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# Injectable thermosensitive gels for the localized and controlled delivery of biomolecules in tissue engineering/regenerative medicine

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## Abstract

The characteristic poor stability and high fluid permeability of Poloxamer®-based gels have severely limited their biomedical application. In this work, Poloxamer 407 was used as building block to synthesize a poly(ether urethane) (PEU), which aqueous solutions formed gels with improved stability and mechanics compared to Poloxamer itself. PEU chains formed micelles in aqueous solution (diameter ~40 nm at 25°C) and systems with PEU content higher than 5±1% w/v underwent a temperature-driven gelation. Gel properties were tuned acting on PEU concentration in the starting solutions, with compositions within the range 8-18% w/v showing high potential for biomedical applications (gelation at 37°C within 3-10 minutes, residence time from few days to many weeks, injectability). Model proteins (bovine serum albumin, horseradish peroxidase) were encapsulated in mild conditions and their release was modulated by gel composition (on day 3, approx. 85, 65 and 55% of encapsulated payload released from gels with 8, 15 and 18% w/v concentration). Released peroxidase retained approx. 30-40% of its activity up to 2 days, a key aspect for biomolecules in the drug delivery field.

## Introduction

The potential biomedical application of hydrogels has been widely explored since the 1960s. Although the literature reports several definitions of the term *hydrogel*,<sup>1-3</sup> they are currently defined as multi-component systems composed by a three-dimensional network of polymeric chains with spaces between macromolecules filled by

water.<sup>4</sup> These networks are characterized by the ability to swell and de-swell in aqueous environments, while keeping their shape; additionally, the amount of water absorbed also influences many properties, such as mechanical and surface properties, biocompatibility and permeability.<sup>5</sup> Thanks to their properties, hydrogels have been frequently employed for regenerative medicine applications, especially as drug release systems in different fields, such as cancer,<sup>6</sup> cardiovascular disease treatment,<sup>7</sup> and skin wound dressings.<sup>8</sup> The suitability of hydrogels in these applications is due to their ability to overcome some of the limitations of traditional drug administration routes: hydrogels release their payload with a controlled and sustained kinetics, while stabilizing and protecting the encapsulated molecule.<sup>9</sup> Moreover, hydrogels are usually injected via non-invasive procedures, thus limiting the size of the surgical incisions needed to apply them (hydrogels are often directly injected *in loco*) and reducing wound healing time, pain and risk of side effects (*e.g.*, infection).

Thermo-sensitive sol-gel systems have received particular interest in the biomedical area. The trigger point underpinning the formation of these systems is the sol-to-gel transition, which is solely induced by temperature, with no potentially toxic cross-linkers, catalysts or organic solvents required. Thermo-sensitive hydrogels can be characterized either by an upper critical gelation temperature (UCGT) or a lower critical gelation temperature (LCGT): gel formation is obtained by decreasing temperature below UCGT and increasing temperature above LCGT, respectively. In particular, LCGT hydrogels show high promise in the biomedical field, since they can be tailored as injectable systems that undergo gelation *in situ* after injection in physiological conditions. Other advantages include the possibility to encapsulate biomolecules at low temperature by dispersion when the system is in the sol phase and the ability of the injected systems to easily fill any defect or cavity before complete gelation.<sup>10</sup>

Poly(ethylene oxide)/poly(propylene oxide)/poly(ethylene oxide) (PEO-PPO-PEO) triblock copolymers (trademark Pluronic®, Poloxamers®, Kolliphor®) have been used in many literature studies to design thermo-sensitive hydrogels, especially as drug and cell carriers.<sup>11,12</sup> Hydrogels formed by Poloxamers, however, are affected by low viscosity and mechanical strength, high permeability and a limited residence time in aqueous media, which significantly restrict the field of application of these systems. A possible solution to overcome this drawback consists in increasing

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Contributions: MB, AGB, data collecting and analyzing, manuscript writing; OL, data collecting and analyzing; MB, SS, GC, manuscript reviewing and supervision; GC, project administration and funding acquisition.

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Poloxamer molecular weight by using it as repeating unit in the design of multiblock copolymers. For instance, several literature studies focused on the reaction of Poloxamers with diisocyanates,<sup>13-15</sup> leading to the formation of poly(ether urethane)s (PEUs), which show a high chemical versatility that results in the possibility to finely tune their properties, thus making them suitable to many different applications.

In this work, an amphiphilic PEU has been synthesized starting from Poloxamer® 407, an aliphatic diisocyanate and an amino acid-derived diamine, and the potential of its aqueous solutions as gelling systems has been qualitatively and quantitatively proved by tube inverting and rheological tests. Stability in aqueous environment and injectability have been also investigated.

Then, two model proteins have been encapsulated in the PEU gels and both the effects of these molecules on gel properties and their release kinetics have been thoroughly assessed. In detail, bovine serum albumin (BSA) and horseradish peroxidase (HRP) were selected as model proteins based on previous literature,<sup>16</sup> their low cost and easy quantification through commercially available colorimetric assays. Additionally, the activity and stability of the released HRP enzyme could be easily and quickly evaluated through colorimetric quantification of oxidized 3,3',5,5'-Tetramethylbenzidine (TMB) substrate. Model proteins have been loaded in hydrogels of selected compositions at an ideal concentration of 1 mg/mL, taking into account that the concentration growth factors require to exert their activity is usually in the order of tens-hundreds ng/mL.<sup>17,18</sup> Moreover, loading of BSA or HRP at a fixed concentration has allowed a fine and thorough comparison among formulations differing only for one parameter, *i.e.*, the polymer content.

## Materials and Methods

### Materials

Ploxamer 407 (P407,  $M_n$  12600 Da, PEO content 70%, Sigma Aldrich, Italy) was anhydriated at approx. 200 mbar at 100°C for 8 hours and then equilibrated at 40°C to be used as macrodiol during PEU synthesis. L-Lysine ethyl ester dihydrochloride (Sigma Aldrich, Italy) was stored at room temperature (RT) under reduced pressure until use, while 1,6-hexamethylene diisocyanate (HDI, Sigma Aldrich, Italy) was distilled under vacuum to remove water and stabilizers. 1,2-dichloroethane (DCE) was anhydriated in inert atmosphere over molecular sieves (previously activated at 120°C, 4Å, Sigma Aldrich, Italy) overnight. Triethylamine (TEA, Sigma Aldrich, Italy) and the catalyst dibutyltin dilaurate (DBTDL, Sigma Aldrich, Italy) were used as received. All solvents were acquired from CarloErba, Italy in their analytical grade. BSA, HRP and all reagents for colorimetric assays (bicinchoninic acid – BCA – assay, TMB substrate solution) were purchased from Sigma Aldrich and used as received.

### Poly(ether urethane) synthesis and nomenclature

The PEU used in the present work as hydrogel-forming material was synthesized according to an optimized protocol.<sup>19</sup> A

P407 solution in anhydrous DCE (20% w/v) was first heated at 80°C. Then HDI and DBTDL were added (HDI:P407=2:1 molar ratio, DBTDL at 0.1% w/w concentration with respect to P407) and the pre-polymerization step lasted 150 minutes. After cooling down the reaction mixture at 60°C, L-Lysine ethyl ester (LYS) was added (LYS:P407=1:1 molar ratio) upon solubilization in anhydrous DCE at 3% w/v concentration in the presence of TEA (TEA:LYS=3:1 molar ratio) to induce neutralization. The chain extending reaction lasted 90 minutes. The synthesized PEU was precipitated in petroleum ether (petroleum ether:DCE=4:1 volume ratio) and the polymer was further purified by precipitating its solution prepared in DCE in a diethyl ether/methanol mixture (98:2 v/v) at 5:1 volume ratio with respect to DCE. Centrifugation at 6000 rpm and 0°C for 20 minutes was performed to collect the PEU, which was finally dried under the fume hood overnight and stored under N<sub>2</sub> at 4°C. Hereafter, PEU will be identified with the acronym KHP407, where K, H and P407 identify L-Lysine ethyl ester, HDI and Ploxamer 407, respectively.

