validation.** As mentioned above, the dendrimer CG models were validated by comparing the dendrimer AA and CG dendrimer conformational dynamics. In a greater detail, AA-MD and CG-MD simulations have been performed on the same molecular system (dendrimer in water) for both DP and DM.

The tuning of bonded parameters was done using the iterative modified Boltzmann inversion (ImBI) technique (Supporting Information S.3), to derive potentials of the bonded terms in order to match the topological parameters of reference atomistic models. Structural conformation of both CG dendrimer models was evaluated in comparison with AA trajectories, by measuring mean and standard deviation of the radius of gyration and root mean square fluctuations.

The ImBI requires several steps of CG dynamics and a topology refinement on the basis of a comparison with system properties obtained at the CG level and the same properties obtained by AA-MD (target trajectory).<sup>48</sup> Concerning the CG level, each dendrimer (DP and DM) was positioned in the center of a dodecahedron box filled with normal water beads, using 0.21 nm as van der Waals distance, and ions ( $\text{Na}^+$  and  $\text{Cl}^-$ ) at a physiological concentration (0.15 M). To prevent unwanted CG water freezing, 20% of normal P4 water beads were replaced with special-type BP4 antifreeze water beads.<sup>24</sup>

Then, each simulation step of the ImBI was performed as follows. The system (dendrimer in water) was energy-minimized by 2000 steps of the steepest descent energy minimization algorithm. A 100 ps position-restrained MD was performed at 320 K using the v-rescale<sup>73</sup> thermostat in the NVT ensemble. Then, a 5 ns position-restrained MD was performed at 320 K and 1 atm using Berendsen barostat in the NPT ensemble.<sup>74</sup> Finally, a 100 ns MD without position restraints was performed in the NPT ensemble coupling the system by the Parrinello–Rahman<sup>75</sup> barostat and the v-rescale<sup>73</sup> thermostat. Atom velocities were randomly initialized following a Maxwell–Boltzmann distribution. Long-ranged electrostatic interactions

were calculated at every step with the reaction-field method, using a relative dielectric constant value of 15, with a cut-off of 1.1 nm.<sup>76</sup> A cut-off of 1.1 nm was also applied to Lennard–Jones interactions.<sup>76</sup> The LINCS<sup>77</sup> algorithm approach allowed an integration time step of 10 fs.

Validation analysis was performed taking into account the last 20 ns of production run, following two main strategies: (A) suit the bonded parameters as similar as possible to the atomistic models and (B) try to optimize the conformational features of the dendrimers as close as possible to the atomistic simulations.<sup>70,78,79</sup>

The detailed validation procedure that has been adopted can be found in the Supporting Information S.4.

**Generation of siRNA CG Model.** The parametrization followed to obtain the siRNA CG model is based on the MARTINI DNA force-field extension<sup>80</sup> adapted in order to achieve a correct implementation of the RNA properties.<sup>78</sup> The siRNA CG model was created with a soft elastic network which has allowed the building of correct double-stranded siRNA's structure.<sup>78</sup> In detail, the soft model has been found in good agreement with the experimental persistence length and helical parameters for dsRNA molecules.<sup>78</sup> The maximum recommended time-step in order to maintain the simulations stability is 10 fs.<sup>78</sup>

**CG MD of Dendrimer–Dendrimer and Dendrimer–siRNA Complexation.** CG MD developed in this work can be divided into three main categories (T1, T2, and T3). For each category, a different molecular system has been considered.

**T1. Investigation of Dendrimer Self-Aggregation Mechanisms.** Two homologues, for example, 2DM molecules (or 2DP molecules), have been positioned at a minimum distance of 3 nm from each other (Figure 5A). The simulation test aims at investigating DP and DM self-aggregation tendency.

**T2. Investigation of siRNA–Dendrimer Binding Stoichiometry.** A system consisting of 2 siRNA and 1 dendrimer (DM or DP) has been built by positioning each molecule at a minimum distance of 2 nm from each other. The simulation test aims at investigating molecular reasons behind a different stoichiometry shown by DP and DM in binding siRNA (Figure 5B).

**T3. Investigation of Dendrimer Competition Mechanisms in Binding siRNA.** A system consisting of 2 dendrimers and 1 siRNA has been built by positioning each molecule at a minimum distance of 2 nm from each other. The simulation test aims at investigating if some kind of competition mechanism may affect the dendrimer ability to bind siRNA (Figure 5C).

All CG simulations have been carried out in CG modeled explicit water and ions as described below. In all the cases, the molecular system was positioned in the center of a dodecahedron box with a minimum periodic images distance no smaller than 2.0 nm and solvated with nonpolarizable water beads. After that Na–Cl ions were added at a concentration of 0.15 M, such as human extracellular ions concentration, forming systems with a total amount of about 45,000 interacting beads. MARTINI v\_2.1-dna forcefield<sup>24</sup> was adopted for CG simulations. To avoid freezing of the solvent beads, 20% of normal water beads (P4) was replaced with heavy water beads (BP4).<sup>24</sup> Long-ranged electrostatic interactions were calculated at every step choosing the reaction-field method, using a relative dielectric constant value of 15, with a cut-off of 1.1 nm.<sup>76</sup> A cut-off of 1.1 nm was also applied to vdW interactions.<sup>76</sup>

Each system was energy-minimized by 2000 steps of steepest descent energy minimization algorithm. A 100 ps position-restrained MD was performed at 320 K using v-rescale<sup>73</sup> thermostat in the *NVT* ensemble. Then was performed a 5 ns position-restrained MD at 320 K and 1 atm using Berendsen<sup>74</sup> barostat in the *NPT* ensemble, giving the time to equilibrate the system density. Atom velocities were randomly initialized following a Maxwell–Boltzmann distribution. Finally, 10 MD replicas for category T1 and 15 MD replicas for both T2 and T3 were performed for 500 ns each, without position restraints, in the *NPT* ensemble using Parrinello–Rahman<sup>75</sup> barostat. Each replica was characterized by different atom velocities at the beginning of the MD simulation. All the performed analyses were done considering the last 50 ns of each replica.

GROMACS 2018.3<sup>81,82</sup> package was used for all MD simulations. The visual MD (VMD)<sup>83</sup> package was used for the visual inspection of the simulated systems and for systems snapshot rendering.

## ■ ASSOCIATED CONTENT

### Supporting Information

The Supporting Information is available free of charge at <https://pubs.acs.org/doi/10.1021/acsomega.9b03908>.

DP maximizes the probability to bind 2 siRNA molecules (AVI)

DP maximizes the probability to bind 2 siRNA molecules if compared with DM (AVI)

AA MD of DM and DP; features of CG maps; modified Boltzmann inversion; topological parameter validation; siRNA bending angle; and dendrimer competition phenomena (PDF)

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## Notes

The authors declare no competing financial interest.

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