### Chemical characterization of KHP407

KHP407 successful synthesis was proved by Attenuated Total Reflectance Fourier Transformed Infrared (ATR-FTIR) spectroscopy and Size Exclusion Chromatography (SEC).

ATR-FTIR spectra were registered by a Perkin-Elmer Spectrum 100 instrument using an ATR accessory (UATR KRS5) with diamond crystal, according to Boffito *et al.*<sup>19</sup> P407 and KHP407 spectra were obtained between 4000 and 600 cm<sup>-1</sup>, mediating 32 scans with a resolution of 4 cm<sup>-1</sup>.

SEC analysis was performed with an Agilent Technologies 1200 Series, USA instrument carrying a Refractive Index Detector (RID) and two columns (Waters Styragel HR1 and HR4) equilibrated at 55°C. N,N dimethylformamide (HPLC grade, CarloErba, Italy) added with LiBr (0.1% w/v, Sigma Aldrich, Italy) was used as mobile phase at 0.5 mL/min. 2 mg/mL concentrated PEU samples were prepared and filtered before analysis. Molecular Weight (Number Average Molecular Weight,  $M_n$  – Weight Average Molecular Weight,  $M_w$ ) and Molecular Weight Distribution ( $D=M_w/M_n$ ) were estimated using a calibration curve based on PEO standards (Peak Molecular Weight ( $M_p$ ) within the range 982-205500 Da) as reference.

## Characterization of KHP407 aggregation in aqueous medium

### Dynamic Light Scattering analysis

P407 and KHP407 solutions (0.5 and 1% w/v concentration) were prepared in Phosphate Buffered Saline (PBS, pH 7.4) and analyzed with a Zetasizer Nano S90 (Malvern Instruments, Worcestershire, UK) Dynamic Light Scattering (DLS) at 25, 30, 37 and 45°C (10 minutes equilibration at each tested temperature before analysis) according to Boffito *et al.*<sup>19</sup> In each analyzed condition, three measurements were taken and results are reported as mean ± standard deviation.

### Evaluation of the Critical Micellization Temperature

Critical Micellization Temperature (CMT) of P407- and KHP407-based solutions with concentration within the range 0.1-6% w/v was estimated using the fluorescent dye 1,6-diphenyl-1,3,5-hexatriene (DPH, Sigma-Aldrich, Italy) as marker of micellization, according to the protocol by Alexandridis *et al.*<sup>20</sup> A DPH solution in MeOH (0.4 mM) was added to polymer aqueous solutions, previously prepared in PBS, reaching a final DPH concentration of 92 ng/mL. Samples were then cooled down at 4°C in the dark for 90 minutes and underwent a temperature increase from 5 to 35°C at a rate of 1°C/step, each step consisting in sample equilibration for 5 minutes followed by UV-Vis spectrum acquisition (Perkin Elmer Lambda 25 UV/VIS spectrometer Waltham, MA, USA) within the range 330-400 nm (resolution 1 nm). Absorbance values at 356 nm were plotted against temperature and CMT was defined at the intersection point between the first inflection of the intensity and the successive sigmoidal curve progressively registered with increasing temperature.

## Design and characterization of KHP407-based sol-gel systems

### Hydrogel preparation

KHP407-based sol-gel systems were prepared within the concentration range 5-25% w/v by solubilizing KHP407 powder in PBS overnight at 4°C.

### Characterization of the thermosensitive behavior of KHP407-based solutions

#### Tube inverting test

Tube inverting test was conducted to estimate the LCGT of KHP407-based aqueous solutions. Each sample underwent a stepwise temperature increase from 5 to 55°C. In each step, a 1°C temperature

increase was induced in the samples, temperature was kept constant for 5 minutes and finally the vials were inverted for their visual inspection. *Sol* and *gel* states were assessed by checking the presence or absence of flow within the 30s of inversion. To eliminate results dependence over sample geometry, KHP407-based solutions (1 mL) were prepared in Bijou vials (17 mm inner diameter, CarloErba Reagents, Italy).

#### Tube inverting tests in isothermal conditions

Tube inverting test was also conducted in isothermal conditions at 37°C to estimate the time required for system gelation. Each sample (1 mL, Bijou vial), previously equilibrated at 4°C, was incubated at 37°C and inverted (30 seconds) for the evaluation of its sol/gel condition every one minute.

#### Rheological characterization

Rheological characterization was carried out with a stress-controlled Anton Paar GmbH (Graz, Austria) MCR 302 rheometer carrying a plate/plate geometry (50 mm in diameter) and a Peltier system. The trend of viscosity vs temperature was registered by temperature ramp tests within the range 0 to 40°C (2°C/min), by applying a constant shear rate (0.1 s<sup>-1</sup>) to the sample. Gel resistance to applied deformation was evaluated by strain sweep test at 37°C, constant frequency (10 Hz) and strain within the range 0.01-500%. The progressive gelation of the systems was assessed by frequency sweep tests, carried out at 25, 30 and 37°C, constant deformation within the linear viscoelastic (LVE) region and frequency ranging between 0.1 and 100 rad/s. For each carried out test, the solution was slowly poured on the plate of the instrument at 0°C (gap 0.6 mm), heated at the required temperature, equilibrated for 10 minutes and finally tested.

#### Gel swelling and stability to dissolution in aqueous media

Gel swelling and stability in simulated physiological conditions (aqueous media, 37°C) were evaluated according to Boffito *et al.*<sup>19</sup> Briefly, hydrogels were first prepared in Bijou vials (0.8 mL) and weighted ( $w_i$ ). After gelation at 37°C for 15 minutes, 0.8 mL of PBS (equilibrated at 37°C) were added to each vial. The soaking medium was completely refreshed every two days. At predefined time points (6, 24, 72, 168 and 336 h), five samples were collected, the residual soaking medium was discarded and the hydrogels were weighted again ( $w_f$ ). To evaluate the stability of the gels in aqueous medium, the collected samples were lyophilized (Martin Christ ALPHA 2-4 LSC) and weighed again ( $w_{dried,f}$ ). Samples not incubated in aqueous medium were also

prepared and lyophilized to assess the initial dried weight of the gels ( $w_{dried,i}$ ). Swelling and stability (*i.e.*, polymer dissolution/degradation) were evaluated according to Eq. 1 and Eq. 2.

$$\text{swelling (\%)} = \frac{(w_f - w_i) \cdot 100}{w_f} \quad \text{Eq. 1}$$

$$\text{polymer weight loss (\%)} = \frac{(w_{dried,i} - w_{dried,f}) \cdot 100}{w_{dried,i}} \quad \text{Eq. 2}$$

#### Gel injectability

The injectability of the designed sol-gel systems at 5, 25 and 37°C through G22, G18 and G14 needles was qualitatively evaluated by three potential users. Hydrogels were loaded in 2.5 mL plastic syringes and equilibrated at each analyzed temperature for 30 minutes before testing.

### Loading of model proteins into the hydrogels and characterization

#### Protein-loaded hydrogel preparation

BSA and HRP were encapsulated in the hydrogels at a final concentration of 1 mg/mL. In order to load the biomolecules in the hydrogels, KHP407 was first solubilized in PBS using a 90% of the volume required to reach the selected polymer concentration in the final systems. The remaining 10% was added from a stock solution of BSA or HRP prepared in PBS at 10 mg/mL. For instance, in order to prepare 1 mL of a gel with 15% w/v polymer concentration and 1 mg/mL BSA content, 150 mg of KHP407 were first weighted and solubilized in 900  $\mu$ L of PBS at 4°C overnight. Then 100  $\mu$ L for a BSA stock solution previously prepared in PBS at 10 mg/mL were added to the hydrogel to reach a final KHP407 and BSA concentrations of 15% w/v and 1 mg/mL, respectively.

#### Study of the effects of protein encapsulation of gel properties

To assess possible effects of protein loading on gel stability and gelation potential, BSA- and HRP-loaded hydrogels were characterized as previously described for not-loaded gels.

#### Characterization of protein release profile

To evaluate the release capability of protein-loaded KHP407-based gels, samples (0.8 mL) were prepared in Bijou containers. After complete gelation (at 37°C for 15 minutes), 0.8 mL of PBS (equilibrated at 37°C) was added to each gel and the systems were again incubated. At fixed time

points (1, 3, 5, 24, 48, 72, 168, 240, 336 hours) the residual PBS was collected and 0.8 mL of fresh PBS was added. Protein content in the eluates was assessed through a BCA Protein Assay (Sigma Aldrich, Italy), according to supplier instructions. Absorbance at 562 nm was evaluated with a plate reader (Multimode Plate Reader VICTOR X3, PerkinElmer) and protein concentration was derived based on a calibration curve obtained with fresh BSA and HRP standards (concentration within 0.002 and 1 mg/mL, linearity found between 0.002 and 0.2 mg/mL).

To characterize the protein release mechanism, Peppas equation was employed in the form reported in Eq. 3:

$$\frac{M_t}{M_\infty} = k \cdot t^n \quad \log\left(\frac{M_t}{M_\infty}\right) = n \cdot \log(t) + \log(k) \quad \text{Eq. 3}$$

where  $M_t$  and  $M_\infty$  represent the quantity of molecule released at a predefined time ( $t$ ) and at infinite time,  $k$  is a constant related to system geometry and structural properties and  $n$  is the release exponent. Depending on the values assumed by  $n$ , a different type of release can be identified:  $n$  value of 0.45 or 0.89 indicates a diffusion-controlled (Fickian diffusion) or a swelling/relaxation-controlled release, respectively, while a value in the range 0.45-0.89 is indicative of a mixed behavior (anomalous transport).

#### Evaluation of the residual activity of released horseradish peroxidase

Residual activity of the released HRP was evaluated by TMB Substrate Kit (Sigma Aldrich, Italy). After appropriate dilution of the collected release media, TMB substrate was added to the samples at 2:1 volume ratio and incubated at RT for 30 minutes. The reaction was stopped by adding HCl 1M (1:1 volume ratio with respect to the sample) and absorbance was measured with a plate reader equipped with a filter at 395 nm. Active HRP concentration in the samples was evaluated by comparison with fresh HRP standards in the concentration range 0.002-0.01  $\mu$ g/mL.

#### Statistical analysis

GraphPad Prism version 6.00 (GraphPad Software, La Jolla, CA, USA) was used for statistical analysis. Comparison among results was made by two-way ANOVA analysis and Tukey's multiple comparison test. Statistical significance was assessed according to Boffito *et al.*<sup>19</sup> Results are expressed as mean  $\pm$  standard deviation.

## Results and Discussion

### Chemical Characterization of KHP407

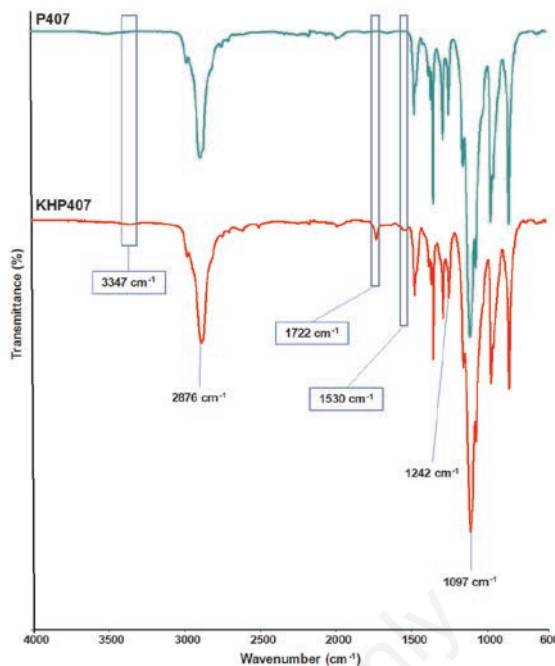
The successful synthesis of KHP407 was verified by ATR-FTIR and SEC. By comparing KHP407 and P407 ATR-FTIR spectra (Figure 1), the formation of urethane and urea bonds was immediately evident, with the appearance of new peaks at 3347 and 1722  $\text{cm}^{-1}$ , due to the stretching vibration of N-H bonds (amide II) and urethane/urea carbonyl groups ( $\text{C}=\text{O}$ , amide I), respectively. An additional peak appeared at 1530  $\text{cm}^{-1}$ , due to the concurrent bending of N-H (amide II) and stretching of C-N. Characteristic peaks of P407 were also identified (e.g.,  $\text{CH}_2$  stretching and rocking at 2876 and 1242  $\text{cm}^{-1}$ , respectively, and  $-\text{C}-\text{O}-\text{C}-$  stretching at 1097  $\text{cm}^{-1}$ ), thus proving the formation of a P407-based PEU. Furthermore, no peak ascribed to unreacted diisocyanate groups was present within the range 2275-2250  $\text{cm}^{-1}$ . KHP407 weight average molecular weight ( $M_w$ ) measured by SEC was about 58 kDa and the polydispersity index D was 1.8.

### Characterization of KHP407 aggregation in aqueous medium

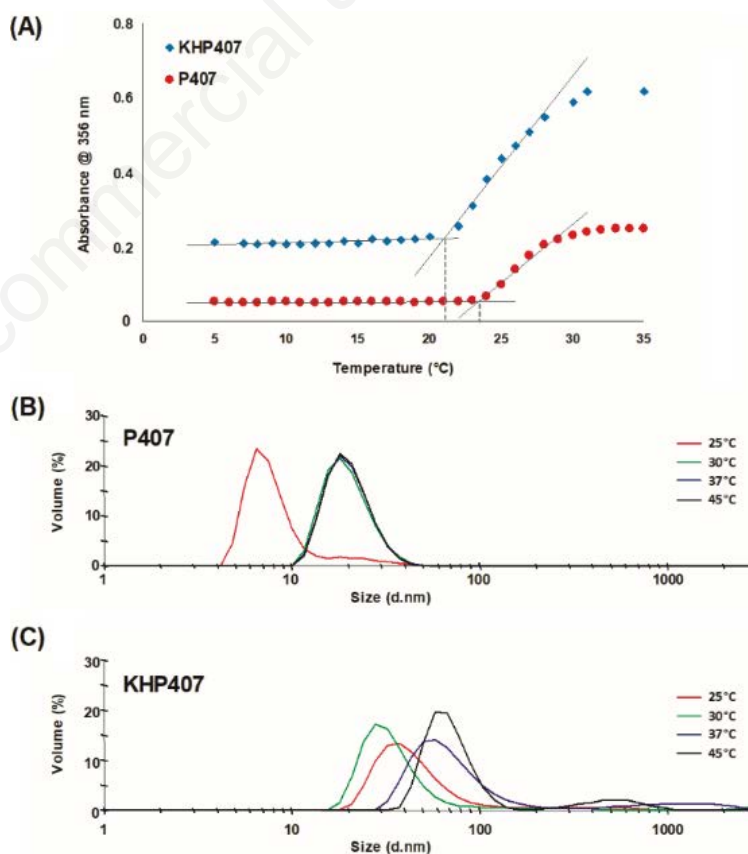
DLS and DPH assay were performed on not-gelling KHP407-based aqueous solutions to characterize the temperature-driven assembling of the polymeric chains in micelles and micelle aggregates.

KHP407- and P407-based aqueous solutions added with the micellization dye DPH were subjected to a controlled temperature increase to evaluate their CMT, defined as the temperature associated to the first inflection observed in the graph that reports DPH absorbance at 356 nm vs temperature (Figure 2A).

Below CMT, the polymeric chains were not arranged into micelles and DPH showed almost no absorption within the analyzed spectral range; with increasing temperature over the CMT value, the polymer chains assembled into micelles, DPH was solubilized into their hydrophobic core and the absorbance at 356 nm increased. Additionally, DHP absorbance within the analyzed spectral range increased with temperature increase, proving the progressive micelle formation, and finally reached a plateau at the end of sample micellization. Table 1 reports CMT values of KHP407- and P407- aqueous solutions with concentration in the range 0.1-6% w/v. As expected, CMT decreased with increasing polymer concentration, suggesting that polymer chain assembling into micelles starts at lower temperature in formulations with



**Figure 1.** Attenuated Total Reflectance Fourier Transformed Infrared spectra of P407 (green) and KHP407 (red). Peaks at 2876, 1242 and 1097  $\text{cm}^{-1}$  are typical of P407, while the appearance of peaks at 3347, 1722 and 1530  $\text{cm}^{-1}$  proved the formation of urethane bonds.



**Figure 2.** Characterization of KHP407 aggregation potential in aqueous medium. (A) DPH absorbance at 356 nm vs temperature of KHP407- and P407-based aqueous solutions with 1% w/v concentration; (B) and (C) volumetric distribution of the polymeric structures of P407 and KHP407 solutions at 1% w/v concentration, evaluated at 25, 30, 37 and 45°C.

higher concentration, as already reported in many studies.<sup>19-21</sup> In addition, KHP407-based solutions showed lower CMT values compared to P407-based compositions with the same weight/volume concentration (difference of approx. 1-2°C, with the exception of 0.1% w/v concentrated sample). For instance, a CMT of 21°C was estimated for KHP407 and P407 solutions with 1% w/v (0.17 mM) and 3% w/v (approx. 3 mM), respectively, suggesting that KHP407 polymer chains in solution were able to assemble into micelles at much lower molar concentration compared to P407 ones. Hence, in KHP407-based samples, the thermodynamic conditions required for the onset of micellization are reached at lower concentrations, as a consequence of the increased molecular weight and the introduction of hydrophobic blocks (*i.e.*, HDI moieties) along the polymer backbone, which allow to achieve the degree of dehydration required for micelle formation at lower concentrations.

KHP407 and P407 samples at 0.5 and 1% w/v concentration were also characterized in terms of hydrodynamic diameter at three different temperatures to assess the dimension of the polymeric aggregates (*i.e.*, unimers, micelles and micelle aggregates) and their volumetric distribution within the samples, as well as the dependence of these results over temperature. For instance, Figure 2B and C reports the volumetric distribution of the polymeric structures of P407 and KHP407 solutions at 1% w/v, evaluated at 25, 30, 37 and 45°C. At 25°C, 1% w/v concentrated P407 sample exhibited both unimers (5.8±0.4 nm) and micelles (21.9±0.4 nm), with a volumetric content of 88.2±1.6% and 11.6±1.6%, respectively. As expected, with increasing temperature, a progressive reorganization of P407 unimers into micelles took place with a 100% content of micelles starting from a temperature of 30°C. Regarding micelle size, a slight decrease in micelle hydrodynamic diameter was observed with increasing temperature (21.9±0.4 nm and 20.5±0.3 nm at 25 and 45°C, respectively), as a consequence of PEO dehydration, in accordance with already published results.<sup>22</sup> In the case of KHP407-based aqueous solution, no unimers were detected at 25°C and the polymeric chains turned out to be almost completely (83.2±4.7% in volume) assembled into micelles with a hydrodynamic diameter of 39.4±6.7 nm, while few micelle aggregates (approx. 3% in volume) were already present with an average size of 419.2±22.8 nm. Clustering and aggregation phenomena predominated with increasing temperature in KHP407-based aqueous solutions, reaching an average hydrody-

namic diameter of 553.7±34.8 nm and a volumetric content of 11.9±0.5% at 45°C. In agreement with previous observations,<sup>19,23</sup> the average hydrodynamic diameter of P407-based micelles was independent over sample concentration (at 30°C, the diameter of P407 micelles assembled in aqueous solutions with 0.5 and 1% w/v concentrations was 21.3±3.6 nm and 19.6±0.6 nm). At 25°C, the sample with 0.5% w/v concentration was almost completely in the form of unimers (approx. 99% in volume), while the 1% w/v concentrated solution already contained micelles (approx. the 10% in volume), in accordance with the lower CMT of 1% w/v concentrated sample compared to the 0.5% w/v concentrated one. This slight difference disappeared at 30°C, with P407 polymer chains almost completely assembled in the form of micelles (100% and 98.9±1.2% in volume for P407-based solution at 1 and 0.5% w/v concentration, respectively) for both the analyzed solutions, as they were already over their CMT. In accordance with our previous data on a similar poly(ether urethane),<sup>19</sup> in KHP407-based samples a dependence of hydrodynamic diameter over sample concentration was observed, probably due to the enhanced aggregation phenomena present in KHP407 solutions compared to P407-based ones with the same concentration. For instance, at 45°C KHP407-based structures showed a size of 69.9±1.1 nm and 50.9±4.3 nm (0.001<P<0.01) in solutions with 0.5 and 1% w/v concentration, respectively. At the same temperature, bigger aggregates were also present, with smaller size and lower

volumetric content in the 0.5% w/v concentrated solution (393.8±59.6 nm, 3.1±1%), as expected.

## Characterization of the thermosensitive behavior of KHP407-based solutions

### Tube inverting test

A qualitative estimation of LCGT values and gelation time at 37°C was carried out on KHP407-based solutions prepared in PBS, with concentrations in the range 4-25% w/v (Table 2).

Although the test was carried out up to 55°C, no gel-to-sol transition was observed, suggesting a high stability of the developed systems in a wide temperature window. KHP407-based solutions with 5% w/v concentration were found to be below the critical gelation concentration (CGC), which identifies the minimum concentration requested to observe gelation. Hence, KHP407-based sol-gel systems showed a CGC of 5±1% w/v. As expected, by increasing concentration, LCGT values decreased, with the samples prepared at the highest considered concentrations (22 and 25% w/v) undergoing a sol-to-gel transition below RT (20 and 17°C, respectively). Despite the qualitative nature of this test, nearly no differences in LCGT and CGC values were observed compared to our previous observations on sol-gel systems prepared starting from poly(ether urethane)s differing from KHP407 only for their chain extender (N-Boc serinol and 1,4-cyclohexanedimethanol instead of L-Lysine ethyl ester),<sup>19,24</sup> thus suggesting that this block does not play the leading role in determin-

**Table 1. Critical Micellization Temperature (CMT) values of P407 and KHP407 solutions with concentration ranging between 0.1 and 6% w/v. Error: ±1°C.**

Concentration (% w/v)	CMT (°C)	
	P407	KHP407
0.1	29	24
0.5	24	22
1	23	21
3	21	20
5	19	18
6	18	17

**Table 2. Lower critical gelation temperature (LCGT) and gelation time in physiological conditions (37°C) of KHP407 aqueous solutions with concentration within the range 5-25% w/v. Error: ±1°C for LCGT values, ± 1 minute for gelation time results.**

Concentration (% w/v)	5	6	8	10	12	15	18	20	22	25
LCGT (°C)	-*	38	34	31	28	25	23	22	20	17
Gelation Time at 37°C (min)	x**	x**	11	9	9	5	4	4	3	3

\*no gelation observed within the analyzed temperature range; \*\*not tested samples.

ing the properties of the whole polymer.

Tube inverting test was repeated also in isothermal conditions at 37°C, to estimate gelation time in physiological conditions after injection; all systems with a LCGT value below this temperature transitioned to a gel state within 11 minutes, with the compositions showing the highest PEU concentrations reaching a complete gelation in 3 minutes.

After these preliminary evaluations, three systems, differing in the concentration of the starting polymeric solution, were selected to be further characterized. Selection was made taking into account the main requirements to design an *in situ* gelling system suitable for drug delivery applications, such as i) fast and complete gelation at body temperature within few minutes, ii) easy injectability/workability in the sol/biphasic state, and iii) possibility to finely tune residence time, release kinetics and profile. Sol-gel systems with a KHP407 concentration of 8, 15 and 18% w/v were thus selected for further characterization, since they showed LCGT values ranging between RT and 35°C, and fast gelation in physiological conditions (within the range 4-11 minutes). Additionally, they are expected to exhibit quite different rheologi-

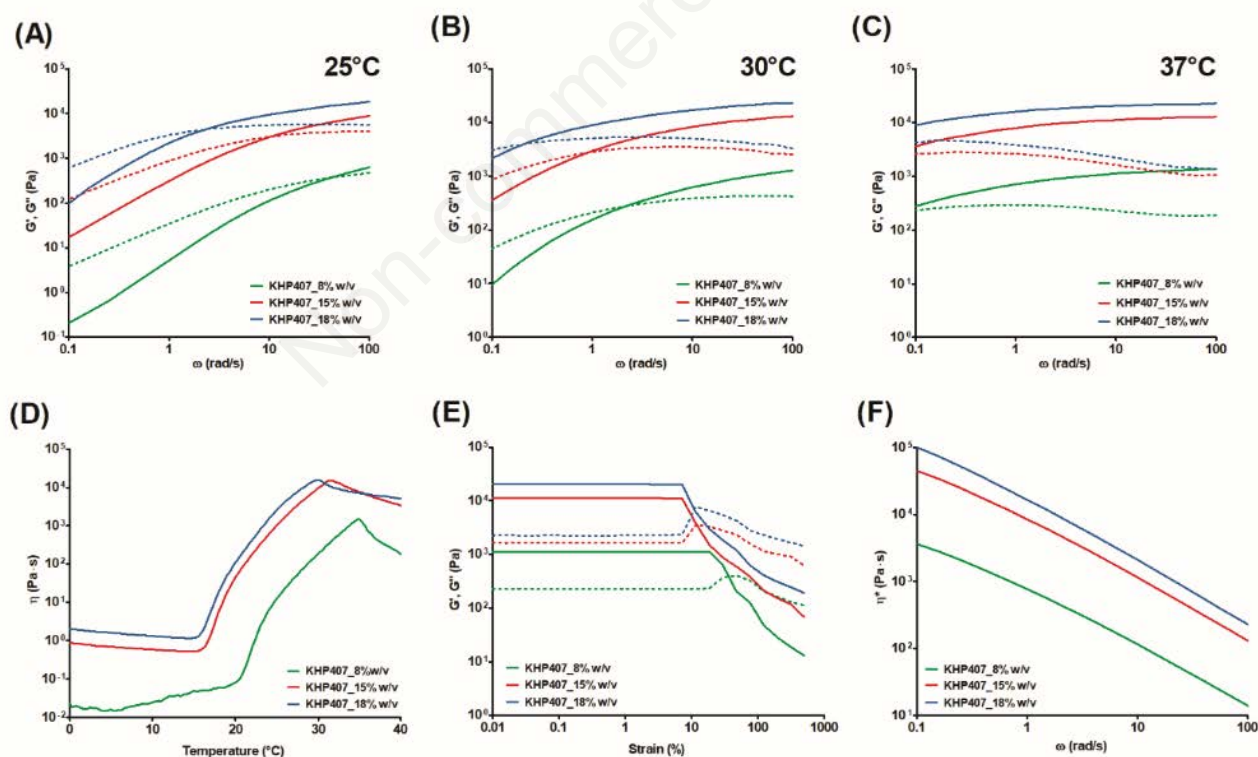
cal properties and residence times, which could make them suitable to different applications (*e.g.*, localized injection in tissues, direct application on skin bed) and allow a fine modulation of the release of an encapsulated payload. The selected systems will henceforth be referred as KHP407\_8% w/v, KHP407\_15% w/v and KHP407\_18% w/v respectively.

#### Rheological characterization of KHP407-based sol-gel systems

The temperature-driven sol-to-gel transition of KHP407 aqueous solutions was quantitatively characterized by rheological tests. In detail, the trend of viscosity vs temperature was assessed by temperature ramp tests within the temperature range from 0 to 40°C (Figure 3D). System viscosity initially decreased as typical of fluids, with the exception of KHP407\_8%w/v sol-gel system which showed a noisier signal due to its very low viscosity (20 mPa·s at 0°C). Then, after the achievement of a minimum value, viscosity sharply increased as a result of the progressive micelle nucleation and reorganization into a gel network. The temperature associated to viscosity inflection was defined as the onset of the gelation process ( $T_{onset}$ ). Although a plateau value of viscosity was expected at the end of gelation, all

the analyzed samples underwent melt fracture, in accordance with our previous data on similar sol-gel systems.<sup>19</sup> Table 3 reports the characteristic parameters of temperature ramp tests, highlighting that both viscosity and  $T_{onset}$  are strongly related to hydrogel concentration, with the former increasing and the latter decreasing with increasing the concentration of the gelling solution, in agreement with tube inverting tests results.

The progressive gelation of KHP407\_8% w/v, KHP407\_15% w/v and KHP407\_18% w/v was also characterized by frequency sweep tests at 25, 30 and 37°C (Figure 3A, B and C). As characteristic parameters of frequency sweep tests, storage ( $G'$ ) and loss ( $G''$ ) moduli values at 100 rad/s and the frequency value at  $G'/G''$  crossover ( $\omega_{G'/G'' \text{ crossover}}$ ) are reported in Table 3 for each composition at each considered temperature. The crossover frequency moved to lower values with temperature increase, as a consequence of the progressive gelation of the systems, encompassing the biphasic state in which the gel and sol states coexist. At the same temperature, the crossover frequency turned out to be affected by sample concentration, with lower values in hydrogels with higher concentration. Hence, with increasing hydrogel polymer



**Figure 3.** Results of rheological characterizations of KHP407\_8% w/v, KHP407\_15% w/v and KHP407\_18% w/v. (A), (B) and (C) storage ( $G'$ , continuous line) and loss ( $G''$ , dashed line) moduli trend as a function of frequency ( $\omega$ ) evaluated at 25, 30 and 37 °C; (D) trend of viscosity ( $\eta$ ) vs temperature as assessed by temperature ramp tests; (E)  $G'$  (continuous line) and  $G''$  (dashed line) trend as a function of applied deformation, evaluated at 37 °C; (F) trend of complex viscosity ( $\eta^*$ ) vs frequency at 37°C.

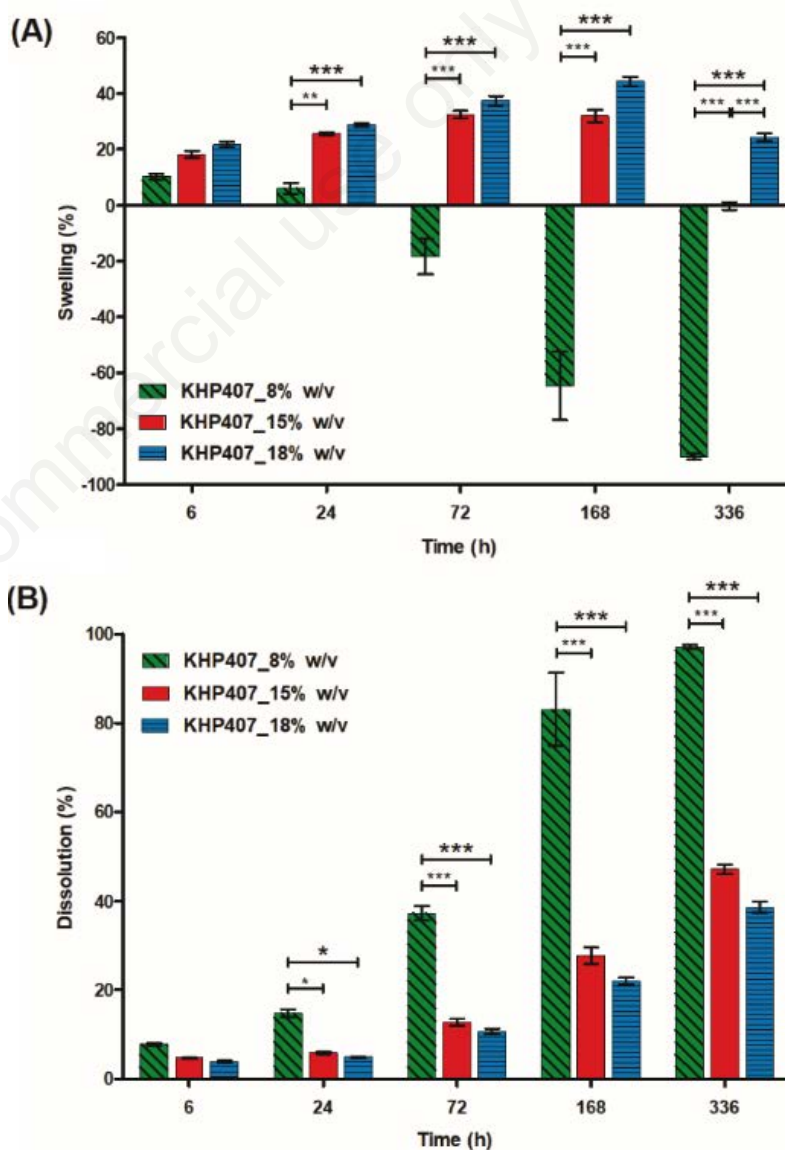
content, the kinetics of the transition from the sol to the gel state became faster, in accordance with the lower  $T_{\text{onset}}$  of these systems. At 37°C, none of the analyzed samples showed a  $G'/G''$  crossover within the considered frequency range, suggesting that all the systems were in the gel state. However, a further temperature increase would be required to observe the typical behavior of fully developed gels, characterized by  $G'$  values independent over frequency. Strain sweep tests showed the typical trend of associative polymeric structures. Figure 3E reports the trend of  $G'$  and  $G''$  as a function of applied strain ( $\gamma$ ) for each analyzed gel measured at 37°C, while Table 3 summarizes the characteristic parameters of this analysis, *i.e.*, the LVE, defined as the maximum strain the system can be subjected to before the breakage of its structure (*i.e.*, no decrease in  $G'$ ) and the Yield Stress (YS), evaluated at  $G''$  maximum. Gel resistance to applied deformation decreased with increasing hydrogel polymer concentration, due to the higher degree of network organization of KHP407\_15% w/v and KHP407\_18% w/v compared to KHP407\_8% w/v. After the LVE value was reached, loss modulus started to increase with increasing applied deformation up to a maximum value, followed by a progressive decrease. Between the end of the LVE and  $G''$  maximum, only micro-cracks occurred in the samples, while after  $G''$  maximum was exceeded a macro-crack developed in the sample and the viscous portion of the viscoelastic behavior started to prevail ( $G'' > G'$ , fluid state).

#### Gel swelling and stability to dissolution in aqueous media

Stability tests were performed at 37°C in aqueous environment to simulate physiological conditions. PBS absorption and polymer dissolution/degradation phenomena were studied as a function of time, by evaluating sample weight changes according to Eq. 1 and 2. Figure 4A and B report the percentage of swelling and dissolution in aqueous medium of KHP407-based systems with 8, 15 and 18% w/v concentration at different time points. KHP407\_8% w/v samples, after a slight increase in PBS absorption at 6 hours incubation time, started to be dominated by dissolution phenomena, as assessed by the negative weight change of swollen samples after 3 days of incubation. The same trend was confirmed in terms of gel dissolution, with a weight loss of 37±4% at 3 days. KHP407\_8% w/v dissolution was almost complete after 8 days of incubation in aqueous medium (83±18%), with the high standard deviation value proving the high instability of these

**Table 3. Characteristic parameters of rheological characterization. Viscosity at 0 and 25°C ( $\eta_{0^\circ\text{C}}$ ,  $\eta_{25^\circ\text{C}}$ ), temperature onset of the transition for the sol to the gel state ( $T_{\text{onset}}$ ), crossover frequency of  $G'$  and  $G''$  ( $\omega_{G'/G'' \text{ crossover}}$ ) and  $G'$  and  $G''$  values at 100 rad/s (at 25, 30 and 37°C), extension of the linear viscoelastic region (LVE) and Yield stress (YS) of KHP407-based formulations with 8, 15 and 18% w/v polymer concentration.**

Concentration (% w/v)	8	15	18
$\eta_{0^\circ\text{C}}$ (Pa s)	0.02	0.9	1.9
$T_{\text{onset}}$ (°C)	16.7	14.7	14.4
$\eta_{25^\circ\text{C}}$ (Pa s)	13	1040	2610
$\omega_{G'/G'' \text{ crossover}}$ (rad/s)	25°C	42.2	10.4
	30°C	2.2	0.9
	37°C	-	-
$G'/G''$ 100 rad/s (Pa)	25°C	624/468	8830/3940
	30°C	1270/420	13100/2550
	37°C	1380/187	12900/1070
LVE (%)	18.6	7.3	7.3
YS (Pa)	216	598	1110



**Figure 4. Percentage of swelling (A) and polymer dissolution (B) of KHP407\_8% w/v, KHP407\_15% w/v and KHP407\_18% w/v, evaluated at 6, 24, 72, 168 and 336 hours of incubation in aqueous medium.**

systems. KHP407\_15% w/v and KHP407\_18% w/v systems, on the other hand, showed better long-term stability; PBS absorption showed a progressive increase up to 8 days of incubation for both the analyzed compositions, reaching values of  $34\pm 2\%$  and  $44\pm 4\%$ , respectively, with weight loss of  $28\pm 4\%$  and  $22\pm 2\%$ . After 14 days, however, a reduction in PBS absorption was observed, suggesting that dissolution phenomena started to overcome swelling. This decrease was significantly higher for KHP407\_15% w/v systems compared to KHP407\_18% w/v, suggesting a higher loss in stability. However, weight loss values were still relatively low ( $47\pm 2\%$  for KHP407\_15% w/v and  $39\pm 3\%$  for KHP407\_18% w/v) and the gels were found to have retained their cylindrical shape. A statistically significant ( $P < 0.001$ ) difference in PBS absorption and weight loss was observed between KHP407\_8% w/v gels and the other two systems (after 1 day incubation with KHP407\_18% w/v and 3 days incubation with KHP407\_15% w/v).

#### Gel injectability

The injectability of KHP407-based hydrogels was qualitatively tested at different temperatures using commercially available 2.5 mL syringes equipped with needles differing in their inner diameter (G22, G18 and G14). At 5°C, all the formulations were completely in the sol state and thus easily extruded through all the needles. By increasing temperature, the viscosity of the hydrogels started to increase as a result of the progressive transition from the sol to the gel state. For KHP407\_8% w/v hydrogels, this effect was not so relevant, and they remained easily injectable at 25 and 37°C. On the other hand, gels with higher concentrations became progressively more difficult to extrude and both KHP407\_15% w/v and KHP407\_18% w/v systems resulted not to be injectable through the smallest needle (G22) at 37°C, due to their high viscosity and almost complete transition to the gel state at this temperature (Figure 3). As a matter of fact, by plotting the trend of complex viscosity ( $\eta^*$ ) as a function of frequency at 37°C (Figure 3F), all the tested samples showed a typical shear thinning behavior, with KHP407\_15% w/v and KHP407\_18% w/v showing complex viscosity values one or two orders of magnitude higher with respect to KHP407\_8% w/v, within the whole frequency range analyzed (at 0.1 rad/s, KHP407\_8%w/v, KHP407\_15%w/v and KHP407\_18%w/v showed complex viscosity value of 3600, 44800 and 99800 Pa·s, respectively).

## Characterization of protein loaded hydrogels

### Study of the effects of protein encapsulation of gel properties

The encapsulation of the selected model proteins (BSA and HRP) within the hydrogels at a concentration of 1 mg/mL turned out not to affect the overall gel properties at a large extent. For instance, tube inverting test performed on KHP407\_8% w/v, KHP407\_15% w/v and KHP407\_18% w/v samples loaded with BSA and HRP resulted in LCGT values of 35, 26 and 23°C, respectively, demonstrating that protein encapsulation does not affect hydrogel gelation potential and gelation temperature. A similar trend was observed in tube inverting test carried out in isothermal conditions at 37°C, that showed gelation times for both BSA- and HRP-loaded gels within the range 3-11 minutes (11, 5 and 3 minutes for gels with KHP407 concentration of 8, 15 and 18% w/v, respectively). As expected, no differences were detected between BSA- and HRP-loaded hydrogels, being both the analyzed proteins globular, water soluble, and characterized by molecular weight in the order of tens Da (44000 and 66000 Da for HRP and BSA, respectively) and almost the same hydrodynamic diameter (approx. 8.0 and 7.5 nm for HRP and BSA, respectively).<sup>25,26</sup> To further confirm these results, rheological characterization was also performed. Both strain and frequency sweep tests evidenced no significant differences in the LVE and YS values (e.g., KHP407\_18% w/v, BSA-loaded KHP407\_18% w/v and HRP-loaded KHP407\_18% w/v showed LVE of 7.25% and YS of 1115, 1080 and 1050 Pa, respectively), as well as in the frequency value at  $G'/G''$  crossover (e.g., at 30°C KHP407\_18% w/v, BSA-loaded KHP407\_18% w/v and HRP-loaded KHP407\_18% w/v gels exhibited  $\omega_{G'/G''}$  crossover of 0.21, 0.30 and 0.32 rad/s, respectively). The slight decrease in YS and increase in  $\omega_{G'/G''}$  crossover values observed upon protein encapsulation could be ascribed to a sort of *hampering effect*, induced by the proteins which act as small defects in the gel network, slowing down the kinetics of micelle packing and organization. However, to further confirm this hypothesis rheological characterization of hydrogels loaded with a higher amount of proteins should be performed.

Similarly, swelling and stability to dissolution in aqueous media tests showed no significant differences between the analyzed samples, confirming PBS absorption and dissolution trends found for non-loaded

systems. For instance, after 3 days of incubation in aqueous medium, KHP407\_18% w/v, BSA-loaded KHP407\_18% w/v and HRP-loaded KHP407\_18% w/v showed a percentage of swelling of  $37.4\pm 3.8\%$ ,  $37.8\pm 1.3\%$  and  $37.7\pm 1.2\%$ , and a polymer dissolution degree of  $10.7\pm 1.4\%$ ,  $9.1\pm 1.2\%$  and  $10.5\pm 0.7\%$ , respectively.

### Characterization of protein release profile

The release profiles of BSA and HRP from KHP407\_8% w/v, KHP407\_15% w/v and KHP407\_18% w/v gels are reported in Figure 5A and B.

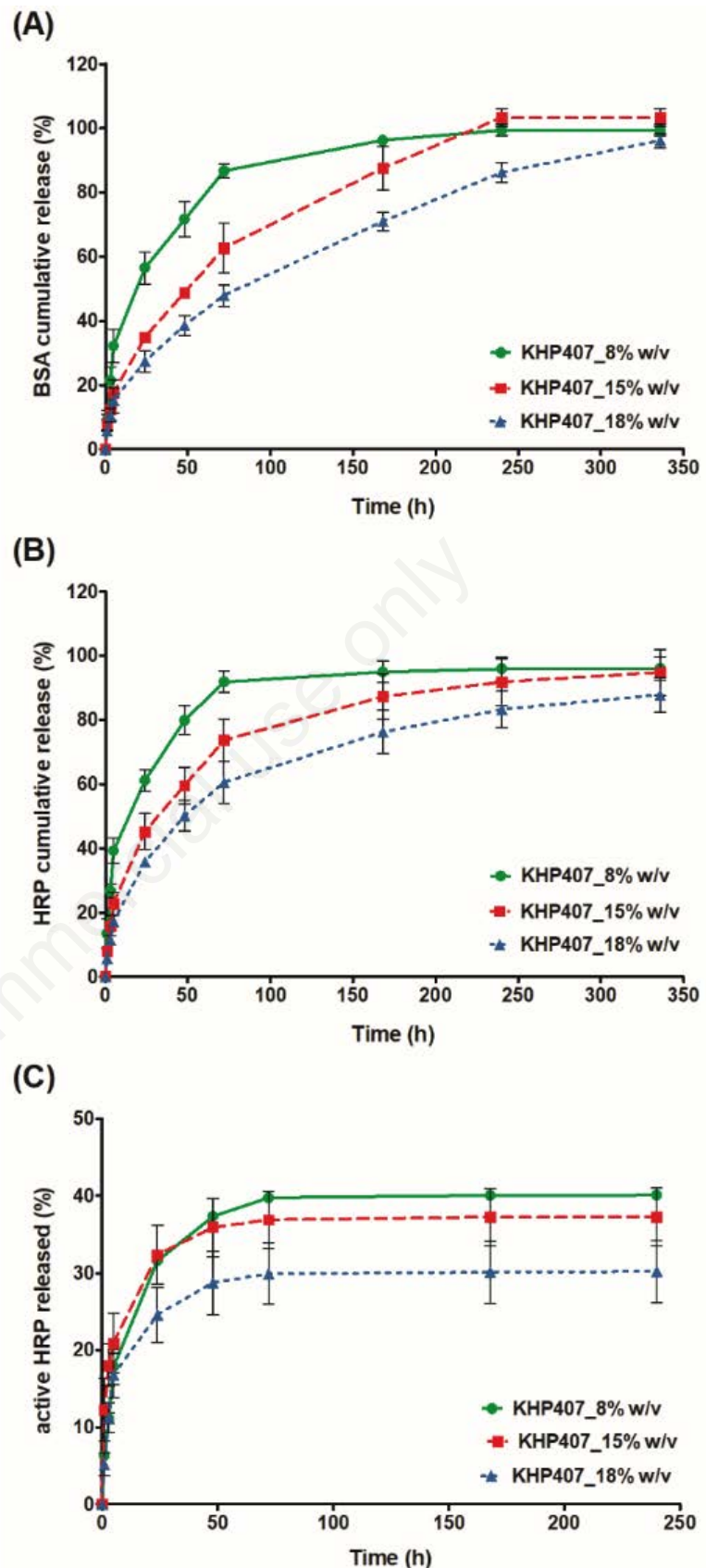
A hydrogel concentration-dependent release was observed for both proteins. In detail, for KHP407\_8% w/v gels, the release was faster compared to the other two compositions and was almost completed after 3 days of incubation ( $86\pm 2\%$  for BSA and  $92\pm 3\%$  for HRP). This kinetics is in accordance with the poor stability in aqueous environment of these systems, as assessed previously. Hydrogels with higher polymer concentrations (i.e., 15 and 18% w/v), on the other hand, showed a more sustained release in the timeframe considered, with an almost complete release of both the proteins after 14 days. For instance, HRP release reached  $95\pm 7\%$  and  $88\pm 5\%$  of the encapsulated drug from KHP407\_15% w/v and KHP407\_18% w/v, respectively. No significant differences were observed between the release kinetics of the two proteins, in accordance with the previously reported data on the characterization of protein-loaded gels. On the other hand, statistical differences ( $P < 0.001$ ) were observed by comparing the release from KHP407\_8% w/v gels with KHP407\_15% w/v and KHP407\_18% w/v samples within the timeframe of 5 hours-3 days. Protein release from KHP407\_15% w/v systems was statistically higher compared to KHP407\_18% w/v gels within 3 and 10 days observation times ( $P < 0.001$  for HRP-loaded samples).

Finally, Peppas equation was exploited to better characterize the release mechanism of the designed hydrogels. The release exponent  $n$  was estimated within the timeframe of 1-5 hours; after that, dissolution phenomena started to be prevalent, especially for KHP407\_8% w/v systems, thus making the calculated values not consistent. For all the concentrations and for both proteins,  $n$  values were ranging between 0.45 (diffusion-controlled release) and 0.89 (swelling-controlled release), indicating that both mechanisms are involved in controlling the release kinetics. As expected, however,  $n$  values were higher ( $0.78\pm 0.10$  for BSA and  $0.78\pm 0.02$  for HRP) for the

hydrogels with the lowest concentration (KHP407\_8% w/v), while the release exponent was lower for KHP407\_15% w/v and KHP407\_18% w/v gels, with values around 0.6, indicating a more diffusive-controlled release mechanism for these systems. As an example, regarding BSA release, a statistically relevant difference ( $P < 0.001$ ) was found between  $n$  values calculated for KHP407\_8% w/v ( $0.78 \pm 0.10$ ) and KHP407\_15% w/v ( $0.48 \pm 0.08$ ) gels.

#### Evaluation of the residual activity of released horseradish peroxidase

With the final aim of designing delivery systems that could be used as carriers for biomolecule transportation, the ability of the developed KHP407-based gels to release proteins able to maintain their biological activity was preliminary assessed by evaluating the residual activity of the released HRP through a colorimetric assay. The release profile of functional HRP from KHP407\_8% w/v, KHP407\_15% w/v and KHP407\_18% w/v is reported in Figure 5C. Active HRP was released up to approximately 2 days, with an initial burst release around 20% within the first 5 hours. Hence, after 5 hours incubation in aqueous media, approx. the 57% of the total HRP released from KHP407\_8% w/v was delivered in its active form. Differently, in the case of KHP407\_15% w/v and KHP407\_18% w/v no loss in activity was detected up to 5 hours release time. Starting from day 2, almost no further enzymatic activity was detected in all the eluates, so that the total amount of active HRP released from the gels ranged between 30 and 40% of the initially encapsulated amount, which is comparable with other literature studies.<sup>27,28</sup> By comparing the results of the two conducted colorimetric tests, we demonstrated by BCA assay that the actual amount of released HRP was in fact higher (Figure 5A) compared to the amount of active HRP detected by TMB assay and in accordance with the kinetics shown by BSA. Hence, the relatively small quantity detected by TMB assay implies a partial inactivation of the released enzyme, instead of an incapability of the gels to release their payload. Nevertheless, up to 1 day incubation, KHP407\_15% w/v and KHP407\_18% w/v systems were able to release HRP almost completely in its active form, while in the case of KHP407\_8% w/v gels, only the 40-50% of the release HRP was in its functional structure. These results suggest that HRP inactivation cannot be correlated to the encapsulation process itself, which in fact was carried out in mild conditions, but rather to the interaction between the enzyme and the free polyurethane chains dispersed in the eluates after the gels started



**Figure 5.** Cumulative release profile (%) of bovine serum albumin (BSA) (A), and horseradish peroxidase (HRP) (B), from KHP407\_8% w/v, KHP407\_15% w/v and KHP407\_18% w/v as assessed by BCA colorimetric assay; (C) Cumulative release profile (%) of active HRP from KHP407\_8% w/v, KHP407\_15% w/v and KHP407\_18% w/v as assessed by 3,3',5,5'-Tetramethylbenzidine colorimetric assay.

to dissolve. Amphiphilic polymers have indeed been found to cause conformational changes in protein structures that could be responsible for the progressive inactivation of the enzyme; additionally, small polymer chains could form hydrogen bonds with the enzyme active site, thus preventing its reaction with the substrate given by the activity test.<sup>29</sup> As a matter of fact, to support this hypothesis, the inactivation effect was more prominent for KHP407\_8% w/v hydrogels, that according to the previously discussed stability tests lost about 15% of their initial weight after 1 day incubation in aqueous medium and, therefore, contained more free chains in their eluates which could interact with the released HRP. The release of biomolecules in their active form is a key issue when a new drug delivery system is designed. In this regard, the literature has already reported many approaches aiming at increasing HRP half-life. For instance, Al-Azzam and colleagues covalently grafted poly(ethylene glycol) moieties to HRP,<sup>30</sup> while other groups successfully encapsulated the enzyme into micro- or nano-particles (e.g., acetylated dextran, silica) with no detrimental effects on its functionality.<sup>31-33</sup> Differently from micro- and nanocarriers, hydrogels do not show dimensional restrictions on the maximum payload they can encapsulate. Hence, in principle, the amount of payload encapsulated could be increased to a certain extent (based on the effects of loading procedure on the overall properties of the systems and biomolecule solubility) so that the released molecule in its active form exerts the desired therapeutic effect.

## Conclusions

In this study, Poloxamer® P407, an aliphatic diisocyanate and an amino acid-derived diamine were employed to synthesize an amphiphilic poly(ether urethane), according to a well-established protocol.<sup>19,24</sup> Aqueous solutions based on this polymer were then studied as potential thermo-sensitive sol-gel systems suitable for drug delivery applications. Three compositions (8, 15, 18% w/v) were selected based on tube inverting tests results, showing sol-to-gel transition around physiological temperatures (30-37°C) and complete gelation within few minutes at body temperature. Rheological characterization and stability to dissolution test highlighted the possibility to finely tune the properties of the resulting gels by changing PEU content in the starting aqueous solutions: systems with an 8% w/v PEU concentration showed poor mechanical properties and fast dissolution

in aqueous media, while gels at a 15 and 18% w/v PEU concentration showed good PBS absorption and stability to dissolution up to 14 days. The ability of the developed gels to encapsulate and release drugs and biomolecules was assessed using two model proteins, bovine serum albumin and horseradish peroxidase. Both BSA and HRP were effectively encapsulated in mild conditions with no significant effects on LCGT values, rheological properties and stability in aqueous medium of the resulting systems. The release kinetics was similar for both the proteins, with no statistical differences; release from KHP407\_8% w/v gels was completed after 3 days of incubation, in agreement with their short residence time in aqueous media, while it was more sustained from gels at higher PEU concentration, reaching a complete release after 10-14 days. Activity assay on the released HRP revealed that about 30-40% of the enzyme was released in an active form, in accordance with other studies,<sup>27,28</sup> with a more pronounced inactivation found for less stable gels. Hence, new injectable thermo-sensitive sol-to-gel systems with highly tunable mechanical properties, residence time in aqueous environment and payload release rate have been successfully developed as promising platform for tissue engineering/regenerative medicine applications. The developed sol-gel systems could thus realistically answer to the clinical need on new easily injectable drug delivery systems releasing therapeutic proteins (e.g., 17 antibodies, hormones, enzymes, growth factors -GFs-) in a sustained, controlled and active form *in loco*. For instance, the designed sol-gel systems could find widespread application in the field of wound healing upon encapsulation of platelet lysate<sup>34</sup> or selected GFs,<sup>35</sup> as well as in the treatment of myocardial infarction upon loading of specific GFs, such as basic fibroblast growth factor (bFGF)<sup>36,37</sup> and insulin-like growth factor-1 (IGF-1).<sup>38</sup>

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